

# Kidney diseases in the setting of HIV infection

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# Disclosure

- Paolo Bonfanti ha ricevuto grant da:
  - Gilead
  - ViiV
  - MSD
  - Pfizer
  - Astrazeneca

# Outline

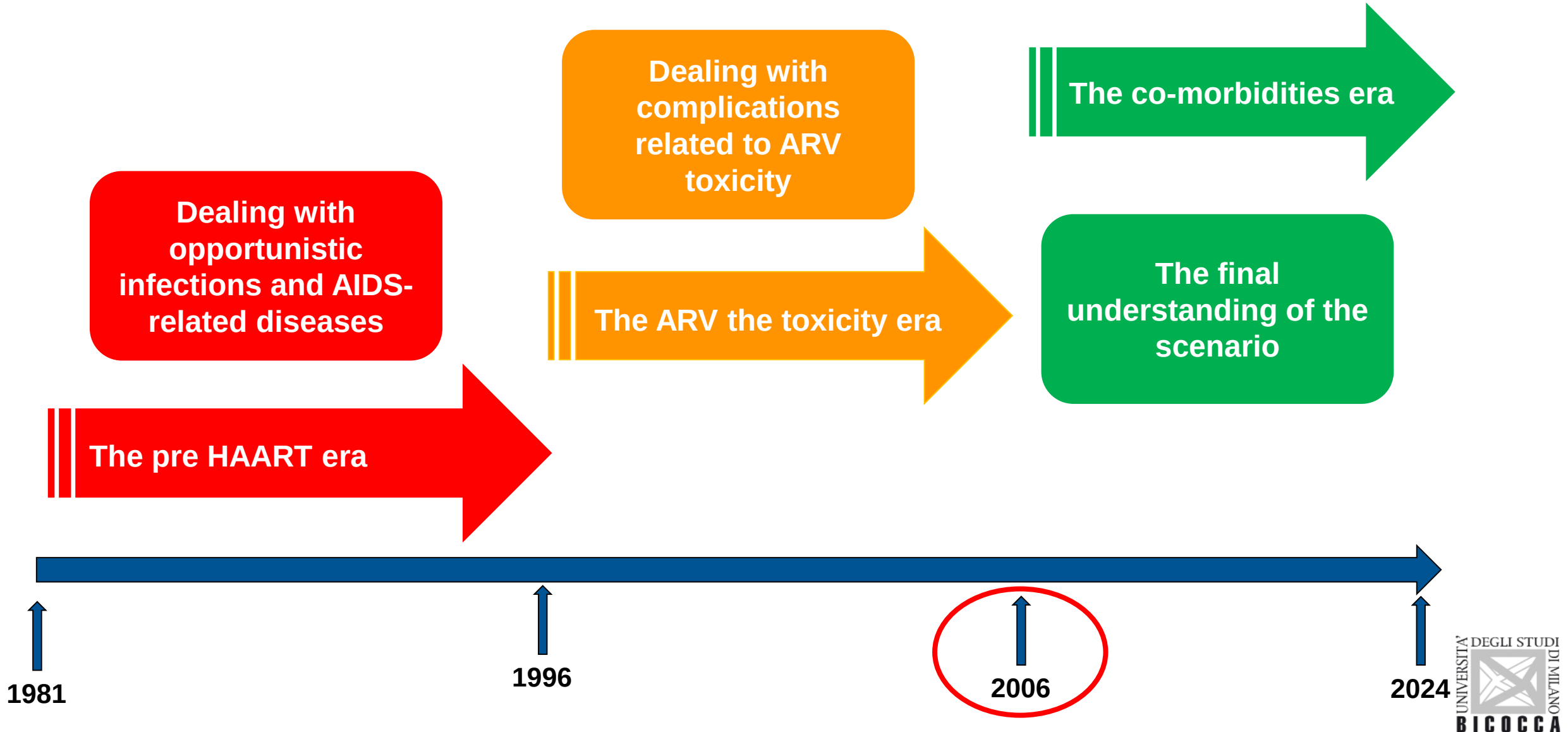
- The determinants of organ damage in HIV infection
- HIV-related kidney diseases
- Renal effects of ART
- CKD related to non-infectious co-morbidities

# **KIDNEY DISEASES IN THE SETTING OF HIV INFECTION**

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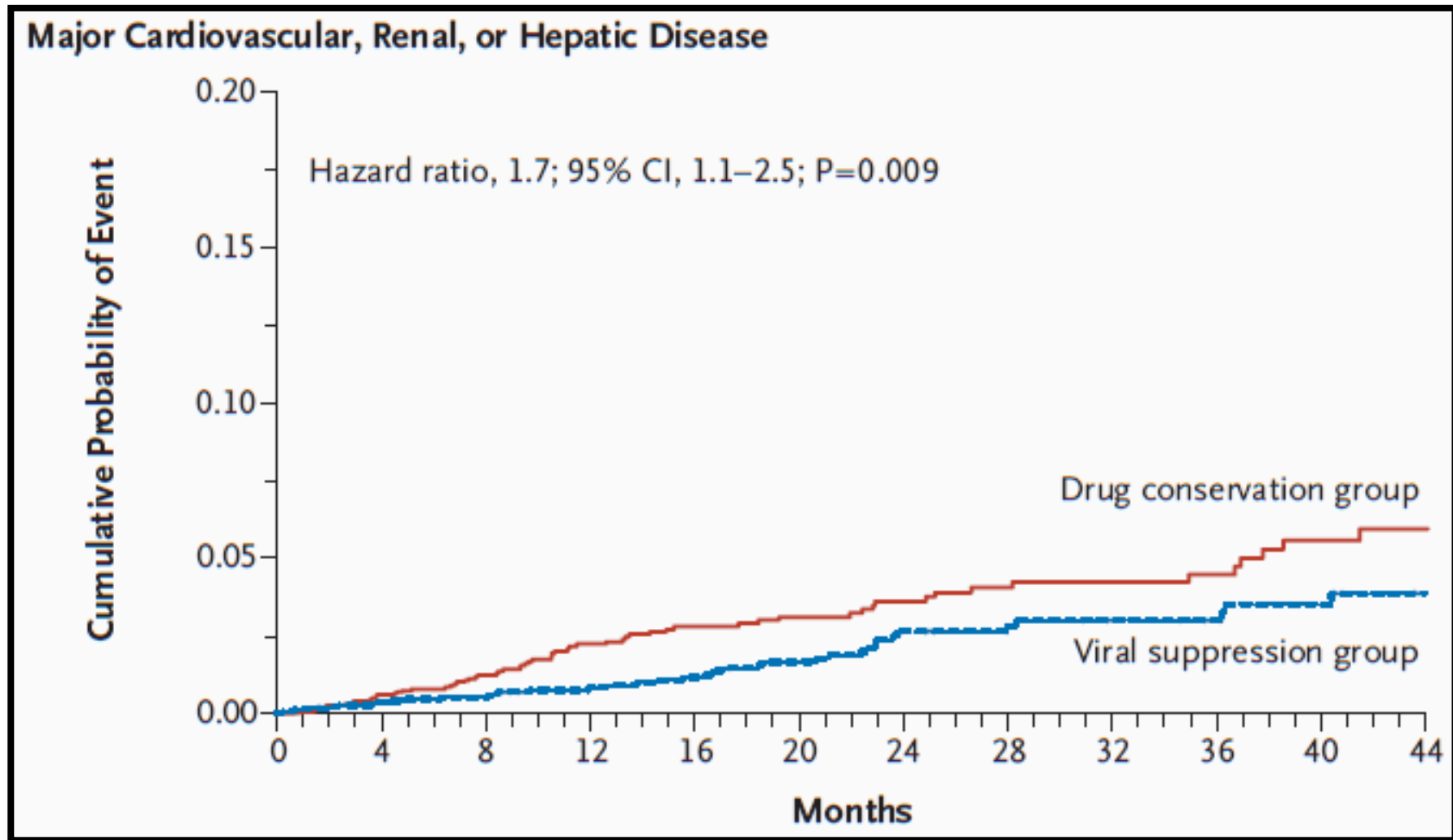
## **THE DETERMINANTS OF ORGAN DAMAGE IN HIV INFECTION**

