

Sistema Socio Sanitario



Regione
Lombardia

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Una giovane paziente con trasmissione verticale

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La paziente

M.S. è una giovane donna romena di 33 anni, seguita per coinfezione da HIV/HBV

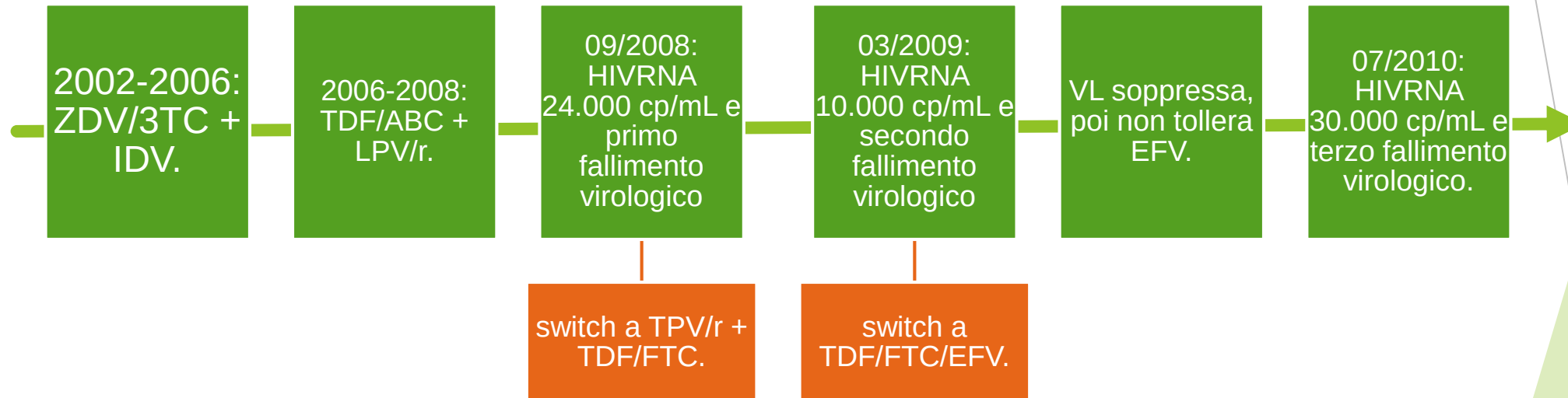
- Vive in campo nomadi e torna regolarmente in Romania
- HIV noto dal 1999
- HBV noto dal 2002



Criticità:

- Scarsissima aderenza → resistenze
- Scarso recupero dei CD4 → infezioni opportunistiche

2002-2010



Che cosa ci dice il genotipo?

HIV-1 gruppo M e sottotipo E1
(estremamente
Romania), tropi

Mutazioni selez
anni (al 2010):

- PI: L10V, M4
- RT: D67N, K
K219Q, V90I
P225K

Terapia di salv
TDF/FTC, DRV
bid, MVC 15

Characterization of Human Immunodeficiency Virus Type 1 Isolates from Children in Romania: Identification of a New



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A single tablet regimen is associated with higher adherence and viral suppression than multiple tablet regimens in HIV+ homeless and marginally housed people

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Abstract

Although, single tablet regimen (STR) efavirenz, emtricitabine, and tenofovir disoproxil fumarate (EFV/FTC/TDF) may be appealing in HIV infected persons who are at high risk for non-adherence, the degree to which this simplified formulation affects adherence is not known. The virologic effectiveness of this STR in a potentially non-adherent population remains a concern, given the rapid selection of drug-resistance seen with these drugs. We performed a prospective observational study assessing adherence and virologic response to EFV/FTC/TDF STR among a cohort of homeless and marginally housed individuals. We compared adherence and viral suppression to historical controls followed in the same cohort. Adherence was higher in EFV/FTC/TDF STR regimen compared to non-one-pill once daily therapy ($p=0.0060$) after controlling for multiple confounders. Viral suppression (HIV RNA <50 c/ml) was greater in EFV/FTC/TDF STR than non-one pill daily regimens (69.2% vs 46.5%; $p=0.02$), but there was no difference in viral suppression after controlling for adherence. Once daily EFV/TNF/FTC STR appears to be a reasonable option for individuals with multiple barriers to adherence. Randomized clinical trials addressing various therapeutic strategies for this patient population are needed.

