

CRISTINA MUSSINI



L'uso dei long acting in Italia

HIV Guidelines

Long-acting intramuscular dual therapy CAB + RPV

- The use of oral lead-in (1 month) is optional
- Injections are administered every 2 months. In case of bridging, see the section on [Drug-Drug Interactions after Oral and Intramuscular Administration of CAB and RPV](#)

Initiation phase (start on day of last oral pills)	Continuation phase
Day 0: CAB 600 mg/ RPV 900 mg Month 1: CAB 600 mg/ RPV 900 mg	From month 2 onwards: CAB 600 mg/ RPV 900 mg every 2 months

EACS

The following baseline factors, when combined, are associated with risk of virologic failure and resistance:

- Archived RPV-associated mutations
- HIV subtype A6/A1
- BMI $\geq$ 30 kg/m²

See the section on [Drug-Drug Interactions after Oral and Intramuscular Administration of CAB and RPV](#) for details, page 27

Cabotegravir plus Rilpivirine

Long-acting injectable CAB plus RPV is indicated in individuals with sustained (e.g., 3 to 6 months) virologic suppression (HIV-1 RNA <50 copies/mL) on a stable ARV regimen, with no history of treatment failure, and with no known or suspected resistance to either CAB or RPV.³⁶ CAB is an INSTI and a structural analogue of DTG. RPV is an NNRTI first approved in an oral tablet formulation in 2011. A tablet formulation of CAB was concurrently approved by the FDA to be used with RPV tablets as a 4-week oral lead-in therapy before initiation of the long-acting regimen and as oral bridging in the event of planned missed injections. The oral lead-in is now considered optional if going directly to long-acting formulations is preferred. The long-acting injectable combination can be given once monthly or as an every 2-month therapy. Clinical trial data supporting these regimens are discussed below.

Updated Treatment Recommendation on Use of Cabotegravir and Rilpivirine for People With HIV From the IAS-USA Guidelines Panel

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When supported by intensive follow-up and case management services, injectable cabotegravir and rilpivirine (CAB-RPV) may be considered for people with viremia who meet the criteria below when no other treatment options are effective due to a patient's persistent inability to take oral ART (rating AIIa under the conditions described).

DHHS

RWE evaluating cabotegravir and rilpivirine long-acting injectables in virologically suppressed individuals only

Real-world cohort	Countries included	Participants (n)	Median follow-up [months (IQR)]	Virological failure rate [% (n)]
OPERA [31 [■]]	USA	1543	7.4 (3.9–10.9)	1.0 (16)
Dat'AIDS [32]	France	1134	7 (3.5–9.6)	1.1 (14)
COMBINE-2 [34]	France, Switzerland, Germany, UK, Netherlands	472	3.0 (2.8–7.1)	0.8 (3)
CARISEL [29]	Spain, France, Germany, Netherlands, Belgium	430	12 (12–12)	0.2 (1)
Maguire <i>et al.</i> [35]	USA	374	9.1 (5.3–12.9)	1.1 (4)
TRIO [36]	USA	278	10 (5–13)	0.9 (2)
BEYOND [37]	USA	233	6 (6–6)	1.3 (2)
CARLOS [38]	Germany	200	6 (6–6)	0.5 (1)
Ferre <i>et al.</i> [39]	France	127	12.8 (8.5–26.7)	4.7 (6)
CUSTOMIZE [28]	USA	115	NR	0.0 (0)
Shankaran <i>et al.</i> [40]	USA	75	NR	4.0 (3)
Rubenstein <i>et al.</i> [41]	France	72	15 (NR)	1.4 (1)
JABS [42 ^{■●}]	Australia	60	12 (12–12)	0.0 (0)
Iannone <i>et al.</i> [43]	Italy	38	7 (7–7)	0.0 (0)
Keiju <i>et al.</i> [44]	Japan	38	NR	0.0 (0)
Roberts <i>et al.</i> [45]	UK	33	NR	0.0 (0)
Montalvo <i>et al.</i> [46]	USA	30	NR	0.0 (0)
Masich <i>et al.</i> [47]	USA	24	NR	4.1 (1)

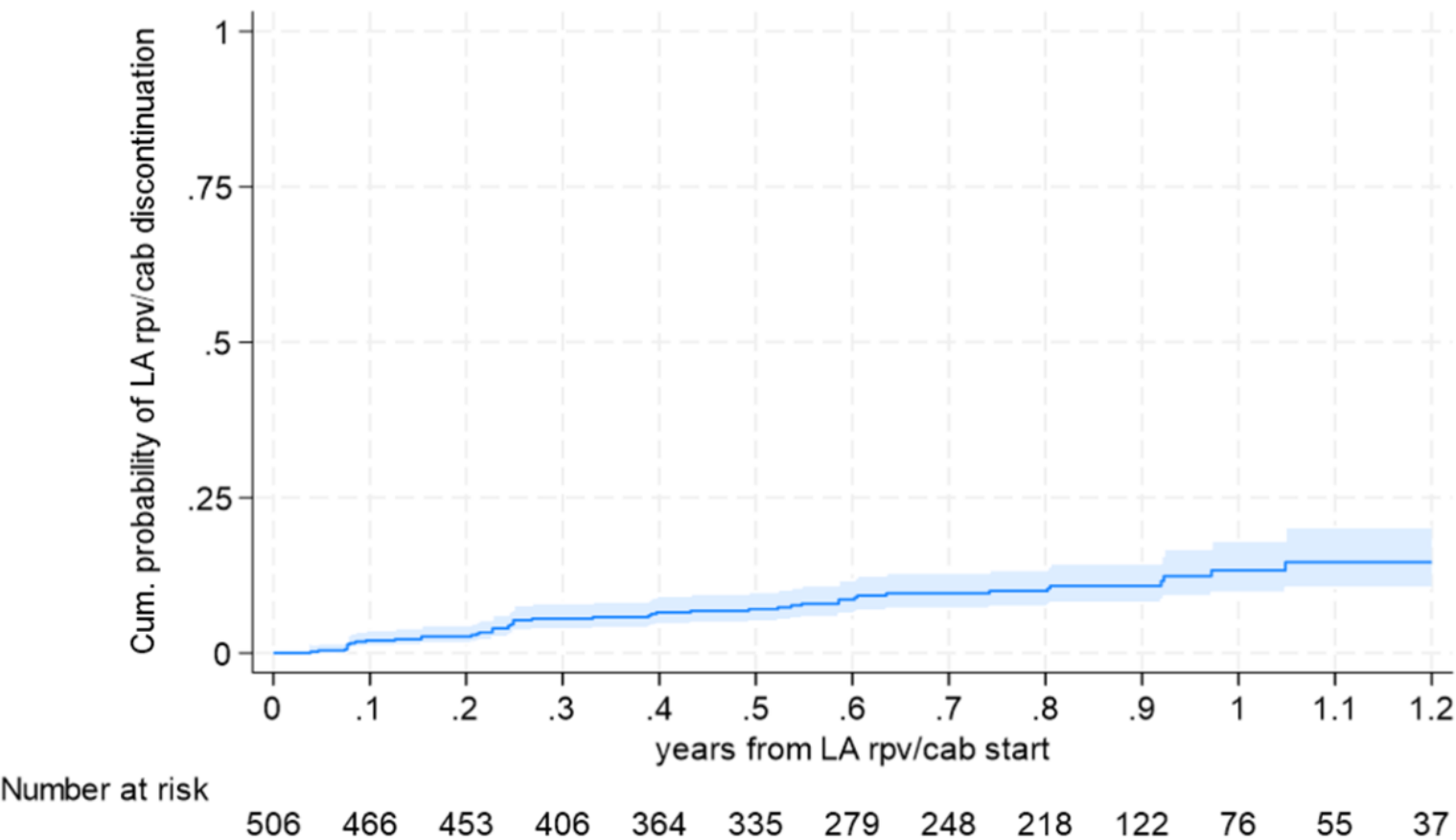
ICONA Cohort

509 PLWHIV

Participants

Female sex, n(%)	57 (11.3%)
Italian nationality, n (%)	452 (88.7%)
Mode of HIV transmission, n(%)	
Heterosex	129 (25.5%)
IDU	9 (1.8%)
MSM	344 (68.%)
BMI, median (IQR)	24.4 (22.7-26.8)
BMI > 30, n(%)	39 (7.7%)
CD4 at BL, median (IQR)	766 [590-959]
CD4 at nadir, median (IQR)	387 (243-532)
CD4< 200 at nadir, n(%)	98 (19.4%)
Age, median (IQR)	46 [37-54]
Age > 50 ys	165 (32.6%)
Years of viral suppression, median (IQR)	7.0 (3.7-9.6)
ART exposure, years, median (IQR)	7.3 (4.4-10.2)
Previous AIDS event, n (%)	42 (8.3%)
HBcAb positive, n (%)	79 (19.8%)
HCVAb positive, n(%)	35 (7.2%)
ART line, median (IQR)	4 [3-5]
GRT RT pre-CAB/RPV, n (%)	415 (82.0%)
RPV fully susceptible, n(%)	405 (97.6%)
GRT INSTI pre-CAB/RPV, n (%)	231 (45.7%)
CAB fully susceptible, n (%)	231 (100%)
HIV subtype, n(%)	
A1	7 (1.4%)
B	280 (55.3%)

