



### DYP 21st Century Skills

#### FLEXIBILITY



Grade 3-5

2022/23

#### Flexibility Exercise 1

# You will be learning a new sport you have never played before in PE next week.

How do you prepare?







## Your teacher asks you to work with a new classmate you do not know very well.

What do you do to work together?



#### Flexibility Exercise 3

## When you need to learn something new, how do you feel and what do you do to succeed?





