

CONGRESSO NAZIONALE

AGGIORNAMENTI INFETTIVOLOGICI: HIV, EPATITI &...

Firenze, 27-29 Gennaio 2025

SEDE DEL CONGRESSO
Centro Congressi Hotel Albani

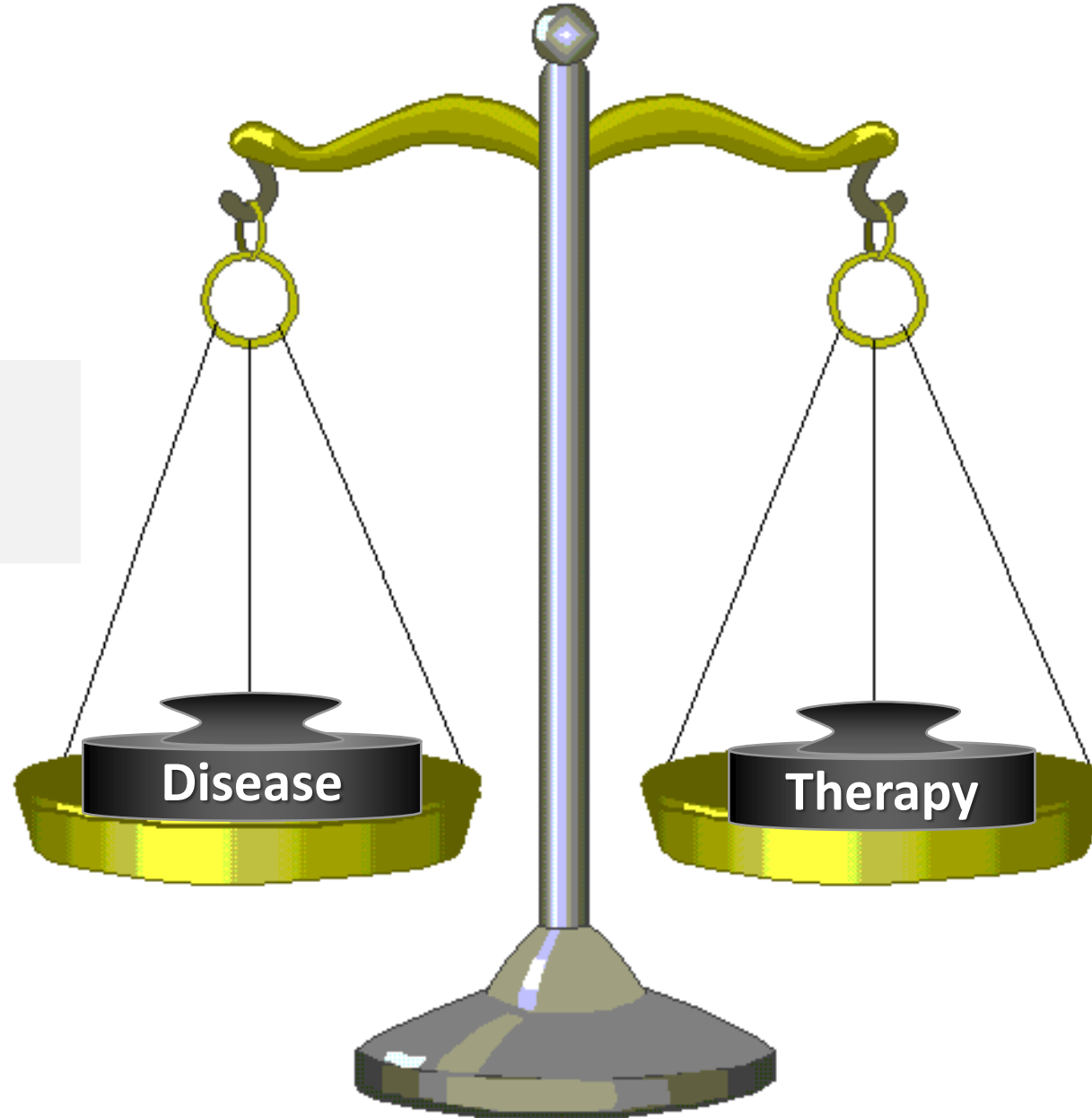
HBV: trattare tutti i viremici?

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UO Epatologia – Azienda Ospedaliero Universitaria Pisana -
Centro Riferimento Regionale *“Diagnosi e trattamento delle
epatopatie croniche e del tumore di fegato”*

Treatment decision making

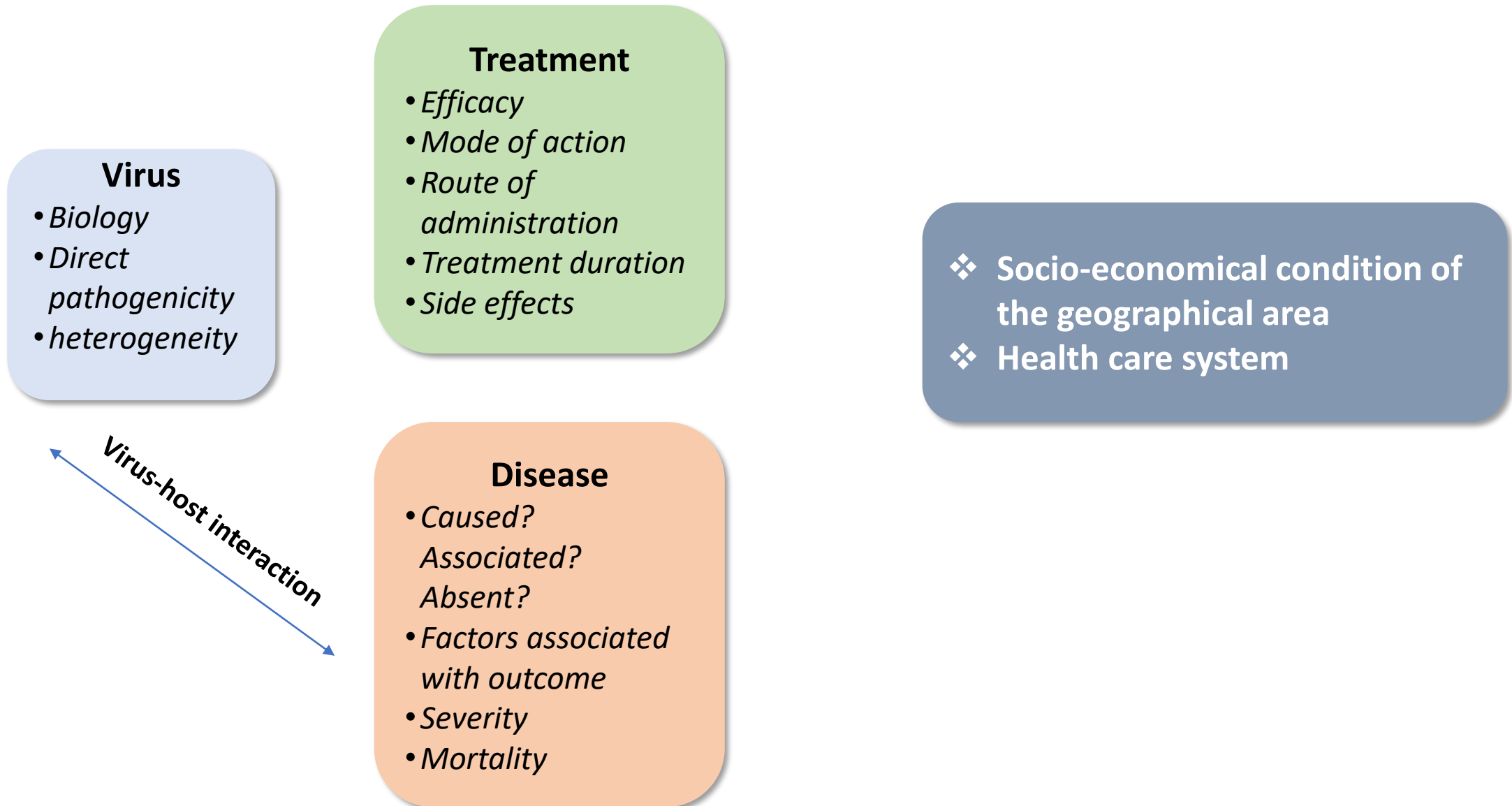
- mortality
- morbidity
- progression rate



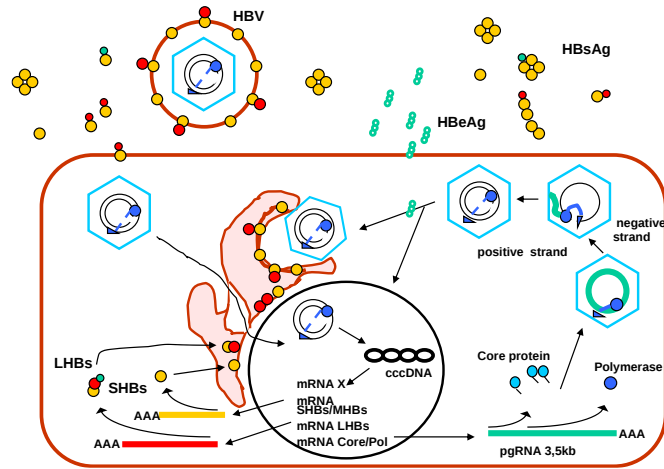
Available drugs:

