

MEDICINA DEI VIAGGI E DELLE MIGRAZIONI

20 Marzo 2023 – Ore 16.00-19.00

Responsabile scientifico: Prof. Spinello Antinori

**Gestione ambulatoriale dopo soggiorno in area tropicale:
quali indicazioni**
Dr. Andrea Angheben



Viaggi e
salute

gestione

ambulatoriale

DISCLOSURE

I have no conflicts of interest

Dr Andrea Angheben





Indicazioni a gestione ambulatoriale di patologia legata al viaggio



Tutto ciò che sfugge a dinamiche di urgenza che in medicina dei viaggi sono:

1. Sdr febbrile acuta
2. Sdr flogistica delle vie respiratorie
3. Sdr gastro-intestinale acuta
4. Sdr neurologica acuta
5. Morso di animale, patologia dermatologica severa



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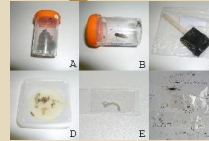
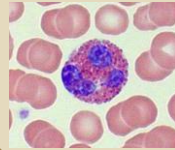


Febbre/Febbricola prolungata o
ricorrente

02



Manifestazioni cutanee subacute o
cronico/recidivanti

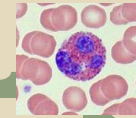


03



Diarrea/disturbo GI cronico

04

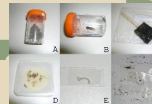


Valutazione pre/post-viaggio:
esposizione a rischio/eosinofilia



05

Delusional parasitosis





01

Febbre/Febbricola
prolungata o ricorrente

Il viaggiatore al rientro con febbre

Nella valutazione del paziente sintomatico al rientro da un viaggio utile valutazione secondo due approcci:

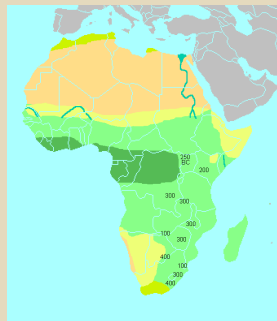
- Approccio geografico (zona visitata, specificità del viaggio)
- Criterio temporale
- Approccio sindromico (febbre, sint. genito-urinaria, respiratoria, enterica, sindrome eosinofila)



Il criterio geografico

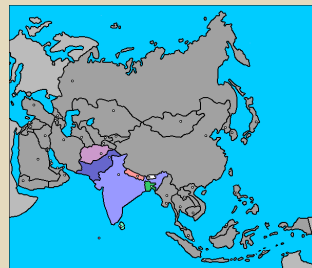
Approccio geografico: Africa sub-sahariana

- Estremamente diffuse malattie legate a cibo ed acqua
- Shigellosi, colera
- **Amebiasi**, Echinococcosi
- **Epatite A**
- Zoonosi (**brucellosi**, leptospirosi, peste, **rabbia**)
- Meningite
- **Schistosomiasi**
- **Epatite B**, TBC, HIV
- Polio → solo Nigeria



Approccio geografico: Asia → Sub-continente indiano

- Diffuse malattie da artropodi: Malaria ubiquitaria <2000 m s.l.m. (Goa), dengue, chikungunya, encefalite giapponese (focolai), rara la peste
- Comuni le affezioni legate a cibo ed acqua: batteriche (compreso colera, NB tifo), parassitarie (**ameba**, giardia)
- Pakistan + Afghanistan → polio
- Elmintiasi: Fasciola, Clonorchis, Epistorchis, Paragonimiasi, Echinococcosi, Cisticercosi
- Epatiti A, B
- TBC



Approccio geografico: Asia → Sud-Est



- Estremamente diffuse malattie da artropodi: Malaria (anche R), Encefalite giapponese, Dengue, Chikungunya
- Diffusissime le affezioni legate a cibo ed acqua: batteriche (compreso colera), **epatite A** ed E
- Elmintiasi: Distomatosi (Fasciola, Schistosomiasi da japonicum e mekongi, Opisthorchis, Clonorchis)
- **Epatiti B, HIV** altamente prevalenti
- Meloidosi

Approccio geografico: America Meridionale

- Malattie da artropodi: comuni la Malaria (Pv, Pf clorochino-S), **Chagas**, Filariosi, **Leishmaniosi**, FG, dengue nelle aree tropicali soprattutto
- Bartonellosi (Ande)
- Zoonosi: **brucellosi**, **rabbia**, echinococcosi
- Hantavirus
- Diffuse le malattie da alimenti ed acque: batteriche (compreso colera sul Pacifico), **amebiasi**, shigellosi
- Nei centri urbani: **epatite B**, **HIV**, **TBC**



Etiology and Outcome of Fever After a Stay in the Tropics

Emmanuel Botticau, MD; Jan Clerinx, MD; Ward Schrooten, MD, PhD; Erwin Van den Enden, MD; Raymond Wouters, MD; Marjan Van Esbroeck, MD; Tony Vervoort, MD; Hendrik Demey, MD; Robert Colebunders, MD, PhD; Alfons Van Gompel, MD; Jef Van den Ende, MD, PhD

Africa (n = 1321)	Asia (n = 355)	America (n = 129)
<i>Plasmodium falciparum</i>	Unknown Etiology	Unknown Etiology
Malaria	69 (19%)	42 (33%)
395 (30%)	Respiratory Tract	Respiratory Tract
Unknown Etiology	Infection	Infection
324 (25%)	45 (13%)	20 (16%)
Respiratory Tract	Dengue	Bacterial Enteritis
Infection	43 (12%)	12 (9%)
127 (10%)	Nonfalciparum Malaria*	Dengue
Nonfalciparum Malaria	33 (9%)	11 (9%)
65 (5%)	Bacterial Enteritis	Genitourinary Infection
Bacterial Enteritis	33 (9%)	8 (6%)
63 (5%)	Mononucleosis-like	Noninfectious Condition
Rickettsial Infection	Syndrome	7 (5%)
53 (4%)	25 (7%)	Mononucleosis-like
Skin/Soft Tissue Infection	Skin/Soft Tissue Infection	Syndrome
46 (3%)	14 (4%)	6 (5%)
Genitourinary Infection	Enteric Fever	Nonfalciparum
37 (3%)	12 (3%)	Malaria*
Mononucleosis-like	Genitourinary Infection	5 (4%)
Syndrome	12 (3%)	Skin/Soft Tissue Infection
36 (3%)	<i>Plasmodium falciparum</i>	5 (4%)
Acute Schistosomiasis	Malaria	Protozoan Enteritis
33 (2%)	8 (2%)	2 (2%)

Figure. Ranked prevalence of imported febrile diseases (tropical cause in boldface) according to last continent of exposure: top 10 diagnoses. Thirty-seven other patients had visited more than 1 continent, including 5 diagnosed as having *Plasmodium falciparum* malaria and 1 as having rickettsial infection. *Exclusively *Plasmodium vivax* malaria.

GeoSentinel Surveillance of Illness in Returned Travelers, 2007–2011

Karin Leder, MBBS, MPH, PhD; Joseph Torresi, MBBS, PhD; Michael D. Libman, MD; Jakob P. Cramer, MD, MSc; Francesco Castelli, MD, PhD; Patricia Schlagenhauf, PhD; Annelies Wilder-Smith, MD, PhD, MHI; Mary E. Wilson, MD; Jay S. Keystone, MD, MSc; Eli Schwartz, MD; Elizabeth D. Barnett, MD; Frank von Sonnenburg, MD, PhD; John S. Brownstein, PhD; Allen C. Cheng, MBBS, PhD, MPH; Mark J. Sotir, PhD, MPH; Douglas H. Esposito, MD, MPH; and David O. Freedman, MD, for the GeoSentinel Surveillance Network*

Background: International travel continues to increase, particularly to Asia and Africa. Clinicians are increasingly likely to be consulted for advice before travel or by ill returned travelers.

Objective: To describe typical diseases in returned travelers according to region, travel reason, and patient demographic characteristics; describe the pattern of low-frequency travel-associated diseases; and refine key messages for care before and after travel.

Design: Descriptive, using GeoSentinel records.

Setting: 53 tropical or travel disease units in 24 countries.

Patients: 42 173 ill returned travelers seen between 2007 and 2011.

Measurements: Frequencies of demographic characteristics, regions visited, and illnesses reported.

Results: Asia (32.6%) and sub-Saharan Africa (26.7%) were the most common regions where illnesses were acquired. Three quarters of travel-related illness was due to gastrointestinal (34.0%), febrile (23.3%), and dermatologic (19.5%) diseases. Only 40.5% of all ill travelers reported pretravel medical visits. The relative frequency of many diseases varied with both travel destination and

reason for travel, with travelers visiting friends and relatives in their country of origin having both a disproportionately high burden of serious febrile illness and very low rates of advice before travel (18.3%). Life-threatening diseases, such as *Plasmodium falciparum* malaria, melioidosis, and African trypanosomiasis, were reported.

Limitations: Sentinel surveillance data collected by specialist clinics do not reflect healthy returning travelers or those with mild or self-limited illness. Data cannot be used to infer quantitative risk for illness.

Conclusion: Many illnesses may have been preventable with appropriate advice, chemoprophylaxis, or vaccination. Clinicians can use these 5-year GeoSentinel data to help tailor more efficient pretravel preparation strategies and evaluate possible differential diagnoses of ill returned travelers according to destination and reason for travel.

Primary Funding Source: Centers for Disease Control and Prevention.

Ann Intern Med. 2013;158:456–468.

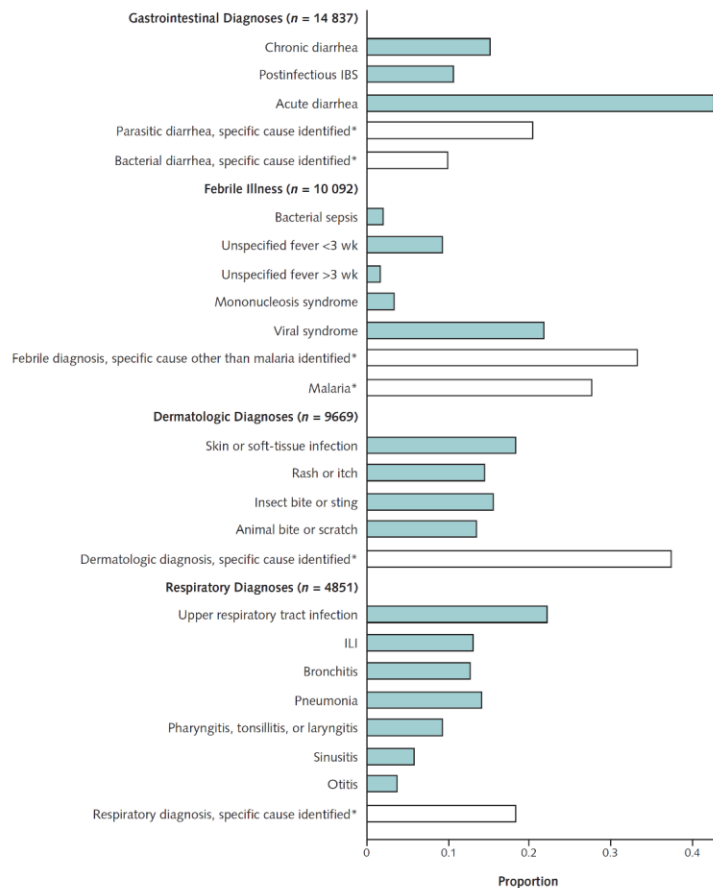
For author affiliations, see end of text.

* For a list of GeoSentinel Surveillance Network members, see the **Appendix** (available at www.annals.org).

www.annals.org

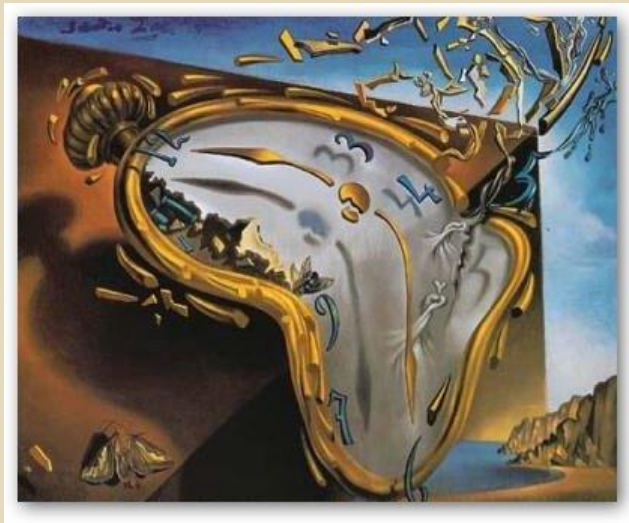
- 53 Centri Geosentinel network (24 paesi, 30% circa europei)
- 2007-2011
- 42173 pazienti
- 23,3% con febbre.

Figure 1. Proportion of major syndromic groupings for gastrointestinal, febrile, dermatologic, and respiratory illnesses among ill returned travelers.



IBS = irritable bowel syndrome; ILI = influenza-like illness.

* Each bar represents a mutually exclusive classification. Green bars depict the proportion of each diagnostic category with the given syndromic grouping. White bars depict the proportion with the given specific cause, and the top diagnoses within each of these categories are shown by region in **Figure 2**.



Il criterio temporale

Criterio temporale (esordio della febbre)

Table 4. Prevalence of Tropical Diseases According to Period Between Return or Arrival From Endemic Countries and Fever Onset*

Tropical Disease	Before and Within the First Month of Return or Arrival (n = 1434)	Within the Second Month of Return or Arrival (n = 137)	Within the Third Month of Return or Arrival (n = 66)	Within 4-12 Months of Return or Arrival (n = 205)	Total, No. (N = 1842)
<i>Plasmodium falciparum</i> malaria	373 (26)	20 (15)	7 (11)	8 (4)	408
Nonfalciparum malaria	28 (2)	23 (17)	16 (24)	36 (18)	103
Rickettsial infection	60 (4)	0	0	0	60
Dengue	56 (4)	0	0	0	56
Acute schistosomiasis	24 (2)	6 (4)	2 (3)	1 (0.5)	33
Enteric fever	14 (1)	1 (1)	0	0	15
Invasive amebiasis	7 (0.5)	1 (1)	0	2 (1)	10
Protozoan enteritis	9 (1)	0	1 (2)	0	10
Other tropical diseases	24 (2)	2 (1)	0	1 (0.5)	27
Total tropical diseases	595 (41)	53 (39)	26 (39)	48 (23)	722

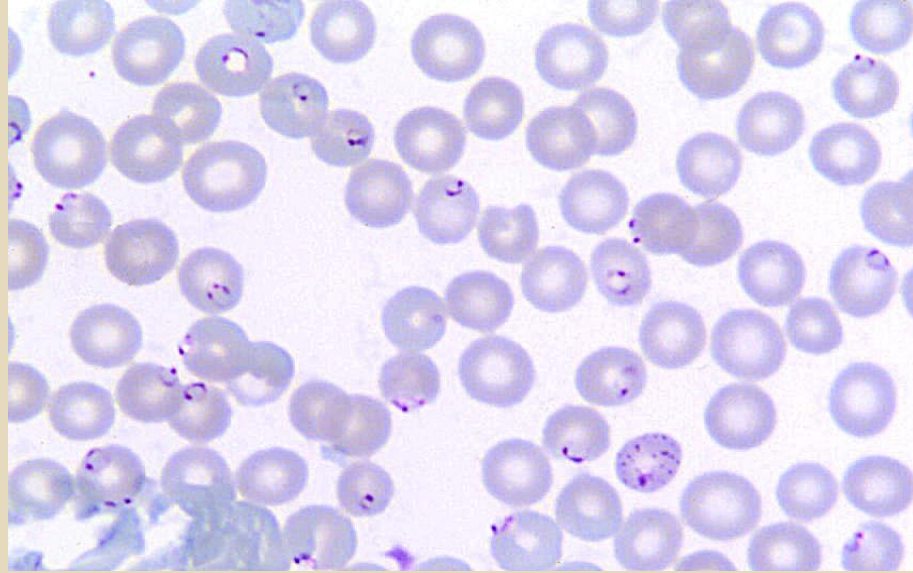
*Data are given as number (percentage) of cases unless otherwise specified. Percentages may not add to total owing to rounding.

