



Flexibility



Grade 6



Mentee:

Grade:

Date:

FLEXIBILITY ACTIVITY:

Imagine you have a superpower that lets you feel everything other people feel. Write about what a day would be like with this power. Think about all the people you see during the day, like your family, teachers, classmates, and the cafeteria or cleaning staff. How would it feel to sense their emotions? Would it change how you act or make decisions? **Write at least 100 words.**

FEELINGS



HAPPY



SAD



EXCITED



SURPRISED



CONFUSED



LOVED



SCARED



EMBARRASSED



ANGRY



TIRED



SILLY



FRUSTRATED