



18th May 2023

Dear Parents/Carers,

Year 5 – Science, RSE and Health Education

After half term we will be delivering the following curriculum content to Year 5 children:

Science Curriculum	RSE and Health Education
Children should be taught about different types of reproduction, including sexual and asexual reproduction in plants and sexual reproduction in animals. Pupils should draw a timeline to indicate stages in the growth and development of humans. They should learn about the changes experienced in puberty.	<p>RSE and Health Education Understanding conception (including IVF) Physical health and mental wellbeing: Primary Changing adolescent body</p> <p>Pupils should know:</p> <ul style="list-style-type: none"> • key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes. • about menstrual wellbeing including the key facts about the menstrual cycle.

We use two schemes of work to deliver this content:

'Jigsaw' Lessons	'Teaching SRE with Confidence' lessons
<p>I am aware of my own self-image and how my body image fits into that.</p> <p>I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally.</p> <p>I can describe how boys' and girls' bodies change during puberty.</p> <p>I understand that sexual intercourse can lead to conception and that is how babies are usually made.</p>	<p>Learning Intention To explore the emotional and physical changes occurring in puberty</p> <p>Learning Outcomes Explain the main physical and emotional changes that happen during puberty. Ask questions about puberty with confidence.</p> <p>Learning Intention To understand male and female puberty changes in more detail</p> <p>Learning Outcomes Understand how puberty affects the reproductive organs.</p>

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<p>I also understand that sometimes people need IVF to help them have a baby.</p>	<p>Describe how to manage physical and emotional changes.</p> <p>Learning Intention To explore the impact of puberty on the body & the importance of hygiene. To explore ways to get support during puberty.</p> <p>Learning Outcomes Explain how to keep clean during puberty. Explain how emotions change during puberty. Know how to get support and help during puberty.</p>
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Parents have the right to withdraw their child from parts of Sex and Relationships Education **which are not covered** by the National Curriculum for Science.

If you are considering withdrawing your child from any of this content, have any further questions, or would like to see the resources which will be used, please do not hesitate to contact your child's class teacher.

We hope you find this information helpful.

In addition to these lessons, we will be offering parents the opportunity to attend a workshop, at 3.30, in Poplar classroom, on Wednesday 24th May, containing some information on sustainable period products. We will be showing the children the same information during their SRE lessons.

Miss M Bridge
 Upper Phase DHT