# The evolution of the eras of clinical management of HIV infection



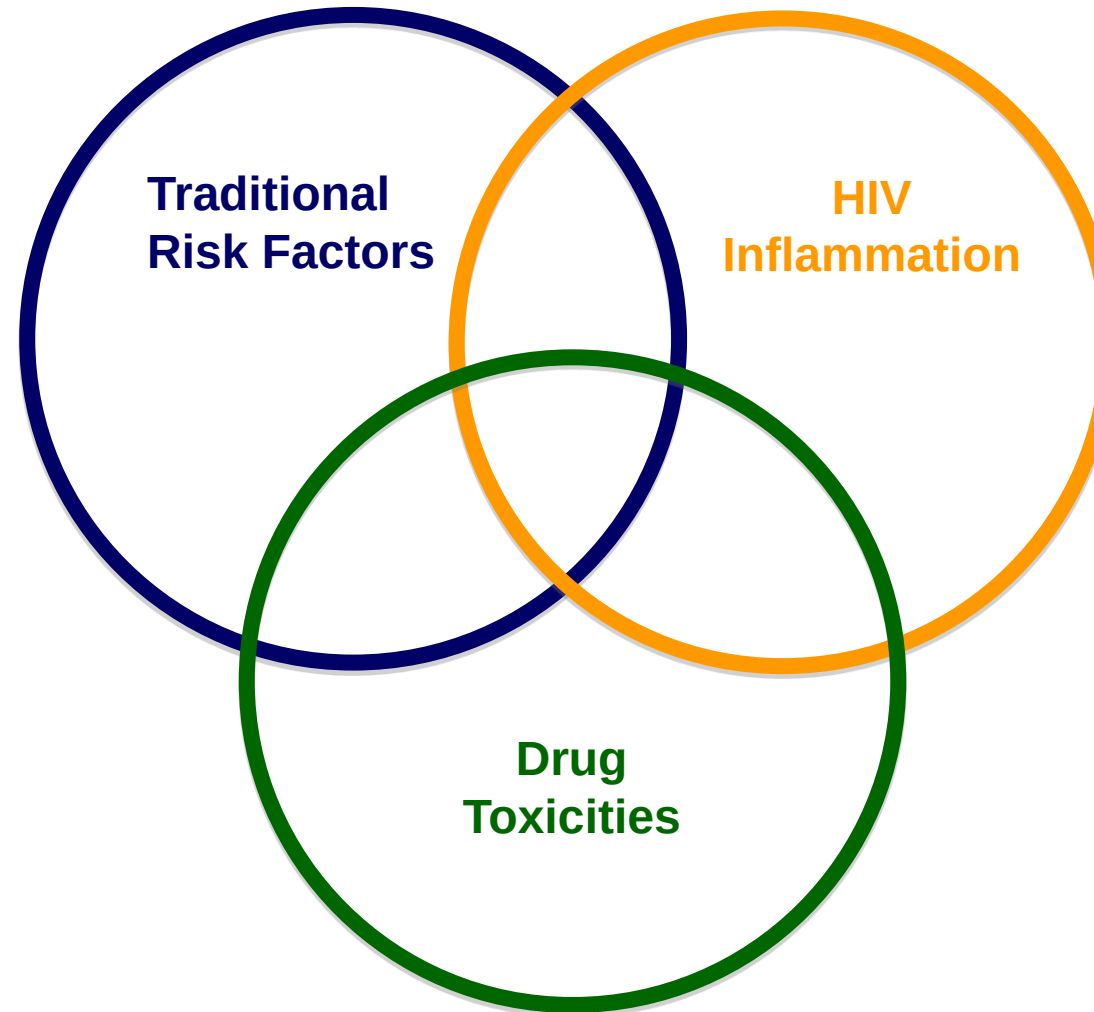
# The SMART Study

## *The heterogenesis of ends*

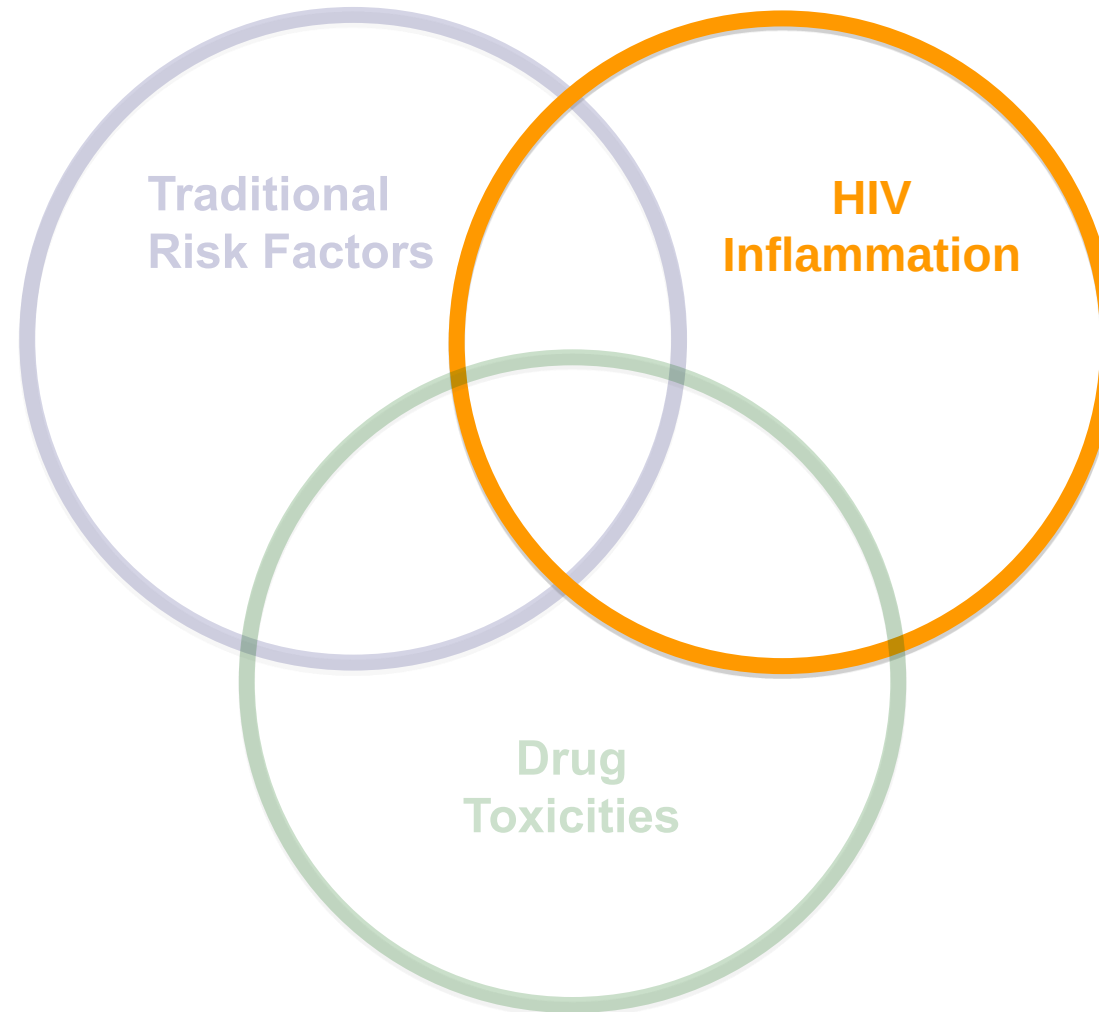


SMART Study Group, *N Engl J Med* 2006

# What Contributes to the Risk of NCDs in HIV?



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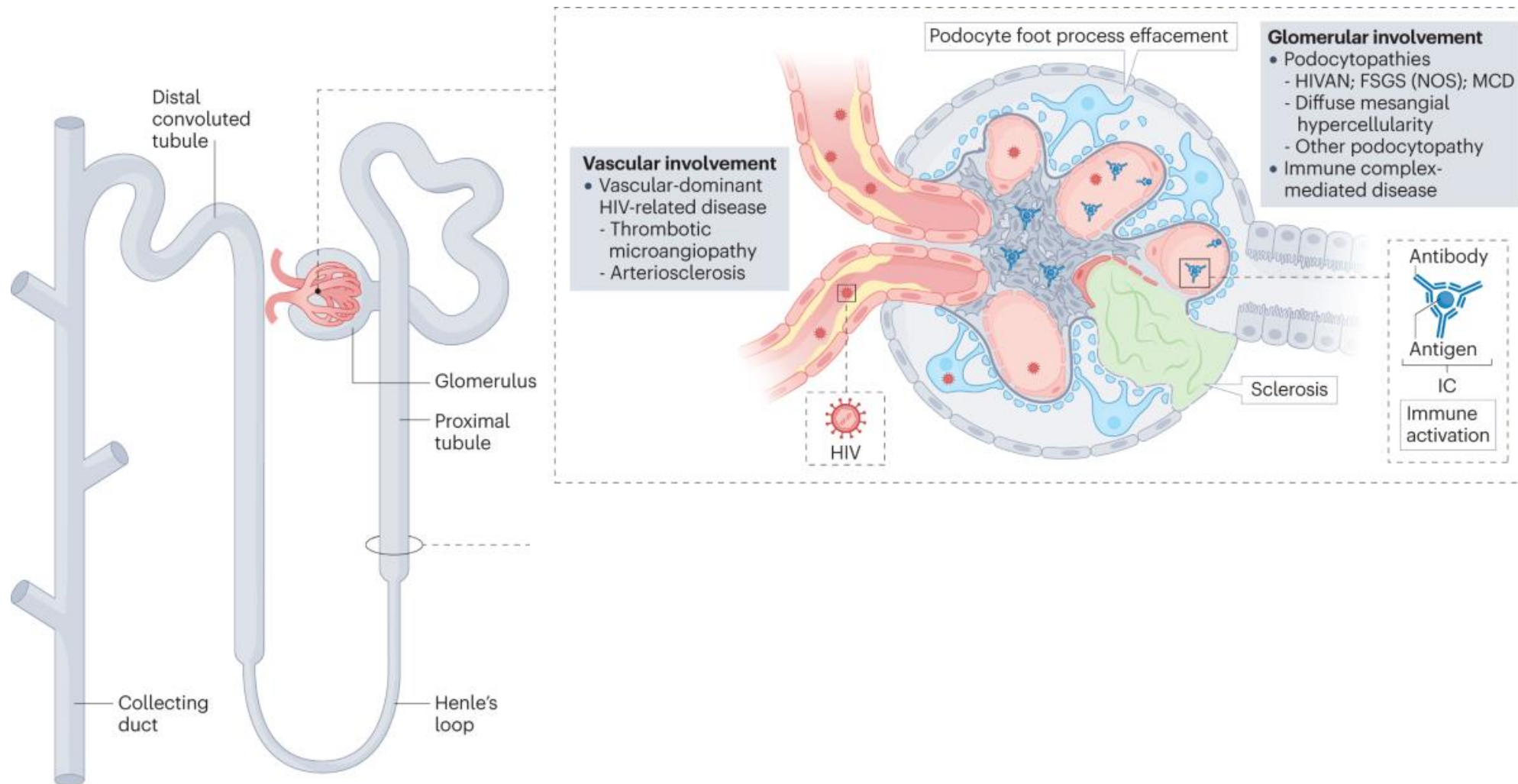


# **KIDNEY DISEASES IN THE SETTING OF HIV INFECTION**

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## **HIV-RELATED KIDNEY DISEASE**