Full text access >

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Article history ▼

Resistance Inhibitors

Intermediate Resistance
Susceptible
Intermediate Resistance

Reverse Transcriptase Inhibitors

High-Level Resistance
Intermediate Resistance
High-Level Resistance
High-Level Resistance
Low-Level Resistance

Reverse Transcriptase Inhibitors

Susceptible
High-Level Resistance
Susceptible
High-Level Resistance
Susceptible

2010-2015

- 2010-14: buona tolleranza della terapia che assume con discreta compliance (**CD4 compresi tra 450-750/mcL, HIVRNA <37 cp/mL**).

Nel 2010 e 2011 ha 2
IVG

posiziona IUD e tratta
condilomatosi vaginale e
anale

Nel 2013 è ricoverata
tre volte per
polmonite

viene posta diagnosi di
linfangioleiomiomatosi
per cui inizia follow-up.

Nel 2015 torna in
Romania e rimane
senza TARV.

A novembre torna in
Italia: gravindex
positivo, HIVRNA
21770 cp/mL e CD4
755 → 103/mcL,
HBVDNA 1793469
cp/mL.

Ricomincia la TARV
introducendo RAL
400 bid

Aprile 2016
HBVDNA neg
HIVRNA 534
cp/mL CD4
250/mcL

Che cosa ci dice il genotipo?

Si confermano le seguenti mutazioni:

- PI: L10V, M46L
- RT: D67N, K219Q

Ma compaiono

- INSTI: L74N

RAL 400 bid →
della TARV in
TDM dei singoli
l'esposizione
bambino.

Il bambino nasce con
ZDV ev intrapartum e riceve
l'abituale profilassi con ZDV, 3TC,
NVP → NEGATIVO!!

Maraviroc Pharmacokinetics in HIV-1-Infected Pregnant Women

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Conclusions. Overall maraviroc exposure during pregnancy was decreased, with a reduction in AUC_{tau} and maximum concentration of about 30%. C_{trough} was reduced by 15% but exceeded the minimum C_{trough} target concentration. Therefore, the standard adult dose seems sufficient in pregnancy.

should be considered in pregnant women with high weight (> 90 kg) or inadequate HIV RNA response.

Keywords: antiretrovirals, HIV, pregnancy, prevention of perinatal transmission, tenofovir

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Protease Inhibitors	
atazanavir/r (ATV/r)	Potential Low-Level Resistance
darunavir/r (DRV/r)	Susceptible
lopinavir/r (LPV/r)	Potential Low-Level Resistance

Nucleoside Reverse Transcriptase Inhibitors	
abacavir (ABC)	Potential Low-Level Resistance
didanosine (ddI)	Potential Low-Level Resistance
emtricitabine (FTC)	Potential Low-Level Resistance
lamivudine (3TC)	Potential Low-Level Resistance
tenofovir (TDF)	Potential Low-Level Resistance
tenofovir/emtricitabine (TDF/FTC)	Potential Low-Level Resistance
zalcitabine (ddC)	Potential Low-Level Resistance
zidovudine (ZDV)	Potential Low-Level Resistance

raltegravir (RAL)	Potential Low-Level Resistance
efavirenz (EFV)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir (EFV/FTC/TDF)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine (EFV/FTC/TDF/FTC)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir (EFV/FTC/TDF/FTC/TDF)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine (EFV/FTC/TDF/FTC/TDF/FTC)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir (EFV/FTC/TDF/FTC/TDF/FTC/TDF)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine (EFV/FTC/TDF/FTC/TDF/FTC/TDF/FTC)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir (EFV/FTC/TDF/FTC/TDF/FTC/TDF/FTC/TDF)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine (EFV/FTC/TDF/FTC/TDF/FTC/TDF/FTC/TDF/FTC)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir (EFV/FTC/TDF/FTC/TDF/FTC/TDF/FTC/TDF/FTC/TDF)	Potential Low-Level Resistance

raltegravir (RAL)	Potential Low-Level Resistance
efavirenz (EFV)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir (EFV/FTC/TDF)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine (EFV/FTC/TDF/FTC)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir (EFV/FTC/TDF/FTC/TDF)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine (EFV/FTC/TDF/FTC/TDF/FTC)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir (EFV/FTC/TDF/FTC/TDF/FTC/TDF)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine (EFV/FTC/TDF/FTC/TDF/FTC/TDF/FTC)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir (EFV/FTC/TDF/FTC/TDF/FTC/TDF/FTC/TDF)	Potential Low-Level Resistance
efavirenz/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine/tenofovir/emtricitabine (EFV/FTC/TDF/FTC/TDF/FTC/TDF/FTC/TDF/FTC)	Potential Low-Level Resistance

2016-2019

Sospende TARV da dicembre 2016 a maggio 2017

- passaggio da Infettivologia Pediatrica ai nostri Ambulatori e ripresa della precedente TARV.