- efficacy
- side effects

Factors influencing the criteria to treat a subject with a viral infection



HBV



DNA

high

yes

one

no
cccDNA

Genome

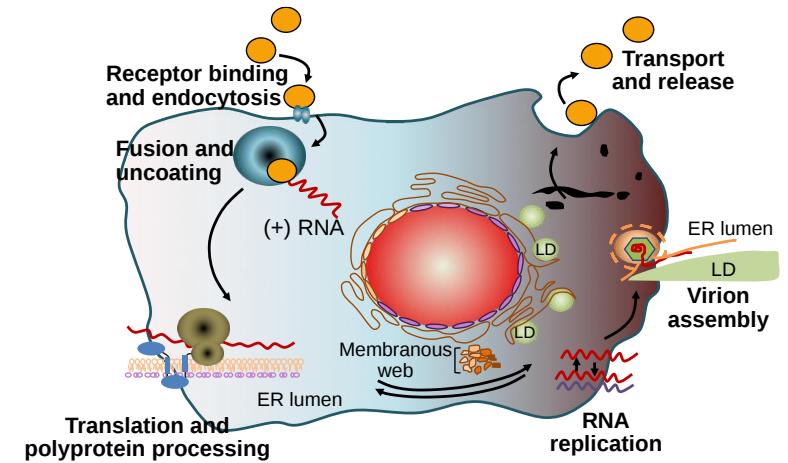
Mutation rate

Viral genetic
achieving

Drug target

Viral
clearance

HCV



RNA

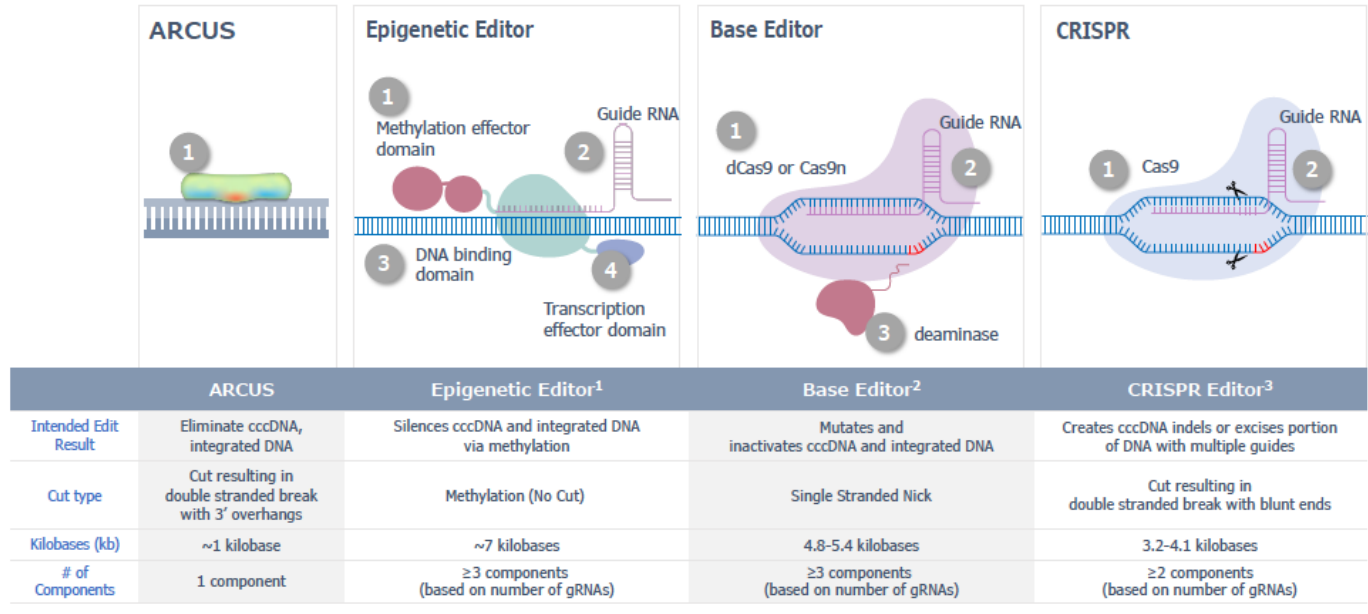
very High

no

multiple

yes

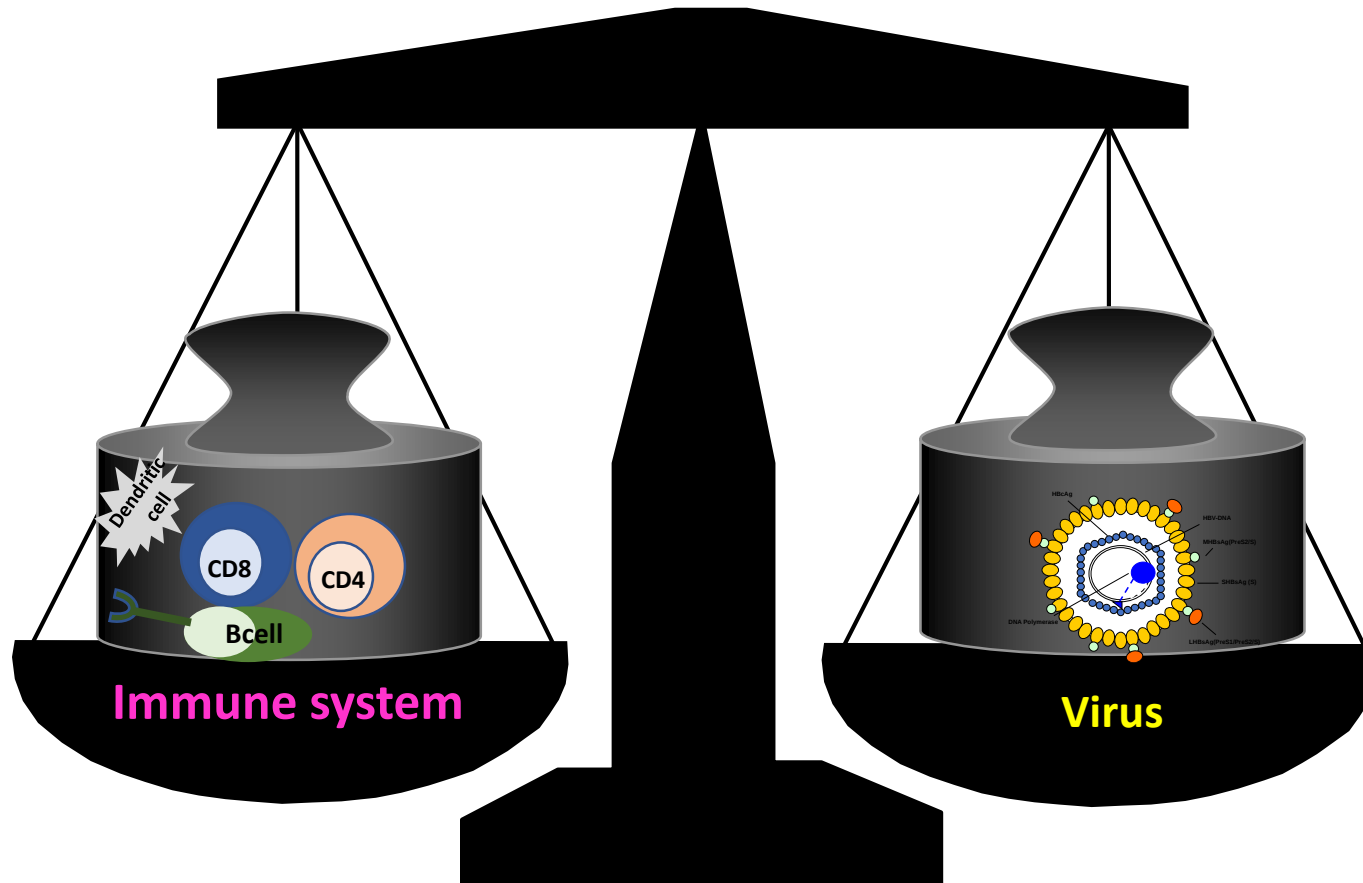
Gene Editors Include Components to Identify the Target Site and Make a Cut Epigenome Editors Include a Methylation Effector



Critical issues to overcome

- Optimize the delivery to target sequences within cccDNA
- Guide RNA (gRNA) should target both cccDNA and intDNA
- Possible mismatches of gRNA with unconserved HBV sequences
- Repair of cut cccDNA → recovery of transcriptional activity
- Cutting integrated HBVDNA could cause chromosomal translocation?
- No on-target effect (translocation or oncogenic)
- No off-target effect
- No germline editing
- Long term safety

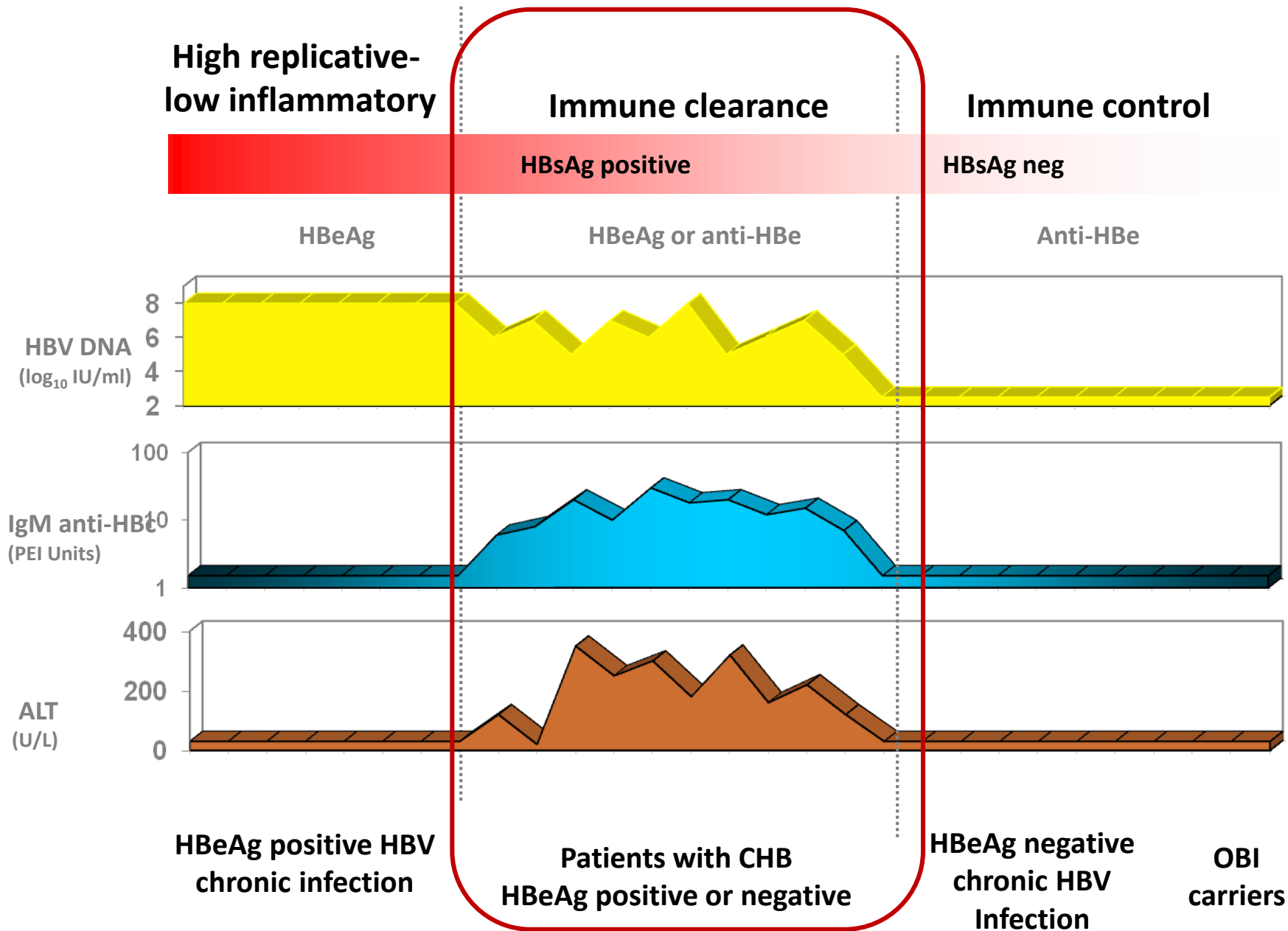
Outcome of hepatitis B virus infection and liver disease