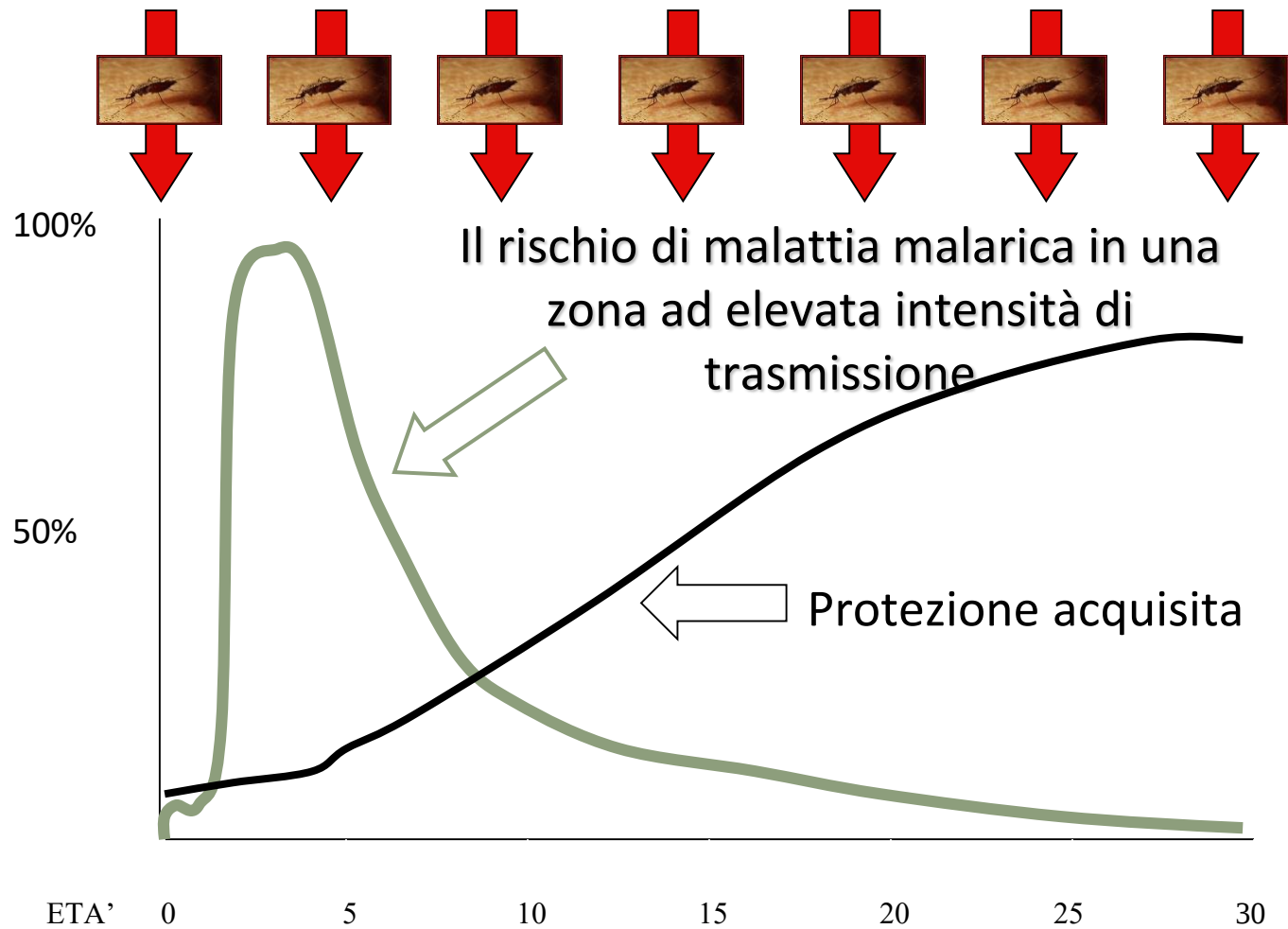


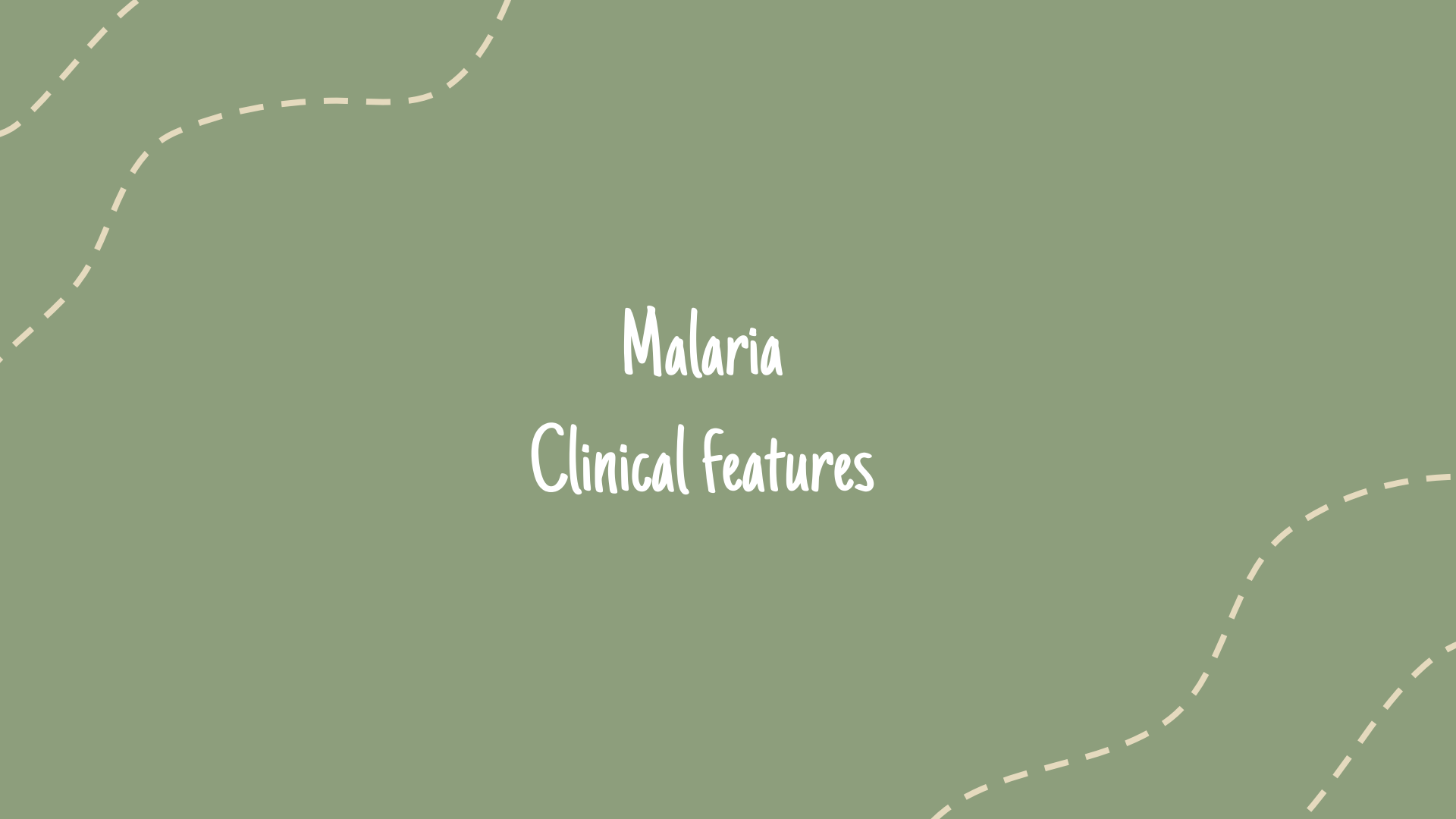
Luke Fildes: The doctor; 1887

Il criterio clinico

Malaria





The background is a solid olive green color. It features several decorative, wavy, dashed lines in a light beige or cream color. These lines are positioned in the top-left, bottom-left, and bottom-right corners, creating a sense of movement and framing the central text.

Malaria

Clinical features

Acute Malaria attack

SYMPTOMS

fever ($>38^{\circ}\text{C}$)