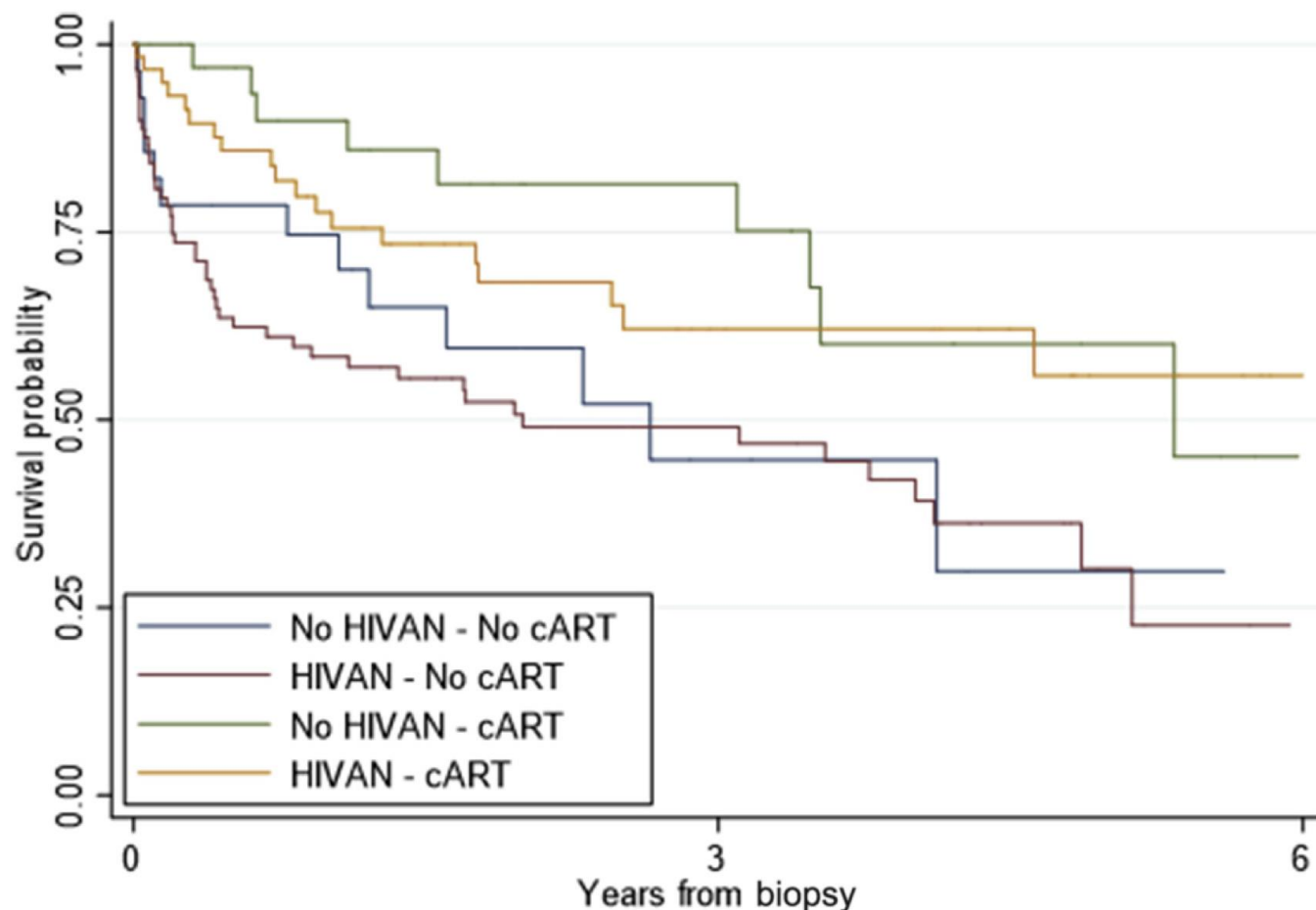
# HIV-related kidney diseases



## HIV-related kidney diseases

- **HIV-associated nephropathy (HIVAN):** The most common, or "classical", type of HIVAN is a collapsing focal segmental glomerulosclerosis (FSGS), it is usually seen as a late complication of chronic HIV-infection in patients with advanced immunocompromise. Commonly seen in African-American patients with HIV compared to other ethnic groups.
- **HIV immune complex kidney disease (HIVICK):** These conditions include a lupus-like nephritis with negative autoimmune serologies and no other clinical signs of lupus. As well, IgA nephropathy, membranous and membranoproliferative disease have all been described.
- **Vascular conditions (TMA):** Thrombotic microangiopathy is a result of endothelial dysregulation. The condition manifests clinically with thrombocytopaenia, a microangiopathic anaemia and multisystem organ dysfunction, including AKI. It is usually seen in those with high-level viral replication, not on ART.

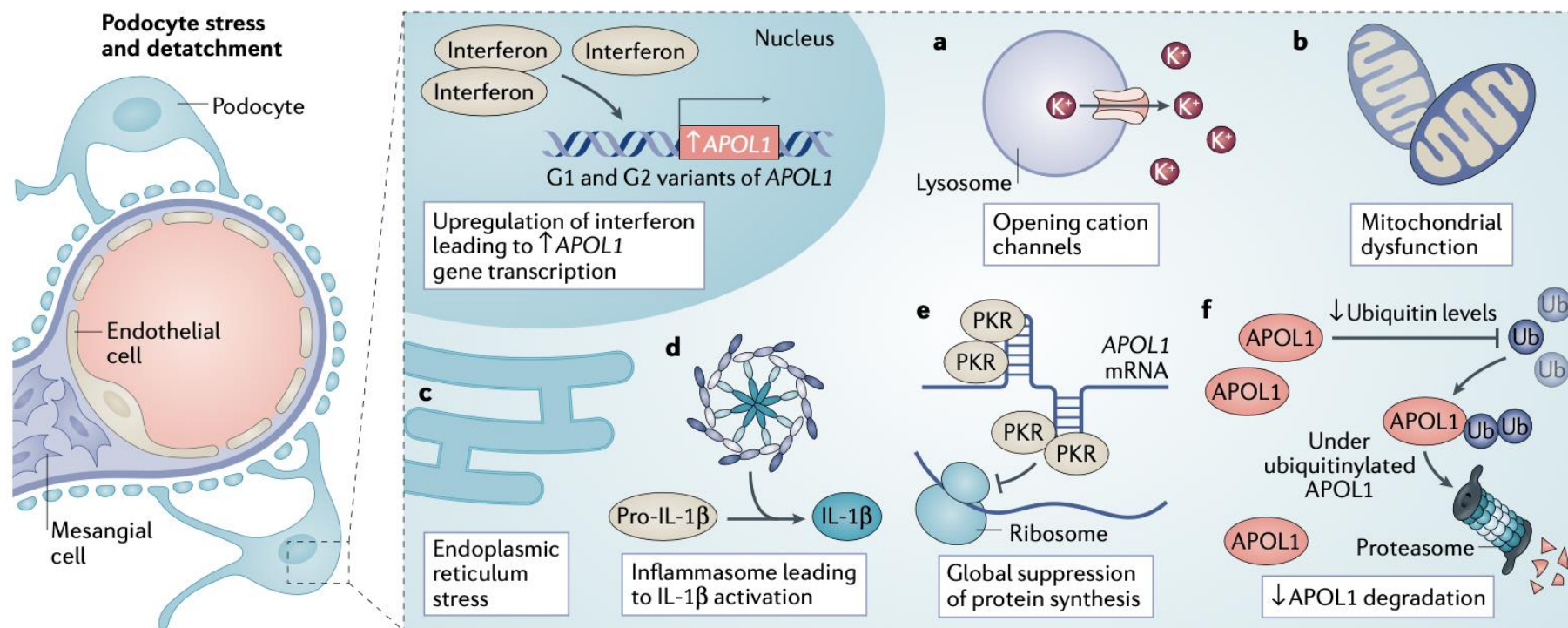
## Mortality according to HIV-associated nephropathy (HIVAN) and combined antiretroviral therapy (ART) at biopsy



- Study conducted prospectively in South Africa from 2002 to 2018.
- 419 patients included in the study. Mean age was 36.5 years (SD, 9.4); 219 (52.3%) were women; and all were black.
- Seventy-nine patients (18.9%) were on dialysis at the time of biopsy
- the mean estimated glomerular filtration rate among the remainder was 41.4 ml/min per 1.73 m<sup>2</sup> (SD, 39.2)

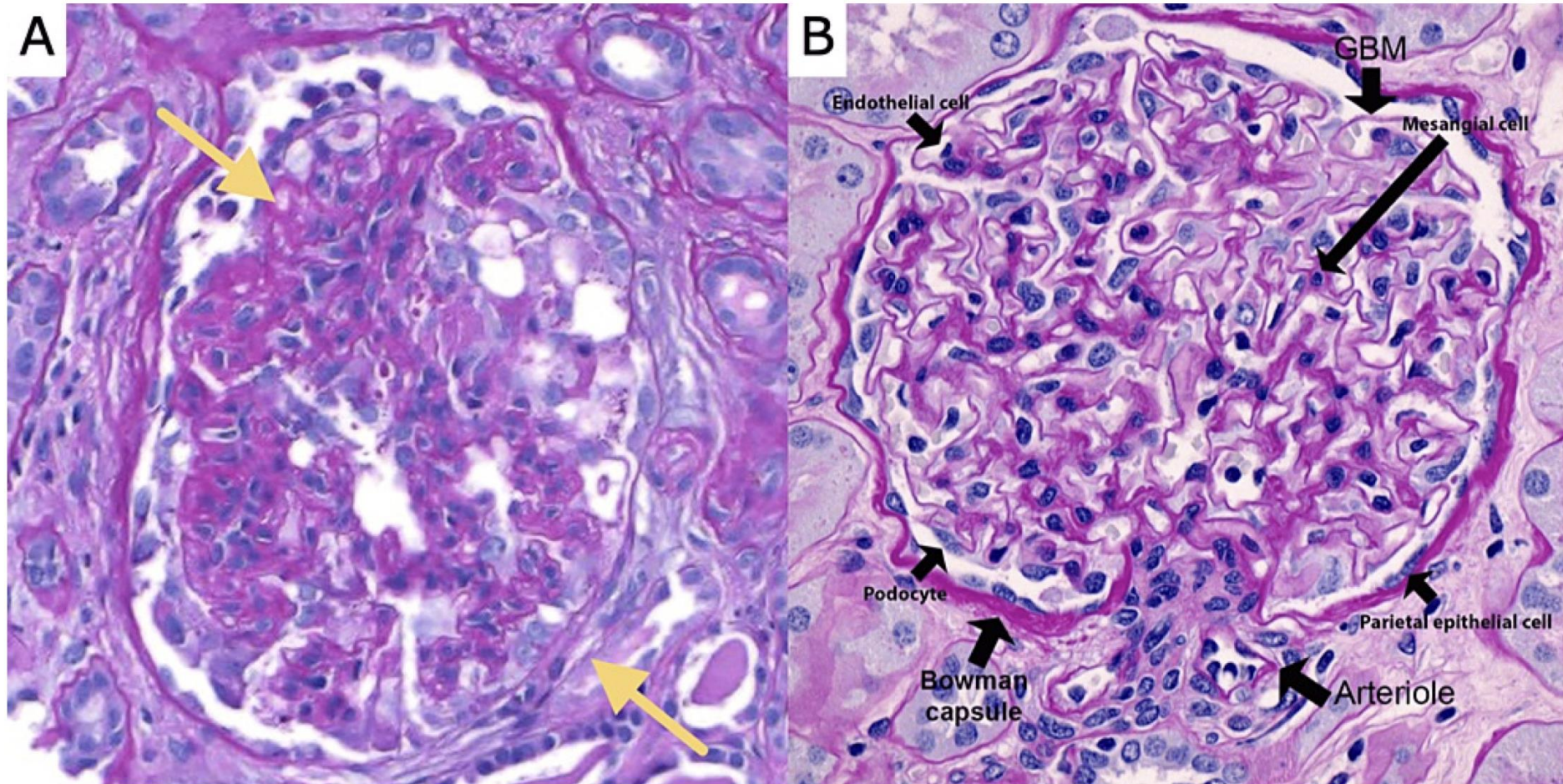
# The evolving story of apolipoprotein L1 nephropathy

