February half-term events



<u>Saturday 17th February:</u>

11am - 3:30pm

- Free face painting
- Free arts and crafts
- Take a photo on the selfie bench
- · Children's characters







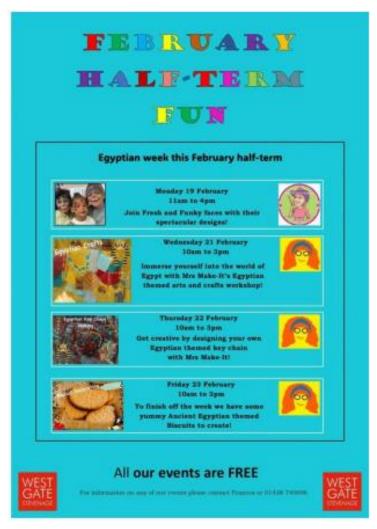
21st February - 23rd February

Sessions run from 11:00-12:00am and 2:00-3:00pm

>Wednesday 21st February - Wonderful wire sculptures

>Thursday 22nd February - Clay Day

>Friday 23rd February - Space rockets



<u>Monday 19th February - Friday 23rd</u> <u>February</u>

Egyptian Week at West Gate:

>Monday 19th February: 11am - 4pm Join Fresh and Funky faces with their spectacular designs.

>Wednesday 21st February: 10am -3pm Immerse yourself into the world of Egypt with Mrs Make-It's Egyptian themed arts and crafts workshop

>Thursday 22nd February: 10am - 3pm Get creative by designing your own Egyptian key chain with Mrs Make-1t

>Friday 23rd February: 10am - 3pm

To finish off the week we have some yummy ancient Egyptian themed biscuits to create.

ALL EVENTS ARE FREE and held in the WEST GATE SHOPPING CENTRE IN THE TOWN CENTRE



Junction 7 Creatives host FREE 'Creative Saturdays' every week (found by the old bus station)







Stevenage Library: The library hosts lots of free and low-cost events and activities.

- Baby rhyme time
- Story time
- Winter Reads challenge
- Craft groups
- Board game sessions
- LEGO workshops!

Pop into your local library to find out available times and dates. Library can be found at the bottom of the Town Centre - near Asda.

Eat for Less

We are feeling the pinch of the 'Cost of Living Crisis'. If you need support, please reach out, there is help available.

Local food back information here:

www.stevenage-vineyard.co.uk/compassion/foodshed/ www.feedupwarmup.co.uk/help/food-bank/stevenage/

 You may like to explore the budget recipes available online from supermarkets:

www.realfood.tesco.com/budget-meals.htm www.asda.com/good-living/category/budget-meals

SEND support for parents:

Please access the SEN part of our school website for a list of websites we feel you may find useful to explore.

www.fairlands.herts.sch.uk/info/159-sen-signposts-to-support-home-adults



The DSPL2 website has a wealth of resources for parents of children with SEND as well as parenting courses, network groups, support and advice.

www.stevenagedspl.org.uk/page/?title=Families&pid=14

Well-being support

 The SANDBOX - The Sandbox is a FREE NHS-funded service to support children and young people in Hertfordshire with their mental health and well-being. It offers a website with access to games, worksheets, group chats and online events for children and their families.

- Just Talk If you are feeling low, anxious, or generally struggling, there are lots of services available to help you, all year round. Please always ask for support if you need it and don't ever struggle on alone.
- This service is all free, you don't need a professional referral, so you can contact them directly.
- www.justtalkherts.org/news-and-campaigns/mental-health-support-for-hertfordshire-children-and-young-people.aspx