headache

nausea, vomiting, diarrhoea

myalgias

prostration

periodic fever at relapse



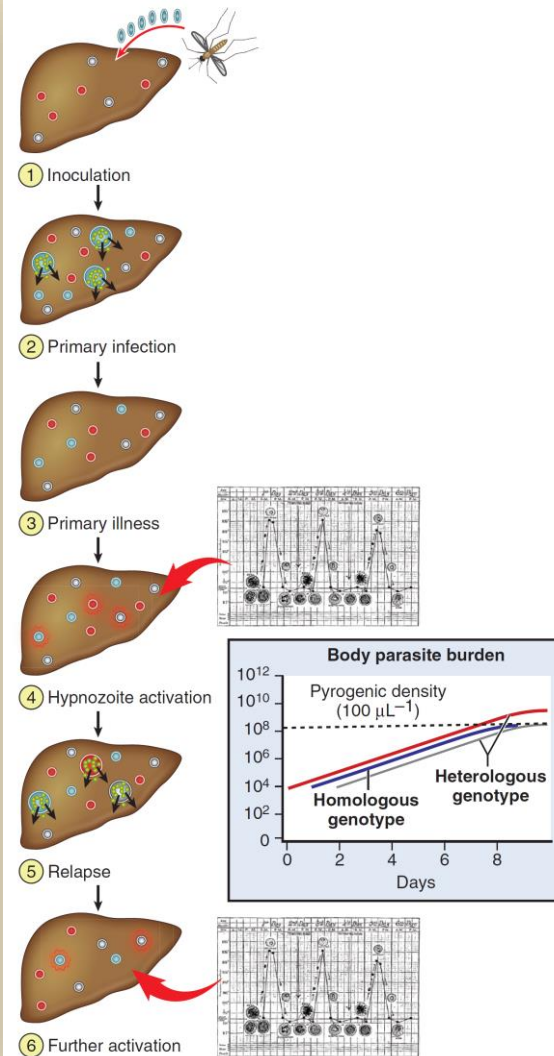
48 h

72 h

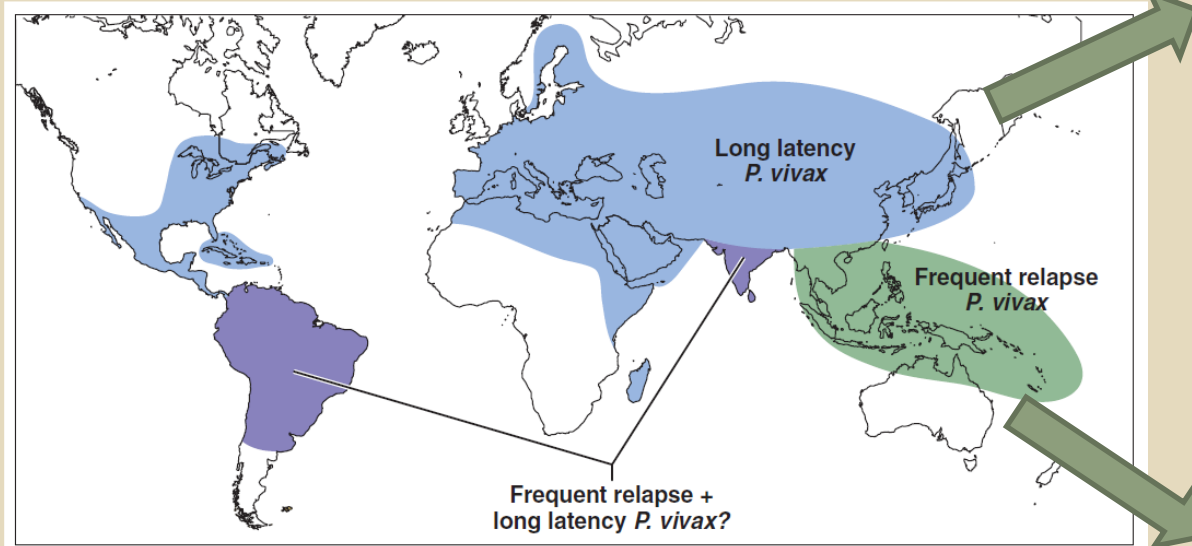
P. vivax malaria relapses

daily fever

periodic fever



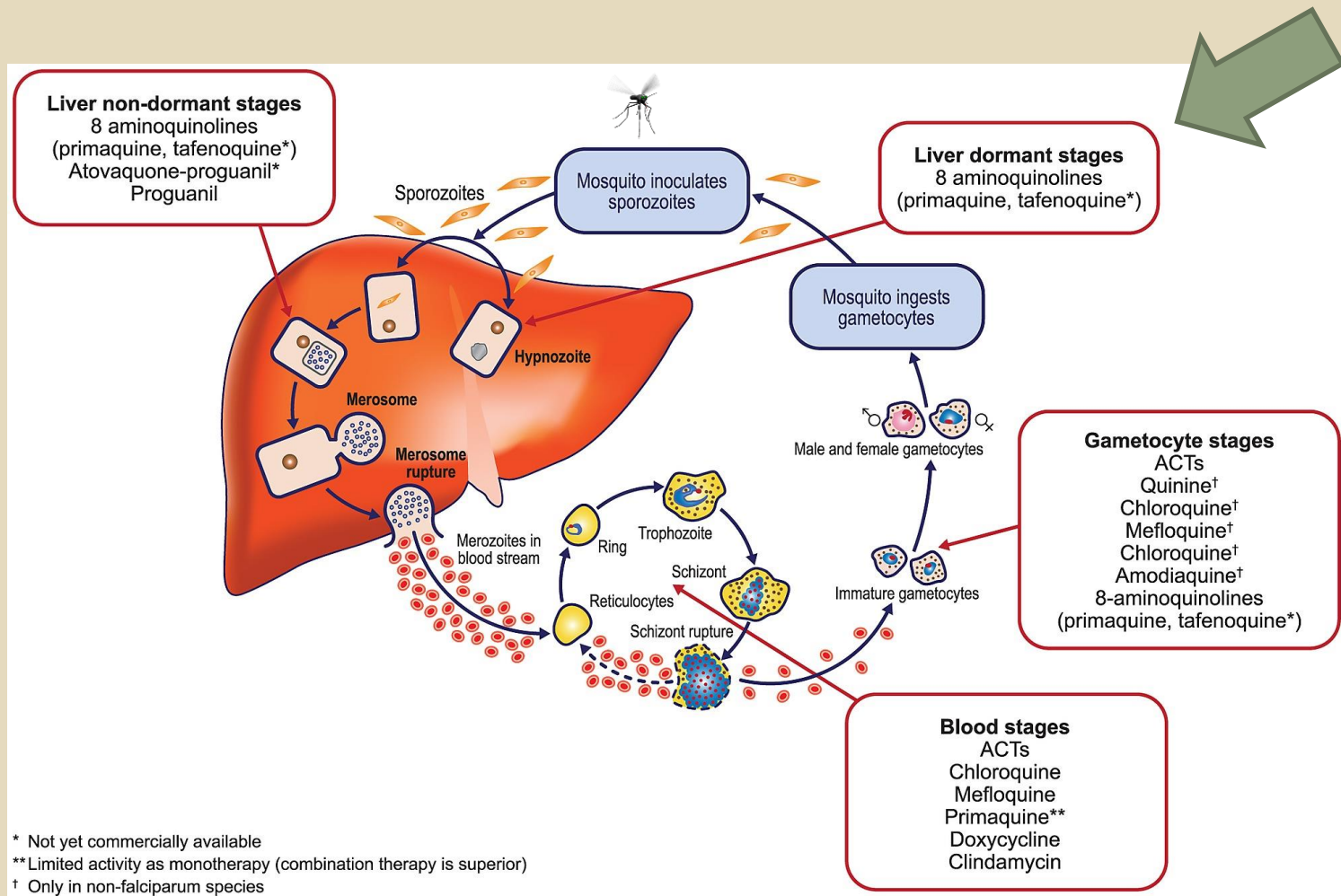
P. vivax malaria



In temperate regions, *P. vivax* relapses can occur 8 to 10 months after primary infection

FIGURE 40-17 The areas where tropical “frequent relapse phenotypes” are prevalent are shown in green. The areas where both frequent relapse and long-latency phenotypes have been reported are shown in purple, and areas where long-latency phenotypes were prevalent are shown in blue. Although both South America and India are generally considered to predominantly harbor frequent relapse phenotypes, there is evidence that long-latency phenotypes are present in both areas (particularly across northern India). Without genotyping, it may be difficult or impossible to distinguish two phenotypes within an endemic area. (From White NJ: Determinants of relapse periodicity in *Plasmodium vivax* malaria. *Malar J* 2011;10:297.)

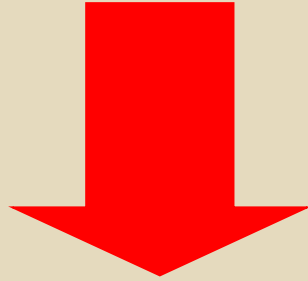
In tropical regions, *P. vivax* relapses can occur every 3 to 4 weeks, or every 6 to 8 weeks after treatment with a slowly eliminated drug.



Fever ($>38^{\circ}\text{C}$)

+

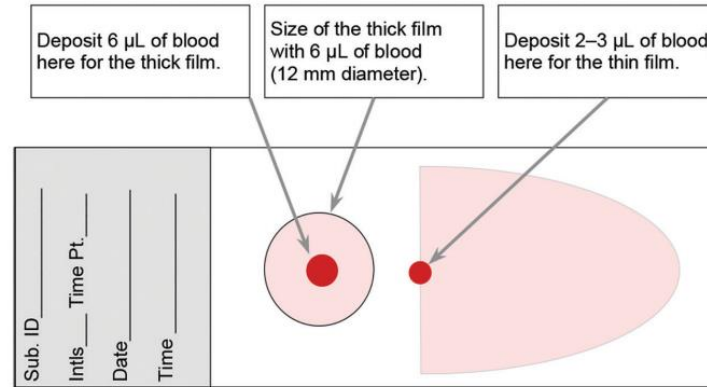
travel to malaria endemic area



Thin and thick blood film

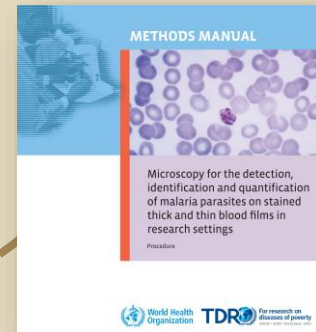
(at least)

Figure 1. Template for preparation of slides with thick and thin blood films

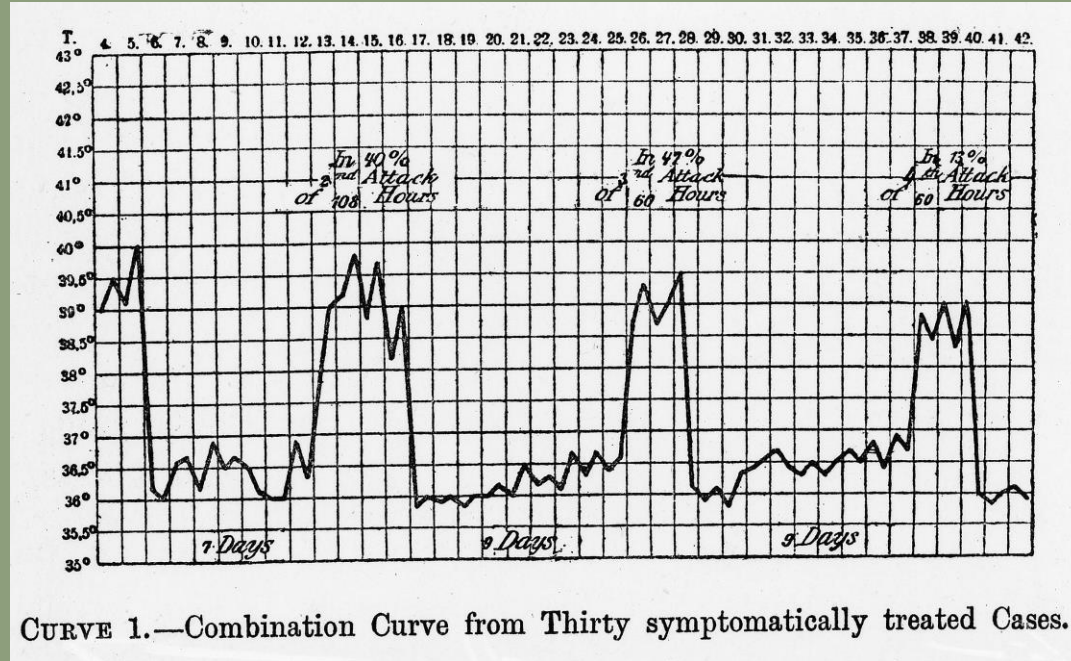


Striscio sottile e goccia spessa

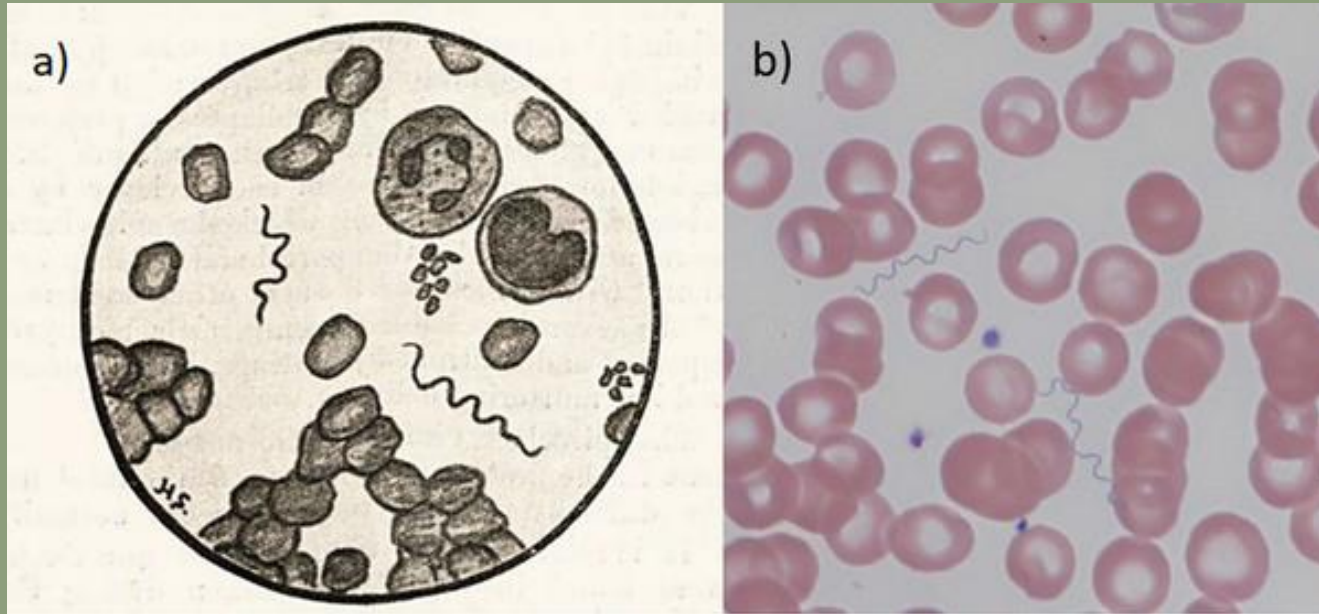
Cosa possiamo diagnosticare (oltre alla malaria?)



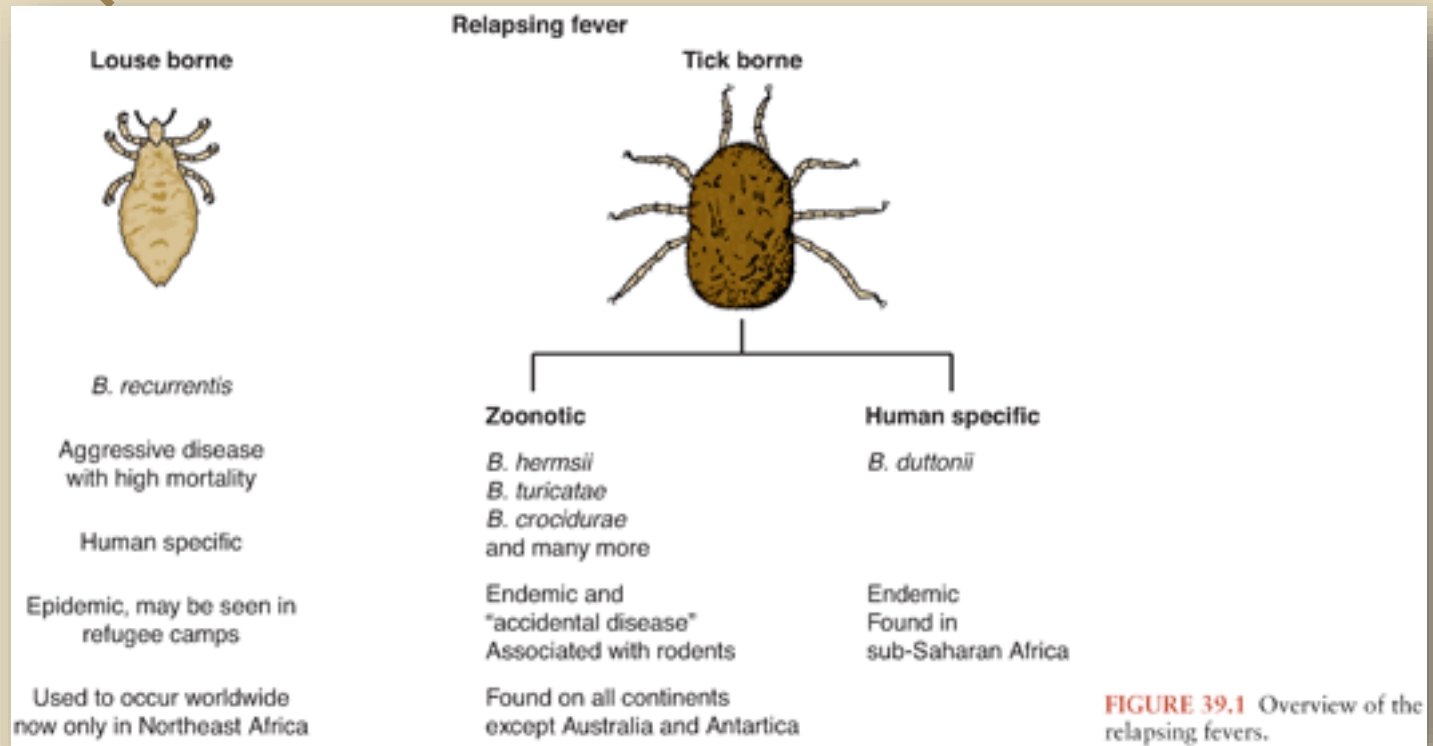
Periodic fever



Microscopic detection of *B. recurrentis* in blood films.



