





## **Productivity**



FLIPS abq

Grade 7

Mentee:		***************************************
Grade:	Date:	• • • • • • • • • • • • • • • • • • • •

## PRODUCTIVITY ACTIVITY:

Track/monitor how you spend your time for one day and identify areas to improve.

Write down everything you do in a day from the moment you get up until you go to bed and how long each activity takes to complete. What could you do differently to save time or utilise your time more more productively?





