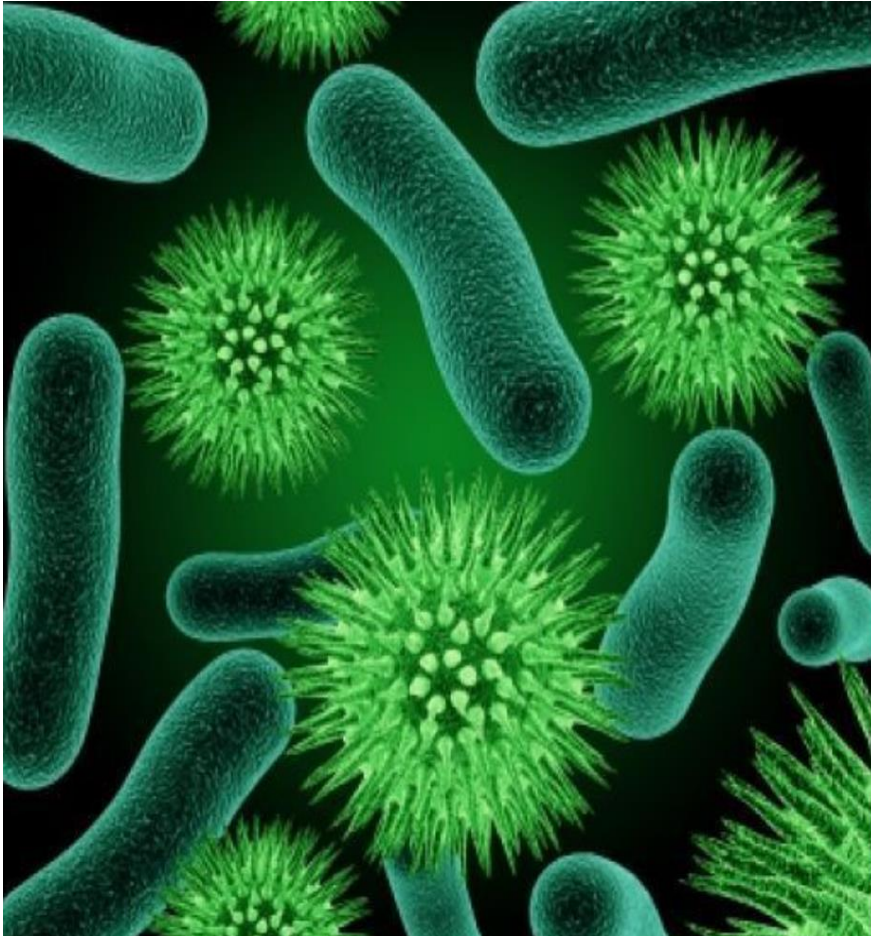


**X Workshop Nazionale
Innovazione e Ricerca per la Pratica Clinica
TERAPIE INNOVATIVE
DELLE EPATITI CRONICHE VIRALI**

**Firenze, 13-14 gennaio 2020
Centro Congressi Hotel Londra**



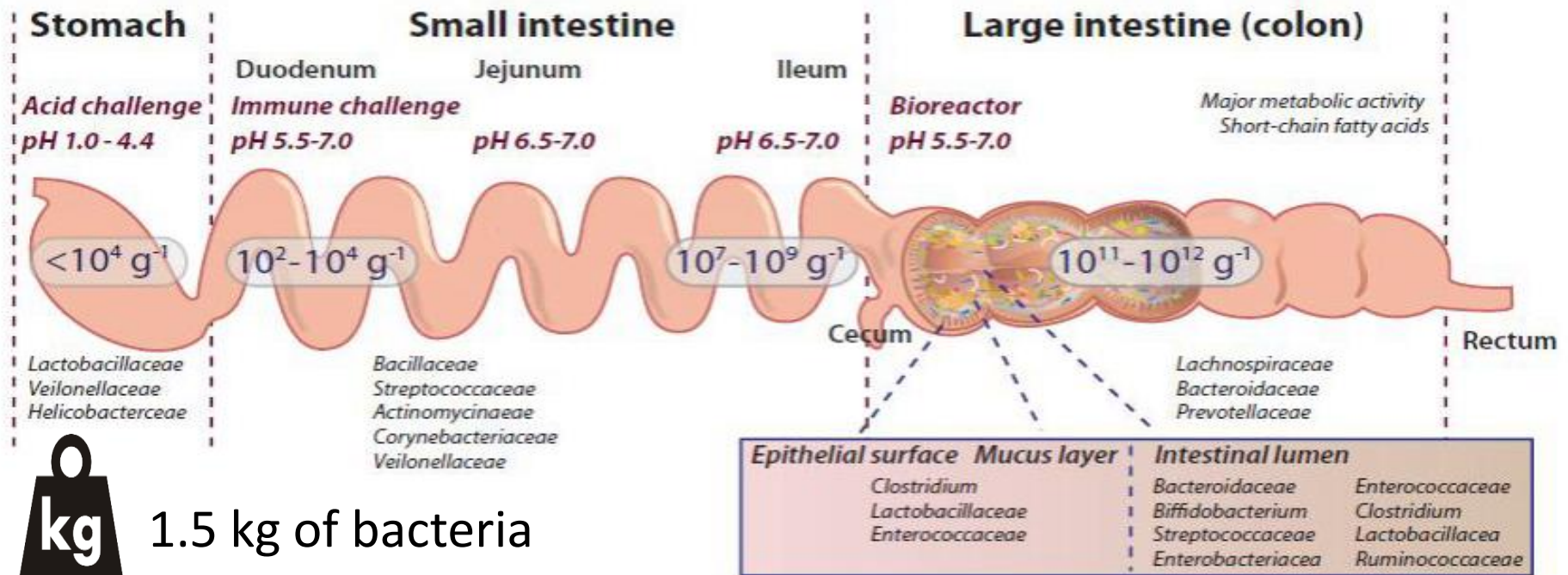
Epatiti e Microbioma intestinale

**Gaetano Scifo
Siracusa**