Treatment Discontinuations



IRCCS San Raffaele Scientific Institute, Milan, Italy: SCohoLART cohort



Median follow-up time (IQR)

13.1 months (9.1–15.5)

Median age (IQR)

49 years (40–56)

Median BMI (IQR)

25 kg/m² (23–27)

Gender



9% (n=47/514) **91%** (n=467/514)

Female

Male



514 people

living with HIV
treated with CAB +
RPV LA



98%

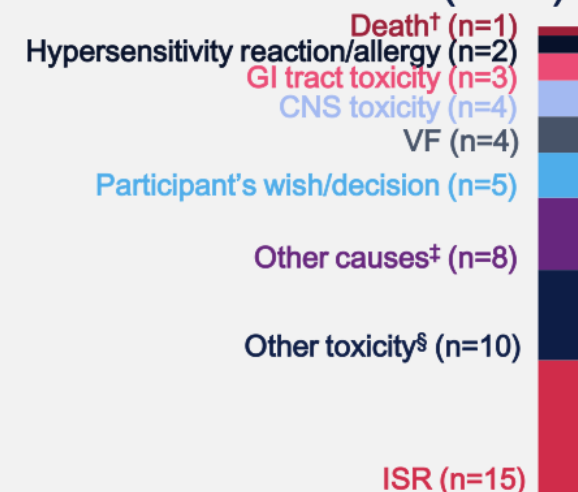
(n=2,870/2,924)

of injections
administered
within ±7-day
dosing window

4 virologic failures* (0.8%)

- / Three participants with NNRTI and INI RAMs at failure
- / One participant with no RAMs at failure
- / Regimens switched to: DRV/c/FTC/TAF (n=3), BIC/TAF/FTC (n=1); **all resuppressed post-switch**

Reasons for discontinuation 10% (n=52)



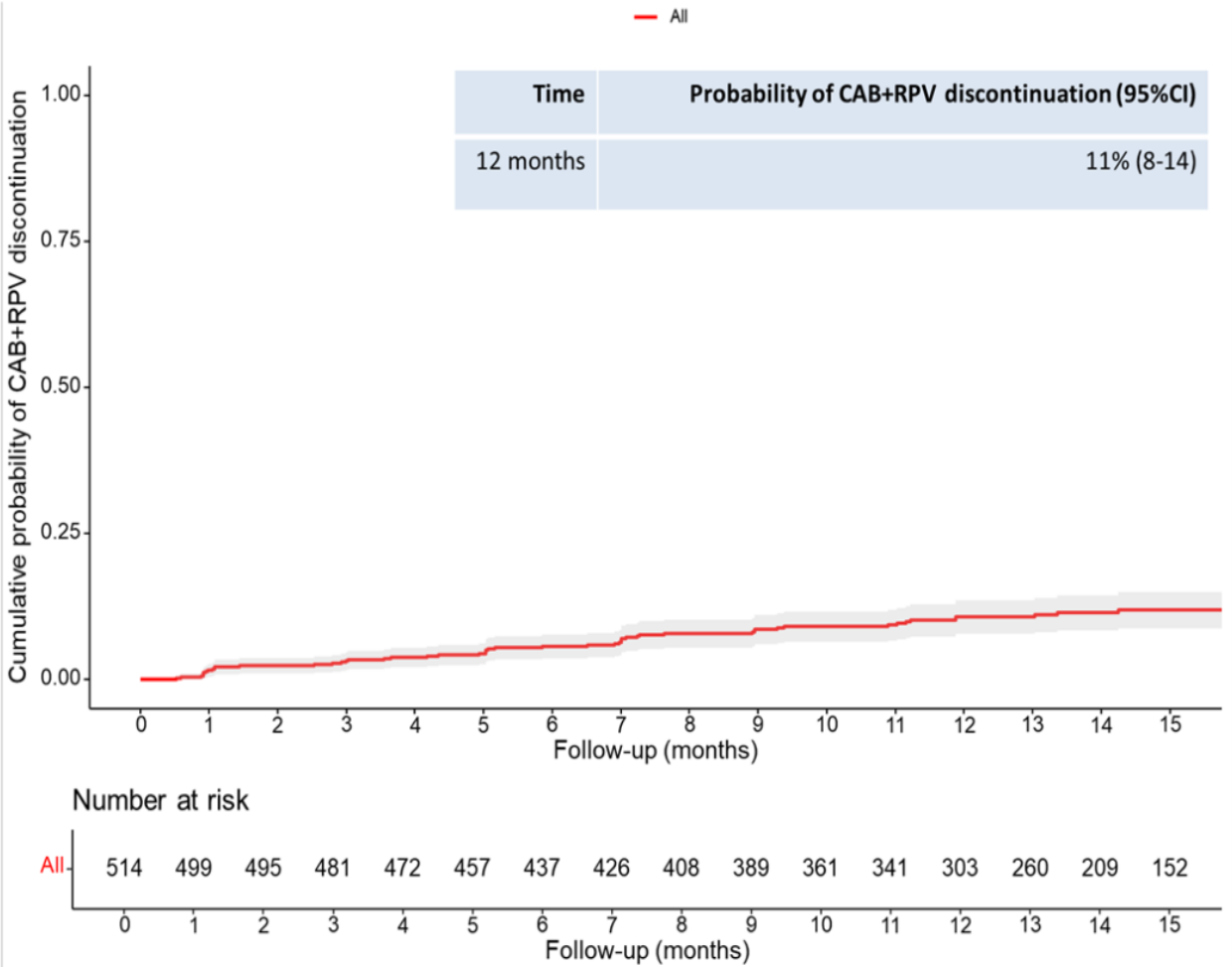
*Defined as: 2 consecutive VLs ≥ 50 c/mL or 1 VL $\geq 1,000$ c/mL after initiation of CAB + RPV LA or at switching to another regimen; †One participant died from complications secondary to a metastatic biliopancreatic adenocarcinoma; ‡Other causes included: 2 personal commitments incompatible with scheduled injection visits, 1 transfer to another country, 1 HBV reactivation, 1 pregnancy, 1 viral blip, 1 enrolment in another study protocol, 1 chemotherapy-induced thrombocytopenia; §Other toxicity included: 3 pyrexia, 2 fatigue, 2 joint stiffness, 2 weight gain, 1 polyarthralgia. /c, cobicistat boosted; BIC, bictegravir; BMI, body mass index; CAB + RPV LA, cabotegravir + rilpivirine long-acting; CNS, central nervous system; DRV, darunavir; FTC, emtricitabine; GI, gastrointestinal; HBV, hepatitis B virus; INI, integrase inhibitor; IQR, interquartile range; ISR, injection-site reaction; NNRTI, non-nucleoside reverse transcriptase inhibitor; RAMs, resistance-associated mutations; TAF, tenofovir alafenamide; VF, virological failure; VL, viral load

SCohoLART Study

Participants

N=514	
Age, median (IQR)	49 (40-56)
Male, n (%)	467 (90.9)
Men who have sex with men, n (%)	364 (70.8)
Years from HIV diagnosis, median (IQR)	14.0 (8.8-20.5)
Years of ART, median (IQR)	11.4 (7.9-17.4)
Previous AIDS diagnosis, n (%)	52 (10.3)
CD4+ (cells/ μ L), median (IQR)	794 (602-994)
Nadir CD4+ $\leq$ 200 cells/ μ L, n (%)	120 (23.6)
HBcAb positive (%)	122 (30.2%)
Years of the ART regimen in use at CAB+RPV switch, median (IQR)	3.4 (2.2-5.4)
Number of drugs in the ART regimen in use CAB+RPV switch, median (IQR)	3.00 (2.00-3.00)
Type of ART regimen in use at CAB+RPV switch:	
2 NRTI + 1 PI, n (%)	14 (2.8)
2 NRTI + 1 NNRTI, n (%)	124 (24.6)
2 NRTI + 1 INSTI, n (%)	179 (35.5)
1 NRTI + 1 INSTI, n (%)	124 (24.6)
1 INSTI + 1 NNRTI, n (%)	45 (8.8)
PI-monotherapy, n (%)	5 (1.0)
Other, n (%)	13 (2.5)

