



18<sup>th</sup> May 2023

Dear Parents/Carers,

## Year 4 – Science, RSE and Health Education

After half term we will be delivering the following curriculum content to Year 4 children:

Science Curriculum	RSE and Health Education
<p>Children should be taught about different types of reproduction, including sexual and asexual reproduction in plants and sexual reproduction in animals.</p> <p>Pupils should draw a timeline to indicate stages in the growth and development of humans.</p> <p>They should learn about the changes experienced in puberty.</p>	<p>Having a baby (simple explanation of conception).</p> <p><b>Physical health and mental wellbeing: Primary</b> Changing adolescent body</p> <p>Pupils should know:</p> <ul style="list-style-type: none"> <li>• key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes.</li> <li>• about menstrual wellbeing including the key facts about the menstrual cycle.</li> </ul>

We use two schemes of work to deliver this content:

'Jigsaw' Lessons	'Teaching SRE with Confidence' lessons
<p>I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm.</p> <p>I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this.</p> <p>I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby.</p>	<p><b>Learning Intention</b> To explore the human lifecycle</p> <p><b>Learning Outcomes</b> Describe the main stages of the human lifecycle. Describe the body changes that happen when a child grows up.</p> <p><b>Learning Intention</b> To identify some basic facts about puberty</p> <p><b>Learning Outcomes</b> Discuss male and female body parts using agreed words.</p>

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	<p>Know some of the changes which happen to the body during puberty.</p> <p><b>Learning Intention</b> To explore how puberty is linked to reproduction</p> <p><b>Learning Outcomes</b> Know about the physical and emotional changes that happen in puberty. Understand that children change into adults so that they are able to reproduce.</p>
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Parents have the right to withdraw their child from parts of Sex and Relationships Education **which are not covered** by the National Curriculum for Science.

If you are considering withdrawing your child from any of this content, have any further questions, or would like to see the resources which will be used, please do not hesitate to contact your child’s class teacher.

We hope you find this information helpful.

**In addition to these lessons, we will be offering parents the opportunity to attend a workshop, at 3.30, in Poplar classroom, on Wednesday 24<sup>th</sup> May, containing some information on sustainable period products. We will be showing the children the same information during their SRE lessons.**

Miss M Bridge  
Upper Phase DHT