Kahlig P, Paris DH, Neumayr A (2021) Louse-borne relapsing fever—A systematic review and analysis of the literature: Part 1—Epidemiology and diagnostic aspects. PLOS Neglected Tropical Diseases 15(3): e0008564.
<https://doi.org/10.1371/journal.pntd.0008564>
<https://journals.plos.org/plosntds/article?id=10.1371/journal.pntd.0008564>



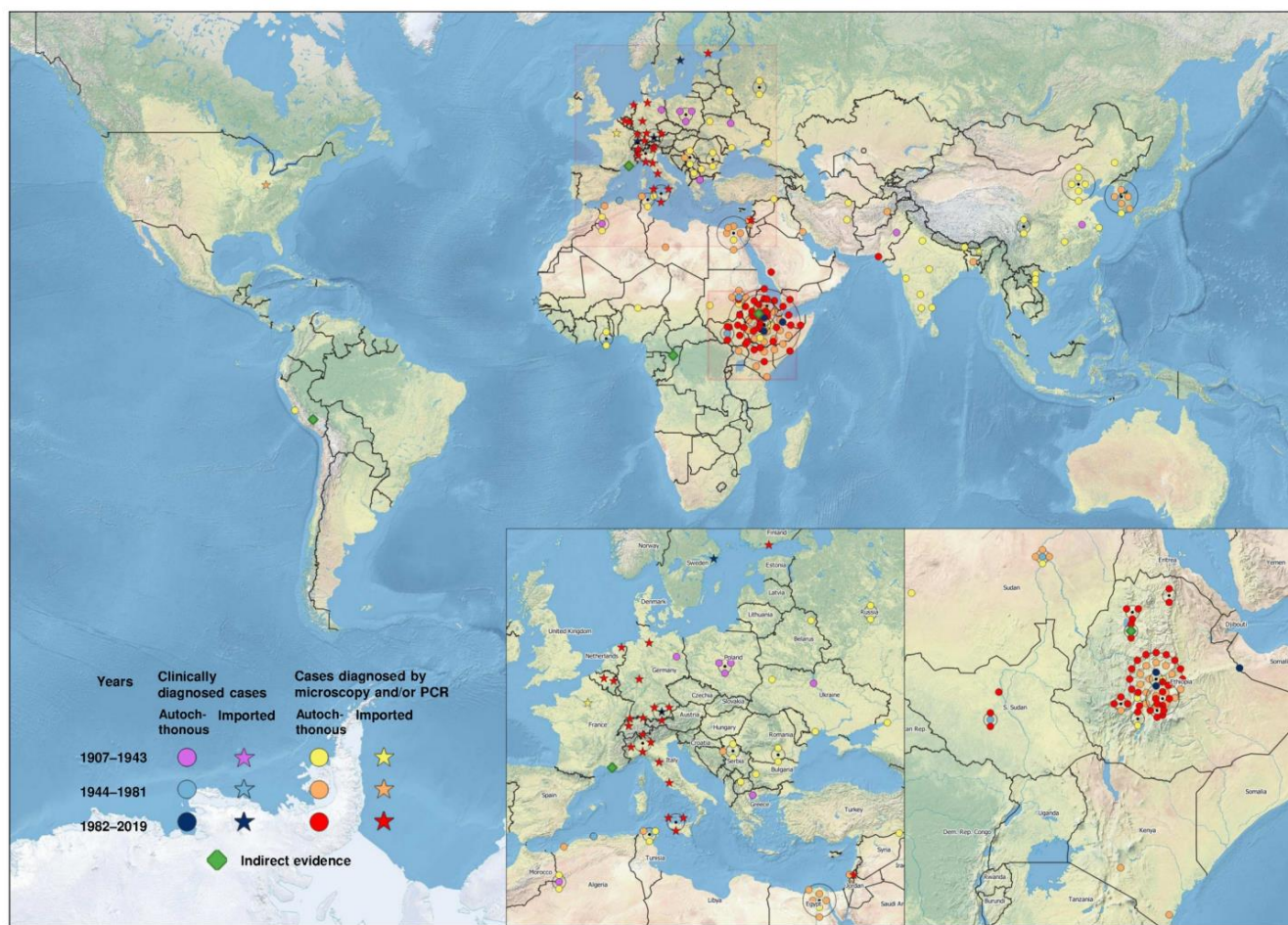


Fig 4. Geographic visualization of all identified LBRF cases published from 1907 to 2019. Each data point on the map corresponds to one of the analyzed 184 publications. If 2 or more studies reported cases from the same location, the dots representing these studies are connected by a circle with its center corresponding to this location. LBRF, louse-borne relapsing fever; PCR, polymerase chain reaction. (Map data: Natural Earth).

Louse-borne relapsing fever

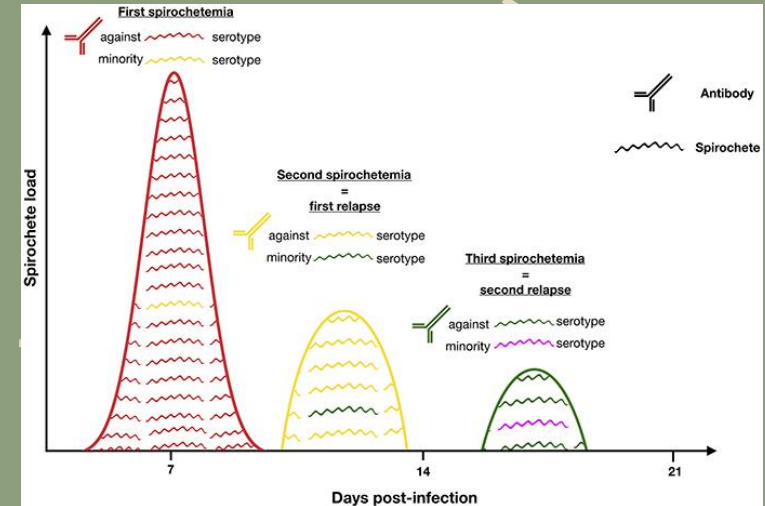
Incubation period: from 4 to 18 (average 7) days.

1st attack: abruptly fever (nearly 40°C in a few days), rigors. Early symptoms include headache, dizziness, pains nausea, vomiting, and diarrhea. A petechial or ecchymotic rash (trunk), in 2% to 8% of patients, and 7% to >70% of patients develop jaundice. Subconjunctival hemorrhages and epistaxis are common (25%), hemoptysis, gastrointestinal bleeding, and retinal hemorrhages less so.

Severe cases: neurological involvement, myocarditis, acute respiratory distress syndrome, hepatic failure, spleen rupture, disseminated intravascular coagulation leading to intracranial, massive gastrointestinal, pulmonary or peripartum hemorrhage may occur.

Case fatalities between 30% and 80% in untreated patients, but with antibiotic treatment mortality is reduced to 2% to 5%.

Untreated attacks resolve by crisis after 4 to 10 (average 5) days. This is followed by an afebrile remission of 5 to 9 days and succeeded by up to 5 relapses of diminishing severity.



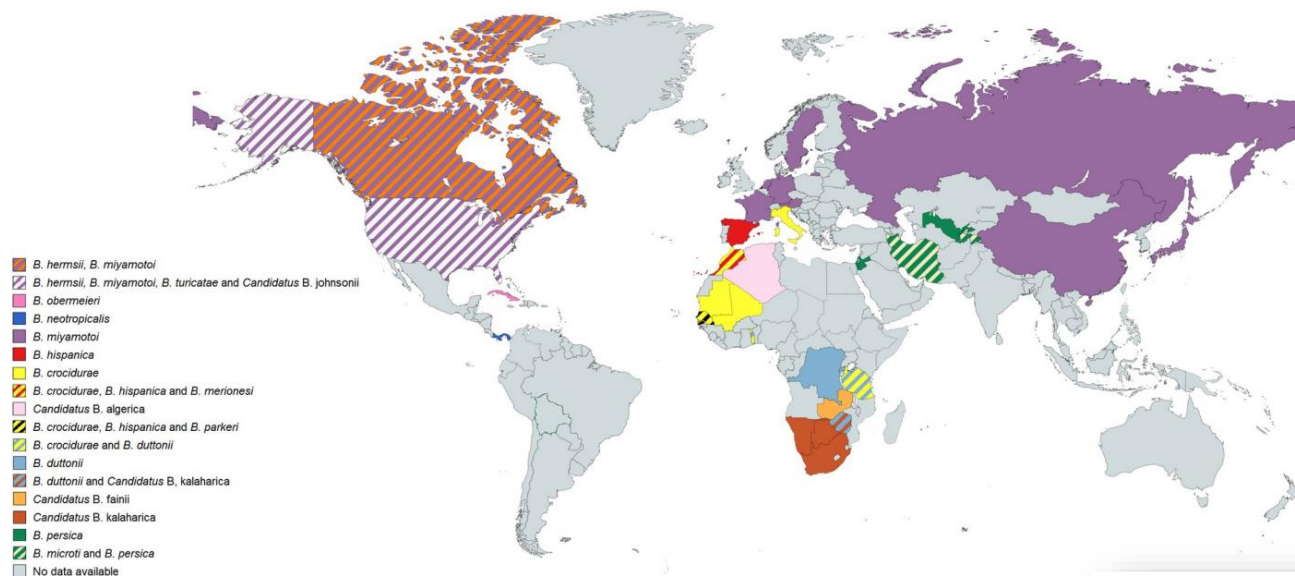


Fig 5. Reported TBRF cases by country and causative *Borrelia* species. B., *Borrelia*. Map created on www.mapchart.net.

<https://doi.org/10.1371/journal.pntd.0010212.g005>

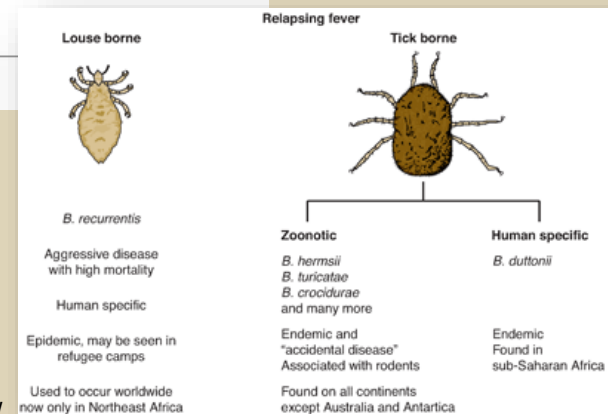
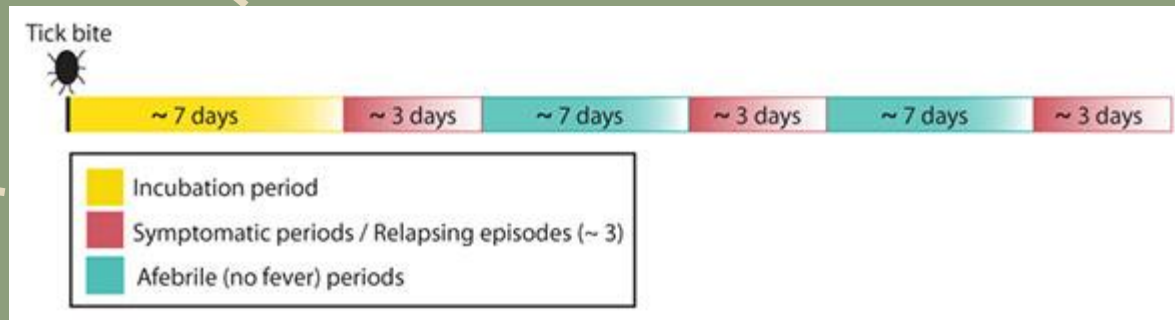
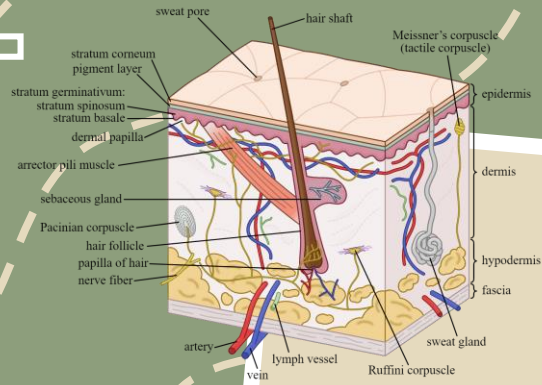


FIGURE 39.1 Overview of the relapsing fevers.

Tick-borne relapsing fever

Tick-borne relapsing fever is characterized by recurring febrile episodes that last ~3 days and are separated by afebrile periods of ~7 days duration. Along with fever, patients may experience a wide range of nonspecific symptoms. Each febrile episode ends with a sequence of symptoms collectively known as a “crisis.” During the “chill phase” of the crisis, patients develop very high fever (up to 106.7°F or 41.5°C) and may become delirious, agitated, tachycardic and tachypneic. Duration is 10 to 30 minutes. This phase is followed by the “flush phase”, characterized by drenching sweats and a rapid decrease in body temperature. During the flush phase, patients may become transiently hypotensive. Overall, patients who are not treated will experience several episodes of fever before illness resolves.



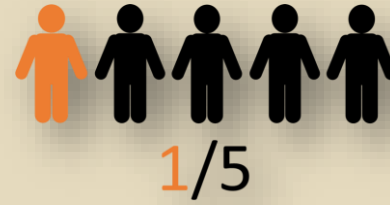


Skin disorders: subacute or chronic/recurrent





Skin problems in travellers



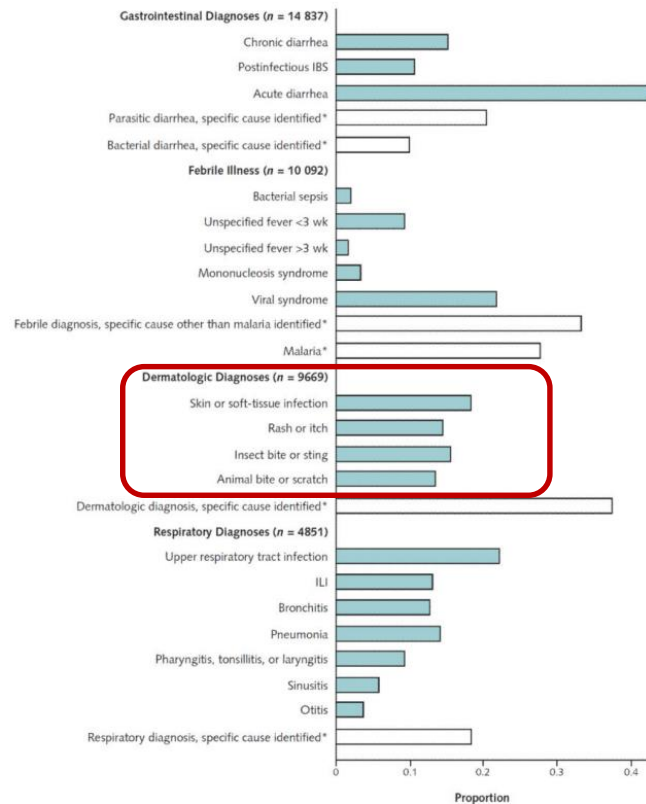
Need hospitalization

10% of all cases

Ambulatory

90% of all cases;

Among around 47000 travellers (Geosentinel 2007-11) **19,5%** have skin diseases



IBS = irritable bowel syndrome; ILI = influenza-like illness.

* Each bar represents a mutually exclusive classification. Green bars depict the proportion of each diagnostic category with the given syndromic grouping. White bars depict the proportion with the given specific cause, and the top diagnoses within each of these categories are shown by region in Figure 2.

Figure 1.

Proportion of major syndromic groupings for gastrointestinal, febrile, dermatologic, and respiratory illnesses among ill returned travelers.