Treatment Discontinuations



IRCCS San Raffaele Scientific Institute, Milan, Italy: SCohoLART cohort



Participant	Year of HIV diagnosis	Subtype	Body mass index (kg/m ²)	Pre CAB+RPV regimen	HIV RNA at virological failure	RPV at failure	STI at failure	Genotypic resistance testing at failure	Post CAB+RPV regimen	HIV RNA post CAB+RPV switch
1. Male, 50 years	2005	B	22.2	DTG/ABC/3TC	371 copies/mL 436 copies/mL	121.8 ng/mL	Gonococcal urethritis	NNRTI (RNA) E138A NNRTI (DNA) E138EA INSTI (RNA) E138EK, Q148R INSTI (DNA) Q148QR	DRV/c/F/TAF	<50 copies/mL after 4 weeks
2. Male, 41 years	2007	B	25.7	DTG/RPV	34300 copies/mL	170.5 ng/mL	Gonococcal urethritis	NNRTI (RNA) K101PQ, E138A INSTI (RNA) E138K, Q148R	DRV/c/F/TAF	<50 copies/mL after 32 weeks
3. Male, 56 years	2012	B	24.6	B/F/TAF	636 copies/mL 66500 copies/mL	50.5 ng/mL	Primary syphilis	NNRTI (RNA) K101E, E138A NNRTI (DNA) K101KE, E138EA INSTI (RNA/DNA) E157Q	DRV/c/F/TAF	<50 copies/mL after 20 weeks
4. Male, 57 years	2018	B	25.3	B/F/TAF	276 copies/mL 55 copies/mL	70.8 ng/mL	/	WT for NNRTIs and INSTIs	B/F/TAF	<50 copies/mL after 1 week

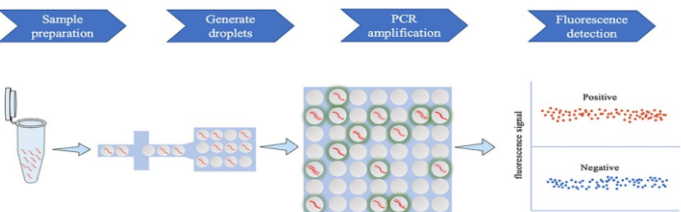
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BACKGROUND

People living with HIV (PLWH) who show the presence of hepatitis B surface antigen (HBsAg) require antiretroviral treatment (ART) regimens containing nucleos(t)ide analogues [(NAs) tenofovir disoproxil fumarate (TDF) or tenofovir alafenamide (TAF)], that are active against both HIV and hepatitis B virus (HBV).^{1,2} Instead, PLWH who are antiHBe positive in the absence of HBsAg may have access to antiHBV sparing regimens (antiHBVs).^{1,2} However, loss of HBsAg in PLWH, with or without seroconversion to anti-HBsAg antibodies (HBsAb), could be due to ART containing drugs active against both viruses.³ Furthermore, HBV reactivation has been described in individuals with isolated antiHBe and, in case of severe immunosuppression, with antiHBe and HBsAb.^{4,5} We investigated HBV reactivation in PLWH with antiHBe (isolated or with HBsAb) who switched from combination therapy containing drugs active against both viruses to antiHBVs.

Figure 1. Workflow of ddPCR



Adapted from Fan Y, et al. Application of Droplet Digital PCR to Detection of Mycobacterium tuberculosis and Mycobacterium leprae Infections: A Narrative Review. Infect Drug Resist. 2022. doi: 10.2147/IDR.S349607.

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METHODS

- Cohort study on PLWH with antiHBe (isolated or with HBsAb) who switched from NA-containing regimens to antiHBVs: dolutegravir/rilpivirine (DTG/RPV) or cabotegravir/rilpivirine long-acting (CAB/RPVLA). Follow-up accrued from the date of regimen switch [baseline (BL)] to the date of antiHBVs discontinuation or the freezing date (August 29, 2023).
- HBV reactivation was initially assessed by ALT above the upper limit of normal range (normal value <60 IU/L) and in PLWH with ALT > normal levels by HBV-DNA quantification.
- In case of HBV reactivation and available plasma samples, HBV-DNA and HBV-RNA [as a surrogate marker for covalently closed circular DNA persisting in hepatocytes]⁶ were determined by highly sensitive digital droplet PCR (ddPCR; Figure 1) and HBV genotype by direct sequencing of the S gene.
- Data extracted from the database of Infectious Diseases, IRCCS San Raffaele Scientific Institute (CSLHIV Cohort) and from the SCohoLART study (single-center, prospective, phase IV, cohort study of people with HIV, treated with long-acting antiretroviral therapy; NCT05663580).

RESULTS

- Overall, 34 PLWH with antiHBe and HBsAb and 7 with isolated antiHBe switched to an antiHBVs (Table 1).
- Median follow-up after switch to antiHBVs: 8.91 months [IQR 6.78 - 24.14]; in PLWH with HBsAb 8.96 months (IQR 6.78 - 24.14); in PLWH with isolated antiHBe 6.97 months (IQR 5.56 - 43.22); $p=0.742$.
- No reactivations in PLWH with antiHBe and HBsAb.

Table 1. Characteristics of PLWH with antiHBe at switch to antiHBVs according to the presence or absence of anti-HBsAg

BL Characteristics	Overall (n=41)	antiHBe positive (n=7)	antiHBe HBsAb positive (n=34)	p
Age (years)	55.1 (50.2 - 62.2)	57.8 (43.2 - 70.2)	54.4 (50.2 - 61.5)	0.690
Male sex	41 (100%)	7 (100%)	34 (100%)	-
Years of HIV infection	15.4 (9.5 - 20.4)	15.5 (10.1 - 26.4)	15.3 (8.9 - 19.7)	0.533
HIV-RNA				
<50 copies/mL	40 (97.6%)	7 (100%)	33 (96.8%)	0.661
50-200 copies/mL	1 (2.4%)*	0 (0%)	1 (3.2%)*	
CD4 ⁺ cells count (cells/mm ³)	607 (460 - 772)	693 (485 - 867)	603 (459 - 772)	0.726
AntiHBVs				
DTG/RPV	15 (36.6%)	3 (42.9%)	12 (35.3%)	0.693
CAB/RPVLA	26 (63.4%)	4 (57.1%)	22 (64.7%)	
HBV-DNA <10 IU/mL (available in 26 PLWH)	26 (100%)	5 (100%)	21 (100%)	-
ALT levels (IU/L)	27.5 (21 - 32)	28 (20 - 32)	27 (21 - 39)	0.763

*One participant had HIV-RNA >50, <200 copies/mL before switching to DTG/RPV

Of 7 PLWH with isolated antiHBe, 1 (14.3%) experienced HBV reactivation 3 months after switching to CAB/RPVLA

Figure 2. Trend of transaminases in the participant with HBV reactivation

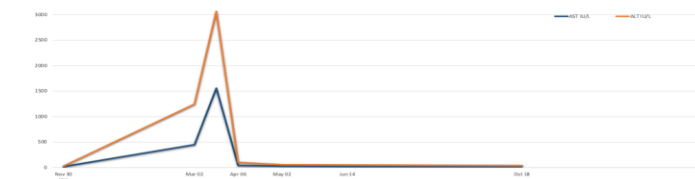
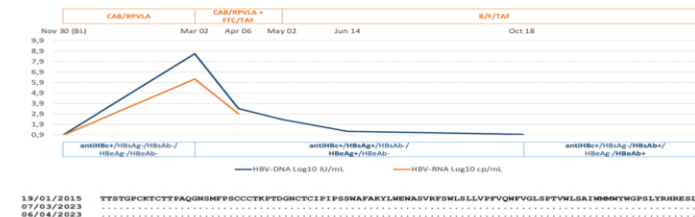


Figure 3. Trend of HBV-DNA, -RNA and serology in the participant with HBV reactivation. Alignment of the partial HBsAg before any ART and during HBV reactivation in the bottom



- In this individual (Figure 2 and Figure 3) we observed:
 - HBV-RNA positive at baseline (8 copies/mL) and very low levels of HBV-DNA (6 copies/mL) by ddPCR assay
 - Overt HBV infection assessed by HBsAg and hepatitis B e antigen (HBeAg) seroreversion and highly increased HBV-DNA
 - HBV genotype A2, with sequence identical to that obtained prior to any ART
 - Progressive decrease in HBV-DNA and normalization of transaminases after receiving emtricitabine/tenofovir alafenamide (FTC)/TAF.