- *APOL1* renal risk alleles provide protection from african human trypanosomiasis but are a risk factor for progressive kidney disease in those carrying two risk alleles.
- *APOL1* risk allele frequency is ~35% in the african american population in the united States, with ~13% of individuals having two risk alleles; the highest allele frequencies are found in West african populations and their descendants.





# COVID-19-Associated Nephropathy: A Devastating Complication



# **KIDNEY DISEASES IN THE SETTING OF HIV INFECTION**

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## **RENAL EFFECTS OF HAART**

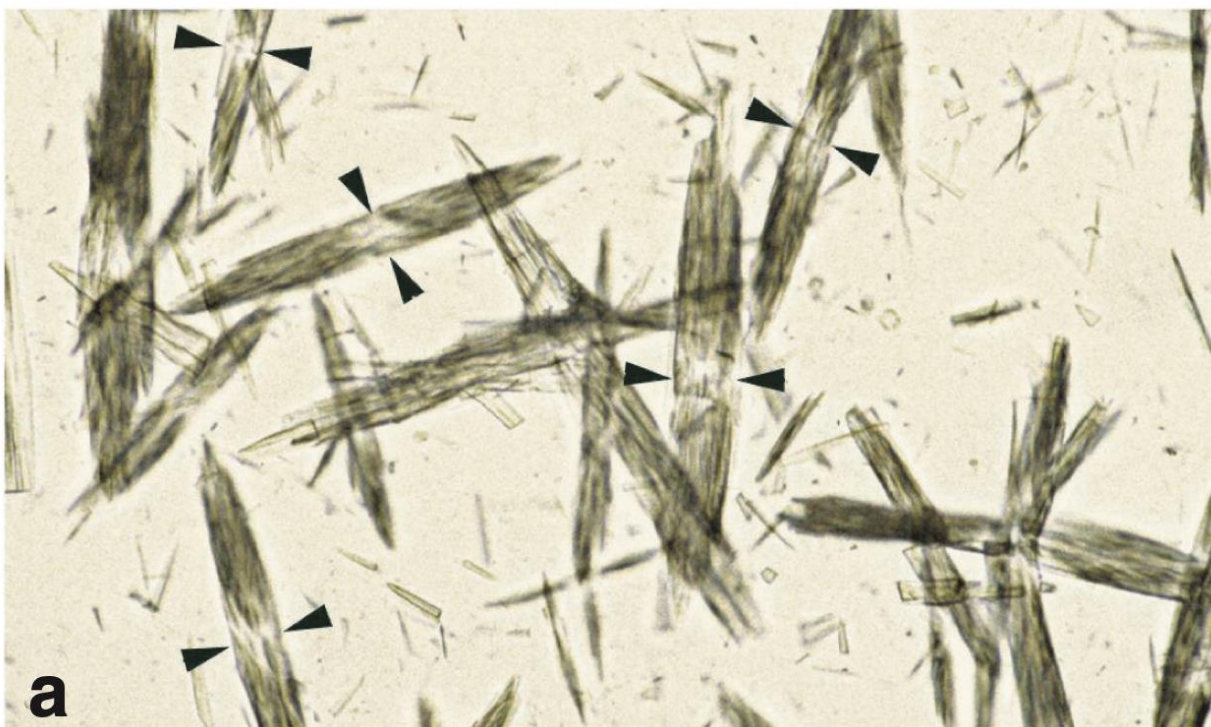
## Drugs involved in renal toxicity

- **AKI:** abacavir, atazanavir, didanosine, indinavir, ritonavir, saquinavir, tenofovir DF
- **CKD:** abacavir, atazanavir, indinavir, lopinavir, tenofovir DF
- **Acute interstitial nephritis:** abacavir, atazanavir, indinavir
- **Fanconi syndrome:** tenofovir DF, didanosine, abacavir
- **Renal tubular acidosis:** lamivudine, stavudine,
- **Crystalluria, lithiasis:** indinavir, atazanavir and (rare): nelfinavir, amprenavir
- **Nephrogenic diabetes insipidus:** didanosine, tenofovir DF



## Indinavir crystalluria

Indinavir has a low solubility at neutral pH that can lead to precipitation within the urinary tract. There have been many reports of the occurrence of kidney stones, renal failure, interstitial nephritis, dysuria, and asymptomatic crystalluria attributed to precipitation of indinavir in the urinary tract



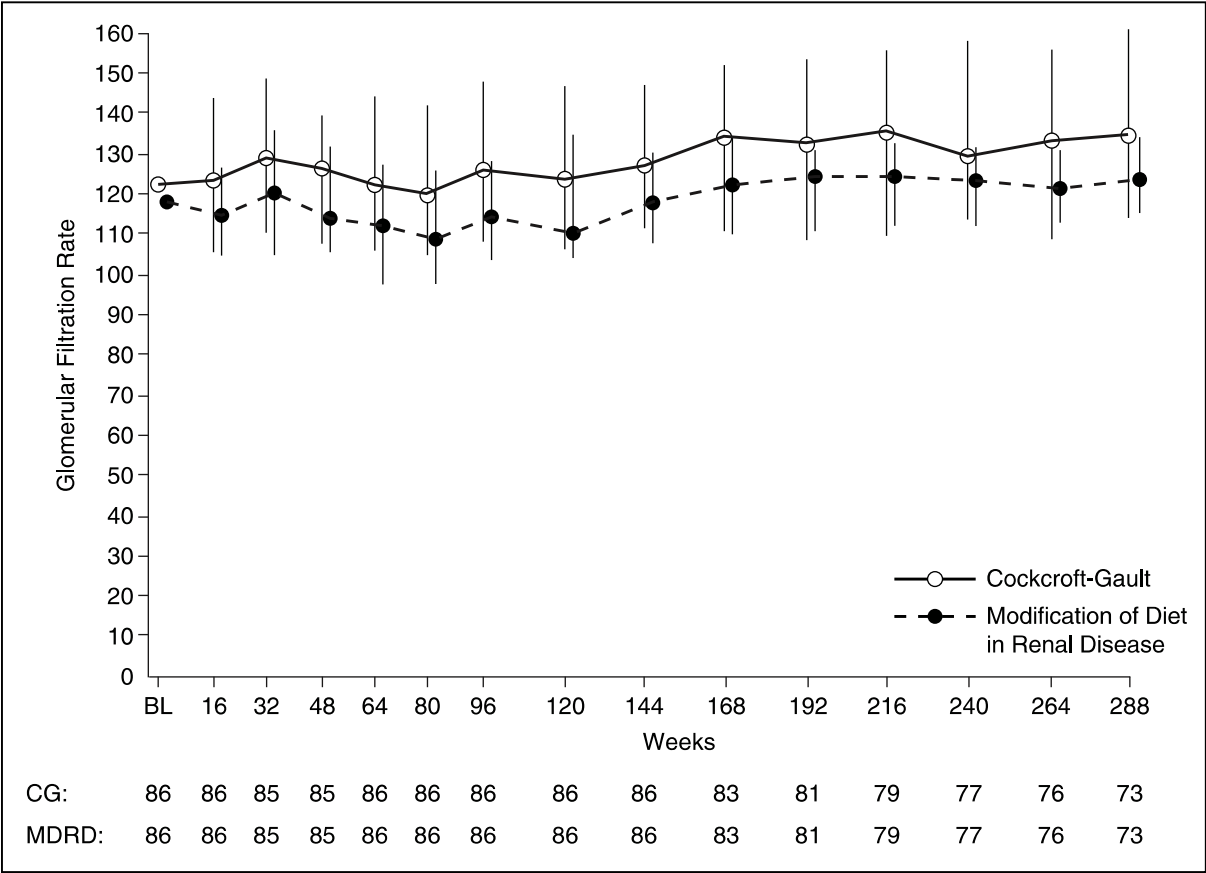
Gagnon RF et al, *Kidney Int* 2006

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# The safety of tenofovir in combination with lamivudine and efavirenz through 6 years

Study 903 was designed to compare the efficacy and safety of a treatment regimen of Viread, lamivudine (3TC) and efavirenz to a regimen of stavudine (d4T), lamivudine and efavirenz in 600 antiretroviral-naïve HIV-1 infected patients.