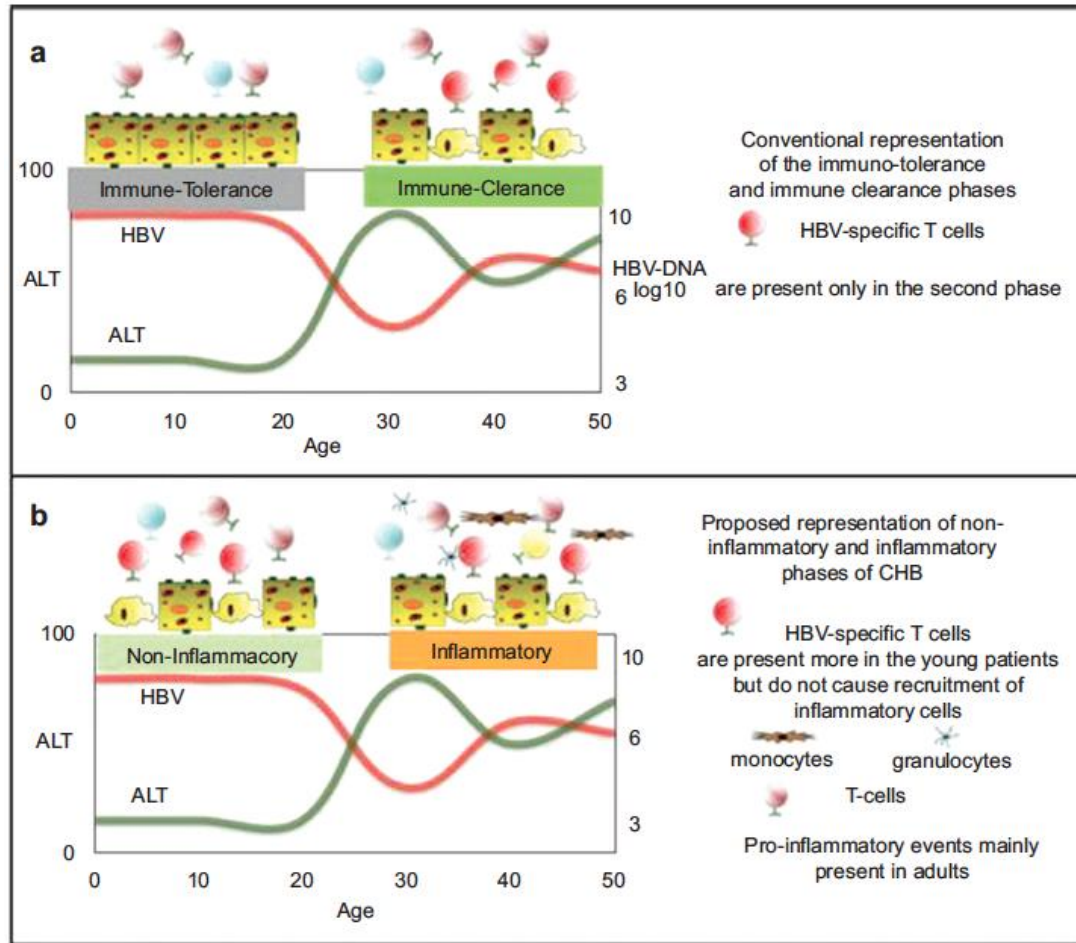
A coordinated humoral and cellular immune response may control HBV infection, allowing its persistence without liver damage

The unique HBV biology in the context of liver physiology, allows the virus to replicate without liver damage

Natural history of Chronic Hepatitis B Virus Infection



The immune tolerant phase of chronic HBV infection: new perspectives on an old concept



A change in TLR-mediated immune response during life could explain the findings:

- anti-inflammatory cytokines (IL-10) production prevails in children as compared to adults.
- pro-inflammatory cytokines (IL-1-beta, TNF- α) increase during early life until they reach the state of chronic low grade systemic inflammation (inflammaging) that is characteristic of elderly.
- T-cell response shifts from a Th2/Treg type response in newborns to a more Th1 response in children/adults with a progressive increase of effector T-cell pools, more sensitive to cytokines-mediated activation

- **Adolescents** with chronic HBV infection **do not show any tolerogenic T-cell features**; they could mount a normal Th1 T-cell response and harbour HBV-specific T cells.
- These **HBV-specific T cell** were **quantitatively and functionally superior** to those found in HBV infected adults in the “immune-clearance phase”.

The immune tolerant phase of chronic HBV infection: new perspectives on an old concept

Should more data support the proposed thinking, some practical consequences might arise:

- if **young CHB patients** exhibit a **more conserved HBV-specific immune response**, than that observed in adult patients, but do not trigger a full blown pro-inflammatory reaction; **therapy designed to boost HBV specific immunity** (vaccine therapy, check points inhibitors) is **more likely to be successful** and indeed less damaging in young patients.
- we should start to consider and evaluate CHB in adults as an inflammatory rather than a viral induced disease.
- The efficacy of therapy based on suppressing platelet function in blocking the development of HCC in HBV transgenic mice represents the first step towards this analysis.

Entecavir and Peg-IFN in Adults with HBeAg pos immune-tolerant chronic HBV infection

- **28** HBeAg pos, HBV-DNA >10⁷ IU/ml and ALT < 1.5 ULN
- 27 were Asians, median age 37.2 (22.2-61.2) years
- ETV 0.5 mg/die for 8 weeks followed by combination of ETV + Peg-IFN for 40 weeks

	EOT	EOF
	Number (%)	Number (%)
Endpoints	0	0
HBsAg loss	0	0
HBeAg loss	1 (4)	1 (4)
HBeAg seroconversion	1 (4)	1 (4)
HBV-DNA < 20 IU/ml	5 (18)	0
HBV-DNA < 1000 IU/ml	26 (93)	0
ALT < 1 x ULN	11 (39)	13 (46)
ALT < 1.5 ULN	16 (57)	21 (46)
Primary endpoints		
HBeAg loss/HBV-DNA < 1000 IU/ml	1 (4)	0

- 70% of pts had had 2 x ALT elevation when Peg-IFN was added
- 30% had 5x ALT elevation

A lead in strategy of 8 weeks of ETV followed by combination therapy with Peg-IFN had limited efficacy in adults IT phase and cannot be recommended

High risk of HCC and death in patients with immune-tolerant-phase chronic hepatitis B

4535 HBeAg positive carriers with HBV-DNA > 20000 IU/ml

Immune tolerant (IT)

464 with ALT <1xULN

1 y fu

51 → IA

413

During 6.3 y median fu

24 HCC
18 death/LT

Immune Active (IA)

2724 with ALT >2 ULN

1227 no NUC

1497

54 HCC
34 death/LT

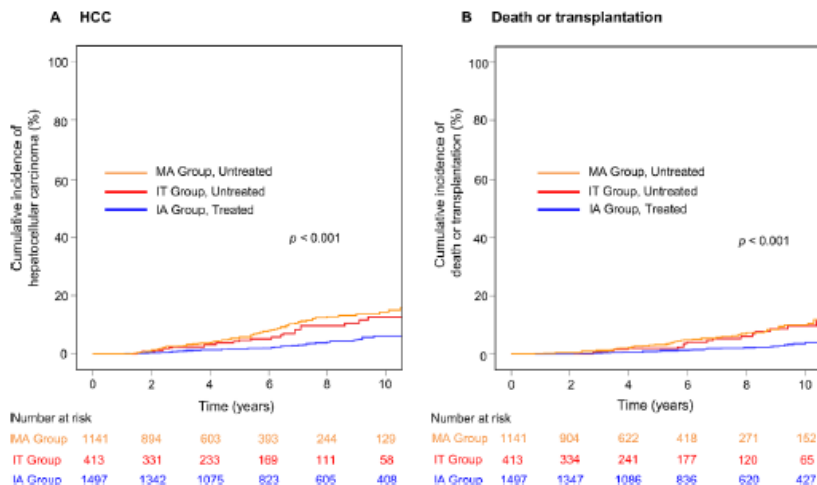
Midly Active (MA)

1347 ALT 1-2xULN

206 → IA

1141

83 HCC
52 death/LT



Factors predictors of clinical events

- ✓ **Older age** (HR 1.07), **male sex** (HR 2.3), **lower HBV-DNA levels** (HR 0.62) and **lower PLTS levels** (HR 0.99)
- ✓ Baseline **HBV-DNA serum levels** were **comparable** between IT and IA (8.0 vs 7.7 log IU/ml, $p=0.20$)

Extremely low risk of hepatocellular carcinoma development in patients with chronic hepatitis B in immune-tolerant phase

946 IT Carriers (HBeAg pos, HBV-DNA >20 000 IU/mL and ALT ≤40 IU/L) enrolled between 1989 and 2017

- Mean age 36.7 years, 429 men, 517 women
- Mean ALT 24.6 U/l, mean HBV-DNA levels were 8.50 log₁₀ IU/mL
- 476 (**50.3%**) patients **remained in IT** phase throughout the study period (**median: 63.6 months**).
- The cumulative **incidence** rate of **phase change** was **70.7%** at **10 years**
- The cumulative **incidence** of **HCC** was **1.7%** at **10 years**
- Multivariate analyses revealed that **HBV-DNA level >10⁷ IU/mL** was associated independently with a **reduced risk of phase change** (hazard ratio [HR] = 0.734, *P* = 0.008), whereas a **high ALT level**, above 34 IU/L for men and 30 IU/L for women, was associated independently with a **greater risk of phase change** (HR = 1.885, *P* < 0.001).

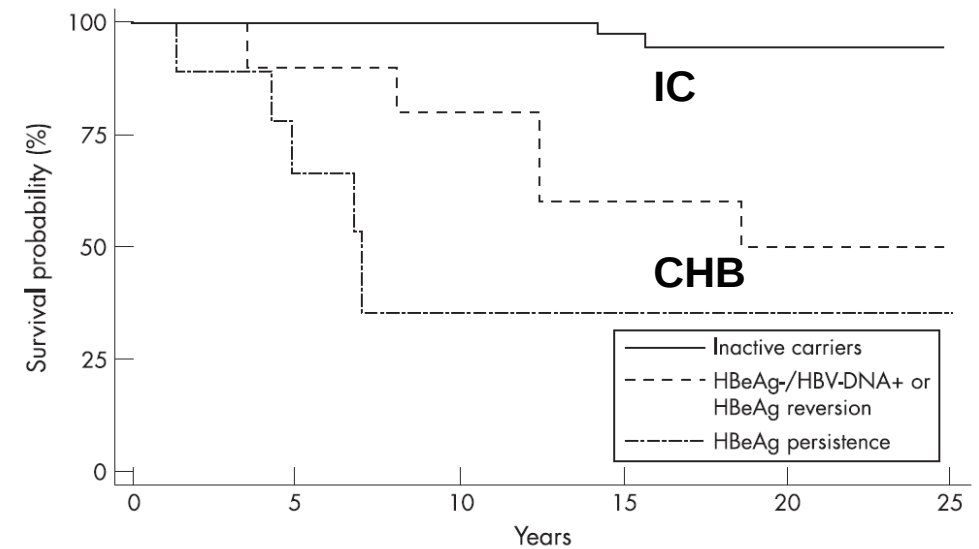
The **criterion of HBV-DNA level > 10⁷ IU/mL** may be useful to define **immune-tolerant phase**.
In addition, an **extremely low risk of HCC** development was observed in patients with **CHB in immune-tolerant phase**.

HBeAg negative infection: clinical outcome

Long-term outcome of chronic hepatitis B in Caucasian patients: mortality after 25 years.

Fattovich et al, Gut. 2008;57(1):84-90.