CONCLUSIONS

- HBV reactivation after switching to antiHBVs is unlikely in PLWH with antiHBe and HBsAb.
- Close monitoring of ALT and possibly HBV-DNA is mandatory in PLWH with isolated antiHBe switching to antiHBVs.

CD4R/CD8R improvement after switch from a second-generation integrase inhibitor regimen to long-acting cabotegravir and rilpivirine

Table 1. Crude mean changes per year in CD4⁺, CD8⁺, and CD4⁺/CD8⁺ during cabotegravir and rilpivirine and in the year before cabotegravir and rilpivirine.

N=310 Variable	Overall crude mean change per year (95% CI)	Crude mean change per year among people treated with BIC/F/TAF (95% CI)	Crude mean change per year among people treated DTG/3TC (95% CI)	Crude mean change per year among people treated with DTG/RPV (95% CI)	P-value for comparison BIC/TAF/FTC vs. DTG/3TC vs. DTG/RPV
CD4 ⁺ (cells/μl) during CAB+RPV	28.84 (0.89, 56.79), P=0.04	22.10 (-19.00, 63.18), P=0.29	31.07 (-14.30, 76.43), P=0.18	43.41 (-30.00, 116.81), P=0.25	P=0.23
CD4 ⁺ (cells/μl) in the year before CAB+RPV	41.11 (21.30, 60.93), P<0.001	34.48 (7.70, 61.16), P=0.01	56.30 (22.41, 90.18), P=0.001	26.27 (-34.19, 86.73), P=0.39	P<0.0001
CD8 ⁺ (cells/μl) during CAB+RPV	-17 (-47, 12.9), P=0.27	-30.77 (-74.8, 13.2), P=0.17	-7.96 (-56.0, 40.1), P=0.74	2.84 (-75.8, 81.5), P=0.94	P=0.57
CD8 ⁺ (cells/μl) in the year before CAB+RPV	22.5 (1.13, 43.8), P=0.04	9.8 (-18.70, 38.3), P=0.50	40.7 (4.11, 77.4), P=0.03	26.8 (-40.5, 94.1), P=0.43	P=0.12
CD4 ⁺ /CD8 ⁺ during CAB+RPV	0.08 (0.05, 0.11), P<0.0001	0.08 (0.034, 0.13), P<0.001	0.09 (0.04, 0.14), P=0.001	0.06 (-0.02, 0.15), P=0.15	P<0.0001
CD4 ⁺ /CD8 ⁺ in the year before CAB+RPV	0.01 (-0.01, 0.03), P=0.32	0.01 (-0.02, 0.04), P=0.49	0.01 (-0.02, 0.05), P=0.45	0.00 (-0.06, 0.06), P=0.92	P=0.78

P-value for comparison (BIC/TAF/FTC vs. DTG/3TC vs. DTG/RPV, last column) corresponds to the type 3 test of fixed effects based on the calculation of Sum of Squares for each effect in the model. 3TC, lamivudine; BIC, bictegravir; CAB, cabotegravir; CI, confidence interval; DTG, dolutegravir; F, emtricitabine; RPV, rilpivirine; TAF, tenofovir alafenamide.

Improvement in high-density lipoprotein cholesterol in people with HIV who switched from a tenofovir alafenamide-containing regimen to cabotegravir plus rilpivirine

Table 1

Crude mean changes in metabolic parameters and weight in people with HIV treated with or without tenofovir alafenamide before starting cabotegravir + rilpivirine.

Variable	Crude mean change (slope) per year among PWH treated with TAF pre-CAB + RPV start (95% CI)	Crude mean change (slope) per year among PWH treated without TAF pre-CAB + RPV start (95% CI)	P-value (TAF vs. non-TAF)
Glucose (mg/dL)	−2.38 (−8.71, 3.96), <i>P</i> = 0.461	−3.69 (−9.04, 1.67), <i>P</i> = 0.177	<i>P</i> = 0.305
HOMA index	0.59 (−0.49, 1.66), <i>P</i> = 0.278	−0.39 (−1.19, 0.41), <i>P</i> = 0.330	<i>P</i> = 0.334
Triglycerides (mg/dL)	−4.93 (−16.55, 6.68), <i>P</i> = 0.404	−3.1 (−12.44, 6.24), <i>P</i> = 0.514	<i>P</i> = 0.569
Cholesterol (mg/dL)	1.82 (−5.1, 8.75), <i>P</i> = 0.605	2.27 (−3.38, 7.92), <i>P</i> = 0.430	<i>P</i> = 0.640
HDL cholesterol (mg/dL)	2.79 (0.23, 5.35), <i>P</i> = 0.033	1.64 (−0.56, 3.85), <i>P</i> = 0.144	<i>P</i> = 0.034
LDL cholesterol (mg/dL)	1.37 (−4.92, 7.66), <i>P</i> = 0.668	6.81 (1.56, 12.07), <i>P</i> = 0.011	<i>P</i> = 0.035
TOT/HDL cholesterol	−0.31 (−0.78, −0.68), <i>P</i> = 0.18	−0.26 (−0.68, 0.16), <i>P</i> = 0.21	<i>P</i> = 0.186
Weight (Kg)	1.24 (−0.25, 2.73), <i>P</i> = 0.102	0.8 (−0.45, 2.04), <i>P</i> = 0.206	<i>P</i> = 0.112
Body mass index (kg/m ²)	0.39 (−0.1, 0.88), <i>P</i> = 0.119	0.31 (−0.1, 0.73), <i>P</i> = 0.139	<i>P</i> = 0.094

PWH, people with HIV; TAF, tenofovir alafenamide; CAB, cabotegravir; RPV, rilpivirine; HOMA, homeostatic model assessment; HDL, high-density lipoprotein, LDL, low-density lipoprotein.

Studio Longitude

Objectives

- We herein present a multicenter real-world experience from 14 centers in Northern Italy, focusing on the implementation and outcomes associated with this novel treatment regimen (LONGITUDE Study).

MATERIALS AND METHODS



- We included all individuals who received at least one dose of injectable cabotegravir and rilpivirine
- We collected demographic data and laboratory results, and assessed factors associated with treatment discontinuations (TD).
- Statistical assessments were conducted using Kaplan-Meier curves
- Logistic regression to identify significant predictors of TD.

RESULTS

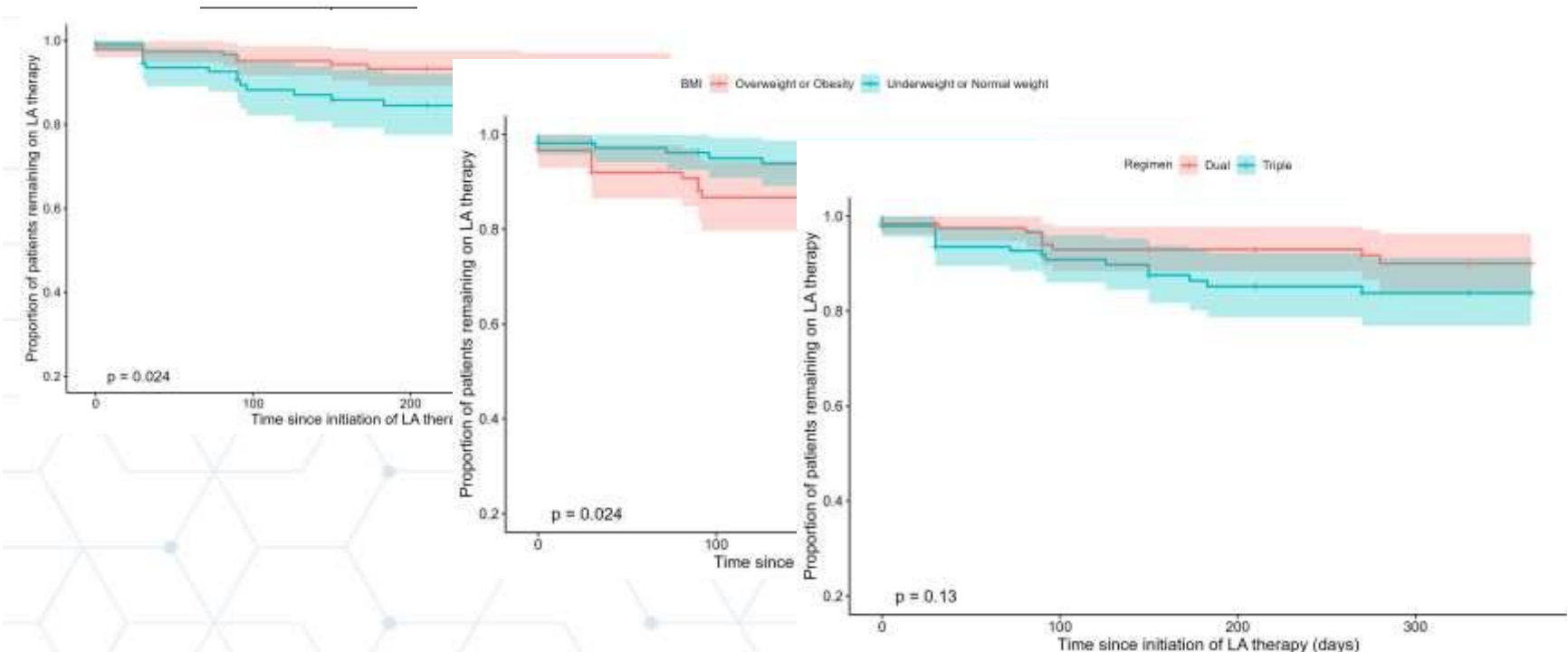
Variables	Total (N = 270)
Caucasian ethnicity, n (%)	243 (90)
Sex at birth, n (%)	208 (77)
Age, years, median (IQR)	49 (40-58)
Main risk factor for HIV acquisition, MSM, n (%)	114 (70.4)
Years living with HIV, median (IQR)	12 (7-20)
HIV subtype	
Unkown	156 (57.8)
B	89 (33)
Others	25 (9.2)
Main Reason for starting LA	
Person's preference	226 (83.7)
Other medical reasons	44 (16.3)
Nadir CD4 ⁺ T cell count, median (IQR)	299 (174-439)
Past AIDS events, n (%)	39 (14.5)
Previous HCV infection, yes	39 (14.5)
Regular physical exercise, yes, n (%)	81 (40.7)
Alcohol use disorders,	7 (2.7)
Multimorbidity, n (%)	87 (32.2)
Polypharmacy, n (%)	51 (19.1)

