

abq

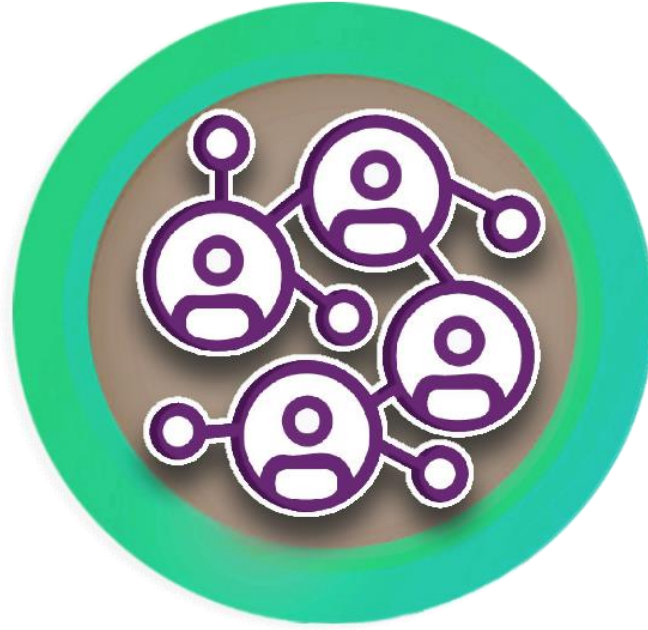
DYP
Discovering You Program

DYP 21st Century Skills LEARNING & DEVELOPMENT VIDEO SERIES

Part 12–Social Skills

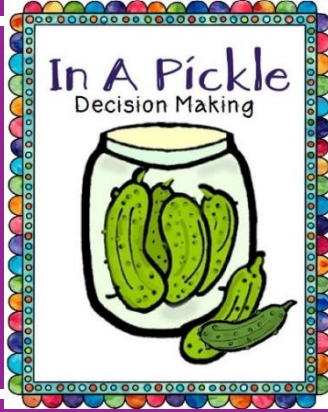
Grades 3-5





Social Skills

المهارات الاجتماعية

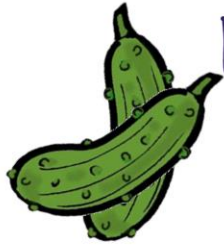


For this week:



**Try the 'In A Pickle'
decision making activity!**

**Remember that social skills require you
making the right decisions based on
choices we have in life.**




Don't get caught in a pickle


Pickles on your hamburger?
Just go with your gut,

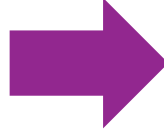


But...

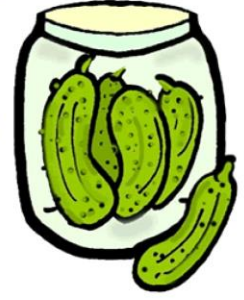
for some decisions, it's good to have a more thoughtful strategy in mind.

 Weigh all your options carefully.

 Make the choice that's best for you.



Decision Making Steps



STEP 1: THE CHALLENGE

Name the problem.

What decision do you have to make?

STEP 2: CHOICES

List all the possible choices.

STEP 3: CONSEQUENCES

Think about what will happen if you make each choice. Listing the possible pros and the cons of each choice can help you decide!

Who can
you tell if
someone
is picking
on you at
school?



What should
you do if
you have a
friend who
made a bad
decision?

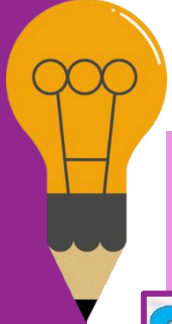


What can
you do if
your parents
make a
decision you
don't like?

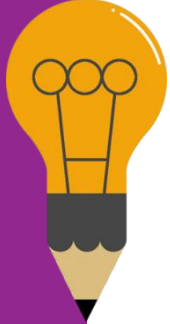


What should
you do if you
don't
understand
the directions
someone gave
you?





1. Read the following task cards.
2. Have a discussion with a friend or with your parents.
3. Or you can answer by yourself what you would do in each situation.
4. Let us know the best thing to do in each situation.



Basic Interactions #1

At lunch, the students at your table are talking about what they did over the weekend. Sam is looking at you and asks what you did.

What should you do?

Dealing with Conflicts #1

You are at school and you realized you forgot to do your homework.

What are some ways that you can solve the problem?

Conversations #1

Your friend asks you how your vacation was. You tell him a few activities you did.

What should you do next?

Friendships #1

You know that tomorrow is a friend's birthday.

What can you do to show you were thinking of them?

Empathy #1

You see a classmate trip in the hallway. She gets up and runs inside the classroom.

How might she be feeling or thinking?

Email your answers online by next Thursday at ...



Sohar students : dyp.21cs@abqsohar.edu.om

Azzan Bin Qais students : dyp.21cs@abqazzan.edu.om

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This is only the beginning!

If you have any questions, requests or suggestions, please feel free to email us!



We look forward to hearing from you soon.