## EuroSIDA Study: Risk for Chronic Kidney Disease

- **Analysis of patients with  $\geq 3$  creatinine measurements + body weight**
  - 6,842 patients with 21,482 person-years of follow-up
- **Definition of CKD (eGFR by Cockcroft-Gault)**
  - If baseline eGFR  $\geq 60$  mL/min/1.73 m<sup>2</sup>, fall to  $<60$
  - If baseline eGFR  $<60$  mL/min/1.73 m<sup>2</sup>, fall by 25%
- **225 (3.3%) progressed to CKD**

|             | Univariable |           |           | Multivariable |           |           |
|-------------|-------------|-----------|-----------|---------------|-----------|-----------|
|             | IRR/year    | 95% CI    | P-value   | IRR/year      | 95% CI    | P-value   |
| Tenofovir   | 1.32        | 1.21-1.41 | $<0.0001$ | <b>1.16</b>   | 1.06-1.25 | $<0.0001$ |
| Indinavir   | 1.18        | 1.13-1.24 | $<0.0001$ | <b>1.12</b>   | 1.06-1.18 | $<0.0001$ |
| Atazanavir  | 1.48        | 1.35-1.62 | $<0.0001$ | <b>1.21</b>   | 1.09-1.34 | 0.0003    |
| Lopinavir/r | 1.15        | 1.07-1.23 | $<0.0001$ | <b>1.08</b>   | 1.01-1.16 | 0.030     |





NATIONAL KIDNEY  
FOUNDATION®

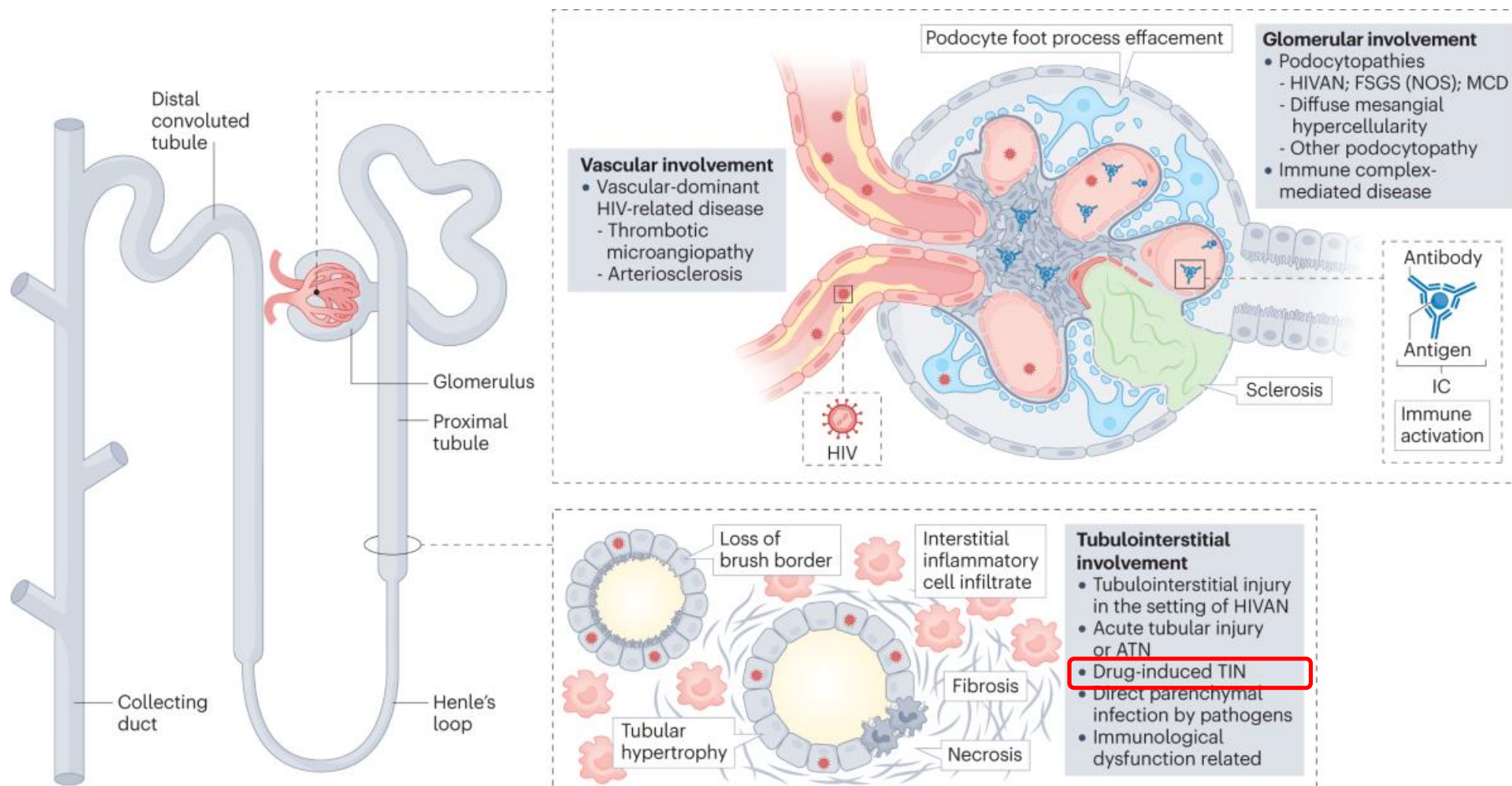
## **Fanconi Syndrome and Renal Failure Induced by Tenofovir: A First Case Report**

David Verhelst, MD, Matthieu Monge, MD, Jean-Luc Meynard, MD, Bruno Fouqueray, MD, PhD, Béatrice Mougenot, MD, Pierre-Marie Girard, MD, PhD, Pierre Ronco, MD, PhD, and Jerome Rossert, MD, PhD

- **Although nephrotoxicity of cidofovir and adefovir is well established, no renal side effects have been observed yet with tenofovir, which is the third member of this family. The authors report the case of a patient who had Fanconi syndrome, nephrogenic diabetes insipidus, and acute renal failure during treatment with tenofovir, a nucleotide reverse transcriptase inhibitor that recently has been approved by the Food and Drug Administration for treatment of patients infected with human immunodeficiency virus. *Am J Kidney Dis* 40:1331-1333.**

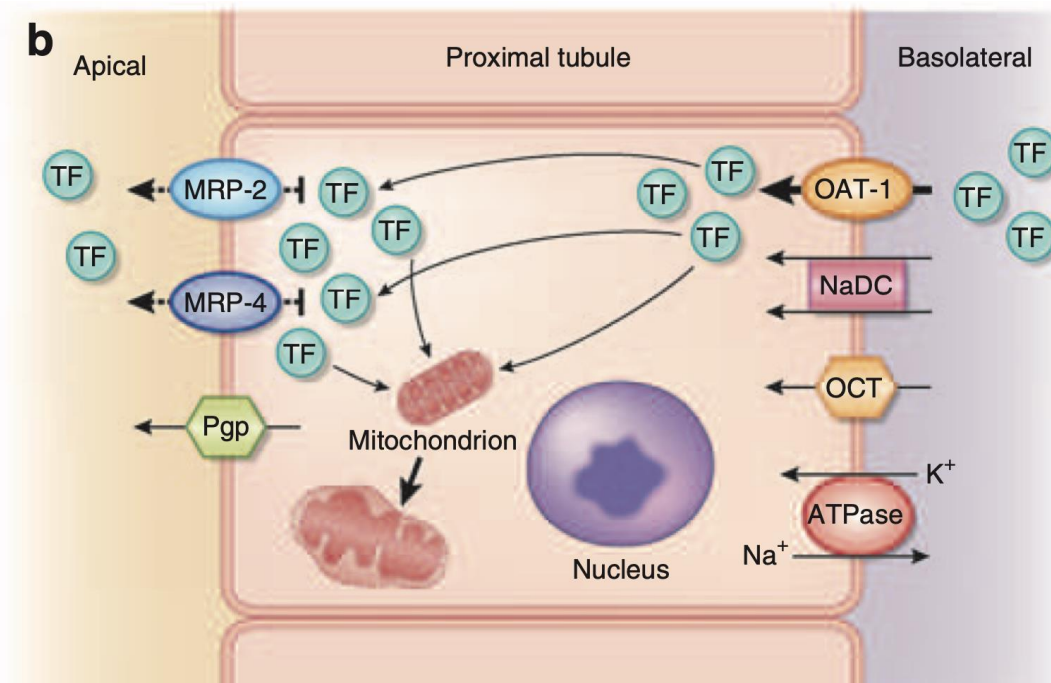
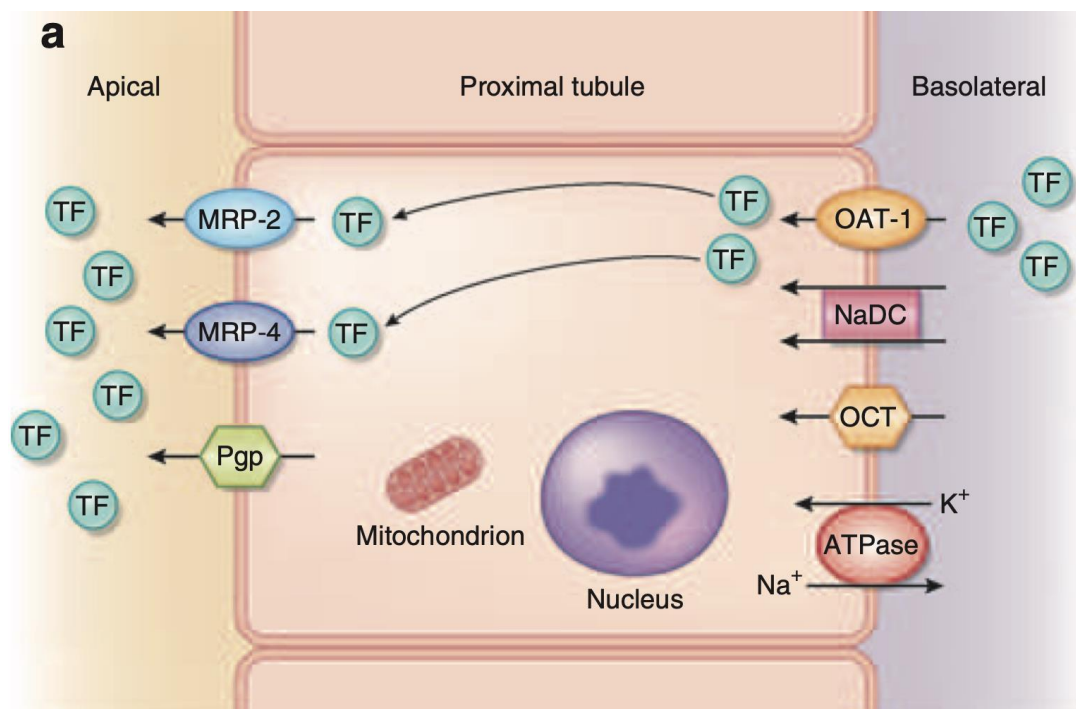
© 2002 by the National Kidney Foundation, Inc.