- 40 IC: 2 (5%) liver related death (HCC → 2 of 7 patients with cirrhosis at the time of HBeAg → anti-HBs seroconversion)

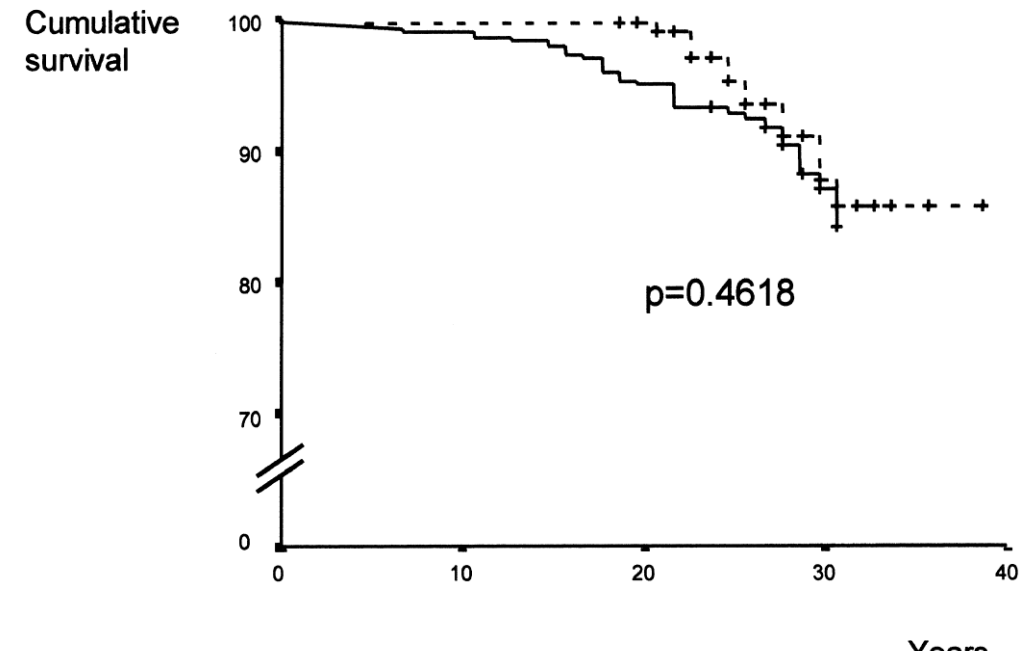


Patients at risk						
Inactive carriers	40	40	39	37	34	28
HBeAg-/HBV-DNA+ or HBeAg reversion	10	9	8	6	5	3
HBeAg persistence	9	6	6	6	2	1

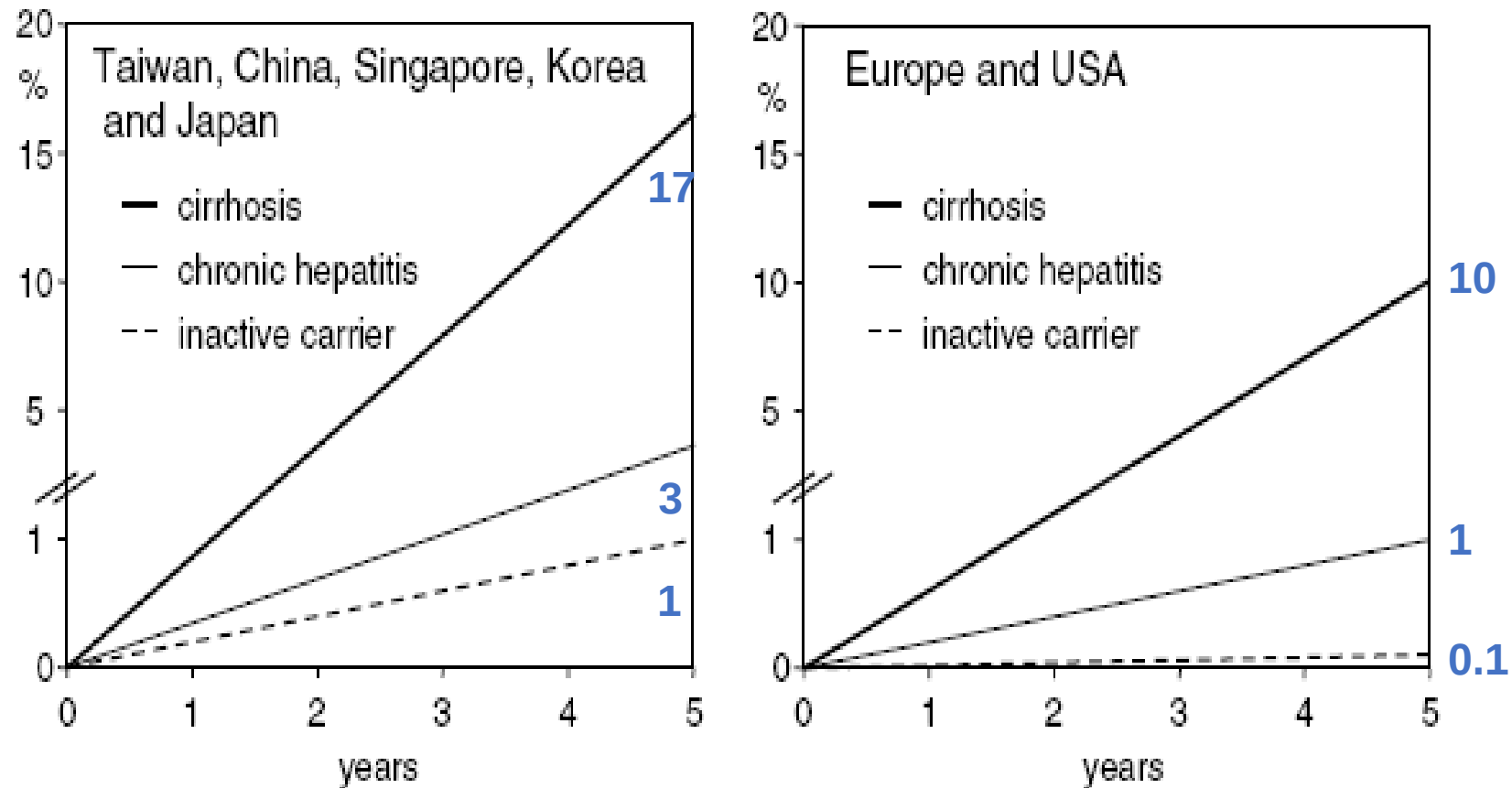
Natural history of chronic HBV carriers in northern Italy: Morbidity and mortality after 30 years

Manno et al, Gastroenterology 2004;127(3):756-763

- 296 blood donors excluded from donation because of serum HBsAg detection and 157 HBV-negative blood donors as control population.
- Liver related death in 3 HBsAg carriers (2 HCC, 1 Alcoholic cirrhosis) and 1 Control (HCC); high alcohol intake in all died patients.



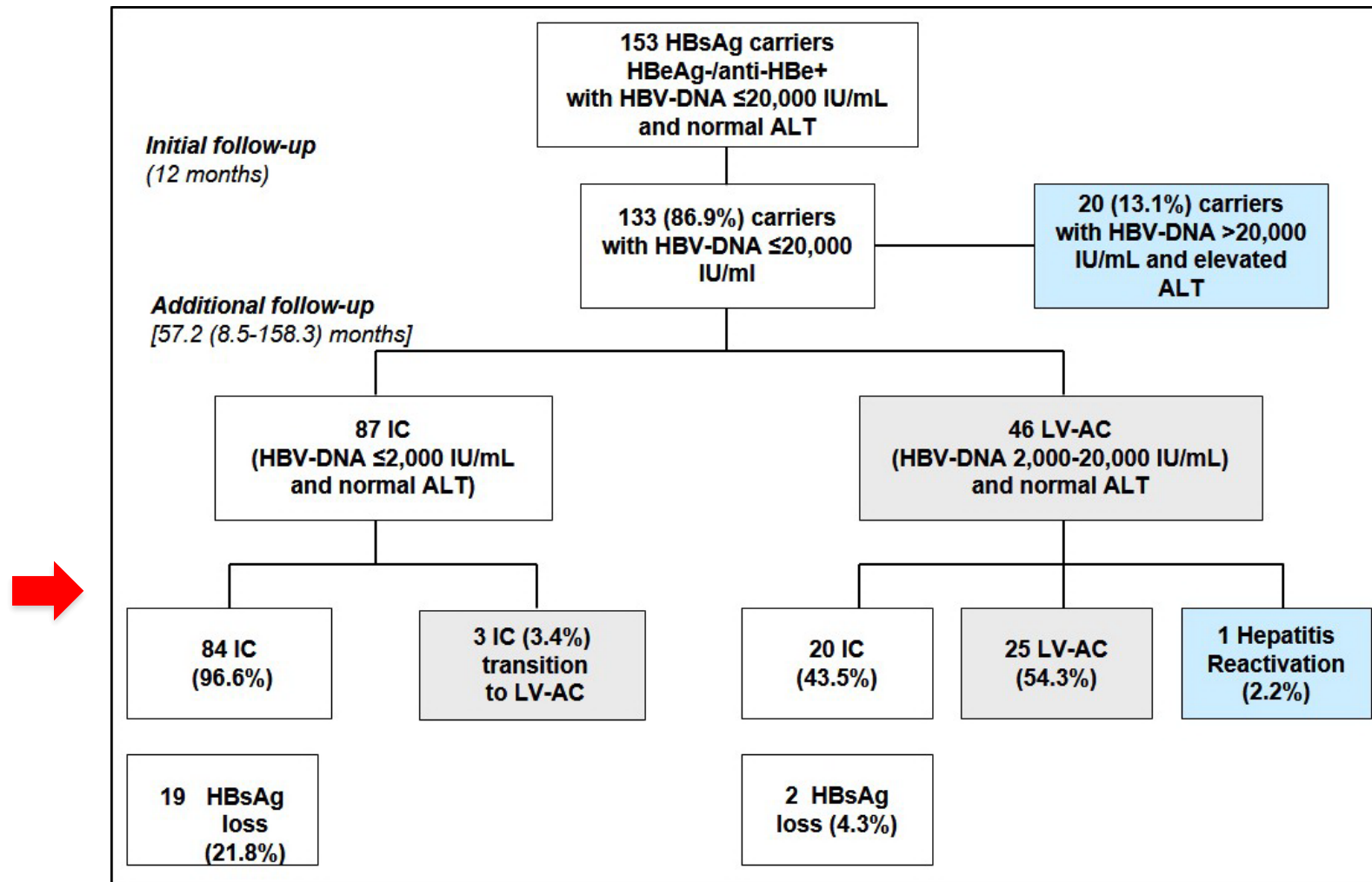
Cumulative 5 year incidence of HCC in pts with CHB infection according to geographical area and clinical status



What about the influence of HBV genotype, mode of infection, environmental factor, accuracy in the stratification of the HBsAg carriers?

Long-term outcome of inactive and active, low viraemic HBeAg-neg-Hepatitis B virus infection: Benign course towards HBsAg clearance

HBV infection outcome during the overall follow up of HBeAg-negative/HBsAg carriers with HBV-DNA $\leq 20\,000$ IU/mL and normal ALT at presentation



Virologic end points of antiviral therapy in CHB

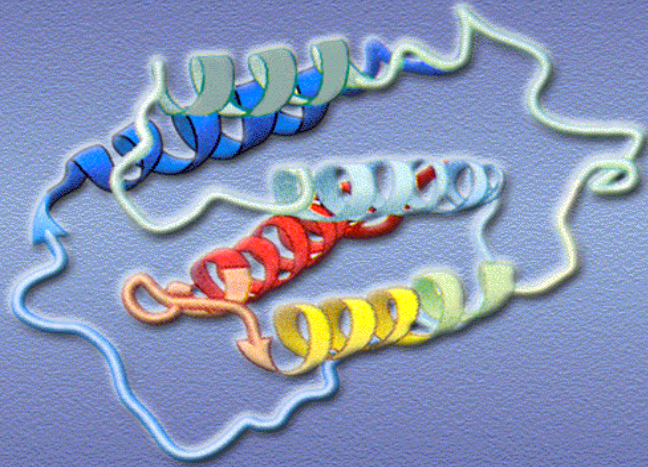
Pharmacological suppression

HBeAg negative Infection

Functional cure

Clearance of the infection

Interferon alfa



Antiviral activity
Immunomodulatory activity
 Antiproliferative activity

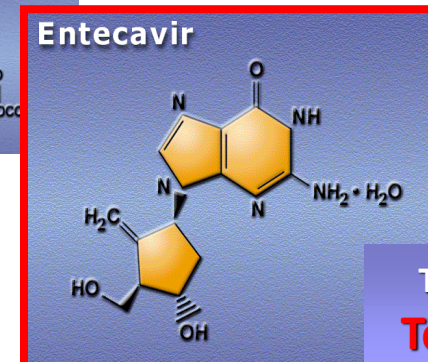
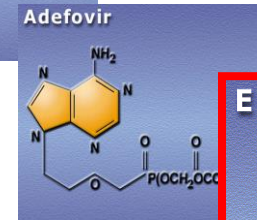
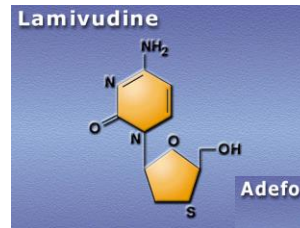
Peg-IFN α in CHB
 180 μ g/week sc for 1 year

