



SPRING TERM 2023 – PROGRAMME

	Virtual Meeting Via Zoom		Face to Face Meeting in Stevenage Virtual Evening Meeting via Zoom
Week Beginning 9th January	10th Jan – 10am - 12noon Workshop: Executive Function Dysfunction	11th Jan	12th Jan — 10am — 12noon - Stevenage Parent/Carer Support Group with Lorraine Jones
Week Beginning 16th January	17th Jan – 10am - 12noon Parent/Carer Support Group with Lorraine Jones	18th Jan	19th Jan – 10am – 12noon - Stevenage Meet up and Chat 7:30pm – 8:30pm Evening Parent/Carer Support Group
Week Beginning 23rd January	24th Jan – 10am - 12noon Workshop: Emotionally Based School Avoidance	25th Jan	26th Jan – 10am – 12noon - Stevenage Parent/Carer Support Group with Lorraine Jones
Week Beginning 30th January	31st Jan – 10am - 12noon Parent/Carer Support Group with Lorraine Jones	1st Feb	2nd Feb – 10am – 12noon - Stevenage Meet up and Chat
Week Beginning 6th February	7th Feb – 10am - 12noon Q & A on Education Issues – EHCP's, Graduation response etc. including the chance to feed these back to DSPL 1 to get your voices heard	8th Feb	9th Feb – 10am – 12noon - Stevenage Parent/Carer Support Group with Lorraine Jones 7:30pm – 8:30pm Evening Parent/Carer Support Group
Half Term	Half Term	Half Term	Half Term
Week Beginning 20th February	21st Feb – 10am - 12noon Parent/Carer Support Group with Lorraine Jones	22nd Feb	23rd Feb – 10am – 12noon – Stevenage Meet up and Chat
Week Beginning 27th February	28th Feb — 10am - 12noon Workshop: Getting your point across in a meeting and Knowing your Rights	1st Mar	2nd Mar – 10am – 12noon – Stevenage Parent/Carer Support Group with Lorraine Jones 7:30pm – 8:30pm Evening Parent/Carer Support Group
Week Beginning 6th March	7th Mar – 10am - 12noon Parent/Carer Support Group with Lorraine Jones	8th Mar	9th Mar – 10am – 12noon – Stevenage Meet up and Chat
Week Beginning 13th March	14th Mar - 10am - 12noon Workshop: How to support your child's sensory needs	15th Mar	16th Mar – 10am – 12noon – Stevenage Parent/Carer Support Group with Lorraine Jones
Week Beginning 20th March	21st Mar – 10am - 12noon Parent/Carer Support Group with Lorraine Jones	22nd Mar	23rd Mar – 10am – 12noon – Stevenage Meet up and Chat
Week Beginning 27th March	28th Mar – 10am - 12noon Workshop: Women and Girls on the Spectrum and ADHD	29th Mar	30th Mar – 10am – 12noon – Stevenage Parent/Carer Support Group 7:30pm – 8:30pm Evening Parent/Carer Support Group