



## FAIRLANDS PRIMARY SCHOOL

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Pound Avenue  
Stevenage  
Hertfordshire  
SG1 3JA

24/05/2022

Dear Parents/Carers

This term, Year 6 are participating in a series of online transition activities to support them with their mental health and wellbeing and key issues they may encounter as they progress to secondary school.

This program has been developed by Watford FC and they have produced the attached pdf as part of the '*Positive Minds; program*' to support with this at home. The document includes contact details for many organisations which can help children and families, along with a useful glossary of mental health terminology.

The program also includes sessions about online safety and gaming and are supplementing work we carry out at school to ensure children are informed and safe when online. We understand that the internet is a part of daily life for us all, but we need to ensure children are accessing age-appropriate content and understand what to do if they have any concerns when online. The parent document includes a guide to legal ages for social media and popular games and is definitely worth a read!

They are also planning some virtual parent workshops and we will inform you of these as soon as the dates are shared with us.

We hope you find this useful and are happy to answer any questions you may have about the program.

Mr Tweeddell, Mrs Jeffries and Miss Hodgson

**Julie Jeffries**  
Class teacher

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**Headteacher: Mr Robert Staples BA (Hons)**

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