Finite treatment

HBeAg pos. CHB: HBeAg/anti-HBe seroc. at 1 y post treatment **35-48%**, HBsAg loss 3-7% 6 months after EOT

HBeAg neg. CHB: HBV-DNA < 2000 IU/ml, n ALT at 5 y **25%, 12%** HBsAg loss

Antiviral activity
 competitive inhibition of the RT activity of HBV polymerase



Telbivudine
Tenofovir,
TAF,
 Emtricitabine

ETV
 0.5 mg/die

TDF
 245 mg/die

TAF
 25 mg/die

Long term treatment

- HBV-DNA undetectable after 3 y treatment in **>90%** of cases; HBeAg/anti-HBe seroc. **29-31%** after 3-4 y
- **HBsAg loss** in **3 to 10%** of **HBeAg positive** patients after 5 y treatment and **<1%/year** in **HBeAg negative** patients; 19.7% (0-39.4%) and 4.8% (0-19.6%) in HBeAg neg and positive CHB after NUC discontinuation

EASL 2017 Clinical Practice Guidelines on the management of hepatitis B virus infection[☆]

Indications for treatment:Recommendations

- All patients with HBeAg-positive or -negative chronic hepatitis B, defined by HBV DNA >2,000 IU/ml, ALT >ULN and/or at least moderate liver necroinflammation or fibrosis, should be treated (Evidence level I, grade of recommendation 1).
- Patients with compensated or decompensated cirrhosis need treatment, with any detectable HBV DNA level and regardless of ALT levels (Evidence level I, grade of recommendation 1).
- Patients with HBV DNA >20,000 IU/ml and ALT >2xULN should start treatment regardless of the degree of fibrosis (Evidence level II-2, grade of recommendation 1).
- Patients with HBeAg-positive chronic HBV infection, defined by persistently normal ALT and high HBV DNA levels, may be treated if they are older than 30 years regardless of the severity of liver histological lesions (Evidence level III, grade of recommendation 2).
- Patients with HBeAg-positive or HBeAg-negative chronic HBV infection and family history of HCC or cirrhosis and extrahepatic manifestations can be treated even if typical treatment indications are not fulfilled (Evidence level III, grade of recommendation 2).



Patients with **HBeAg-positive chronic HBV infection** who are **younger than 30 years** and **do not fulfill any of the above treatment indications** should be followed at least every **3–6 months** (Evidence level II-2, grade of recommendation 1).

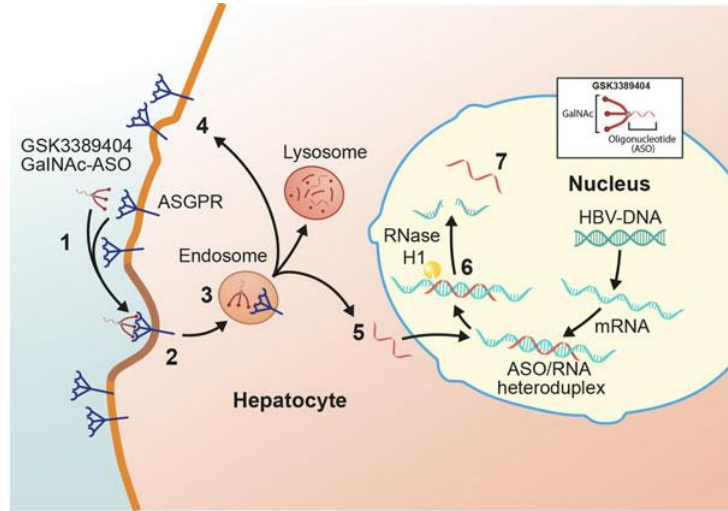
Guidance on treatment endpoints and study design for clinical trials aiming to achieve cure in chronic hepatitis B and D: Report from the 2022 AASLD-EASL HBV-HDV Treatment Endpoints Conference

*«The preferred primary endpoint for phase II/III trials evaluating finite treatments for chronic hepatitis B (CHB) is a **“functional” cure**, defined as **sustained HBsAg loss and HBV DNA less than the lower limit of quantitation (LLOQ) 24 weeks off-treatment**»*

Why to move from virological suppression to HBV functional cure?

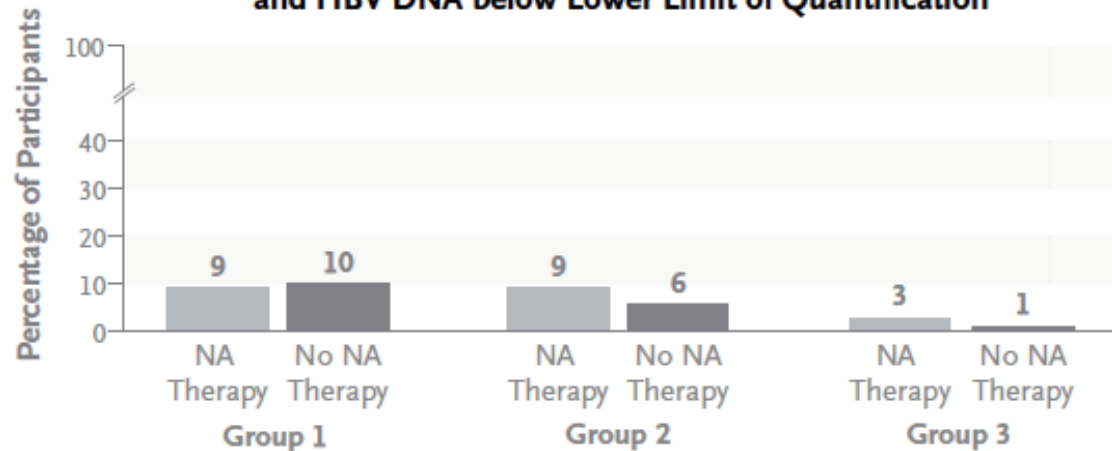
- ✓ HBsAg loss implies a profound suppression of HBV replication and integrated viral genomes
- ✓ HBsAg loss is considered to be the most relevant surrogate end point because it is associated with sustained off-treatment improvement of clinical outcomes
Lok AS et al Hepatology 2017
- ✓ HBsAg loss has been shown to have an additional clinical benefit (lower rates of HCC and hepatic decompensation) over HBV DNA suppression alone, particularly in patients with cirrhosis
Yip TC ET AL J Hep 2019 and J Hep 2023
- ✓ HBsAg seroclearance is easy to measure with standardized and widely available assays
- ✓ HBsAg seroclearance is associated with removal of the stigma

Efficacy and safety of Bepirovirsen in CHB

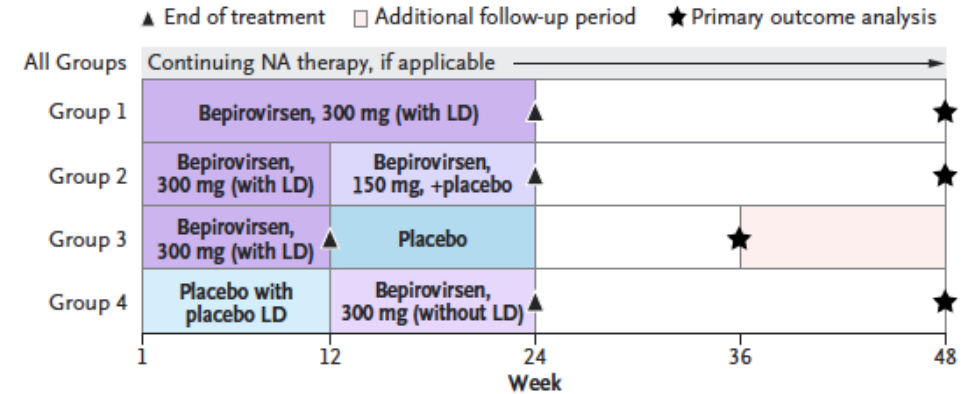


- Antisense oligonucleotide targeting all HBV mRNA and pregenomic RNA
- It is conjugated with N-Acetyl galactosamine, therefore binds to Asialoglycoprotein receptor
- Possible immunostimulatory activity through TLR-8

Patients with HBsAg below Lower Limit of Detection and HBV DNA below Lower Limit of Quantification

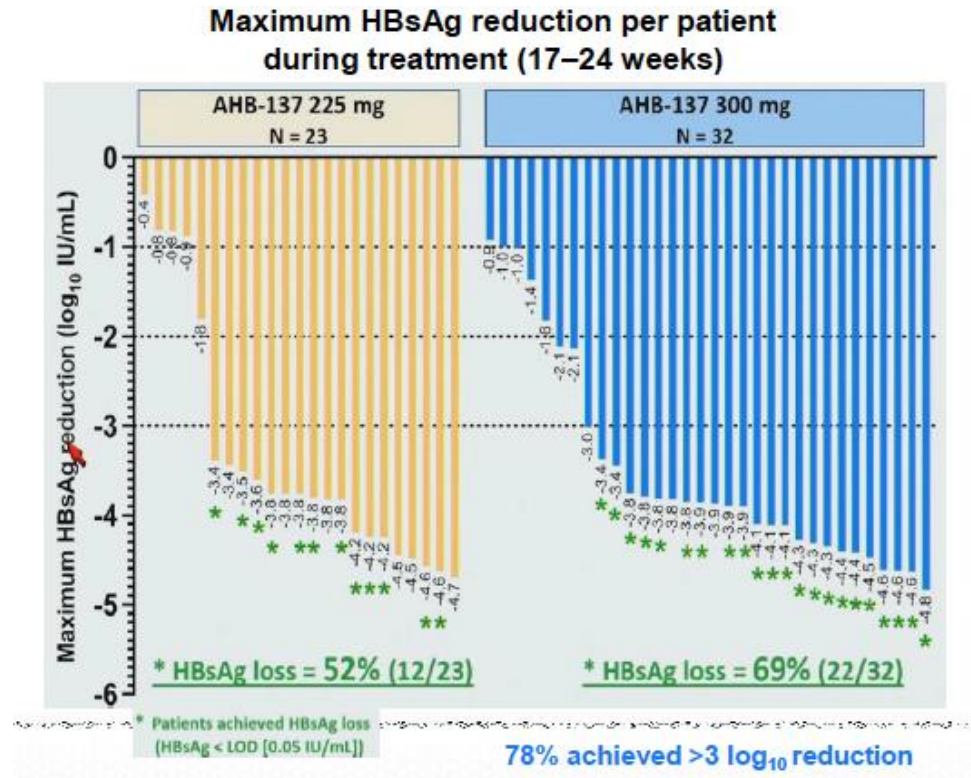


Trial Design



- ✓ 70% of the patients were HBeAg negative
- ✓ The **rate of HBsAg loss** was influenced by baseline HBsAg: **20% among pts with BL HBsAg levels < 3 log** vs 6% among those with levels > 3 log
- ✓ HBsAg BL levels of **3000 IU/ml** could be a predictor of response

