



# FAIRLANDS PRIMARY SCHOOL & NURSERY

Pound Avenue  
Stevenage  
Hertfordshire  
SG1 3JA  
30<sup>th</sup> June 2008

Dear Parents / Carers

## Year 3 & 4 – Sex and Relationships Education

Over the next few weeks, the children will be covering aspects of their Sex and Relationships Education as part of the Personal, Social, Health and Citizenship Education curriculum.

Sex and Relationships Education is part of the curriculum from Nursery to Year 6. Throughout the school, children are encouraged to develop the self-esteem and confidence that they need to respond safely and responsibly to situations as they arise, both while they are at school and in the future.

The lessons comprise of watching age-appropriate television programmes which address the main issues. The programme will then be followed up by activities and discussion, led by the class teachers, when appropriate questions are answered sensitively and honestly.

The following is a summary of the areas that will be touched on in SRE in Years 3 & 4. Please be reassured that these topics will be dealt with appropriately for the age of the children.

YEARS 3 AND 4	<b>How babies are made</b>	<ul style="list-style-type: none"><li>To explain how babies are made</li><li>To explore the idea of relationships, including friendships, parent-child and family relationships and adult sexual relationships</li></ul>
	<b>How babies are born</b>	<ul style="list-style-type: none"><li>To explain how a baby develops in the womb during pregnancy and how babies are born</li><li>To consider the needs of babies before and after birth</li><li>To enable children to reflect on their roles and relationships in the family</li></ul>
	<b>Changes</b>	<ul style="list-style-type: none"><li>To introduce children to the physical and emotional changes that occur during puberty</li><li>To consider some of the changes over which we have no control and the choices we can make concerning those over which we do have control</li></ul>

Parents have the right to withdraw their child from parts of Sex and Relationships Education, which are not covered by the National Curriculum for Science. Any parent wishing to do so should inform the Headteacher in writing.

Yours sincerely,

Robert Staples  
Headteacher