RESULTS

During the first year of follow-up 28 (10.4%) PWH discontinued the study regimen

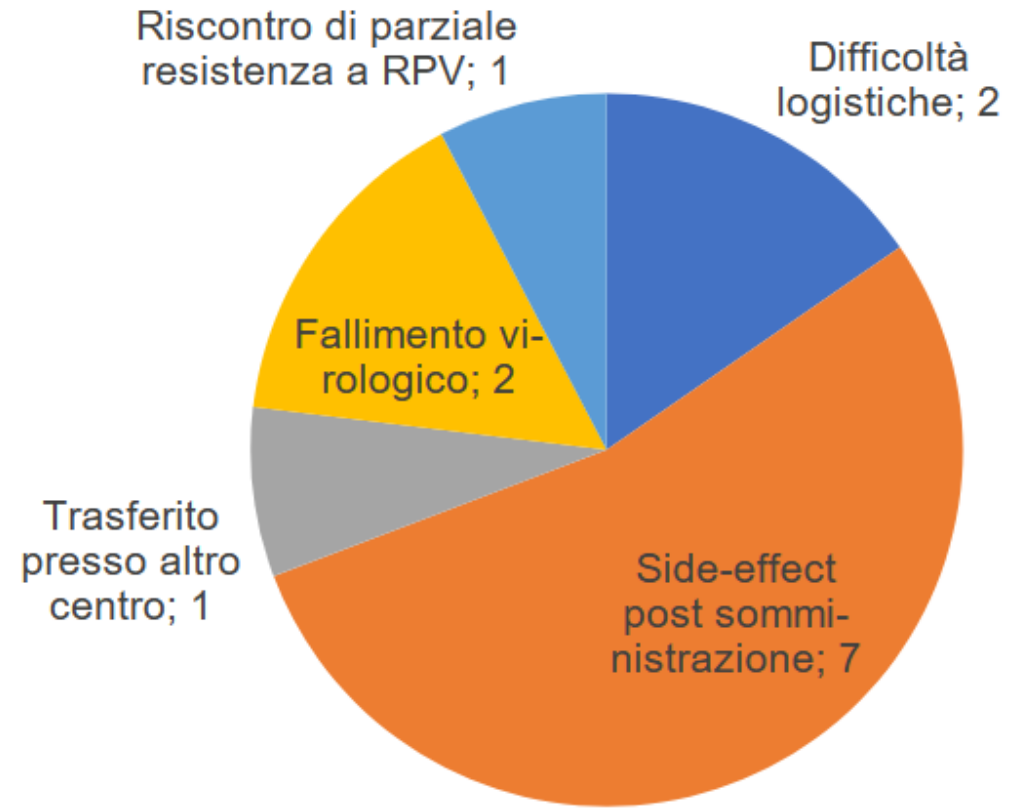
- 2VF
- 1 acute HBV (acquired)
- 1 not longer feasible with lifestyle
- 4 pain
- 20 not indicated by centers

Variable	OR	p-value
Years living with HIV	1.06	0.005
BMI	1.17	0.022
HCV Ab	2.71	0.03



Modena L-A Cohort (84 pts)

Caratteristiche demografiche	
Età mediana in anni (IQR)	53,5 (45-60)
Maschi	68 (82,9%)
Provenienza da un regime INI-based	64 (78%)
HbsAb con titolo protettivo	47 (57,3%)
HbcAg positivo	25 (30,5%)
HbsAb con titolo non protettivo e HbcAg positivo	10 (12,2%)
VL $\leq$ 20 copie/ml prima dell'avvio del regime	79 (96,3%)
Mediana CD4+ prima dell'avvio U/microl (IQR)	801,6 (596,4 – 1007,37)



Motivi di interruzione del regime L-A

13 cessazioni del regime per ogni causa (15,85%)

VF1

Uomo di 57 anni , infezione da HIV nota dal 1992. Nadir di CD4+ 203 U/microl. Dal 2015 in terapia con DTG + RPV + MVC. BMI 22.5 kg/m² nel febbraio 2023. Ultimo test di resistenza su DNA effettuato nel 2015: nessuna resistenza a INI o NNRTI.

2015
-
2023

- DTG/RPV + MVC. VL stabilmente ≤ 20 copie /ml, CD4+ stabilmente > 500 U/microl

16/02/2023

- Prima somministrazione di L-A CAB/RPV

15/03/2023

- Interruzione L-A per eccessivi SE riportati
- VL di controllo: 4230 copie/ml
- Ritorno a DTG/RPV + MVC

22/06/2023

- Test di resistenza su RNA (campione dl 15/03/2023): resistenza elevata a RPV e CAB, intermedia a DTG
- Avviato regime con DTG bid, MVC bid e DRV/c qd
- Ai successivi controllo VL ≤ 20 copie/ml

VF2

Uomo di 48 anni , infezione da HIV nota dal 2002. Nadir di CD4+ 360 U/microl. Dal 2019 in terapia con DRV/c + 3TC. BMI 22.2 kg/m2 nel gennaio 2023.

21/09/2023

- DRV/c + 3TC. VL stabilmente ≤ 20 copie /ml, CD4+ stabilmente > 500 U/microl

16/03/2023

- Avvio lead-in orale con CAB + RPV

13/04/2023

- Prima somministrazione L-A CAB/RPV
- 11/03/2023: VL ≤ 20 copie /ml

27/12/2023

- VL 7975 copie /ml
- Test resistenza su RNA: resistenza moderata a RPV e CAB

17/01/2024

- Avvio di DRV/c/FTC/TAF
- Ai successivi controlli VL ≤ 20 copie /ml

DATA

06/07/2023

NUM

RT
ESITOLinfociti DNA SUB B
Nessuna mutazione significativa

RTaltro

35I 123E 135M 177Ew 178M 211K

Nulla
Trasc
Mod
Cons
Elev
COM3TC ABC AZT D4T DDI FTC TDF TAF EFV
Resistenza prevista - Elevata: .
Consistente: . Parziale: . Trascurabile: .
Nessuna: 3TC ABC AZT D4T DDI FTC
TDF TAF EFV ETR NVP RPV DOR

NOTE

DATA

21/07/2023

PRO
ESITOLinfociti DNA SUB B
Nessuna mutazione significativa

PROaltro

10V 14Rw 15V 35D 37Dw 41Kw 62Vw
63P 69N 77IwNulla
Trasc
Mod
Cons
Elev
COMATV/rtv DRV/rtv FPV/rtv IDV/rtv LPV/rtv
Resistenza prevista - Elevata: .
Consistente: . Parziale: . Trascurabile: .
Nessuna: ATV/rtv DRV/rtv FPV/rtv
IDV/rtv LPV/rtv NFV SQV/rtv TPV/rtv

