



18th May 2023

Dear Parents/Carers,

Year 6 – Science, RSE and Health Education

After half term we will be delivering the following curriculum content to Year 6 children:

Science Curriculum	RSE and Health Education
Children should be taught about different types of reproduction, including sexual and asexual reproduction in plants and sexual reproduction in animals. Pupils should draw a timeline to indicate stages in the growth and development of humans. They should learn about the changes experienced in puberty.	<p>RSE and Health Education</p> <p>Understanding conception to birth</p> <p>Physical health and mental wellbeing: Primary</p> <p>Changing adolescent body. Pupils should know:</p> <ul style="list-style-type: none"> • key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes. • about menstrual wellbeing including the key facts about the menstrual cycle.

We use two schemes of work to deliver this content:

'Jigsaw' Lessons	'Teaching SRE with Confidence' lessons
<p>I am aware of my own self-image and how my body image fits into that.</p> <p>I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally.</p> <p>I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/ boyfriend.</p> <p>I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born.</p>	<p>Learning Intention</p> <p>To consider puberty and reproduction</p> <p>Learning Outcomes</p> <p>Describe how and why the body changes during puberty in preparation for reproduction. Talk about puberty and reproduction with confidence.</p> <p>Learning Intention</p> <p>Consider physical & emotional behaviour in relationships</p> <p>Learning Outcomes</p> <p>Discuss different types of adult relationships with confidence. Know what form of touching is appropriate.</p>

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<p>I am aware of the importance of a positive self-esteem and what I can do to develop it.</p>	<p>Learning Intention To explore the process of conception and pregnancy</p> <p>Learning Outcomes Describe the decisions that have to be made before having a baby. Know some basic facts about pregnancy and conception.</p> <p>Learning Intention To explore positive and negative ways of communicating in a relationship</p> <p>Learning Outcomes To have considered when it is appropriate to share personal/private information in a relationship. To know how and where to get support if an on line relationship goes wrong.</p>
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Parents have the right to withdraw their child from parts of Sex and Relationships Education **which are not covered** by the National Curriculum for Science.

If you are considering withdrawing your child from any of this content, have any further questions, or would like to see the resources which will be used, please do not hesitate to contact your child's class teacher.

We hope you find this information helpful.

In addition to these lessons, we will be offering parents the opportunity to attend a workshop, at 3.30, in Poplar classroom, on Wednesday 24th May, containing some information on sustainable period products. We will be showing the children the same information during their SRE lessons.

Miss M Bridge
Upper Phase DHT