# HIV-related kidney diseases



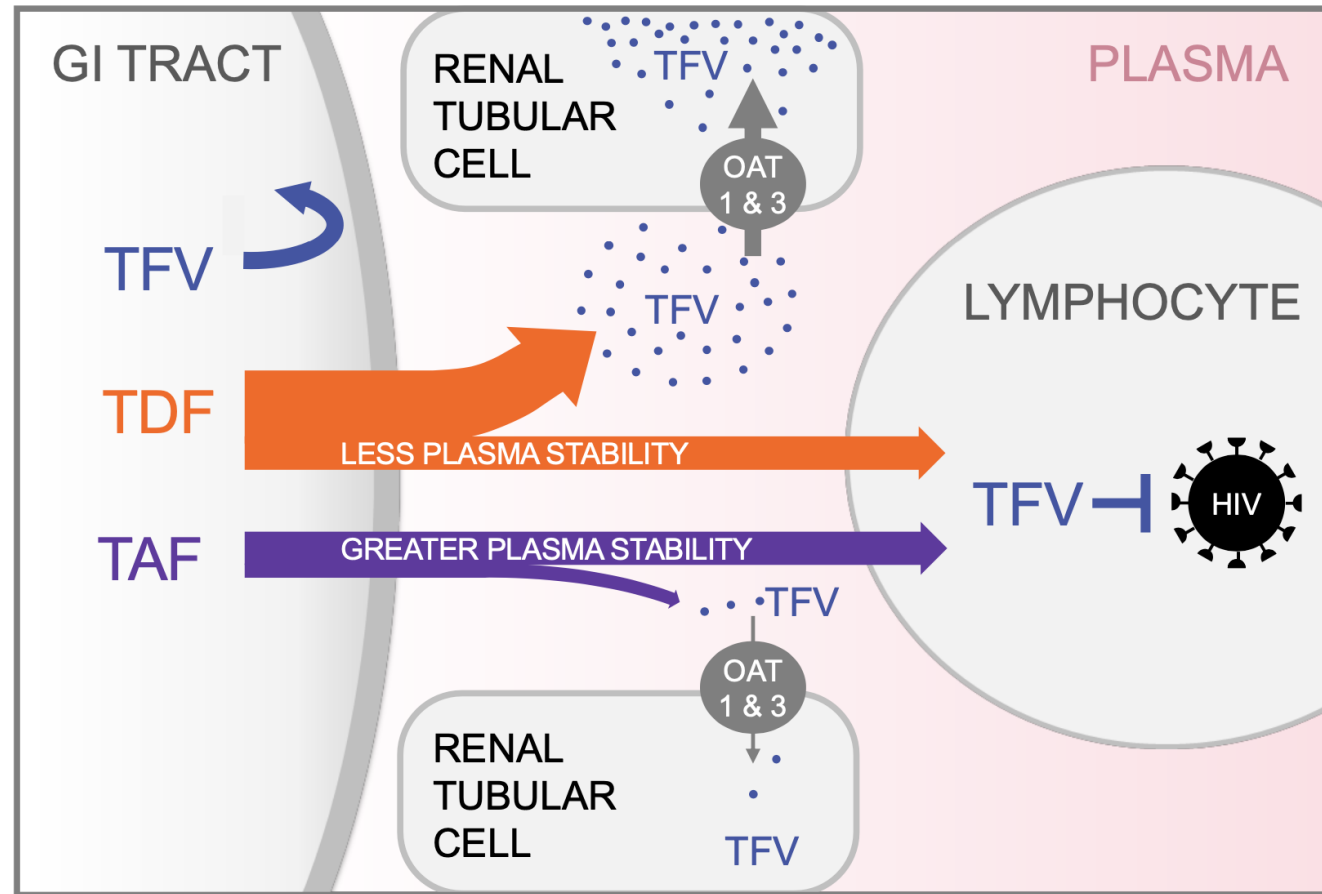
## Tenofovir-induced kidney disease

- Tenofovir is transported via organic anion transporter-1 (OAT-1) from the basolateral circulation into proximal tubular cells, where it is translocated into the urine through apical efflux transporters such as multidrug resistance protein-2 (MRP-2) and MRP-4.
- Endogenous anions and other drugs may compete with tenofovir for these efflux transport pathways.





## TDF versus TAF



TAF results in >90% lower TFV plasma levels<sup>2,3,4</sup>

OAT, organic anion transporter; TAF, tenofovir alafenamide; TDF, tenofovir disoproxil fumarate; TFV, tenofovir

# Recommended approach to kidney injury screening in HIV-infected patients

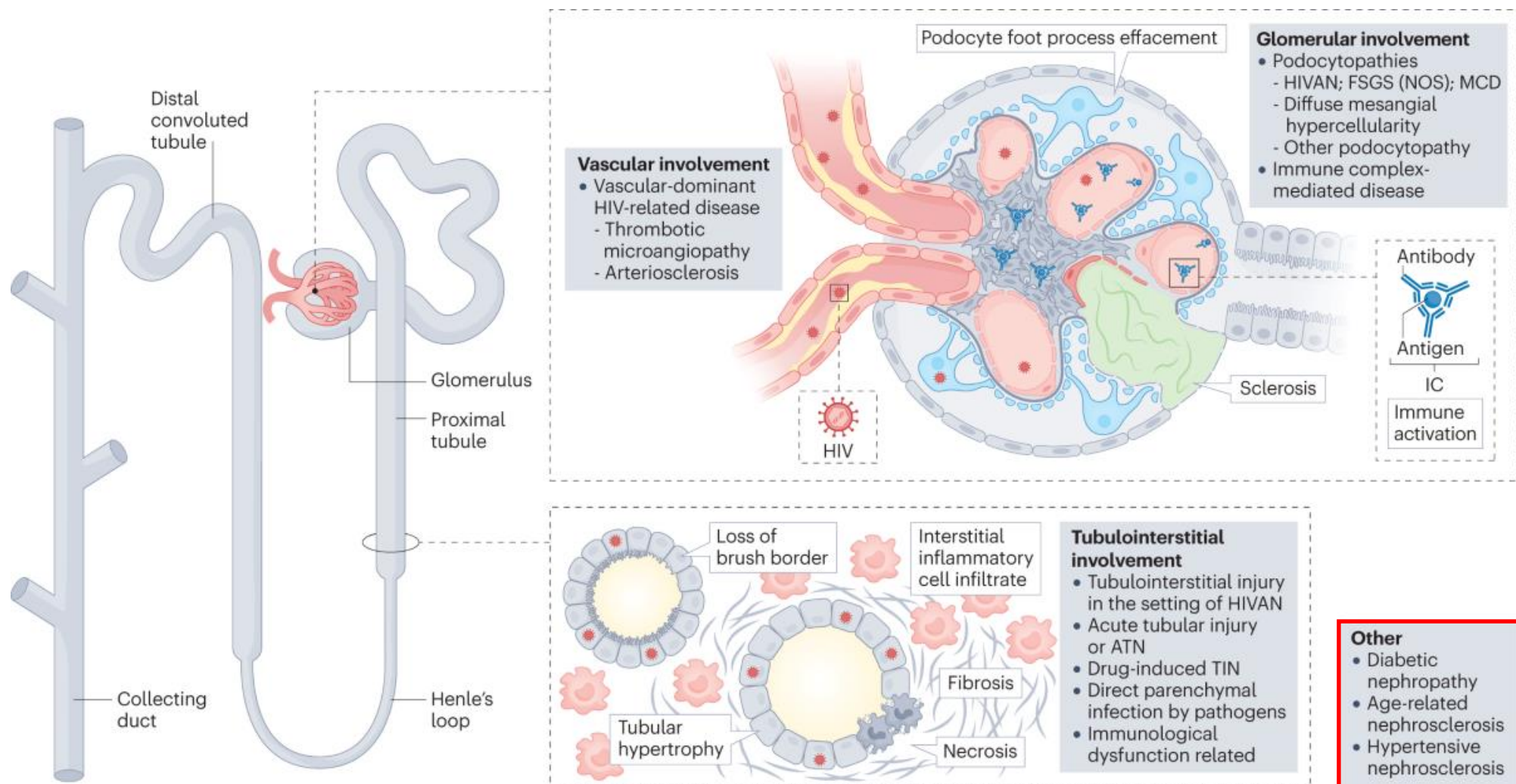
| Approach to kidney screening                   | Abnormality                                      | Actions <sup>a</sup><br>twice yearly in stable patients                                         |
|------------------------------------------------|--------------------------------------------------|-------------------------------------------------------------------------------------------------|
| Blood pressure measurement                     | >140/90 mmHg                                     | Revise therapy                                                                                  |
| Glomerular filtration rate                     | <60 mL/min/1.73 m <sup>2</sup> or rapid decrease | Search cause, including nephrotoxicity<br>Nephrology referral<br>Change to quarterly evaluation |
| Serum creatinine based eGFR (CKD-EPI equation) |                                                  |                                                                                                 |
| Serum cystatin C based eGFR (CKD-EPI equation) |                                                  |                                                                                                 |
| Glomerular injury                              |                                                  |                                                                                                 |
| uACR                                           | >30 mg/g                                         |                                                                                                 |
| uPCR                                           | >150 mg/g                                        | Search for kidney disease (consider biopsy)                                                     |
| uAPR                                           | >0.4                                             | Search for glomerular disease                                                                   |
|                                                | >0.4                                             | Consider tubulopathy, search for specific protein lost in urine                                 |
| Urinary sediment (check also for crystals!)    | Crystalluria                                     | Search for cART toxicity                                                                        |
|                                                | Hematuria                                        | Search for glomerular disease                                                                   |
| Proximal tubulopathy                           |                                                  |                                                                                                 |
| Urine dipstick                                 | Abnormal                                         | If proteins: quantify uACR/uPCR<br>If blood: sediment<br>If leukocytes: sediment, culture       |
| Glycosuria                                     | Present                                          | Check for Diabetes Mellitus or cART toxicity                                                    |
| FePi                                           | >10%                                             | Search for cART toxicity                                                                        |
| FeUrate                                        | >20%                                             | Search for cART toxicity                                                                        |