NOTE

DATA

21/07/2023

DATA INI

21/07/2023

INI SUB

B

TIPO INI

DNA Linfociti

INI ESITO

None

INI ALTRO

E10ED,S17SN,A21S,A23V,S119
ST,M154I,V165I,V201I,L234V,S
283SG

INI NOTE

DATAV3

V3 SUB

V3 RECETTORE

V3 FPR

0

V3 NOTE

TIPO V3

V3 COMM

V3_ALL

DATA 17/01/2024 NUM

RT	RNA plasma	SUB	B	PRO	RNA plasma	SUB	B
ESITO	138K			ESITO	Nessuna mutazione significativa		
RTaltro	123E 135M 178M 179I 207A 211K 246Pw			PROaltro	10V 15V 35D 60E 63P 69N		
Nulla	3TC ABC AZT D4T DDI FTC TDF TAF DOV			Nulla	ATV/rtv DRV/rtv FPV/rtv IDV/rtv LPV/rtv		
Trasc	EFV ETR NVP			Trasc			
Mod				Mod			
Cons	RPV			Cons			
Elev				Elev			
COM	Resistenza prevista - Elevata: . Consistente: RPV. Parziale: . Trascurabile: EFV ETR NVP. Nessuna: 3TC ABC AZT D4T DDI			COM	Resistenza prevista - Elevata: . Consistente: . Parziale: . Trascurabile: . Nessuna: ATV/rtv DRV/rtv FPV/rtv IDV/rtv LPV/rtv NFV SQV/rtv TPV/rtv		
NOTE				NOTE			
DATA	30/01/2024			DATA	30/01/2024		

DATA INI	30/01/2024	DATAV3	
INI SUB	B	V3 SUB	
TIPO INI	RNA Plasma	V3 RECETTORE	
INI ESITO	Q148R	V3 FPR	0
INI ALTRO	E10D,A21S,A23V,L45V,E96K,M154I,V165I,V201I,L234V	V3 NOTE	
INI NOTE		TIPO V3	
		V3 COMM	
		V3_ALL	

Use of long-acting injectable cabotegravir/rilpivirine in people with HIV and adherence challenges

	Setting/design	Number of PWH	Required VS prior to LA-CAB/RPV	Clinical outcomes: % with viral suppression (VS) and/or number/% experiencing virologic failure (VF)	Treatment emergent CAB/RPV resistance associated mutations	Notes
ACTG 5939 (LATITUDE)	Network randomized trial in 33 US sites	Step 1, 434; Step 2, 146 LA-CAB/RPV vs. 148 oral ART	Yes	6 cases of VF in LA-CAB/RPV arm vs. 28 cases of VF in SOC oral ART arm (7.2% cumulative probability of VF in LA-CAB/RPV arm vs. 25% in SOC oral ART)	2/6 cases of VF Participant 1: RT: K103R; INSTI: E138EK, G140GS, Q148K; Participant 2: RT: K20KR; M230ML; INSTI: E138K; Q148K	Economic incentives for VS prior to randomization
Ward 86 Clinic	Academic Ryan White-funded clinic; Observational	59 (32% VL >100K)	No	92% with VL<50 c/ml at 48 weeks (VS estimate includes use of alternate ART) 7 cases of adverse virologic outcomes (includes those LTFU)	5/6 cases of VF Patient 1: RT: E138K; INSTI: R263K Patient 2: RT: L100I, Y181I Patient 3: RT: K101E; INSTI: Q148R Patient 4: RT: K101E, E138K, Y181F/I/N, M230L Patient 5: RT: E138A/K/T, Y181C	One-third receiving care in a low-barrier drop-in primary care model
University of Mississippi	Academic Ryan White-funded clinic; Observational	12 (mean VL 150K)	No	100% with VL<50 c/ml (50% w/1 year f/u)	None	Half started with Q8 week dosing
University of North Carolina	Academic Ryan White-funded clinic; Observational	6	No	83% with VL<50 c/ml 2 cases of VF (1 with low-level rebound viremia after VS)	1/2 cases of VF Patient 1: RT: Y181C	
Owen Clinic	Academic Ryan White clinic; Observational	63 (44 with VL>50 c/ml; 7 with VL >10 000 c/ml)	No	90% with VL <200 c/ml at 24 weeks; 89% with VL <200 c/ml at 48 weeks (VS estimates include use of alternate ART) 6 cases of VF	3/6 cases of VF, mutations not reported in abstract	9 patients also initiated LA-CAB/RPV with lenacapavir
San Francisco Street Medicine	Public health program (San Francisco); Observational	14 with VL >30 c/ml	No	93% <30 c/ml (mean follow up 11 months) 2 cases of VF	2/2 cases of VF Patient 1: RT: V179D, M230, Y181C, Patient 2: RT: V108I, K101K, K103R, E138K, Y181C; INSTI: E138K, G140S, Q148R	2 patients also initiated LA-CAB/RPV with lenacapavir
Boston Medical Center	Harm reduction site (Boston); Observational	5 (VS required prior to start)	Yes	1/5 persisted with injections over 6 months	Unknown	Loss of trusted practitioner may have been a factor
OPERA Cohort	84 clinics across 18 US states; Observational	229 VL >50 c/ml (93 VL >200 c/ml)	No	94% VL<200 c/ml (median f/u 6 months) 7 (4%) VF	Not reported	75% achieved VL <50 c/ml

Coorte LAT H Civico Palermo

UOSD Patologie Infettive Popolazioni Vulnerabili



start 01/2023 dati aggiornati al 10/12/2024 – **Pazienti: 59**

Età media anni	33	
Femmine	31	(52,5%)
Maschi	27	(45,5%)
M > F	01	(1,7%)
Italiani:	28	(47,5%)
Africani:	31	(52,5%)

LAT: tempo di trattamento

48 settimane: 27 Pazienti

VL < 20 copie/ml:100%

2 bleep

3 interruzioni per scelta non correlata ad eventi avversi

1 Paziente naive* ha presentato VL < 20 copie/ml dopo 8 settimane

* da sempre incapace di assumere terapia per OS

LAT: tempo di trattamento

24 settimane: 17 Pazienti

VL < 20 copie/ml:100%

nessun bleep

nessuna interruzione

< 24 settimane: 8 Pazienti

VL < 20 copie/ml:100%

nessun bleep

nessuna interruzione

LAT: eventi avversi

grado 1-2: 6 Pazienti (11.5%)

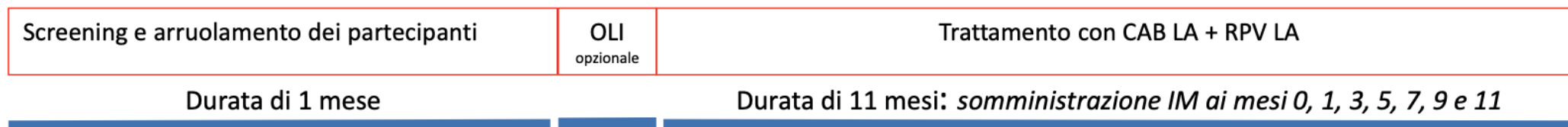
dolore in sede di inoculo

un Paziente ha anche lamentato dolore articolare e muscolare prolungato (in corso di valutazione – ha cominciato 4 settimane fa)

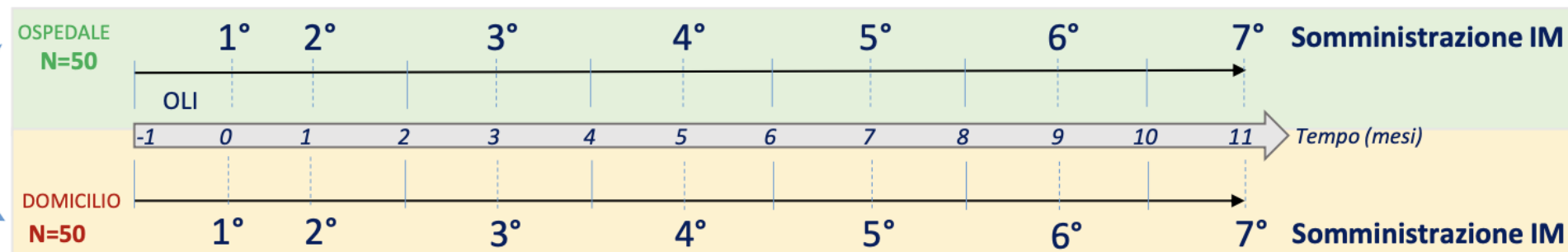
LAT: differenze tra Pazienti
italiani e africani?

NESSUNA!

Antiviral Long-Acting Drugs Landing in people living with HIV (ALADDIN)



100 Persone con HIV-1 in soppressione virologica (HIV-1 RNA <50 copie/mL) per almeno 12 mesi verranno randomizzati (1:1) in due bracci di studio



Obiettivo primario: valutare la fattibilità, l'accettabilità e l'appropriatezza della somministrazione del trattamento, come percepito dai pazienti, in un contesto domiciliare o in un contesto ospedaliero.