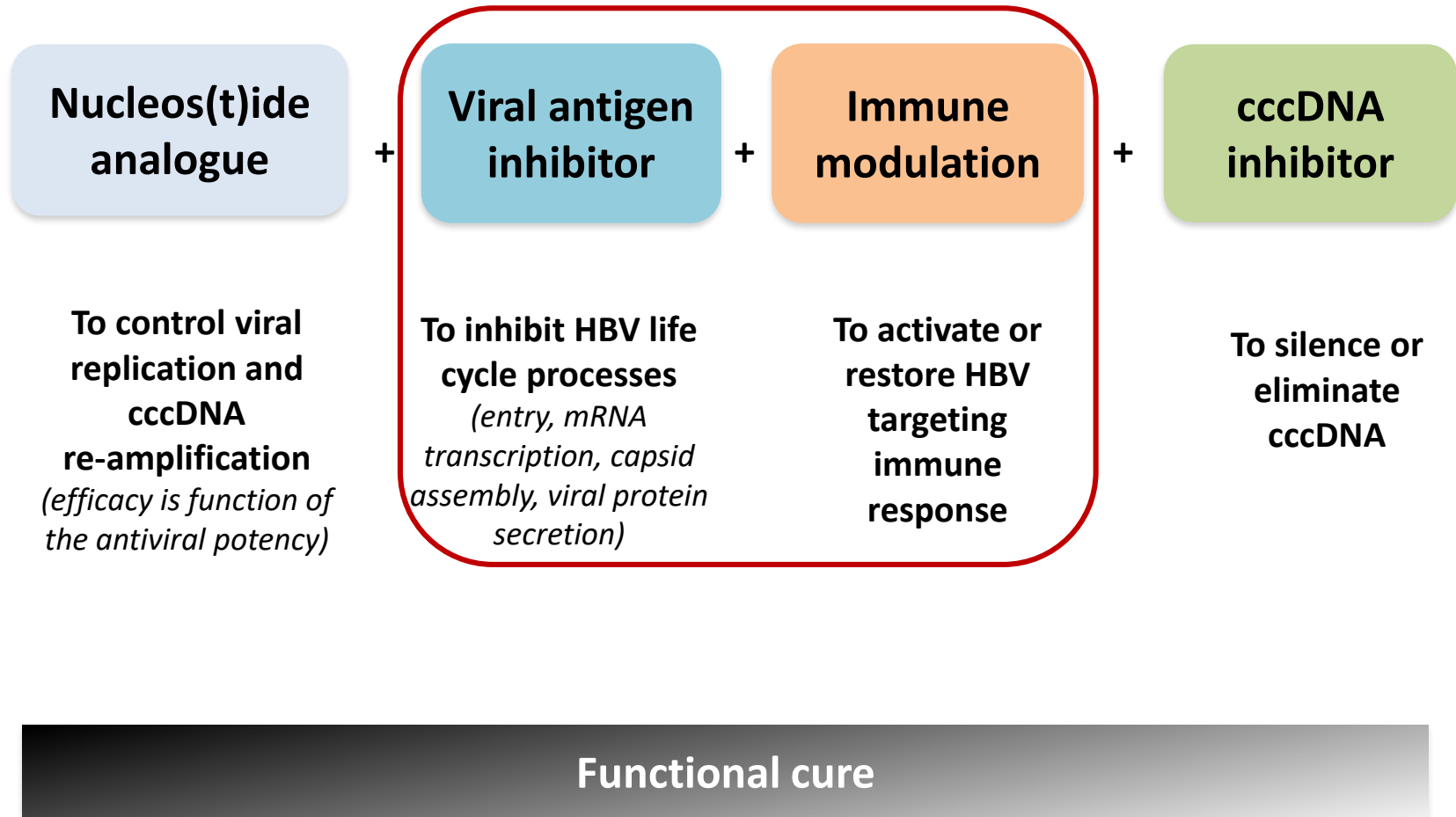
AHB-137 (ASO) Phase 2-a open label trial in HBeAg neg CHB on NUC



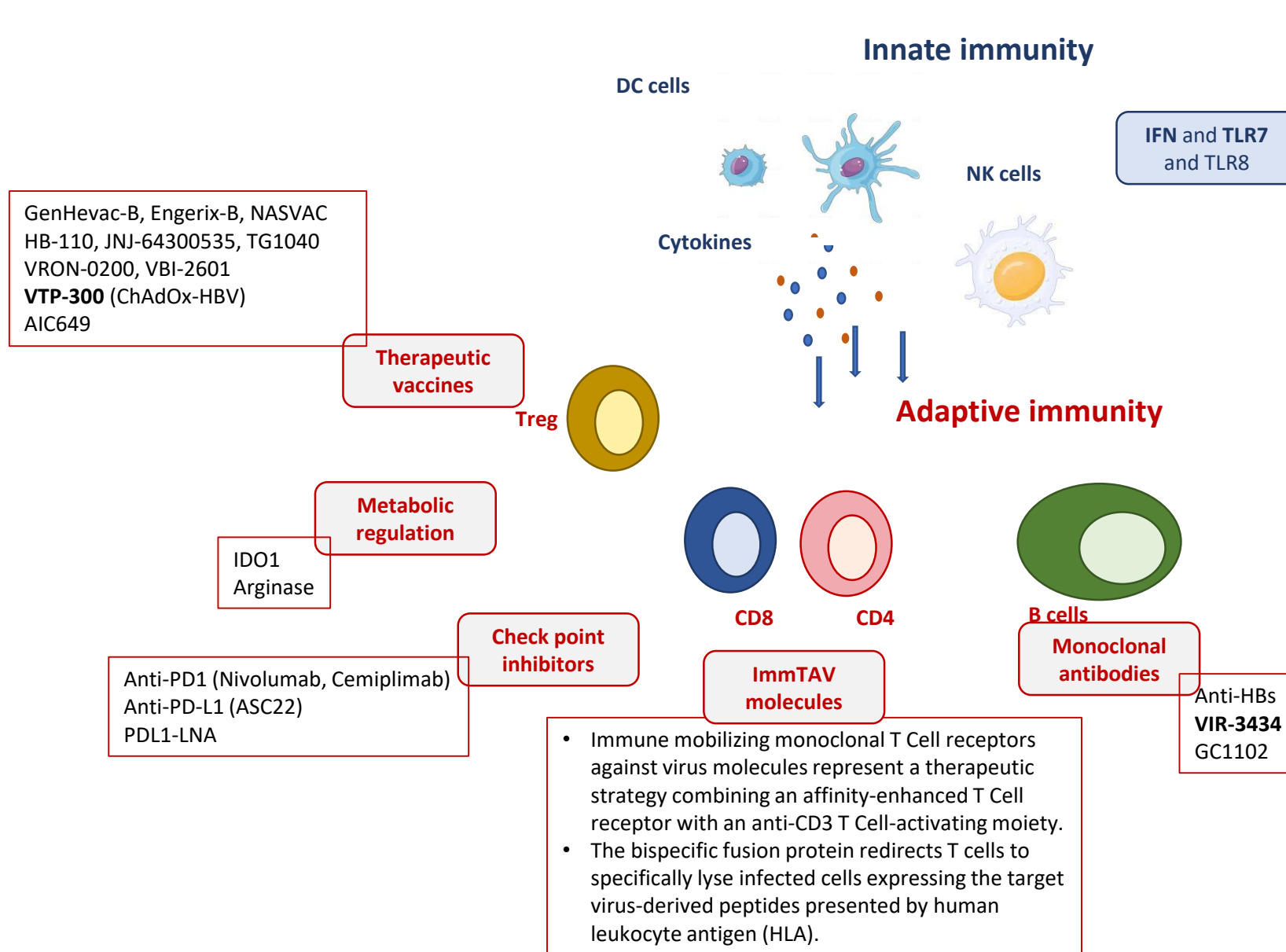
HBsAg reduction	225 mg	300 mg
$\geq 1 \log_{10}$	83%	94%
$\geq 3 \log_{10}$	78%	78%
HBsAg loss	52%	69%

- ✓ 78% of the patients achieved > 3 log HBsAg decline during 17-24 weeks of treatment
- ✓ HBsAg loss occurred in the majority of cases within 8-12 weeks
- ✓ 45% of the patients developed anti-HBs by 24 weeks in the 300 mg group

Treatment combination to cure HBV infection and disease



To restore a competent Immune response

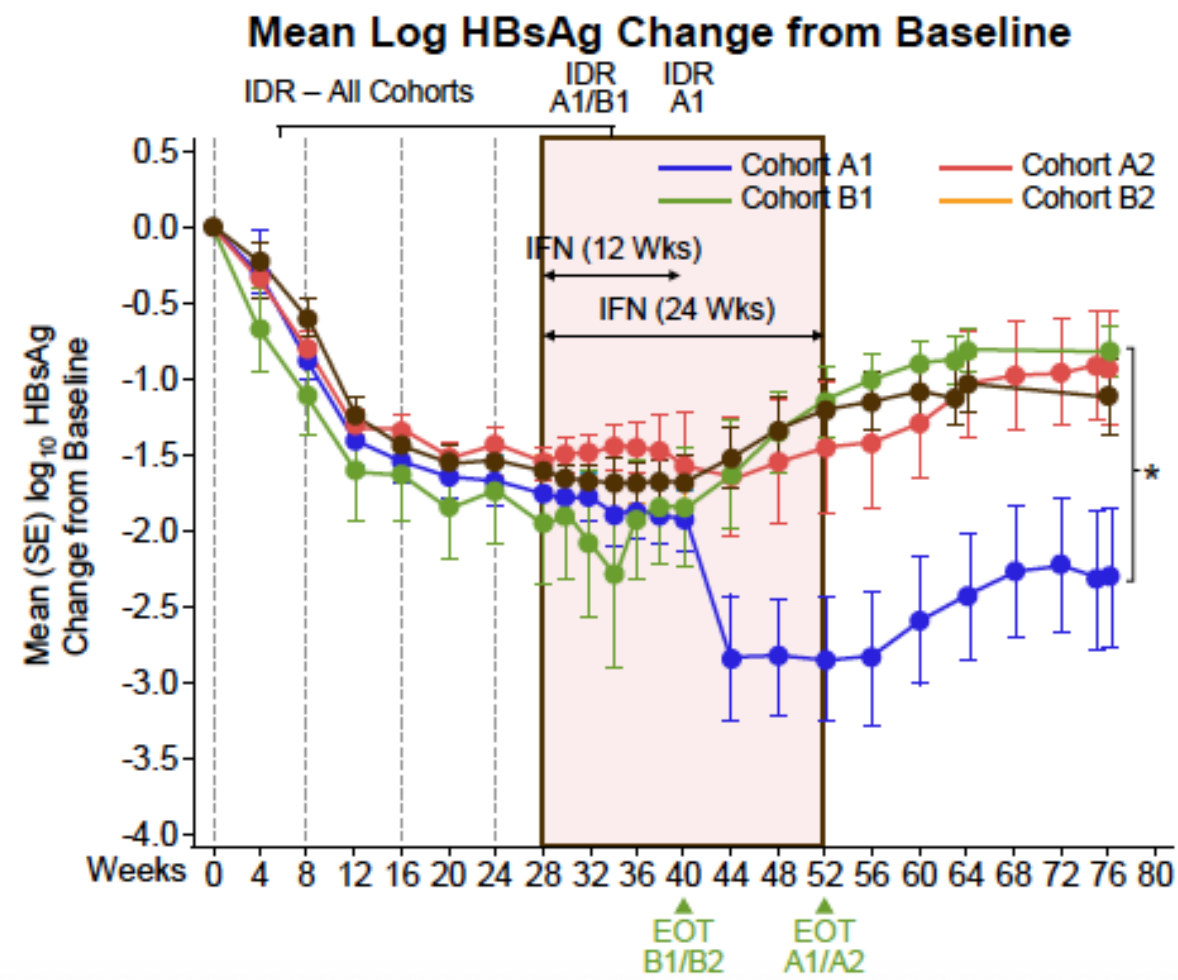


Tipping points:

- To avoid unspecific boosting of innate immunity
- To tailor the HBV specific immunity limiting the killing of infected hepatocytes
- To define the right timing for the treatment (combination or sequential treatment?)
- One fits all approach is unlikely

IMPROVE-I study

Imdusiran (siRNA AB-729) in combination with pegIFN-alfa-2a in NUC suppressed HBeAg-negative CHB