# **KIDNEY DISEASES IN THE SETTING OF HIV INFECTION**

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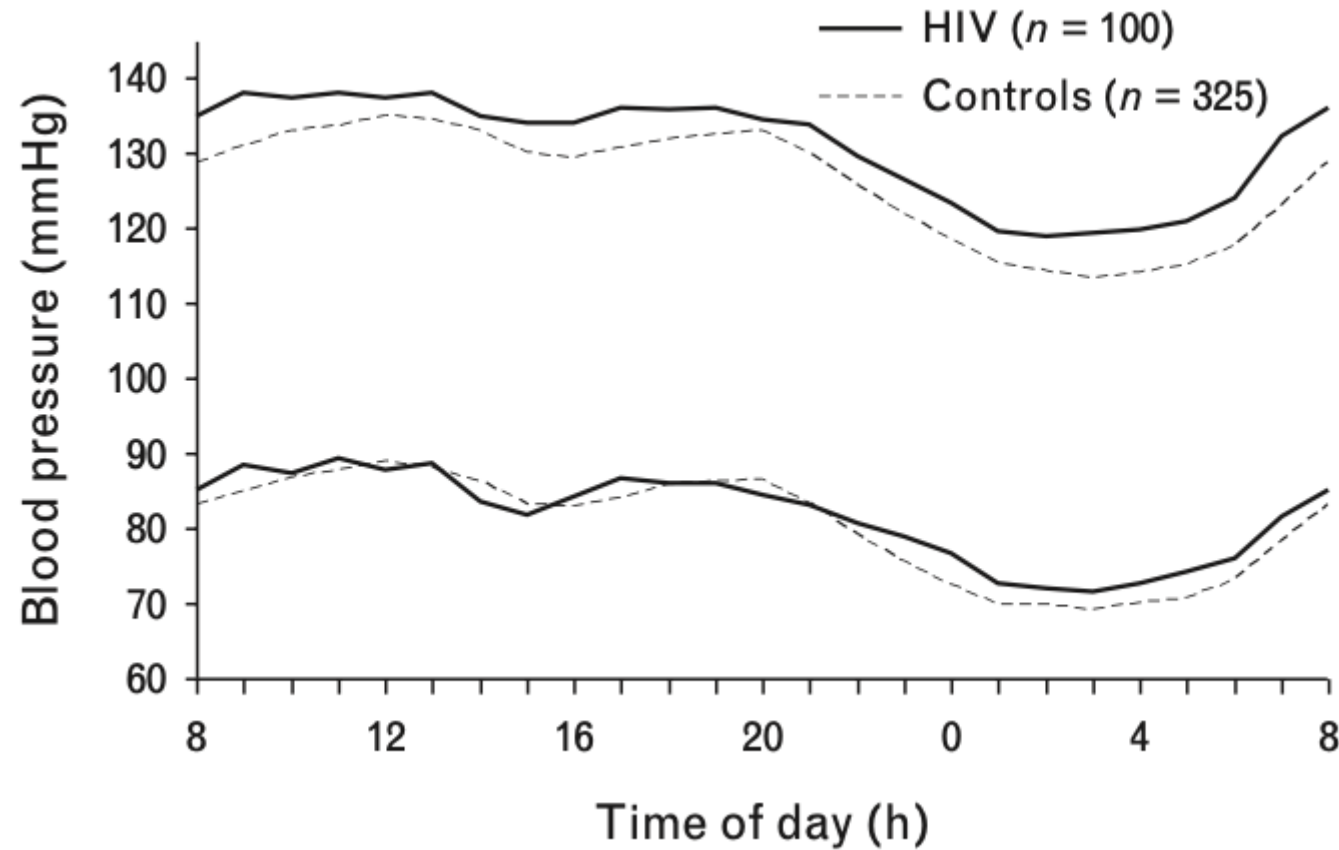
## **CKD RELATED TO NON- INFECTIOUS CO-MORBIDITIES**

# HIV-related kidney diseases



# Hypertension in PWH

PWH had a reduced nocturnal BP fall and a higher proportion of an abnormal circadian BP rhythm ('nondipping' pattern).



# Antiretroviral Therapy and the Prevalence and Incidence of Diabetes Mellitus in the Multicenter AIDS Cohort Study

| Characteristic                         | MACS<br>(n = 5622) | Current Study<br>Population<br>(N = 1278) | HIV-Seronegative<br>(n = 710) | HIV-Infected<br>Not Using HAART<br>(n = 157) | HIV-Infected<br>Using HAART<br>(n = 411) | P Value† |
|----------------------------------------|--------------------|-------------------------------------------|-------------------------------|----------------------------------------------|------------------------------------------|----------|
| White subjects, No. (%)                | 4681 (83)          | 1089 (85)                                 | 618 (87)                      | 119 (76)                                     | 352 (86)                                 | .53      |
| College degree, No. (%)                | 3121 (56)          | 787 (62)                                  | 477 (67)                      | 74 (47)                                      | 236 (57)                                 | <.001    |
| Age (IQR range), y                     | 33 (28, 38)        | 48 (43, 53)                               | 50 (45, 56)                   | 46 (41, 50)                                  | 46 (42, 51)                              | <.001    |
| Body mass index‡                       | 23 (22, 25)        | 26 (24, 28)                               | 26 (24, 29)                   | 25 (23, 28)                                  | 25 (23, 27)                              | <.001    |
| Waist-hip ratio                        | NA                 | 0.95 (0.91, 0.99)                         | 0.94 (0.90, 0.99)             | 0.94 (0.91, 0.97)                            | 0.95 (0.91, 0.99)                        | .17      |
| Total cholesterol level, mg/dL         | NA                 | 202 (176, 229)                            | 201 (178, 227)                | 188 (158, 218)                               | 210 (182, 239)                           | <.001    |
| Glucose level, mg/dL                   | NA                 | 90 (83, 98)                               | 90 (83, 97)                   | 88 (82, 98)                                  | 91 (84, 101)                             | .03      |
| Nadir CD4 count, cells/mm <sup>3</sup> | NA                 | NA                                        | NA                            | 318 (187, 432)                               | 211 (108, 318)                           | NA       |
| Duration of receiving HAART§           | NA                 | NA                                        | NA                            | NA                                           | 3.26 (2.63, 3.81)                        | NA       |

| Patient Group                             | Diabetes Mellitus*     |                  |
|-------------------------------------------|------------------------|------------------|
|                                           | No. (%)<br>of Patients | PR<br>(95% CI)†  |
| <b>Overall (N = 1278)</b>                 | <b>101 (8)</b>         | <b>NA</b>        |
| HIV seronegative (n = 710)                | 33 (5)                 | 1                |
| HIV infected not using HAART<br>(n = 157) | 11 (7)                 | 2.21 (1.12-4.38) |
| HIV infected using HAART<br>(n = 411)     | 57 (14)                | 4.64 (3.03-7.10) |



## Weight Gain After Antiretroviral Therapy Initiation and Subsequent Risk of Metabolic and Cardiovascular Disease

Sara H. Bares,<sup>1,2</sup> Xingye Wu,<sup>2</sup> Katherine Tassiopoulos,<sup>3</sup> Jordan E. Lake,<sup>4</sup> Susan L. Koletar,<sup>5</sup> Robert Kalayjian,<sup>6</sup> and Kristine M. Erlandson<sup>7</sup>; for the A5322 Study Team

**Table 5. Adjusted Cox Proportional Hazard Models of Weight Change at Week 48 and Subsequent Clinical Events Among Participants With >10% Weight Gain**

| Clinical Event                  | HR (95% CI)              |
|---------------------------------|--------------------------|
| Diabetes mellitus (n = 130)     | <b>2.01 (1.30, 3.08)</b> |
| Metabolic syndrome (n = 360)    | <b>2.02 (1.55, 2.62)</b> |
| Cardiometabolic event (n = 424) | <b>1.54 (1.22, 1.95)</b> |
| CV Event (n = 28)               | 0.60 (.22, 1.67)         |