12/2017: CD4 43/mcL e HIVRNA 7560 cp/mL

- diagnosi di **NTM da MAC** → azitromicina, rifabutina e etambutolo

10/2018: gravindex positivo → **cambia TARV a RAL 400 bid + DRV/r bid + MVC + TDF.**

- 12/2018: inizia profilassi secondaria con azitromicina + etambutolo
- IVG e stop TARV

03-04/2019: CD4 31/mcL, HIVRNA 14.000 cp/mL

- diagnosi di **neuroyoxoplasmosi** (lesione emisferica sx) → sulfadiazina + pirimetamina, poi TMP/SMX

Che cosa ci dice il genotipo?

Tra il 2017 e il 2019 si confermano:

- PI: L10V, K20R, M36I, M46L, V82A
- RT: D67N, T69A, K219Q
- INSTI: L74M

Nucleoside Reverse Transcriptase Inhibitors

abacavir (ABC)	Potential Low-Level Resistance
zidovudine (AZT)	Low-Level Resistance
emtricitabine (FTC)	Susceptible
lamivudine (3TC)	Susceptible
tenofovir (TDF)	Potential Low-Level Resistance

Non-nucleoside Reverse Transcriptase Inhibitors

doravirine (DOR)	Susceptible
efavirenz (EFV)	Susceptible
etravirine (ETR)	Susceptible
nevirapine (NVP)	Susceptible
rilpivirine (RPV)	Susceptible

RT comments

NRTI

- **D67N** is a non-polymorphic TAM associated with low-level resistance to AZT and d4T. When present with other TAMs, it contributes reduced susceptibility to ABC, ddI, and TDF.
- **K219Q/E** are accessory TAMS associated with reduced susceptibility to AZT and possibly d4T.

Other

- **T69S/A/I/E** are relatively polymorphic mutations weakly selected in patients receiving NRTIs. Their effects on NRTI susceptibility have not been well studied.

Protease Inhibitors

atazanavir/r (ATV/r)	Intermediate Resistance
darunavir/r (DRV/r)	Susceptible
lopinavir/r (LPV/r)	Intermediate Resistance

PR comments

PI Major

- **M46I/L** are relatively non-polymorphic PI-selected mutations. In combination with other PI-resistance mutations, they are associated with reduced susceptibility to each of the PIs except DRV.
- **V82A** is a non-polymorphic mutation selected primarily by IDV and LPV. It reduces susceptibility to these PIs and contributes cross-resistance to each of the remaining PIs except DRV and TPV.

Other

- **L10I/V** are polymorphic, PI-selected accessory mutations that increase the replication of viruses with other PI-resistance mutations.
- **K20R** is a highly polymorphic PI-selected accessory mutation.

Integrase Strand Transfer Inhibitors

bictegravir (BIC)	Susceptible
cabotegravir (CAB)	Susceptible
dolutegravir (DTG)	Susceptible
elvitegravir (EVG)	Susceptible
raltegravir (RAL)	Susceptible

IN comments

Other

- **L74M** is a polymorphic accessory mutations commonly selected by each of the INSTIs. In ARV-naïve patients, **L74M** occurs in 0.5% to 5% of patients depending on subtype. L74I occurs in 4% to 40% of patients depending on subtype. L74I is the consensus amino acid for subtype A6 and does not appear to be selected by INSTI therapy. Alone, **L74M/I** have minimal, if any, effect on INSTI susceptibility. However, **L74M** and possibly L74I reduce susceptibility to each of the INSTIs when they occur with major INSTI-resistance mutations. L74F is a rare nonpolymorphic mutation which also contributes reduced susceptibility when it occurs with other INSTI-resistance mutations.

2020-2021

01/2020: CD4>200
(stop TMP/SMX) e
HIVRNA 350 cp/mL

Semplifica per
migliorare la
compliance a DTG +
DRV/c/FTC/TAF

Non tollera il cobicistat
(nausea, disturbi GI) →
torna a DTG, DRV/r bid
+ TDF con discreto
controllo (CD4 > 250,
HIVRNA < 50 cp/mL)

06/2021: gravida
20ma settimana

Switch a RAL 400 bid +
TDF/FTC + DRV/r bid

Arriva al parto a ottobre
2021 soppressa

E poi? ...Keypoints

- Ricordiamo le resistenze archiviate!
- Necessità di mantenere la copertura per HBV
- Avvicinarsi all'STR

Grazie per l'attenzione