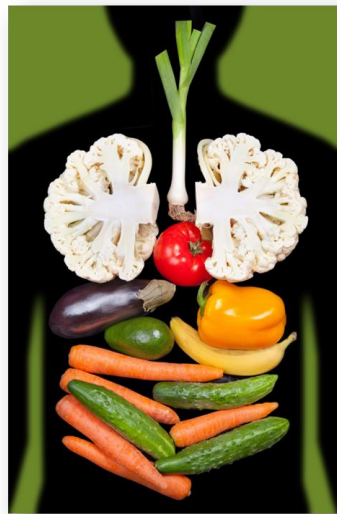




Healthy Humans



- Maths** – Securing Numbers to 20
- English** – Traditional Tales and Explanations
- Science** – Properties of materials
- Computing** – IT around us
- PE** – Learning how to keep the body healthy
- D&T** – Selecting and preparing food
- Art** – Drawing looking at lines, marks and tone

Year 2
Autumn Term 1 2021

Glossary

The key words we will need to be able to use, in both discussion and in our writing:

Word	Definition
healthy	
balanced	
diet	
protein	
carbohydrates	
fats	
dairy	
fruit	
vegetables	
exercise	
ingredients	
vitamins	
Digestive system	
Large intestine	
Small intestine	
Oesophagus	
Stomach	

Please help your child to complete the glossary and be able to use and spell the words. Feel free to add any additional topic related vocabulary that you think of.

Over the next few weeks, your child will be working on the topic of 'Healthy Humans'

They will be taking part in a series of exciting activities including:

- **Finding out about the basic needs of humans in order to survive**
- **Exercising to keep us healthy**
- **Learning about how to eat the right amount and the right types of foods in order to keep us healthy**
- **Taking part in a smoothie workshop (to be confirmed)**
- **Finding out what we need to do to keep us clean**
- **Taking part in a sponsored 'Fun Run' (to be confirmed)**

**Your child needs your help and involvement!
Please get involved by:**

- **Talking about what is healthy and what is not at meal times**
- **Discussing hygiene and what we can do to keep clean and healthy**
- **Exercising together and telling us all about it, with photographs etc.**
- **Cooking together**
- **Get books out of the library to find out how our bodies work by reading them and discussing them together**

What else is happening?

Values Education & Jigsaw

The whole school values for September and October will be 'Rights' and 'Responsibilities'.

Each half term we focus on a new theme for our RSHE lessons. We call these Jigsaw lessons. Next half term our Jigsaw theme is 'Being me in my world'.

Religious Education

Our teaching of religious education takes place through themed lessons. This half-term, your child will be learning about what Jesus taught, through the theme Christ

Homework

Please support your child by making sure that they read on a *daily* basis.

A homework flyer will be sent home every FRIDAY. Depending on the challenge set, the hand in date may vary- please see the date given on the flyer.

Spellings to learn will be included on the flyer, to be tested the following Friday.

Clubs

Breakfast Club	Every morning 7.45 – 8.50am
Lower Site After School Club	Every day 3.15 – 6.15pm
Upper Site After School Club	Every day 3.15 – 6.15pm

Forthcoming Events

Wednesday 1st September	INSET DAY – School Closed
Thursday 2nd September	Start of Autumn Term 1
Friday 22nd October	End of Autumn Term 1
Monday 1st November	Start of Autumn Term 2