



### DYP 21st Century Skills

## **SOCIAL SKILLS**



Grade 6-8

2022/23

#### **Social Skills Exercise 1**

# How do you think waiters feel when people shout at them?

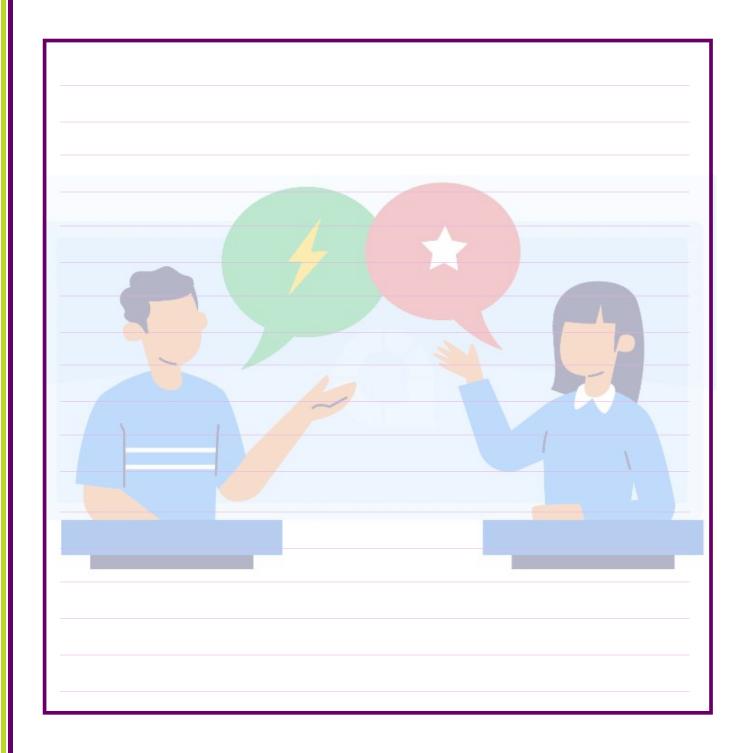
What should we do instead of shouting?







# What should you do when you disagree with someone and you can't find a solution?



#### **Social Skills Exercise 3**

#### **RESPONDING WITH EMPATHY**

#### **Directions:**

Look at the situations below, and then match each situation to the correct feeling and response. Record your answers in the **answer box.** 

	Feeling	Response
Situation 1		
Situation 2		
Situation 3		
Situation 4		
Situation 5		
Situation 6		
Situation 7		
Situation 8		

- 1. There is a new student in your class, and it is her first day.
- 2. Your friend made the school music team.
- 3. A boy in your class fell at recess and got his pants wet.
- 4. You see a girl sitting alone at recess.
- 5. Your friend studied really hard for an exam and got a bad grade.
- 6. Your friend keeps trying, but can't figure out the right answer on the Biology homework.
- Your friend lost her favourite t-shirt.
- 8. Someone broke your friend's tablet.

#### What can you do?

- 1. Ask her to sit down and speak with your friends.
- 2. Tell her that you are proud of her.
- 3. Help her find it.
- 4. Let him borrow yours until it gets fixed.
- 5. Help him get the right answer.
- 6. Help him study for the next test.
- 7. Try to help him dry off his pants.
- 8. Talk to her to make her feel comfortable.

#### How does the person feel?

- A. Disappointed
- B. Sad
- C. Embarrassed
- D. Nervous
- E. Mad
- F. Proud
- G. Frustrated
- H. Lonely