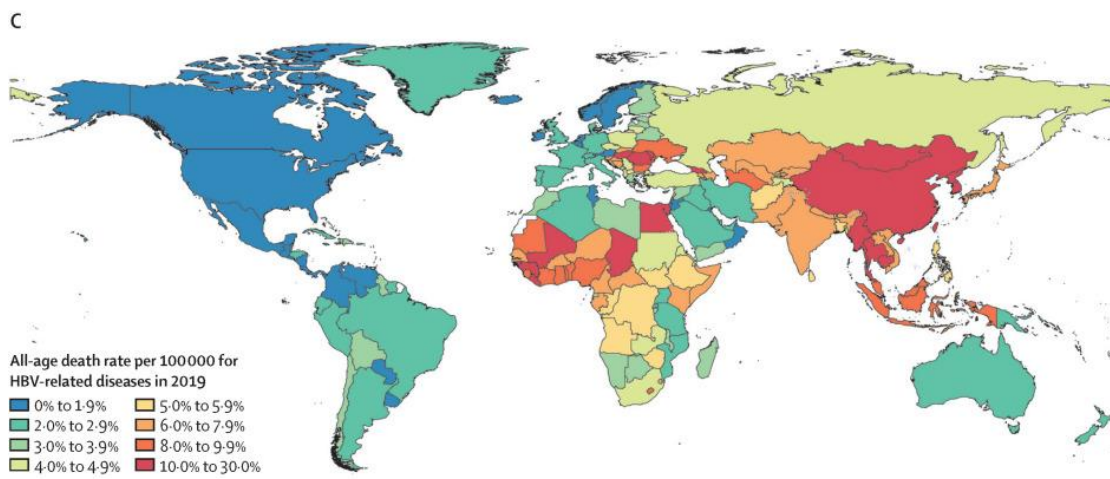
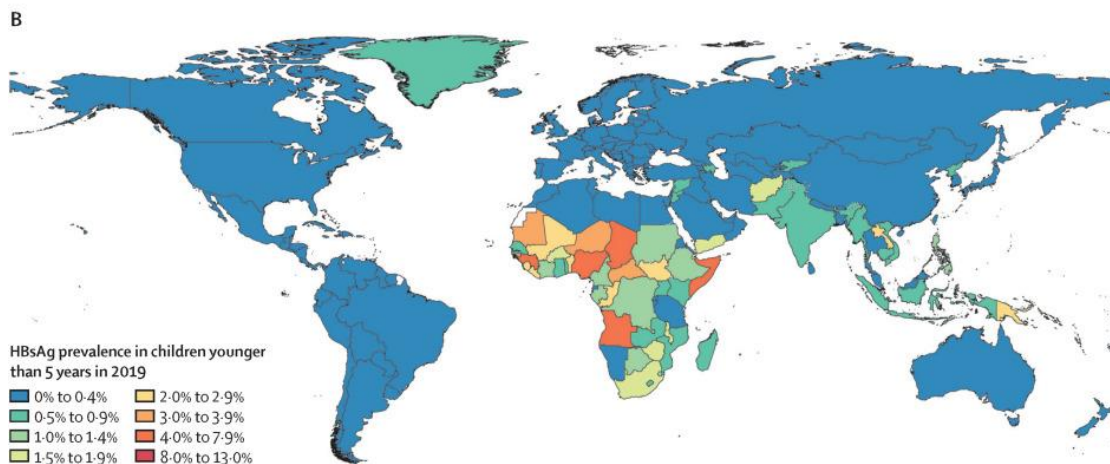
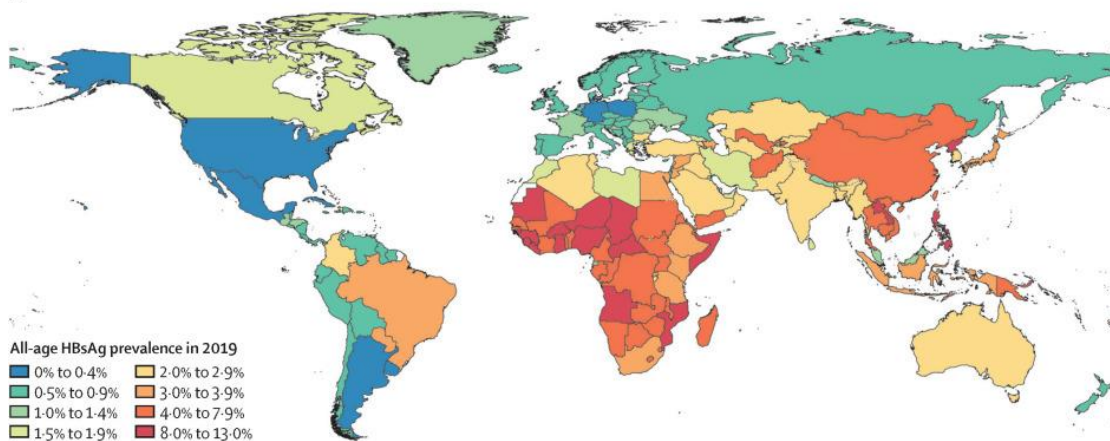


Rate of HBsAg loss at defined timepoints

	Cohort A1: IDR x 6 + NUC + IFN x 24W (n=12)	Cohort A2: IDR x 4 + NUC + IFN x 24W (n=13)	Cohort B1: IDR x 5 + NUC + IFN x 12W (n=8)	Cohort B2: IDR x 4 + NUC + IFN x 12W (n=10)
Any time	6 (50)	3 (23)	2 (25)	0
EOT <0.05	4 (33)	3 (23)	0	0
EOT <0.005	4 (33)	2 (15)	0	0
EOFU <0.05	4 (33)	2 (15)	0	0
EOFU <0.005	2 (17)	2 (15)	0	0
Discontinuation	9 (75)	3 (23)	4 (50)	5 (50)
Data are n (%)				

- Higher rates of HBsAg loss with 24 wks IFN vs 12 wks IFN
- Sustained HBsAg loss associated with anti-HBs (40–1000)
- **Sustained HBsAg loss only if baseline HBsAg <1000 IU/mL**

Sequential siRNA and pegIFN (12-24 wk) in NUC suppressed

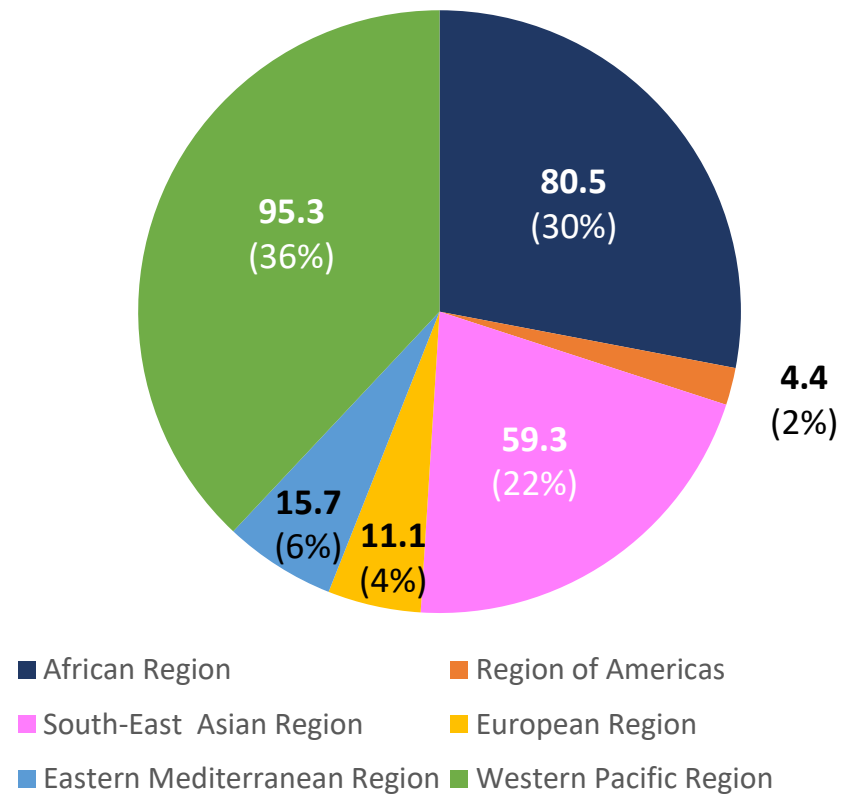


Global, regional, and national burden of hepatitis B, 1990–2019: a systematic analysis for the Global Burden of Disease Study 2019

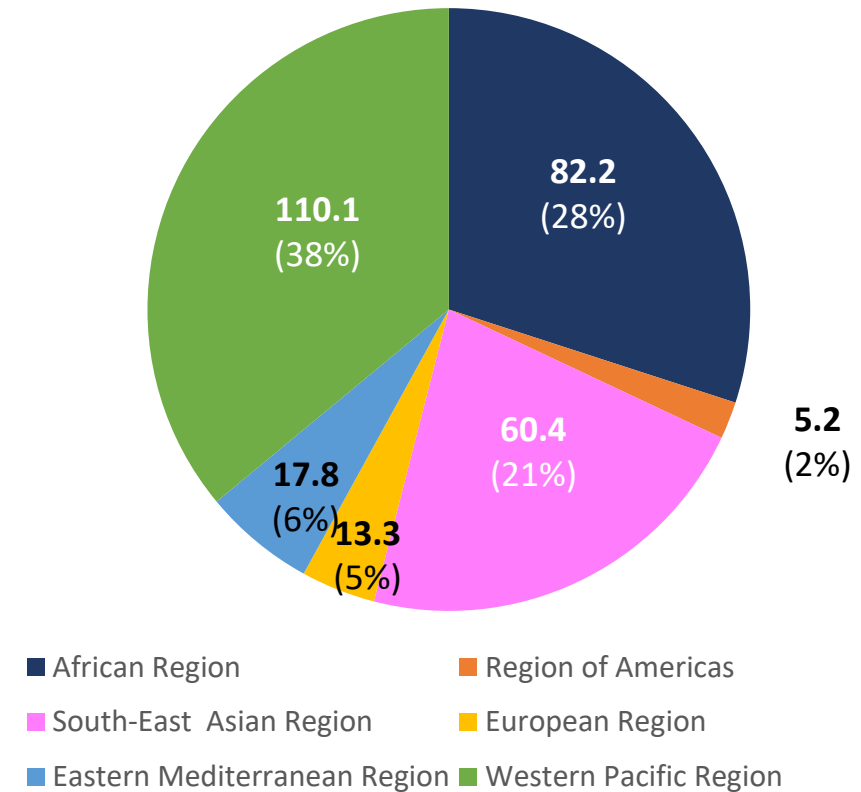
- ✓ The prevalence of chronic HBV infection declined over time, particularly in children younger than 5 years, since the introduction of hepatitis B vaccination.
- ✓ HBV-related death rates also decreased, but HBV-related death counts increased as a result of population growth, ageing, and cohort effects.
- ✓ By 2019, many countries had met the interim seroprevalence target for children younger than 5 years, but **few countries** had **met** the **WHO-GHSS** interim targets for **deaths** and **new cases**.
- ✓ Progress according to all indicators must be accelerated to meet 2030 targets, and there are **marked disparities in burden and progress across the world**. HBV interventions, such as **vaccination, testing, and treatment, must be strategically supported and scaled up to achieve elimination**.

