



# Flexibility



Grade 12



Mentee: .....

Grade: ..... Date: .....

### FLEXIBILITY ACIVITY:

This is a debate with a twist! Below is a list of topics to consider. Choose the topic you feel most strongly about. First, write a 100-word paragraph agreeing with the statement, explaining why you support it. Then, write a 100-word paragraph from the opposing view, giving reasons why you disagree. This exercise will help you see both sides of an issue and practice flexibility in thinking.

Schools should focus more on mental health support.

Climate change is the most critical issue of our time.

Online friendships are as valuable as in-person friendships.

Students should have a say in deciding school policies.

It is better for young people to have part-time jobs while studying.