Main skin problems – travellers (Geosentinel)



1st skin problem

Animal bites/scratches,
insect bite or stings



Spider

Mosquito

Tick

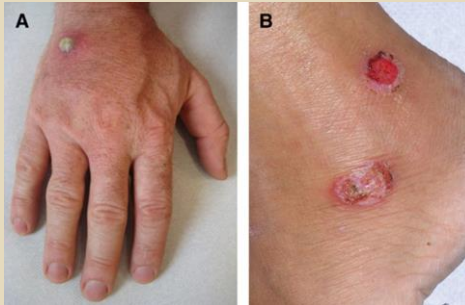
Bed Bug

Bee



2nd skin problem

Skin or soft tissue
infection



A

B



3rd skin problem

Rash, itch



2800 Israeli travellers, 19% skin problems; 1/360 leishmania; 1/190 myiasis

Skin diseases and travel destination



Latin America worse destination for skin disorders in travellers

Tropical Skin Infections Among Israeli Travelers

Michal Solomon, Shmuel Benenson, Sharon Baum, and Eli Schwartz*

Skin diseases and travel destination

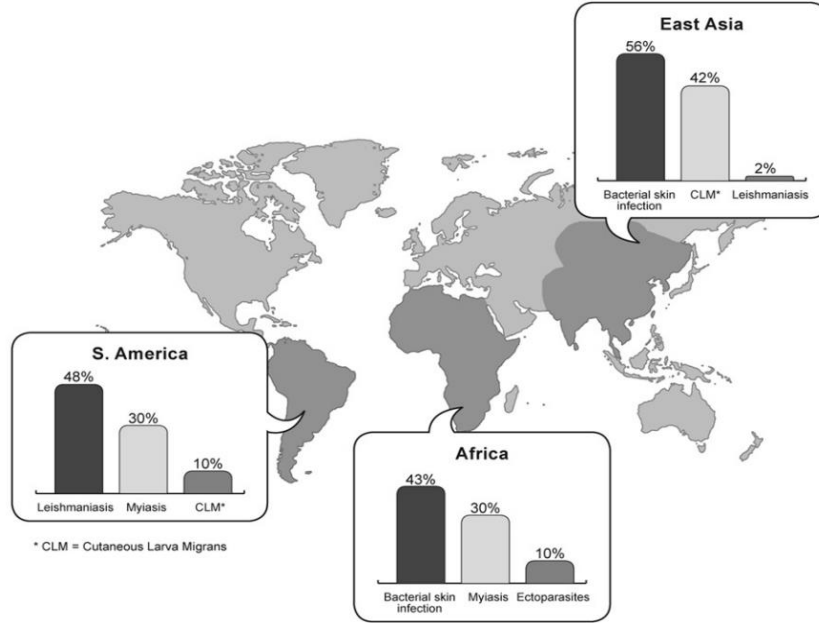


FIGURE 1. Diseases and destinations: the three most common skin infections in each continent visited.

PEP for rabies

Diagnoses	Cases, <i>n</i>	Median Age, <i>y</i>	Man–Woman Ratio	Reason for Travel, % *			Reported Pretravel Visit, %	Top Countries of Exposure†
				Tourism	Visiting Friends/Relatives	Business		
Dermatologic								
Rabies PEP after bite or scratch	1249	31	1.0	68.9	17.7	7.1	25.5	Thailand, Indonesia, China, and India

- 20% of medical problems are skin disorders; among these
- About 12% need PEP for rabies

Paederus dermatitis of beetle dermatitis



A



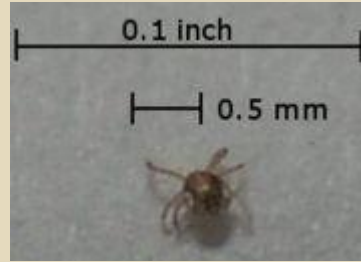
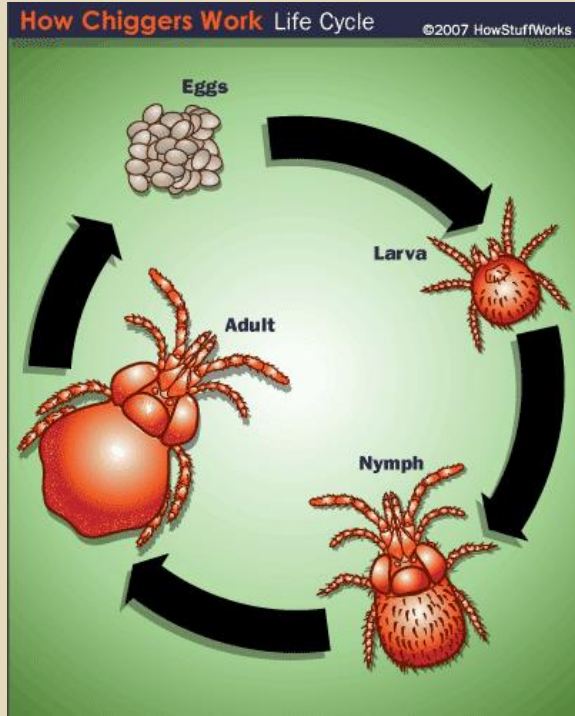
B



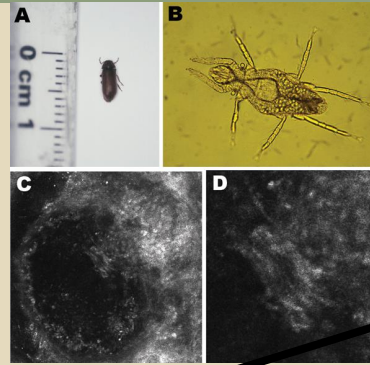
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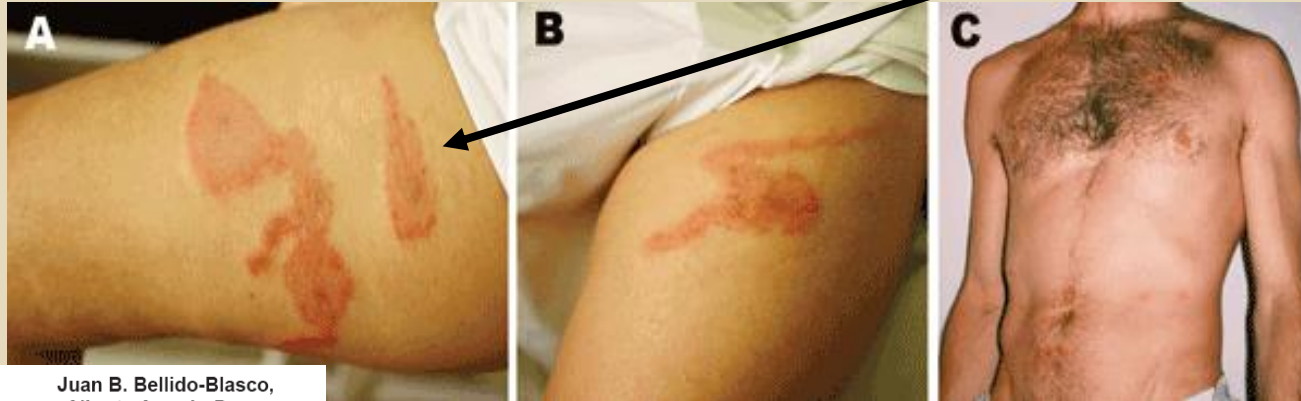
Trombicula



Puncture di *Pyemotes* spp.,
parassita del tarlo (Francia,
Spagna, Italia...)



Comet sign



**Juan B. Bellido-Blasco,
Alberto Arnedo-Pena,
and Francisca Valcuende**

Author affiliations: Centro de Salud Pública—Epidemiología, Castellón, Spain (J.B. Bellido-Blasco, A. Arnedo-Pena); and Hospital de la Plana (Castellón)—Dermatología, Castellón (F. Valcuende)

DOI: 10.3201/eid1503.081461

Emerging Infectious Diseases • www.cdc.gov/eid • Vol. 15, No. 3, March 2009

Leishmania



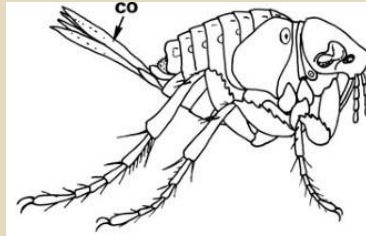
Leishmania



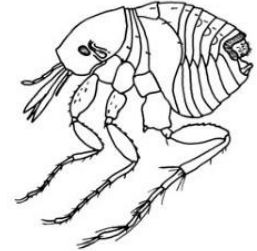
Leishmania



Tungiasi o pulce penetrante

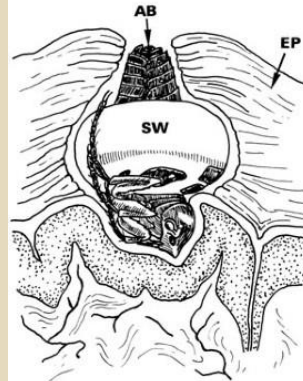


A MALE

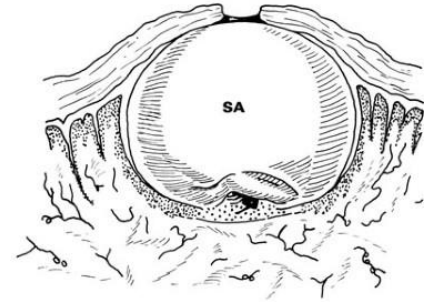


B UNFED FEMALE

TUNGA PENETRANS



C FEEDING FEMALE



D EGG PRODUCING ♀



Miasi foruncolare: *Dermatobia hominis*

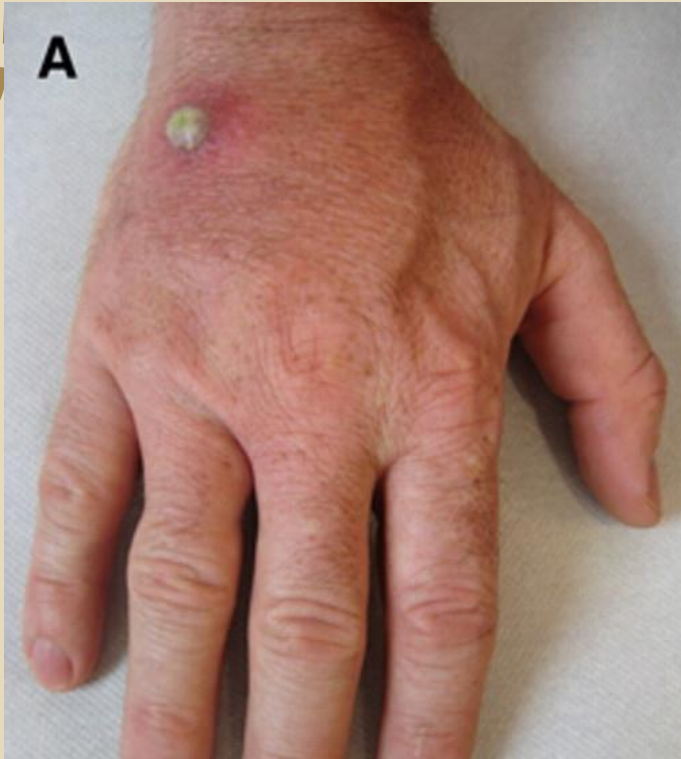


Il termine miasi è composta della parola greca che sta per mosca e malattia.
Si tratta di una parassitosi dovuta alle larve di mosca che crescono nei tessuti dell'ospite.

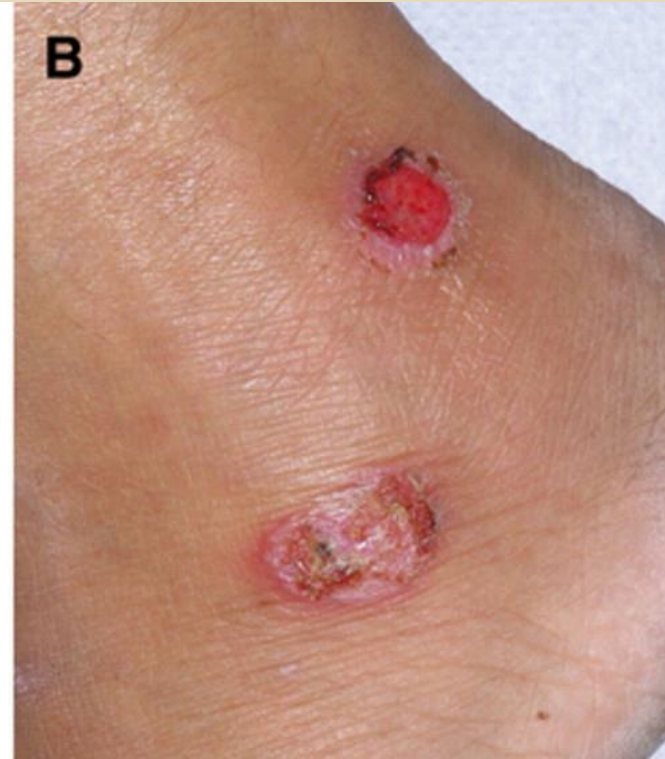
Benchè attratte da piaghe, urine o feci alcune mosche possono infestare l'uomo attraverso
cute intatta:

(sfruttano
fogliame o
insetti «vettori»
che depongono
le uova sulla
cute)





(A) Rapidly evolving dermal abscess on the right hand of a 41-year-old patient who had returned from Thailand.



(B) Cutaneous lesions on the left ankle of a 36-year-old traveler who had returned from Costa Rica.

A total of 564 independent case-patients with SSTI were enrolled and had 374 (67%) *S. aureus* positive lesions, of which 14% (51/374) were MRSA. The majority of CA-MRSA isolates from SSTI were Pantone Valentine leucocidin (PVL)-positive (43/51, 84%). The risk of methicillin-resistance in imported *S. aureus* varied by travel region ($p < 0.001$) and was highest in Latin America (16/57, 28%, 95% CI 17.0e41.5) and lowest in Sub-Saharan Africa (4/121, 3%, 95% CI 0.9e8.3).

Clinical Microbiology and Infection 25 (2019) 739–746



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Original article

Import of community-associated, methicillin-resistant *Staphylococcus aureus* to Europe through skin and soft-tissue infection in intercontinental travellers, 2011–2016[☆]

D. Nurjadi¹, R. Fleck², A. Lindner³, J. Schäfer², M. Gertler³, A. Mueller⁴, H. Lagler^{5,6}, P.J.J. Van Genderen⁷, E. Caumes⁸, S. Boutin¹, E. Kuenzli^{9,10}, J. Gascon¹¹, A. Kantele¹², M.P. Grobusch¹³, K. Heeg¹, P. Zanger^{1,14,*} on behalf of the StaphTrav Network

Major epidemic clones, such as USA300, Bengal Bay and South Pacific CA-MRSA, accounted for about 37% of travel-associated MRSA SSTI.

Infections caused by these pathogens were typically acquired at endemic destinations, i.e. Latin America, India and the Philippines.

Taken together, these observations confirm that travel-associated SSTI drives the spread of epidemic CA-MRSA over long distances.