Primo paziente randomizzato 2 dicembre 2024

Long-acting injectable antiretrovirals for HIV treatment in the ICONA cohort: physicians' and nurses' points of view

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Background: Implementation level of long-acting injectable agents cabotegravir/rilpivirine (LAI CAB/RPV) for human immunodeficiency virus (HIV) treatment in Italy is still not known. The aim of this study is to identify the status of implementation of LAI CAB-RPV and its barriers.

Materials and methods: A cross-sectional online survey was conducted among infectious diseases (ID) physicians and nurses belonging to the ICONA network in Italy. Three validated 4-items measures were used: Acceptability of Intervention Measure (AIM), Intervention Appropriateness Measure (IAM) and Feasibility of Intervention Measure (FIM).

Results: Out of 61 ICONA centres, 38 (62%) completed the survey: 57.9% were academic centres, 42.1% were hospital-based. In total, 104 respondents were ID physicians (57.4%), 77 were nurses (42.5%); 4.5% of all PWH followed at the 38 centres started LAI CAB/RPV at time of study. Centres taking care of >1000 PWH reported 95% application of procedures for LA implementation, higher than other centres ($P=0.009$). Mean score of AIM was (16.0, standard deviation, SD, 3.3), of IAM (16.0, SD 3.0) and FIM (16.0, SD 2.9). A linear correlation was found between AIM and the number of people with HIV who started LAI CAB/RPV (25–50 versus <25, coefficient of correlation [b] 2.57, 95%CI 0.91–4.60, $P=0.004$), academic versus hospital-based centres (b –1.59, 95%CI –2.76–0.110044, $P=0.007$) and the absence of preliminary systematic assessment of staff (b –1.98, 95%CI –3.31–0.65, $P=0.004$). Implementation barriers were not significantly different according to the number of PWH/centre.

Conclusions: LAI CAB/RPV implementation was low, with a great variability according to centre size. Tailored and centre-specific interventions to address barriers and to optimize the LA treatment implementation should be designed.

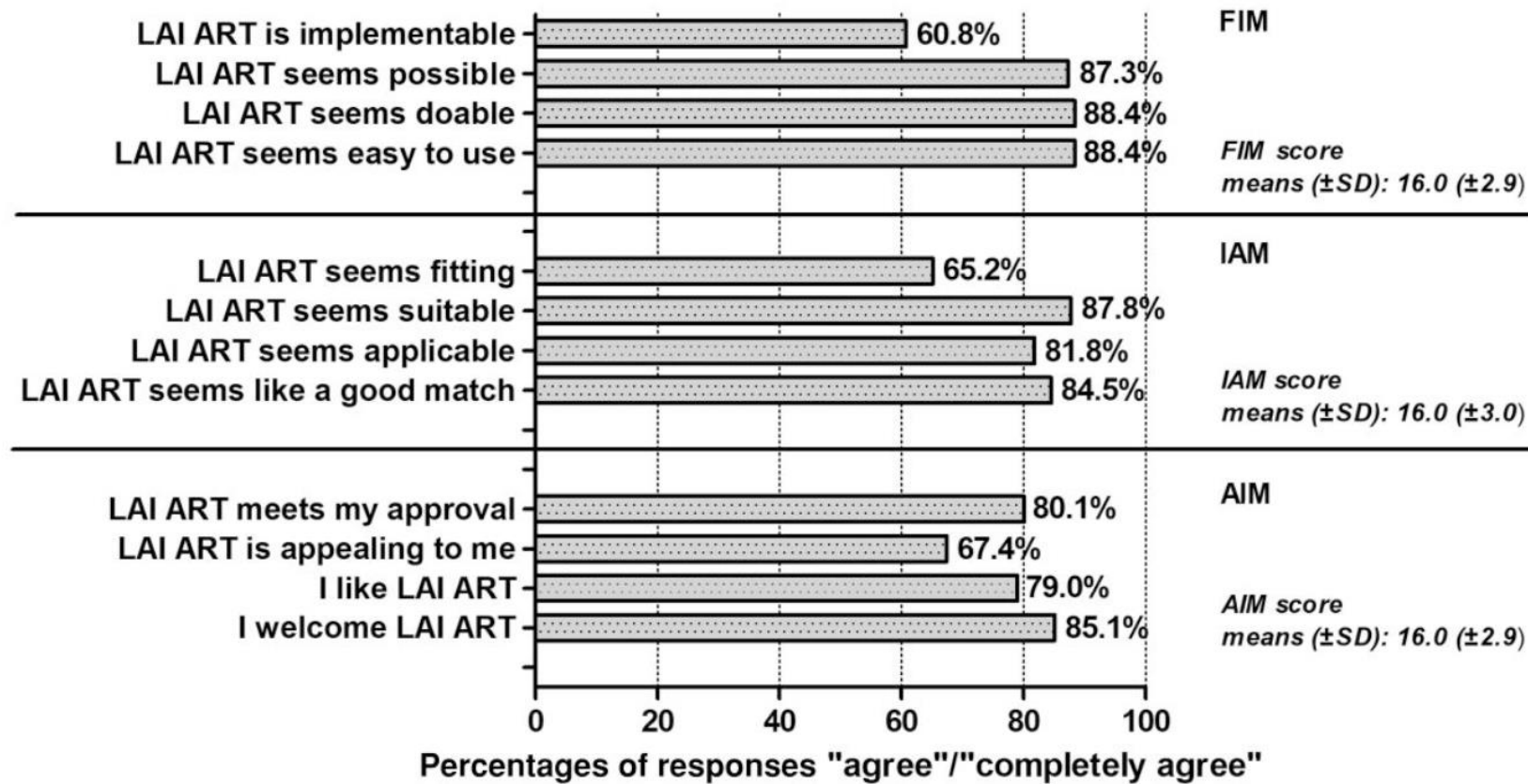


Figure 1. Percentage of participants who responded 'agree'/'completely agree' on the 1–5 Likert scale for each item of the FIM, IAM and AIM. The two answers are summed together to express the proportion of participants with a positive response to each question. Mean scores with $\pm$ SD are also reported for the three implementation measures (scale 4–20).

Sfide per l'infermiere

- 📌 Ambulatorio dedicato
- 📌 Personale dedicato
- 📌 Frigo nelle vicinanze
- 📌 Approvvigionamento
- 📌 Stoccaggio
- 📌 Tempo di preparazione e somministrazione
- 📌 Gestione agende per appuntamenti

Inizio training e organizzazione



Inizio gennaio 2023 – 3 infermiere hanno eseguito il training



84 pazienti arruolati ad oggi nell'ambulatorio *long-acting*



Le sedute si tengono il mercoledì e il giovedì, un paziente ogni 30 minuti, max 7 al giorno



Le sedute si svolgono in presenza di personale medico, infermieristico e di un farmacista

Modalità di somministrazione

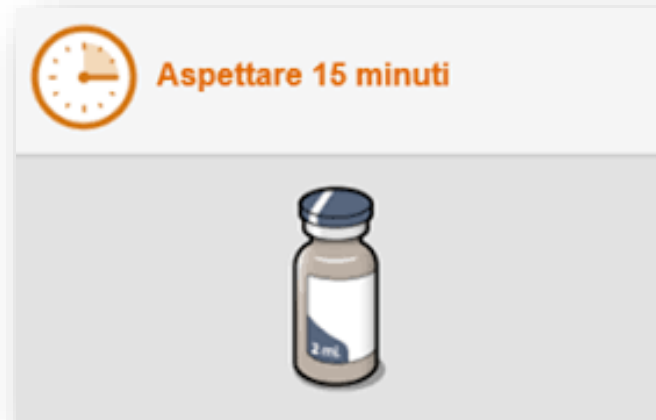


Preparazione

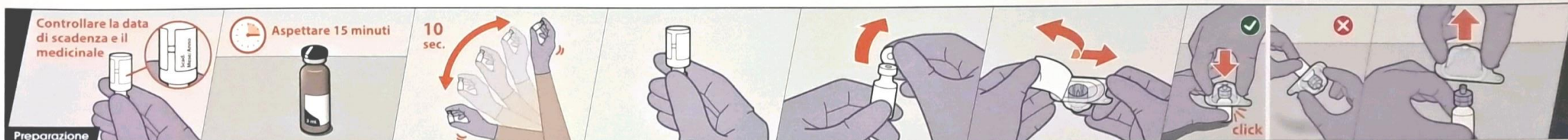
Cabotegravir



Rilpivirina



Discioglimento



1. Ispezionare il flaconcino^{1,2}

- Controllare che la data di scadenza non sia passata.^{1,2}
- Ispezionare il flaconcino immediatamente. Se si vedono corpi estranei, non usare il medicinale.^{1,2}