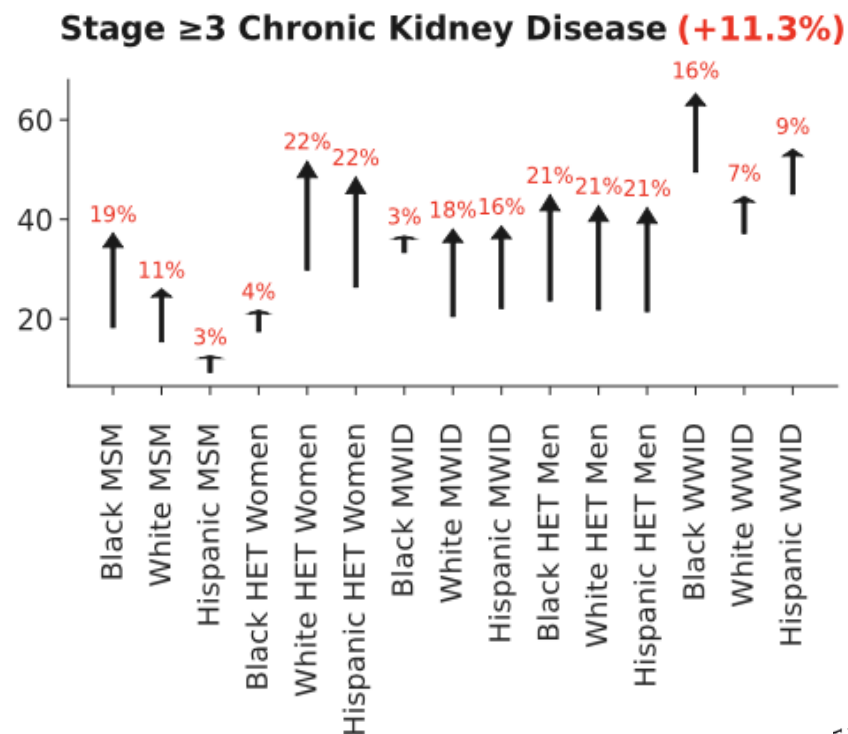
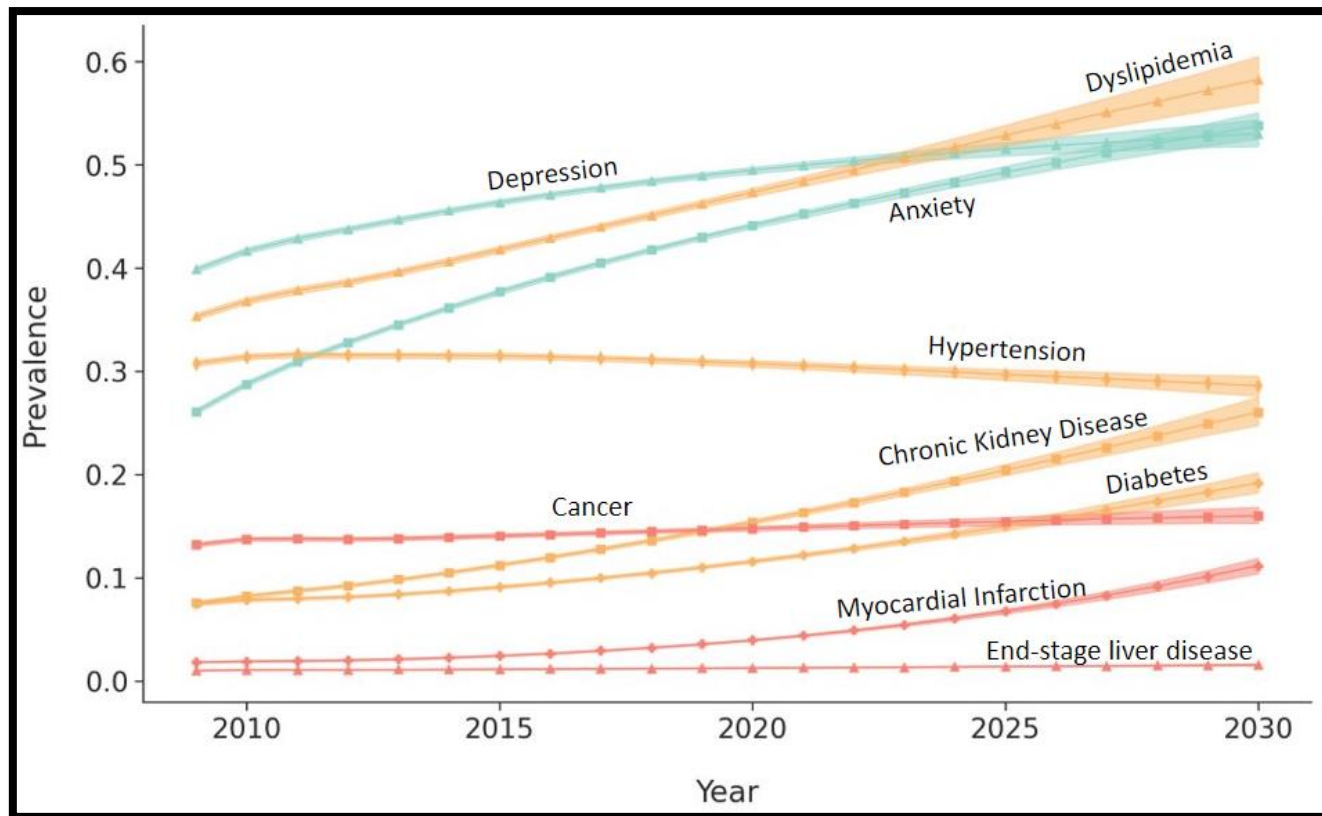
## **BONUS TRACK**

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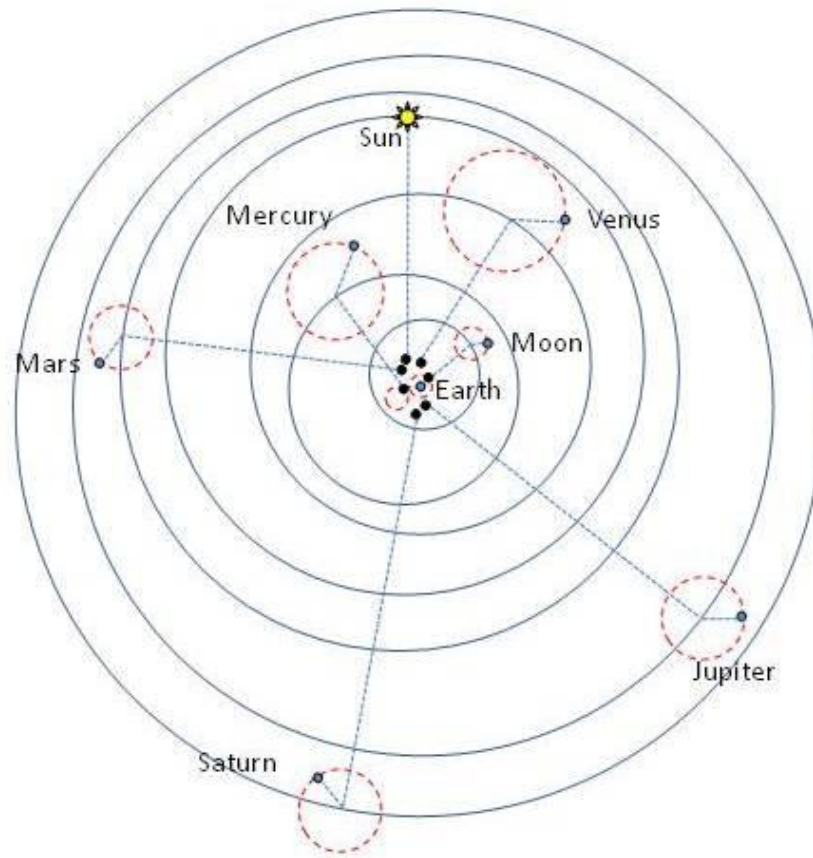
**WHAT LIES AHEAD? IS THE  
PROBLEM UNDER CONTROL?**

# CKD Rates are Increasing in PWH

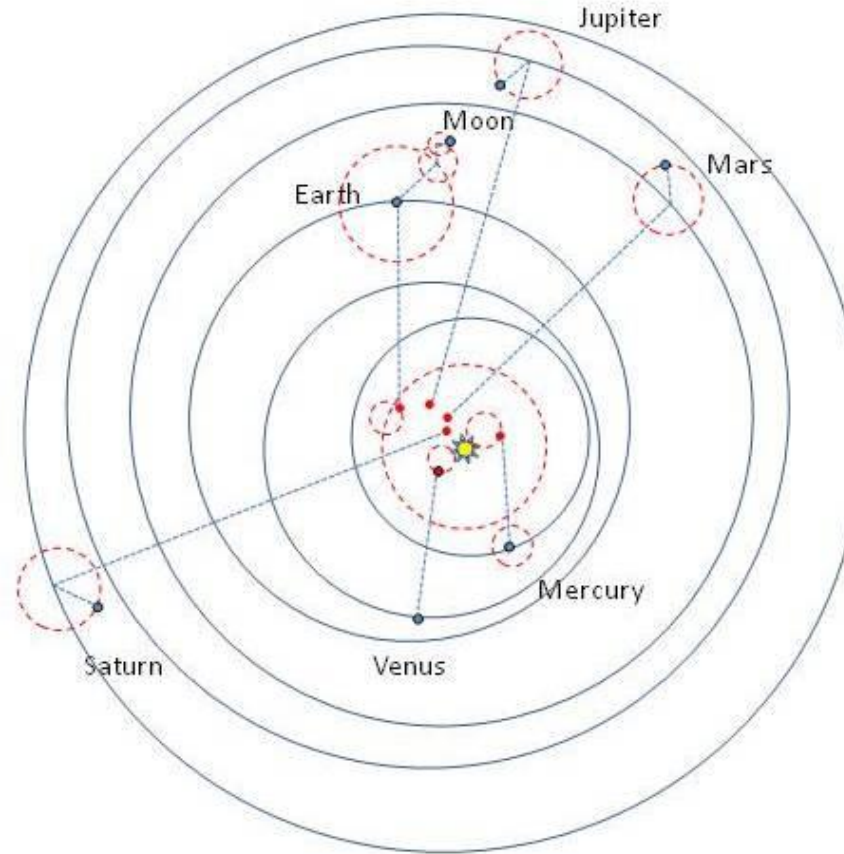
- The objective of our study was to forecast the prevalence of comorbidities and multimorbidity among people with HIV(PWH) using antiretroviral therapy (ART) in the United States (US) through 2030.
- Simulations were informed by the US CDC HIV surveillance data of new HIV diagnosis and the longitudinal North American AIDS Cohort Collaboration on Research and Design (NA-ACCORD) data on risk of comorbidities from 2009 to 2017



# Inertia is the resistance of change



Ptolemaic Model



Copernican Model

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Eleonora Beretta



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