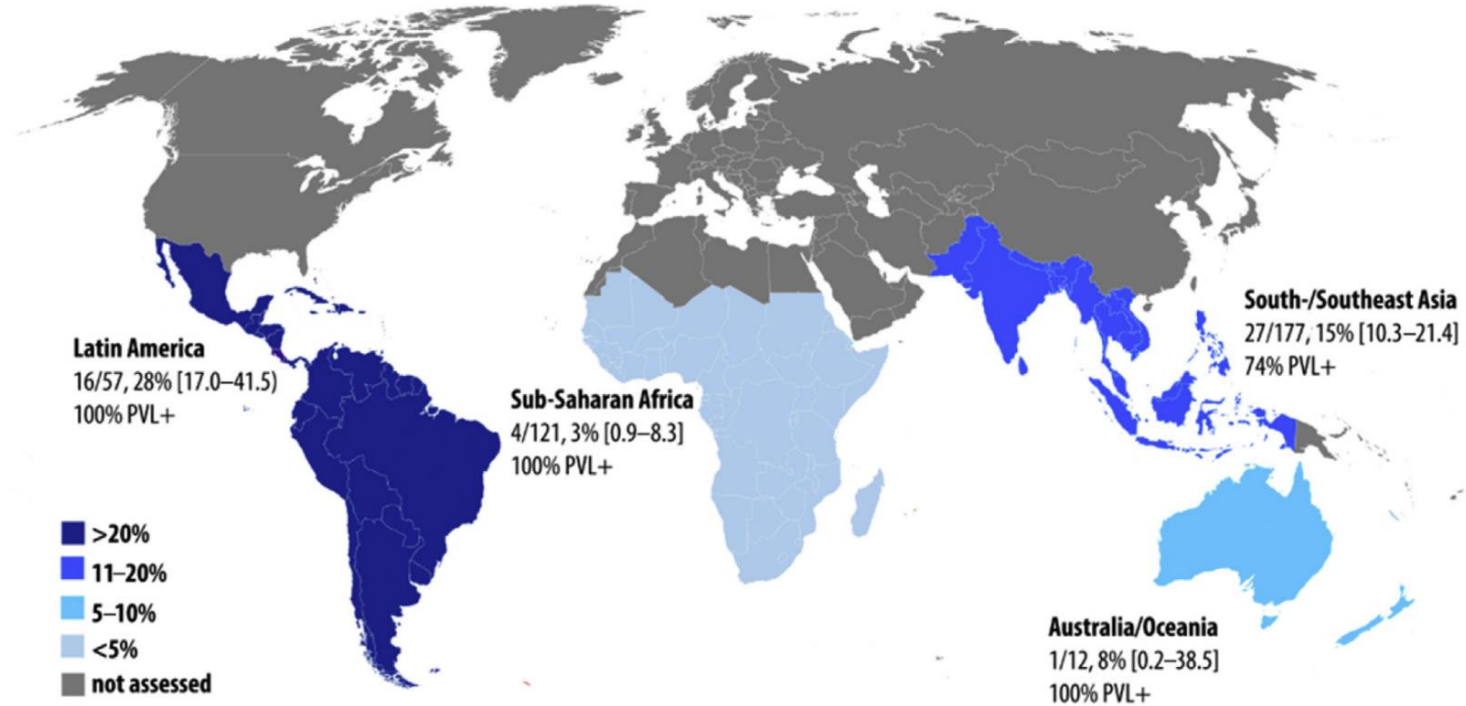
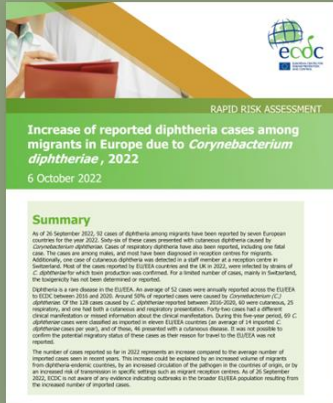


Fig. 1. Resistance to methicillin in *Staphylococcus aureus* imported to Europe, by region of travel destination, StaphTrav Network 2011–2016. Displayed and coded in blue are – for destinations with at least ten *S. aureus* submissions – prevalence estimates of methicillin-resistance (95% confidence interval) among *S. aureus* imported from a geographic region together with estimates of Pantón–Valentine leucocidin (PVL) -positive isolates among methicillin-resistant *S. aureus*. Not displayed are estimates for regions with less than ten *S. aureus* submitted, i.e. West Asia (2/3, 67% (9.4–99.2), 100% PVL+) and North Africa (1/4, 25% (0.6–80.6), 100% PVL+). Chi-squared-test with five degrees of freedom for H_0 : ‘The proportion of methicillin-resistant *S. aureus* is equally distributed over regions of travel destination.’ gives $p < 0.001$.

- 25 year-old male from Bangladesh
- 1 month and a half history of cutaneous itchy lesions.
- inguinal enlarged LNs
- no fever or other symptoms
- hiv test not available yet

Diagnosis

Cutaneous diphtheria































Dura ore anziché giorni/mesi



Lesione pruriginosa, fugace in paziente con eosinofilia che vive in Kenya un mese ogni anno...ama il giardinaggio









**World Health
Organization**

Leprosy is diagnosed by finding at least one of the following cardinal signs:

- (1) definite loss of sensation in a pale (hypopigmented) or reddish skin patch;
- (2) thickened or enlarged peripheral nerve, with loss of sensation and/or weakness of the muscles supplied by that nerve;
- (3) microscopic detection of bacilli in a slit-skin smear.





Piede di Madura

Lesione cronica ulcerativa comparsa un mese dopo
rientro da viaggio in Brasile (volontariato)





Endemic mycosis with worldwide distribution caused by the dimorphic fungus *Sporothrix schenckii*.

The vast majority of sporotrichosis infections are lymphocutaneous or fixed cutaneous forms, although osteoarticular, pulmonary, meningeal, and disseminated sporotrichosis may occur, especially in patients with diabetes, alcoholism, HIV, and haematological malignancies, but also in normal hosts.



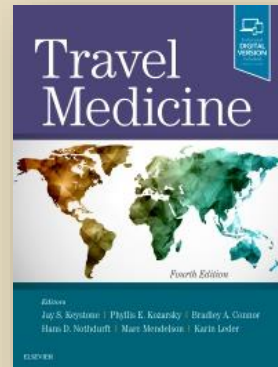
Diarrhea/chronic GI disorder



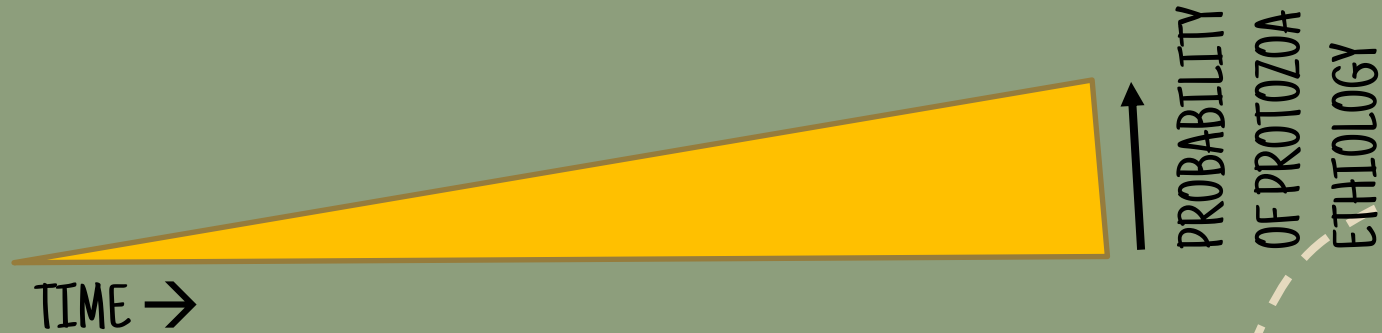
TABLE 18.3 Distribution of Enteropathogens Among Patients With Travelers' Diarrhea, 1973–2009

Pathogen	Latin America	Africa	South Asia (Indian Subcontinent)
Enterotoxigenic <i>E. coli</i>	34	31	31
Enteraggative <i>E. coli</i>	24	2	16
<i>Shigella</i>	7	9	8
<i>Salmonella</i>	4	6	7
<i>Campylobacter</i>	3	5	8
<i>Aeromonas</i>	2	3	3
<i>Plesiomonas</i>	3	3	5
<i>Norovirus</i>	17	13	12
Protozoa	3	3	9
No pathogen identified	49	45	39

Data for table derived from four published studies.^{136–139}



Chronic/recurrent diarrhoea in travellers



- The most common agents for protracted diarrhea in returning travelers are parasitic infections.
- The likelihood of parasitic etiology rises commensurately with the duration of diarrheal symptoms

Chronic diarrhea: etiology

Among travelers in Nepal with diarrhea **>14 days**, 27% were diagnosed with *Giardia*, in contrast to only 10% who had diarrhea <14 days. The differential for parasitic diarrhea is most likely to include *Giardia lamblia*, *Entamoeba histolytica*, *Cryptosporidium parvum*, *Cystoisospora belli* and *Cyclospora cayetanensis*.



Microsporidia and *Dientamoeba fragilis* are rare causes of persistent, low-grade gastrointestinal symptoms. Although the risk factors for intestinal parasites are not well defined, it appears that duration of stay is a major factor in acquiring a parasitic pathogen

TRAVELLERS' DIARRHEA AND IBS

COMPLICATIONS

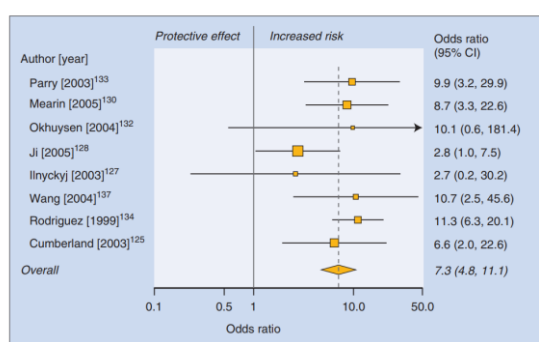


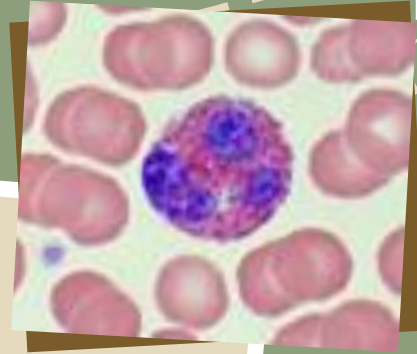
FIG. 18.3 Risk of postinfectious irritable bowel syndrome.¹³⁶

CURE

Intestinal flora
reconstitution

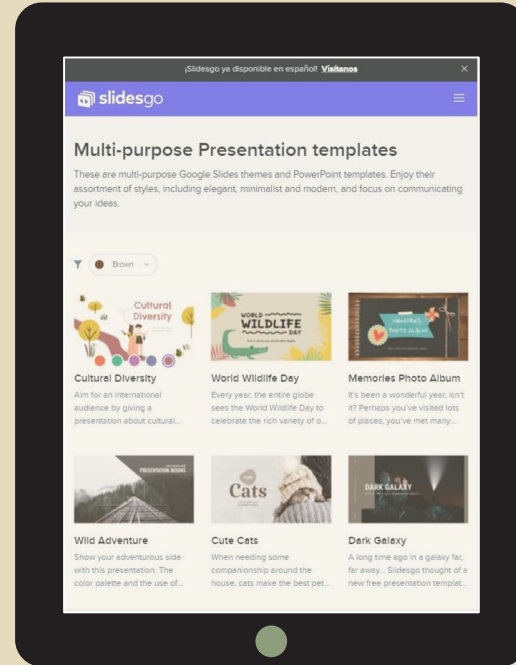
04

Pre and post-travel evaluation:
risk exposures/eosinophilia



Meaningful measures

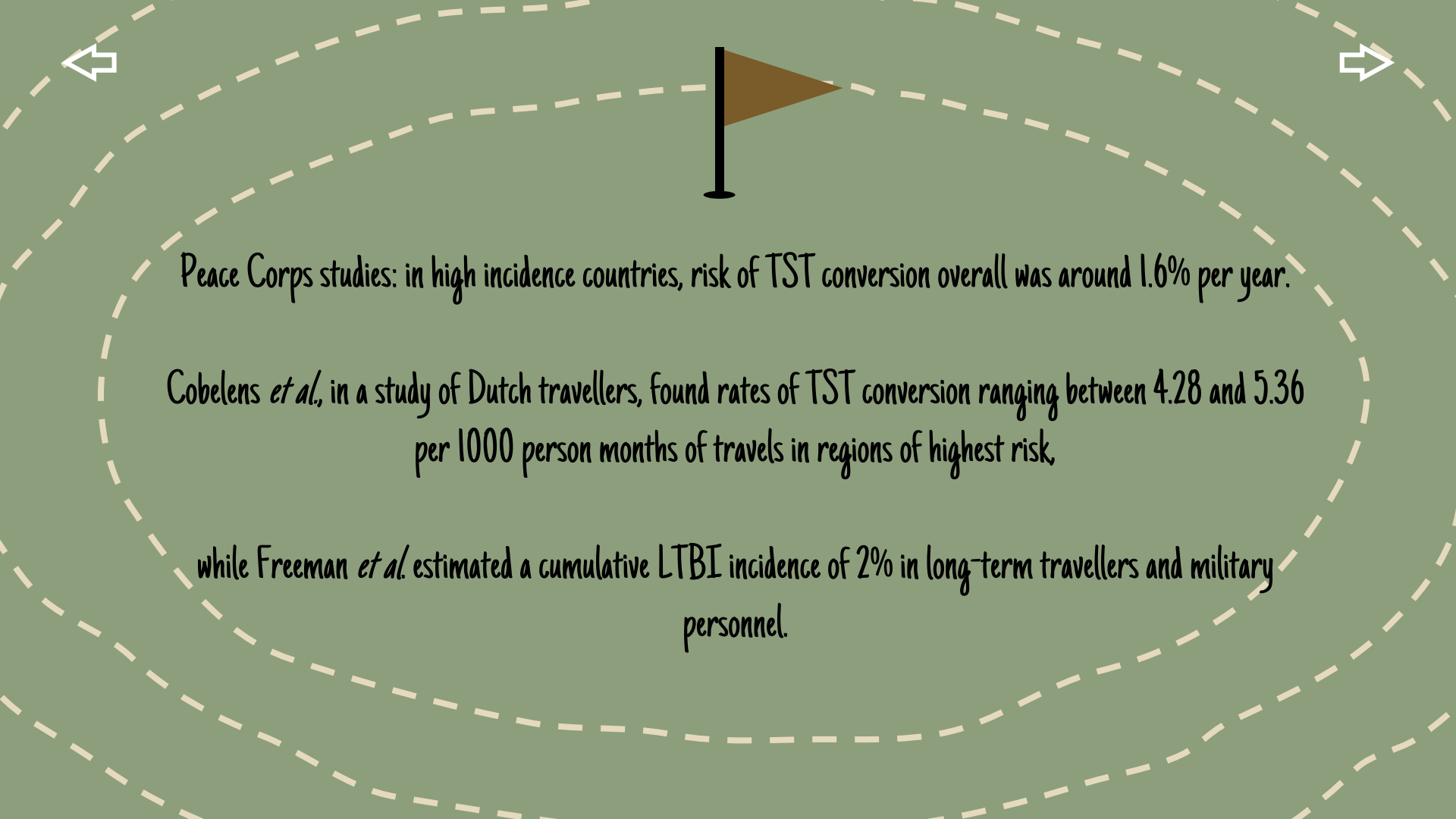
- Appropriate vaccination schedule completion
- For long-term travellers: TB IGRA evaluation, exposures evaluation?
- If asymptomatic assessment of eosinophilia?





TBC: no please!





Peace Corps studies: in high incidence countries, risk of TST conversion overall was around 1.6% per year.