Nota: il flaconcino di cabotegravir ha un vetro di color marrone.¹ Non usare se la data di scadenza è passata.^{1,2}

2. Aspettare 15 minuti^{1,2}

- Attendere almeno 15 minuti prima di procedere con l'iniezione di rilpivirina, per permettere al medicinale di raggiungere la temperatura ambiente.²
- Se la confezione di cabotegravir è stata conservata in frigorifero, toglierla e aspettare almeno 15 minuti prima di procedere con l'iniezione, per permettere al medicinale di raggiungere la temperatura ambiente.¹

3. Agitare energicamente^{1,2}

- Tenere il flaconcino saldamente e agitare energicamente per 10 secondi interi come illustrato nella figura.^{1,2}
- Nota:** si sconsiglia di creare bolle d'aria.¹

4. Controllare la sospensione^{1,2}

- Capovolgere il flaconcino e controllare la sospensione. Deve avere un aspetto uniforme. Se la sospensione non è uniforme, agitare di nuovo il flaconcino.^{1,2}
- È normale vedere piccole bolle di aria.^{1,2}

Nota: l'ordine di preparazione del flaconcino non è importante.^{1,2}

5. Rimuovere la capsula del flaconcino^{1,2}

- Rimuovere la capsula dal flaconcino.^{1,2}
- Passare sul tappo di gomma un tampone imbevuto di alcol.^{1,2}

Non permettere che nulla venga in contatto con il tappo di gomma dopo averlo pulito.^{1,2}

6. Aprire il contenitore dell'adattatore per flaconcino^{1,2}

- Staccare la carta di protezione dal contenitore dell'adattatore per flaconcino.^{1,2}

Nota: non rimuovere l'adattatore dal suo contenitore per la fase successiva. L'adattatore **non** cadrà se la confezione è capovolta.^{1,2}

7. Fissare l'adattatore al flaconcino^{1,2}

- Posizionare il flaconcino su una superficie piana.^{1,2}
- Premere l'adattatore direttamente sul flaconcino come illustrato nella figura.^{1,2}
- L'adattatore del flaconcino deve agganciarsi saldamente con uno scatto.^{1,2}

8. Sollevare il contenitore^{1,2}

- Sollevare il contenitore dell'adattatore per flaconcino come illustrato nella figura.^{1,2}



9. Preparare la siringa^{1,2}

- Estrarre la siringa dalla sua confezione.^{1,2}
- Aspirare 1 mL di aria nella siringa. Questo faciliterà il prelievo del liquido nella fase successiva.^{1,2}

10. Fissare la siringa^{1,2}

- Tenere saldamente l'adattatore e il flaconcino come illustrato nella figura.^{1,2}
- Avvitare saldamente la siringa sull'adattatore per flaconcino.^{1,2}

11. Premere lo stantuffo^{1,2}

- Premere lo stantuffo fino in fondo per spingere l'aria nel flaconcino.^{1,2}

12. Aspirare lentamente la dose^{1,2}

- Capovolgere la siringa e il flaconcino e aspirare lentamente tutto il liquido possibile nella siringa. Potrebbe esserci più liquido nel flaconcino della dose necessaria.^{1,2}
- Nota:** tenere la siringa in posizione verticale per evitare fuoriuscite di liquido.^{1,2}

13. Svitare la siringa^{1,2}

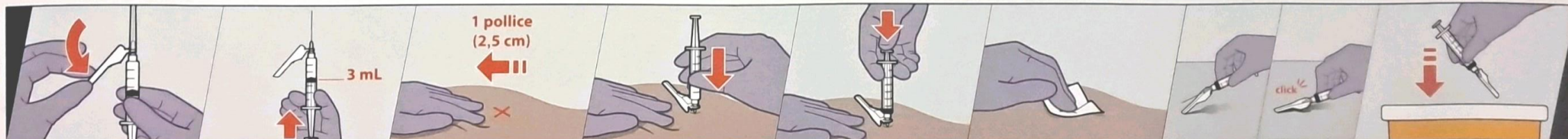
- Tenere lo stantuffo della siringa saldamente in posizione come mostrato nella figura per evitare fuoriuscite di liquido. È normale avvertire una certa resistenza.^{1,2}
- Svitare la siringa dall'adattatore per flaconcino, tenendo l'adattatore come illustrato nella figura.^{1,2}
- Nota:** controllare che la sospensione sia uniforme e di colore da bianco a rosa chiaro per cabotegravir.¹ Controllare che la sospensione abbia un aspetto uniforme e un colore bianco lattiginoso per rilpivirina.²

14. Attaccare l'ago^{1,2}

- Aprire parzialmente la custodia dell'ago in modo da esporre solo la base.^{1,2}
- Tenendo la siringa in posizione verticale, inserirla saldamente nell'ago.^{1,2}
- Rimuovere la custodia dall'ago.^{1,2}

15. Preparare la sede dell'iniezione^{1,2}

- Le iniezioni devono essere somministrate in sede glutea. Scegliere tra le seguenti aree dove praticare l'iniezione:^{1,2}
- ventrogluteale (raccomandata)^{1,2}
- dorsogluteale (quadrante superiore esterno)^{1,2}
- Nota:** solo per uso intramuscolare in sede glutea.^{1,2} **Non** iniettare in vena.^{1,2}



16. Togliere il cappuccio^{1,2}

- Piegarlo il salva ago verso l'esterno allontanandolo dall'ago.^{1,2}
- Togliere il cappuccio dell'ago da iniezione.^{1,2}

17. Rimuovere il liquido in eccesso^{1,2}

- Tenere la siringa con l'ago puntato verso l'alto. Premere lo stantuffo fino all'indicazione della dose di 3 mL per rimuovere il liquido in eccesso ed eventuali bolle d'aria.^{1,2}
- Nota:** disinfettare il sito di iniezione con un tampone imbevuto di alcol, lasciare asciugare la pelle all'aria prima di proseguire.^{1,2}

18. Tendere la cute^{1,2}

- Utilizzare la tecnica di iniezione del tratto z per ridurre al minimo il rischio di fuoriuscita di medicinale dal sito di iniezione.^{1,2}
- Tendere con decisione la cute che copre il sito di iniezione, spostandola di circa un pollice (2,5 cm).^{1,2}
- Mantenere la cute in questa posizione per praticare l'iniezione.^{1,2}

19. Inserire l'ago^{1,2}

- Inserire l'ago per l'intera lunghezza o per una profondità sufficiente a raggiungere il muscolo.^{1,2}

20. Iniettare la dose^{1,2}

- Continuando a tenere la cute ben tesa, premere lentamente lo stantuffo fino in fondo.^{1,2}
- Assicurarsi che la siringa sia vuota.^{1,2}
- Estrarre l'ago e rilasciare immediatamente la cute tesa.^{1,2}

21. Esaminare la sede di iniezione^{1,2}

- Applicare pressione sul sito di iniezione utilizzando una compressa di garza.^{1,2}
- In caso di sanguinamento, si può applicare un cerotto.^{1,2}
- Non** massaggiare l'area.^{1,2}

22. Mettere in sicurezza l'ago^{1,2}

- Piegarlo il salva ago sopra l'ago.^{1,2}
- Applicare una lieve pressione sul salva ago, spingendolo contro una superficie rigida in modo da bloccarlo in posizione.^{1,2}
- Il salva ago si blocca con un «click».^{1,2}

23. Smaltire in modo sicuro^{1,2}

- Smaltire aghi, siringhe, flaconcini e adattatori per flaconcini usati in conformità alle disposizioni locali in materia di salute e sicurezza.^{1,2}

Problemi



Dolore nei giorni successivi in sede di iniezione
Febbre (tipicamente 2-3 gg dopo l'iniezione)



Inosservanza degli appuntamenti



Difficile organizzazione nei periodi festivi

Consigli ai pazienti

- Riposo e astenersi dall'attività fisica (GAG) per 2-3 giorni
- Dopo le prime somministrazioni si tiene il paziente in attesa 15-20 minuti
- Eventuale terapia antidolorifica (tachipirina o FANS per os)
- In caso di dolore intenso e persistente tornare a visita (ECO tessuti molli?)
- Riduzione del dolore avanzando con le somministrazioni (componente psicologica e assuefazione fisica)
- Alert informatico per non dimenticare gli appuntamenti (?)

Conclusioni

- ✓ I pazienti sono in generale soddisfatti della terapia che risulta anche molto efficace anche in popolazioni con situazioni teoricamente più complesse.
- ✓ Permangono problematiche organizzative, che però stiamo tutti resolvendo.