Distribution of people living with hepatitis B who are undiagnosed and untreated by WHO region

Proportion and number (in millions) of people living with hepatitis B who are undiagnosed, by WHO region

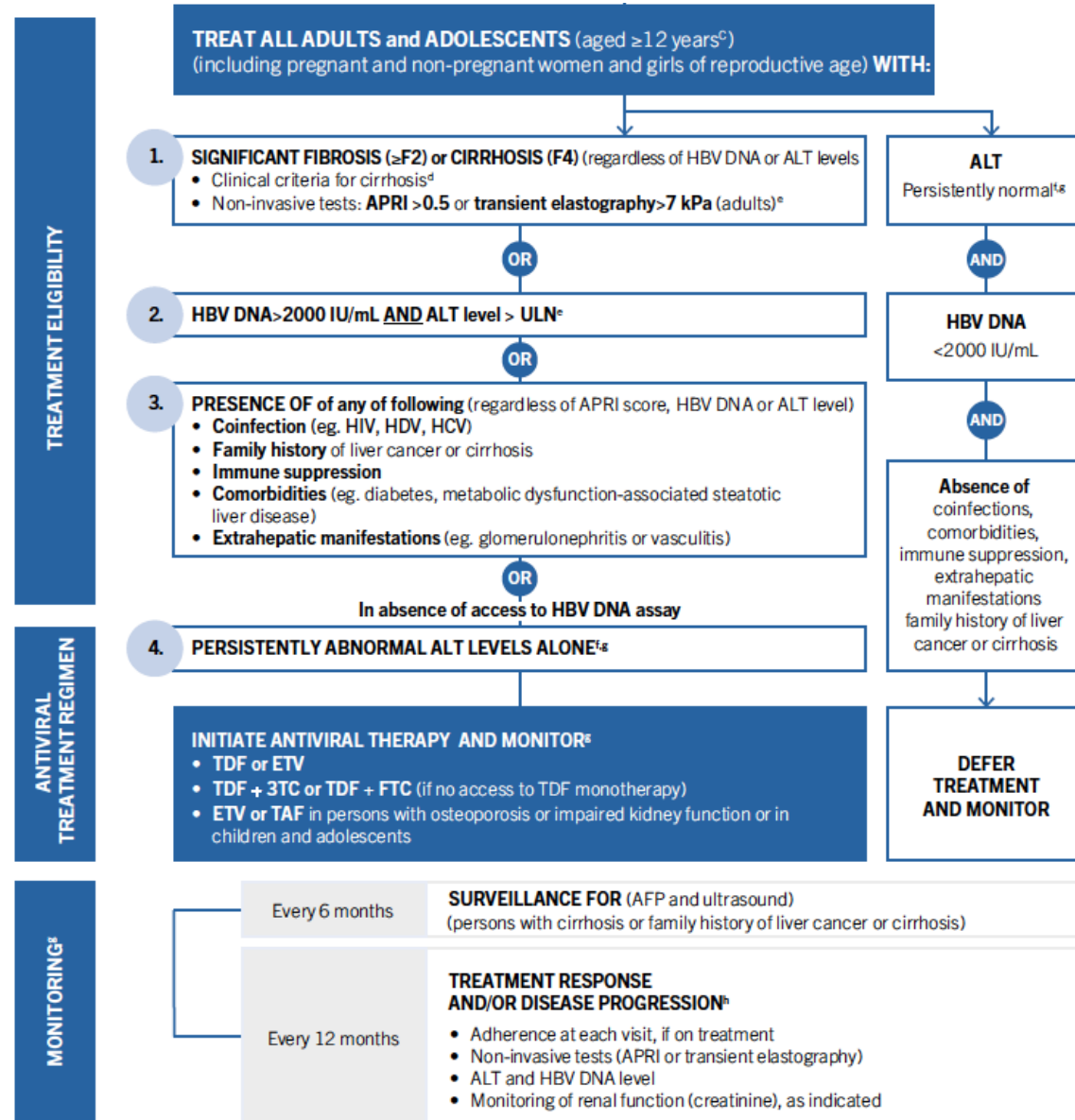
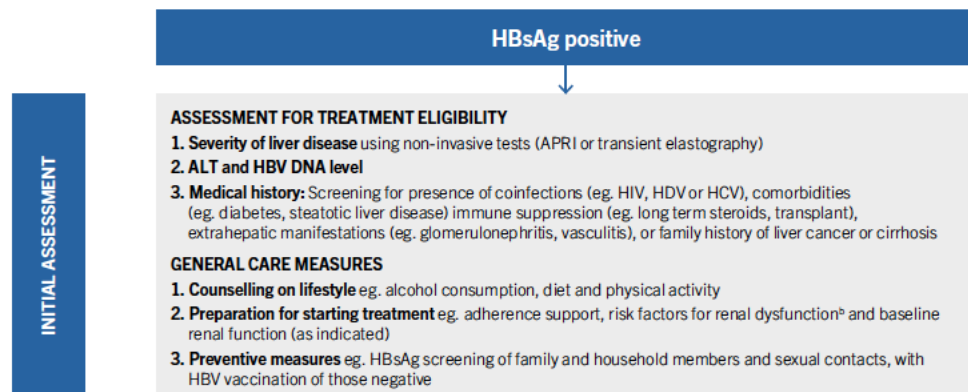


Proportion and number (in millions) of people living with hepatitis B who are untreated, by WHO region



Guidelines for the prevention, diagnosis, care and treatment for people with chronic hepatitis B infection

- The objective of the 2024 guidelines is to provide expanded and **simplified treatment criteria** for adults but now also for adolescents; **expanded eligibility for antiviral prophylaxis for pregnant women to prevent mother-to-child transmission of HBV**....
- The guidelines are addressed primarily to **clinicians** as well as **national hepatitis programme managers** ..., especially in **low- and middle-income countries**.... Their Implementation should be informed by **local context**, including hepatitis B epidemiology and prevalence of other comorbidities, availability of resources, the organization and capacity of the health system and anticipated cost-effectiveness.



ALT: alanine aminotransferase, APRI: aspartate aminotransferase-to-platelet ratio index.

Extensor of the Guidelines
(WHO; International/Regional
Scientific Association)



Aims of the Guidelines

Socio-economical
conditions

Health care system

Sustainability for the
health care system of
the diagnostic flow

Sustainability for the
health care system of
the treatment

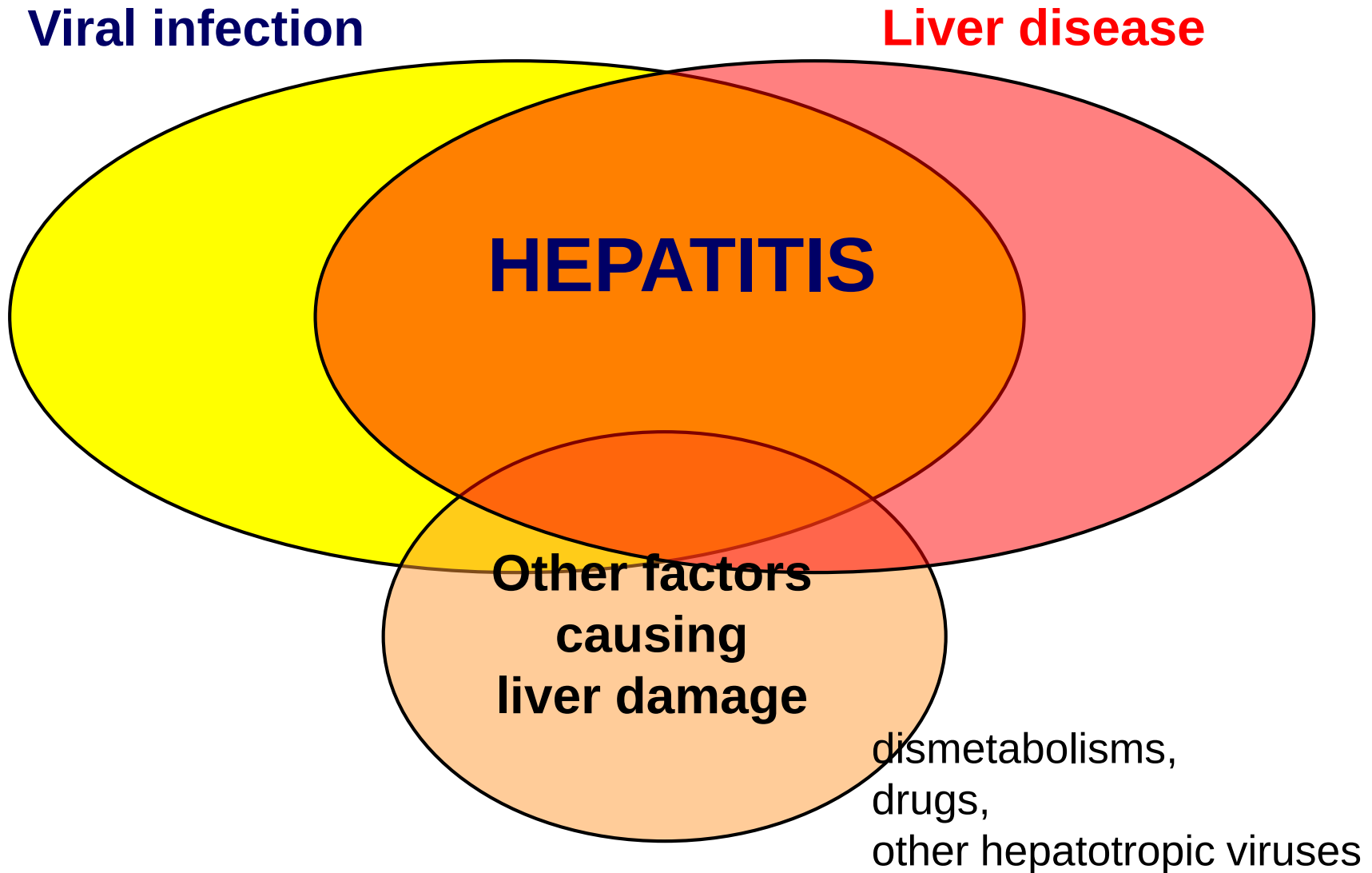
Cost for the health
care system of
disease complications

Epidemiology
(infection/disease)

Natural History
(infection/disease)

Impact of the intervention
on mortality/morbidity

Identification of virus induced liver disease



Precision medicine: what is it?

The goal of precision medicine is to target the right treatment(s) to the right patient at the right time, by taking into account differences in their individual disease, general health, genes, environment, and lifestyle.

Current Medicine

One Treatment Fits All



Cancer patients with
eg. colon cancer

Therapy

Future Medicine

More Personalised Diagnostics



Cancer patients with
eg. colon cancer

Blood, DNA, Urine
and Tissue Analysis

Therapy tailored to
different cancer profiles

- The objective of the 2024 guidelines is to provide expanded and **simplified treatment criteria** for adults but now also for adolescents; **expanded eligibility for antiviral prophylaxis for pregnant women to prevent mother-to-child transmission of HBV.....**
- The guidelines are addressed primarily to **clinicians** as well as **national hepatitis programme managers ...**, especially in **low- and middle-income countries.....** Their Implementation should be informed by **local context**, including hepatitis B epidemiology and prevalence of other comorbidities, availability of resources, the organization and capacity of the health system and anticipated cost-effectiveness.

Clinical Practice Guidelines



EASL 2017 Clinical Practice Guidelines on the management of hepatitis B virus infection[☆]

European Association for the Study of the Liver^{*}

- The objective of this manuscript is **to update the recommendations for the optimal management of HBV infection.**
- In order to keep the manuscript and particularly the reference list within a reasonable length, only references published after 2012 have been considered, **since the readers can find the older supportive references in the 2012 EASL HBV CPGs.**
- **The CPGs do not fully address prevention including vaccination.**
- In addition, despite increasing knowledge, areas of uncertainty still exist and therefore clinicians, patients and public health authorities must **continue to make choices based on the evolving evidence**

HBV infection in Humans