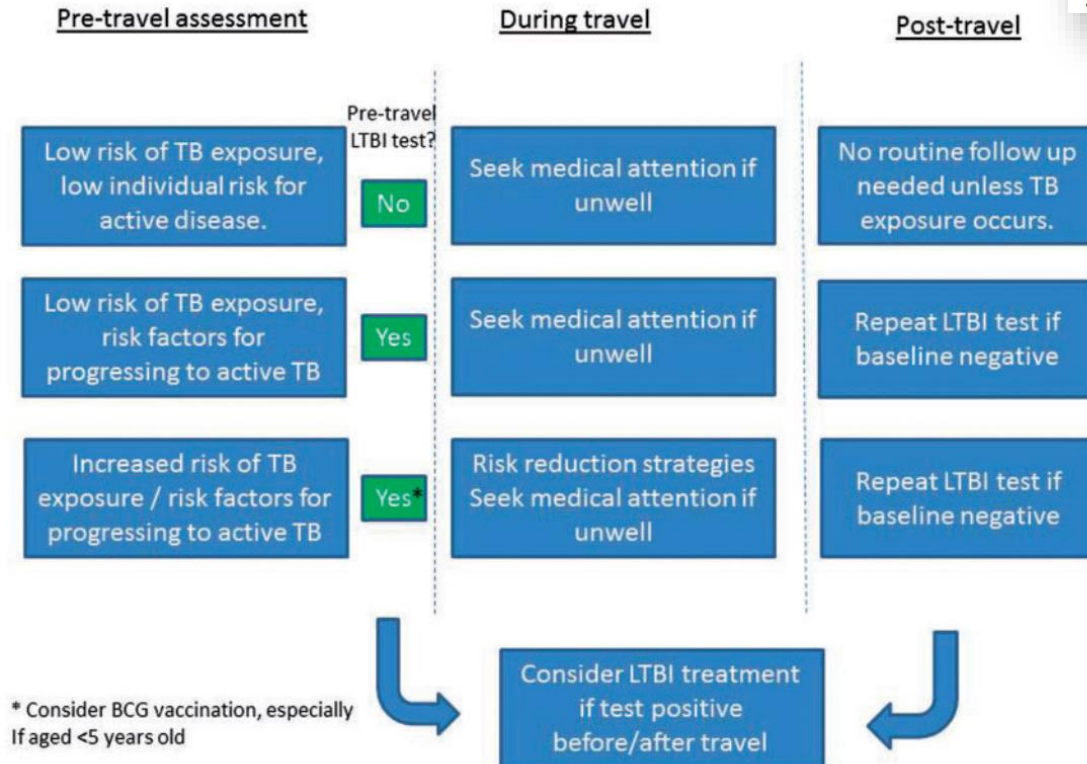
Cobelens *et al.*, in a study of Dutch travellers, found rates of TST conversion ranging between 4.28 and 5.36 per 1000 person months of travels in regions of highest risk,

while Freeman *et al.* estimated a cumulative LTBI incidence of 2% in long-term travellers and military personnel.

Review

Tuberculosis and the traveller: evaluating and reducing risk through travel consultation

Justin T. Denholm^{1,2,3*} and Irani Thevarajan^{3,4}





Eosinophilia

Definition of eosinophilia

Eosinophilia... defined as an absolute eosinophil count greater than $0.45 \times 10^9/L$, occurs in about 8-10% of migrants and travelers returning from the tropics who seek post-travel care.

Libman MD, MacLean JD, Gyorkos TW. Screening for schistosomiasis, filariasis, and strongyloidiasis among expatriates returning from the tropics. Clin Infect Dis. 1993;17:353-9.

Checkley AM, Chiodini PL, Dockrell DH, Bates I, Thwaites GE, Booth HL, Brown M, Wright SG, Grant AD, Mabey DC, Whitty CJ, Sanderson F; British Infection Society and Hospital for Tropical Diseases. Eosinophilia in returning travellers and migrants from the tropics: UK recommendations for investigation and initial management. J Infect. 2010 Jan;60(1):1-20.

Eosinophilia is a laboratory abnormality that is defined as a permanent increase in the number of circulating eosinophils above a generally accepted threshold of $0.5 \times 10^9/L$

Magnaval JF, Laurent G, Gaudré N, Fillaux J, Berry A. A diagnostic protocol designed for determining allergic causes in patients with blood eosinophilia. Mil Med Res. 2017 May 23;4:15.

Eosinophilia: introduction

- Eosinophilia occurs in up to 10% of travelers and may be caused by a variety of conditions, including allergies and asthma, drug hypersensitivity, infection, neoplasm, and other miscellaneous disorders.
- Although the utility of screening for eosinophilia in returned travelers remains controversial, eosinophilia may be the first (or only) indication of a condition associated with potentially serious sequelae, such as schistosomiasis or strongyloidiasis, and is often useful in guiding the diagnostic evaluation in symptomatic patients

TABLE 148-1 Noninfectious Causes of Peripheral Eosinophilia

Cause						
<i>Atopy</i>	<i>Dermatologic</i>	<i>Drug</i>	<i>Gastrointestinal</i>	<i>Hematologic</i>	<i>Vasculitis</i>	<i>Other</i>
Asthma Eczema Allergic rhinitis Seasonal rhinitis	Immunobullous disorders: dermatitis herpetiformis and pemphigoid Atopic dermatitis Eosinophilic cellulitis (Well's syndrome)	NSAIDs Beta-lactam antibiotics Sulfa-  containing antibiotics Tetracycline Acetylsalicylic acid Carbamazepine Colchicine Nitrofurantoin Dapsone Minocycline Statins and fibrates (11%)	Inflammatory bowel disease Eosinophilic gastroenteritis Chronic pancreatitis Eosinophilic cholangitis	Hodgkin lymphoma Non-Hodgkin lymphoma Chronic eosinophilic leukemia Systemic mastocytosis Chronic myelomonocytic leukemia Chronic myeloid leukemia Acute myeloid leukemia Myelodysplastic syndrome	Churg–Strauss syndrome Polyarteritis nodosa Wegener's granulomatosis Other connective tissue diseases and vasculitides Rheumatoid arthritis	Allergic bronchopulmonary aspergillosis Sarcoidosis Addison's disease Eosinophilic myocarditis Familial eosinophilic syndromes Heavy metal poisoning Idiopathic eosinophilic pneumonias Immunodeficiency syndromes Cholesterol embolization

NSAIDs, nonsteroidal anti-inflammatory drugs.



In a prospective cohort study of 824 patients receiving prolonged intravenous antibiotic therapy as outpatients, 25 percent developed eosinophilia (peak absolute eosinophil count ranging from 500 to 8610/mL, median 726/mL) after a median of 15 days of therapy

Cause parassitarie di eosinofilia

- Non tutti gli elminti si associano ad eosinofilia, ma solo quelli che in qualche stadio del loro ciclo vitale diventano tessuto-invasivi o per lo meno violano l'integrità di una barriera mucosa.
- Tra i più comuni segnaliamo *Ascaris lumbricoides* e la maggior parte dei nematodi, comprese le filarie; *Schistosoma mansoni* e altri trematodi; *Hymenolepis nana* e occasionalmente altri cestodi.

Cause non parassitarie di eosinofilia

- Anche nella cosiddetta “patologia di importazione” ci possiamo evidentemente imbattere in cause non parassitarie di eosinofilia, alcune particolarmente gravi (linfoma di Hodgkin, alcuni tumori solidi, malattie reumatiche), altre più banali ma più frequenti (uso prolungato di alcuni farmaci, malattie allergiche).
- Cause infettive NON parassitarie: Coccidioidomicosi, Basidiobolomicosi, TBC, HIV.

- È importante studiare una eosinofilia nel viaggiatore o nel migrante;

- RISCHIO DI SEQUELE

Malattia	Rischi/sequele
SCHISTOSOMIASI	Pseudocirrosi/ipert. portale; k vescica; aumenta trasmissione HIV
STRONGILOIDOSI	Rischio iperinfestazione/disseminata (immunodepresso)
TREMATODIASI (Fasciola, Opisthorchis, Clonorchis)	Ostruzione delle vie biliari, k colecisti o vie biliari
ECHINOCOCCOSI	Lesioni in sede di localizzazione (fegato, SNC...), anche tumor-like

Eosinophilia in Infectious Diseases



Elise M. O'Connell, MD^{*}, Thomas B. Nutman, MD

KEYWORDS

• Eosinophilia • Infection • Fever • Travel • Immigrant • Refugee

KEY POINTS

- Eosinophilia greater than 1000/ μ L in the setting of acute illness essentially excludes bacteria or viruses as an etiology for the acute illness.
- Strongyloidiasis is found worldwide, including in areas of the United States. Anyone with eosinophilia who comes from an endemic area should have a serologic test performed if available.
- Acute schistosomiasis should be suspected in any traveler returning from Africa with eosinophilia and fever.
- Immigrants or refugees can have very subtle or no symptoms from parasitic infections and often have very mild eosinophilia.
- Some helminth infections can persist for many years after acquisition.

Eosinophilia is asymptomatic in 21-33% of returning travelers and migrants; common causes of asymptomatic eosinophilia are intestinal helminths, schistosomiasis, strongyloidiasis and filariasis.

Whetham J, Day JN, Armstrong M, Chiodini PL, Whitty CJ. Investigation of tropical eosinophilia: assessing a strategy based on geographical area. *J Infect* 2003;46:180e5.

Schulte C, Krebs B, Jelinek T, Nothdurft HD, von Sonnenburg F, Loßcher T. Diagnostic significance of blood eosinophilia in returning travelers. *Clin Infect Dis* 2002;34:407e11.



Eosinophilia in returning travellers and migrants from the tropics: UK recommendations for investigation and initial management

Anna M. Checkley^{a,*}, Peter L. Chiodini^a, David H. Dockrell^b, Imelda Bates^c, Guy E. Thwaites^a, Helen L. Booth^d, Michael Brown^a, Stephen G. Wright^a, Alison D. Grant^a, David C. Mabey^a, Christopher J.M. Whitty^a, Frances Sanderson^e, On behalf of the British Infection Society and The Hospital for Tropical Diseases



Sistema nazionale per le linee guida

I controlli alla frontiera

La frontiera dei controlli

Controlli sanitari all'arrivo
e percorsi di tutela per i migranti
ospiti nei centri di accoglienza

Lg

LINEA GUIDA

SALUTE MIGRANTI

http://www.salute.gov.it/imgs/C_17_publicazioni_2624_allegato.pdf

• Quesito 9 •

È indicata l'esecuzione di un esame parassitologico delle feci come screening delle parassitosi intestinali nei migranti durante il percorso di accoglienza? È indicato un programma di screening dello *Strongyloides*? È indicato un programma di screening dello *Schistosoma*?

R9.1 – Si raccomanda di considerare, nel contesto della valutazione medica iniziale e durante tutte le fasi del percorso di accoglienza, la presenza di sintomi quali diarrea, dolori addominali, nausea, vomito, prurito, ematuria (anche anamnestic), in quanto suggestivi di parassitosi. **Grado A**

R9.2 – Nel corso degli accertamenti clinici, il riscontro di eosinofilia deve essere considerato quale possibile marcatore indiretto di elmintiasi. **Grado A**

R9.3 – In presenza di segni e sintomi compatibili con parassitosi intestinale e/o di eosinofilia, si raccomanda di offrire l'esame coproparassitologico per rilevare l'eventuale presenza di parassiti intestinali. **Grado A**

R9.4 – Nei migranti, anche asintomatici, che hanno vissuto o viaggiato in aree endemiche per strongiloidosi* e schistosomiasi (si veda allegato 6), è raccomandato l'esame sierologico, nell'ambito della presa in carico sanitaria. Il riscontro di sierologia positiva per *Strongyloides stercoralis* e *Schistosoma spp*, in soggetti non trattati di recente, deve essere considerato come infezione in atto e come tale meritevole di trattamento. **Grado A**

* Lo *S. stercoralis* è tendenzialmente ubiquitario e comunemente distribuito nei paesi tropicali e subtropicali, con elevata endemia nel Sud-Est asiatico, in Africa e in Sud America.

http://www.salute.gov.it/imgs/C_17_pubblicazioni_2624_allegato.pdf

Schistosomiasi e sintomi

- 57,1% asintomatici/sintomi aspecifici



ELSEVIER

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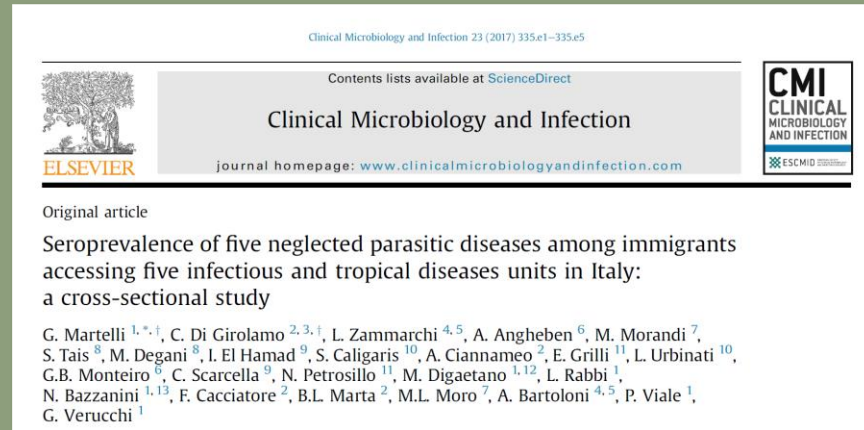


Original article

Seroprevalence of five neglected parasitic diseases among immigrants accessing five infectious and tropical diseases units in Italy: a cross-sectional study

G. Martelli^{1,*}, C. Di Girolamo^{2,3}, L. Zammarchi^{4,5}, A. Angheben⁶, M. Morandi⁷, S. Tais⁸, M. Degani⁸, I. El Hamad⁹, S. Caligaris¹⁰, A. Ciannaméo², E. Grilli¹¹, L. Urbinati¹⁰, G.B. Monteiro⁶, C. Scarcella⁹, N. Petrosillo¹¹, M. Digaetano^{1,12}, L. Rabbi¹, N. Bazzanini^{1,13}, F. Cacciatore², B.L. Marta², M.L. Moro⁷, A. Bartoloni^{4,5}, P. Viale¹, G. Verucchi¹

Eosinofilia e schistosomiasi



- Schistosomiasi nei pazienti con eosinofilia
6/82 (7,3%)
- Schistosomiasi nei pazienti senza eosinofilia
29/489 (5,9%)

Schistosomiasis presenting in travellers: a 15 year observational study at the Hospital for Tropical Diseases, London

Cordelia E. M. Coltart^{a,b,*}, Anastasia Chew^a, Neill Storrar^a, Margaret Armstrong^a, Natalie Suff^a, Leila Morris^c, Peter L. Chiodini^{a,b} and Christopher J. M. Whitty^{a,b}

^aThe Hospital for Tropical Diseases, UCLH, Capper Street, London WC1E 6JB, UK; ^bThe London School of Hygiene & Tropical Medicine, Keppel Street, London WC1E 7HT, UK; ^cUniversity College London Medical School, Gower Street, London, WC1E 6BT, UK

Table 3. *Schistosoma haematobium* vs *Schistosoma mansoni* microscopy positive cases: a comparison of eosinophilia, serology results, country of acquisition, and type of patient (i.e., tourist vs other)

	<i>S. haematobium</i>	<i>S. mansoni</i>
Number (n=275) ^a	204 (74.2%)	61 (21.8%)
Proportion of tourists vs other ^b	98 (48.0%) tourists vs 97 (47.5%) other	18 (29.5%) tourists vs 43 (70.5%) other
Eosinophilia	86/167 (51.5%) No difference observed between tourists and other subgroups	22/47 (46.8%) No difference observed between tourists and other subgroups
Serology	Tourists 86/93 (92.5%) Other 73/93 (78.5%) p=0.007	Tourists 14/14 (100%) Other 34/40 (85.0%) p=0.12
Country of travel ^c (no. of cases)	Malawi (109), Zimbabwe (43), Ghana (25) Countries with 1–10 cases: Somalia, Kenya, Nigeria, Zambia, South Africa, Uganda, Sudan, Botswana, Egypt, Tanzania, Angola, Mozambique, Mali, Sierra Leone, Namibia, Nepal, Madagascar, Swaziland	Uganda (19), Malawi (8) Countries with 1–5 cases: Kenya, Sudan, Ethiopia, Sierra Leone, Zimbabwe, Nigeria, Congo, Rwanda, Tanzania, Ghana, Zaire, Angola, Benin, Brazil, Egypt, Eritrea, Liberia, PNG, Somalia, South Africa, Thailand

^a Mixed infection with *S. haematobium* and *S. mansoni* was seen in 3 cases (Ghana and Zimbabwe). *S. japonicum* was detected in two cases (both from Philippines). The species of infection was not stated in 2 cases.

^b Where reason for travel known.

^c Where patients travelled to more than one endemic country all countries are listed.

Schistosomiasis presenting in travellers: a 15 year observational study at the Hospital for Tropical Diseases, London

Cordelia E. M. Coltart^{a,b,*}, Anastasia Chew^a, Neill Storrar^a, Margaret Armstrong^a, Natalie Suff^a, Leila Morris^c, Peter L. Chiodini^{a,b} and Christopher J. M. Whitty^{a,b}

^aThe Hospital for Tropical Diseases, UCLH, Capper Street, London WC1E 6JB, UK; ^bThe London School of Hygiene & Tropical Medicine, Keppel Street, London WC1E 7HT, UK; ^cUniversity College London Medical School, Gower Street, London, WC1E 6BT, UK

C. E. M. Coltart et al.

Table 2. Symptoms reported in cases of imported schistosomiasis

Symptoms	No. patients n=1020	Ova-positive haematobium cases n=181	Ova-positive mansoni cases n=60	Time from exposure to presentation (weeks: mean and range) n=409
Asymptomatic	368 (36.1%)	37 (20.4%)	15 (25.0%)	28 (16–104)

Epidemiology of *Strongyloides stercoralis* in northern Italy: results of a multicentre case–control study, February 2013 to July 2014

D Buonfrate ¹, M Baldissera ², F Abrescia ³, M Bassetti ⁴, G Caramaschi ⁵, M Giobbia ⁶, M Mascarello ⁷, P Rodari ⁸, N Scattolo ⁹, G Napoletano ², Z Bissofi ¹, on behalf of the CCM Strongyloides Study Group ¹⁰

1. Centre for Tropical Diseases, Sacro Cuore Hospital, Negrar (Verona), Italy

2. Prevention Department, ULSS20, Verona, Italy

3. Medici per la Pace Onlus, Verona, Italy

4. University Hospital of Udine, Udine, Italy

5. Servizio di Medicina di Laboratorio, Azienda Ospedaliera Carlo Poma, Mantova, Italy

6. Infectious Diseases Department, Ca' Foncello Hospital, Treviso, Italy

7. Department of Infectious Diseases, University Hospital of Trieste, Trieste, Italy

8. University Department of Infectious and Tropical Diseases, University of Brescia and Spedali Civili General Hospital, Brescia, Italy

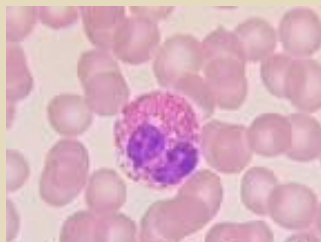
9. Laboratorio Analisi, Ospedale Fracastoro, San Bonifacio (Verona), Italy

10. Members of the group are listed at the end of the article

Correspondence: Dora Buonfrate (dora.buonfrate@sacrocuore.it)

Citation style for this article:

Buonfrate D, Baldissera M, Abrescia F, Bassetti M, Caramaschi G, Giobbia M, Mascarello M, Rodari P, Scattolo N, Napoletano G, Bissofi Z, on behalf of the CCM Strongyloides Study Group. Epidemiology of *Strongyloides stercoralis* in northern Italy: results of a multicentre case–control study, February 2013 to July 2014. Euro Surveill. 2016;21(31):pii=30310. DOI: <http://dx.doi.org/10.2807/1560-7917.ES.2016.21.31.30310>



Positivi: soggetti con e senza eosinofilia

Pazienti sottoposti a screening:
2714

- Nelle province esaminate, la prevalenza di strongiloidosi negli **italiani** nati prima del 1951 e con **eosinofilia** è rilevante (8%)
- La prevalenza risulta ancora maggiore negli **immigrati** (17% dei soggetti con **eosinofilia**)
- In entrambi i gruppi (italiani e immigrati), i soggetti con eosinofilia presentano probabilità significativamente maggiore (O.R: 8,82) di essere affetti da strongiloidosi, rispetto ai soggetti senza eosinofilia

Sottogruppo	Eosinofilia	Positivi	No eosinofilia	Positivi	Odds Ratio (95% C.I.)
Italiani	1145	93 (8%)	1181	13 (1%)	7,49 (4,39-15,56)
Immigrati	216	37 (17%)	172	3 (1.7%)	11,64 (3,57-59,85)



Tempi di latenza e durata dell'eosinofilia per alcune elmintiasi

Specie elmintica	Latenza eosin.	Massima eosin.	Normaliz.	Possibile diagnosi diretta	Vita media (max)
<i>A. lumbricoides</i>	ca. 7 gg.	10-30 gg.	Mesi	60-75 gg.	1 a. (2-3)
Ancilostomi (<i>A. d.</i> , <i>N. a.</i>)	10-15 giorni	1-2 mesi	Anni	40-60 gg. (<i>N. a.</i>)	5 a. (15)
<i>S. stercoralis</i>	7-10 gg.	Picchi ciclici	Anni o mai	≥ 20 gg.	?
<i>S. mansoni</i>	7-15 gg.	3 - 8 sett.	Anni	60-90 gg. o più	3-10 a. (20-30)

Indagini parassitologiche in caso di eosinofilia

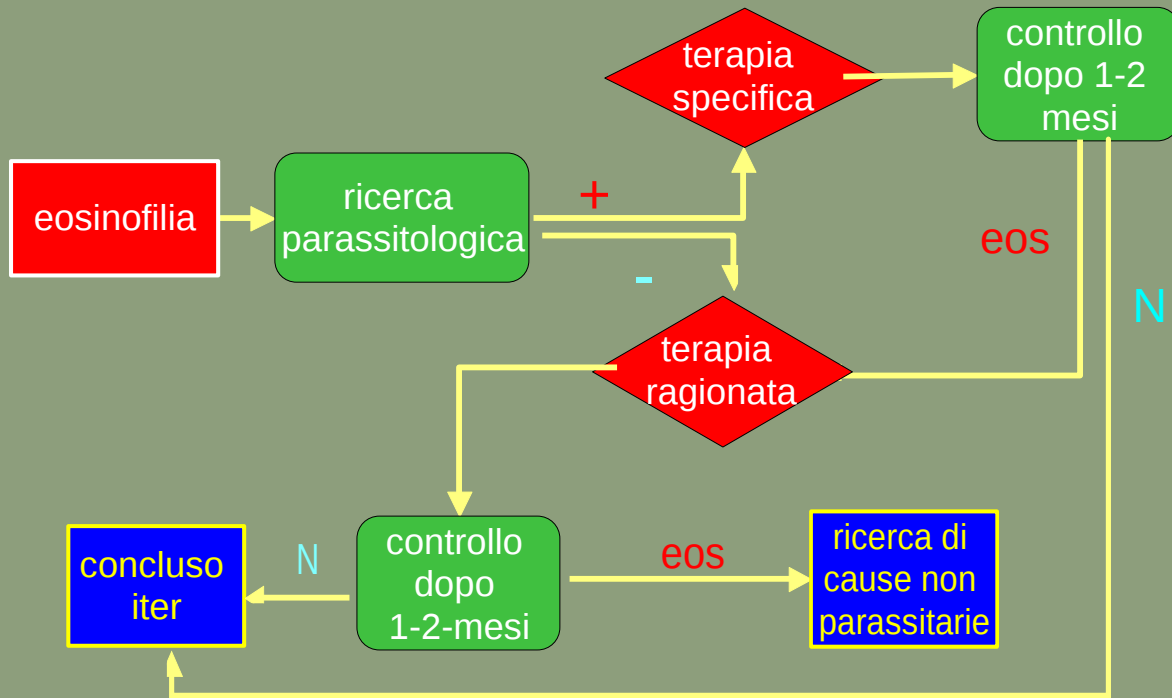
I Livello

- Esame copromicroscopico (3 campioni, con arricchimento sec Ritchie o equivalente)
- Esame uroparassitologico (epidemiologia!)
- Sierologia per filaria
- (Coprocultura e) sierologia per *Strongyloides stercoralis*
- Sierologia per schistosoma (epidemiologia!)

II Livello

- Sierologia per *Toxocara*
- Altre sierologie su indicazione specifica (fasciola, gnatostoma...)
- Ricerca microfilarie notturne e diurne, dopo leuco-concentrazione di 10 cc. di sangue (epidemiologia!)
- Ricerca microfilarie cutanee (epidemiologia!)

Approccio all'eosinofilia asintomatica



Tx antielmintica ad ampio spettro

- Combinazione di praziquantel 40 mg/Kg in due dosi refratte (4 ore) → 1 giorno
- Ivermectina 200 mcg/Kg (o 400 mcg/Kg se zona di filarie)
- Albendazolo 400 mg bid per cinque giorni



←

Dermatol Ther (Heidelb) (2019) 9:631–638
<https://doi.org/10.1007/s13555-019-00324-3>

REVIEW

Delusions of Parasitosis: An Update

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05

DELUSIONAL PARASITOSIS

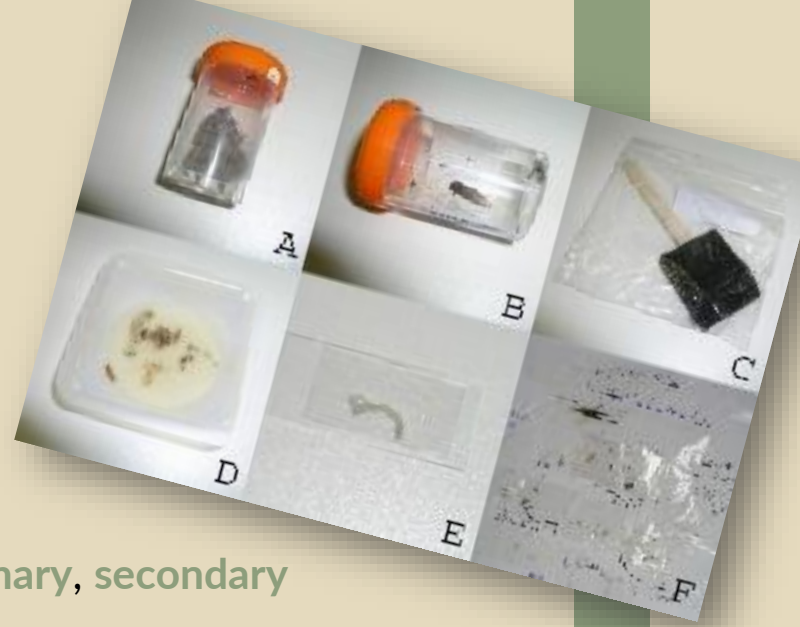




Delusional parasitosis (DP), also known as **delusional infestation** or **Ekbom syndrome**, is a relatively infrequent* psychotic disorder characterized by an unwavering false belief that there is a parasitic infestation of the skin, despite the absence of any medical evidence that could support this claim.

The disorder is most frequently seen in middle-aged, often socially isolated, women (the average age is 57 ± 14 years).

*The mean number of cases of DP per institution or hospital per year has been found to range from 0.6 to 20.



Delusional parasitosis can be categorized into **primary**, **secondary (functional)**, and **organic forms**.

- 1) In **primary** delusional parasitosis, the patient has the delusion of being infested with parasites but no other psychiatric or organic disorders is present.
- 2) The **secondary (functional)** and **organic forms** of delusional parasitosis occur secondarily to other disorders, namely **psychiatric** and **organic disease**, respectively.

DP: features

- Patients suffering from this delusion have a strong sensation of movement under the skin, believing that the symptoms are caused by the presence of parasites. This is often accompanied by tactile hallucinations or paresthesias.
- Excoriation, discreet bruises, erosion, and attempts to remove parasites. Additional application of aggressive chemical ointments.
- To prove the infestation, patients may bring various "proofs," which the patient has placed various "specimen signs," or, more recently, "specimen signs," or, more recently, "specimen signs."
- Sometimes, close relatives also experience similar symptoms. This is known as shared delirium, which affects 15% of cases and is known as shared delirium.



FIG. 1. Specimen sign. Patients provide all kinds of proof of infestation, in this case a matchbox filled with skin particles and crusts on a piece of white cotton.

DP

- Patients with delusional parasitosis frequently seek help from **many** physician.
- For many patients, a sense of a lack of understanding leads to isolation and the development of depression symptoms, which is why it is crucial **to earn the trust of these patients** while taking care of them.



Before starting pharmacological treatment, patients with mild symptoms should try cognitive behavioral therapy (CBT).



Treatment

Currently, second-generation antipsychotics such as **risperidone** or **olanzapine** are considered first-line therapies, mostly due to their safer profiles and better tolerabilities.

A good alternative could be **aripiprazole**, which has the smallest side effect profile and does not cause weight gain. However, only seven case reports have described its efficacy in delusional parasitosis

Tricks

- Effective treatment requires a good physician–patient relationship. Patients should always feel that their disease is being taken seriously; any discussion of the reality of the alleged parasite infestation is inadvisable

- The patient should be made aware that the antipsychotics are not prescribed to treat schizophrenia, and that many of the medications commonly used in psychiatry are also used in dermatological practice due to the presence of an antihistaminic component.

The majority of the symptoms of delusional parasitosis disappear when the patient is receiving psychopharmacological therapy. However, with delusional disorders, there is always a risk of recurrence





THANKS!



Do you have any questions?
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