Conceptual origin of commensal organisms is old
 “ Animal Parasites and Messmates ” , **Pierre Van Beneden , 1875**

“ Ecological community of commensal , symbiotic and pathogenic microorganisms within a body space or other environment ” **Lederberg & Mc Gray , 2001**

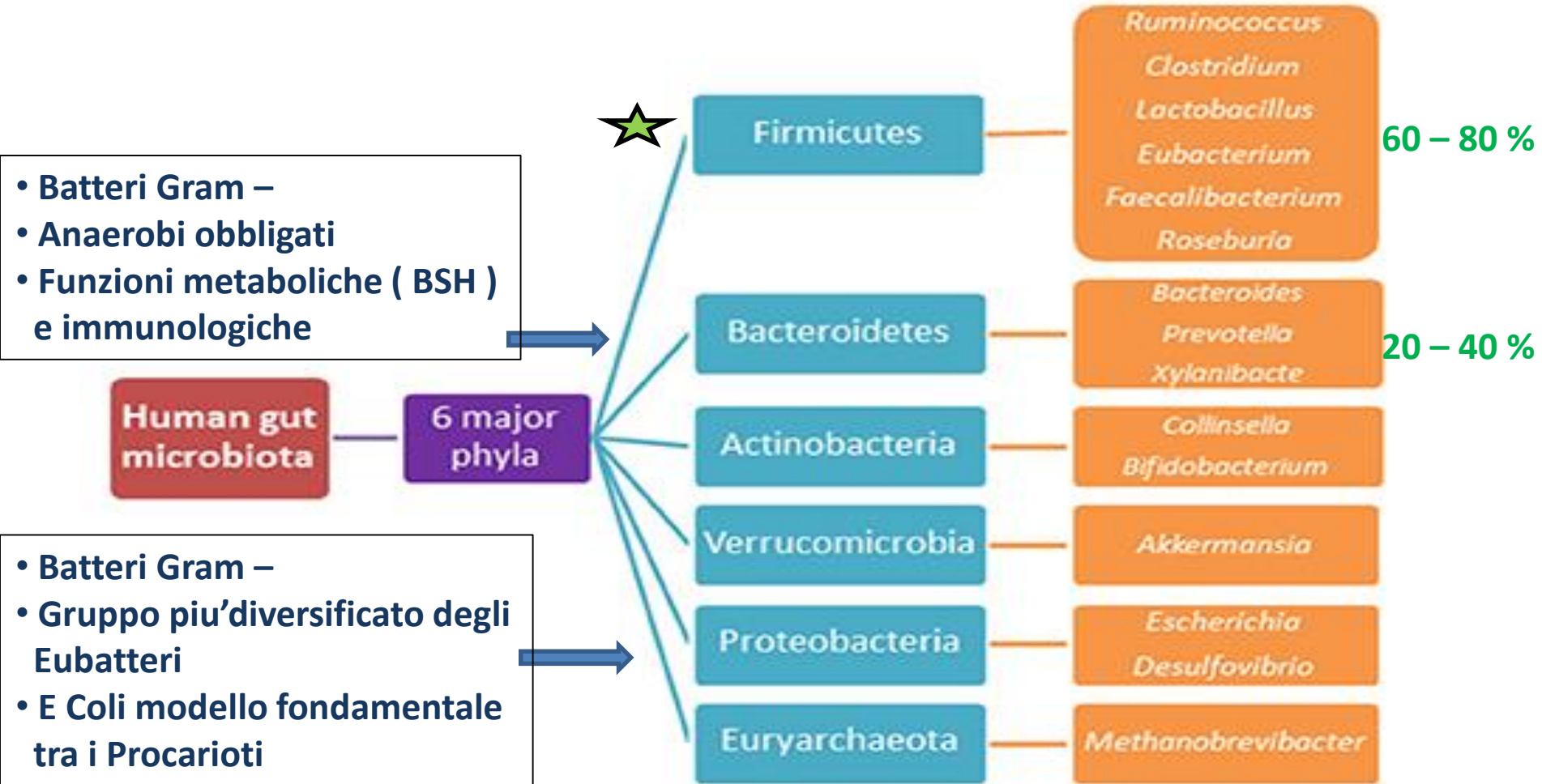
Microbial diversity (Microbioma , Virioma , Micobioma)



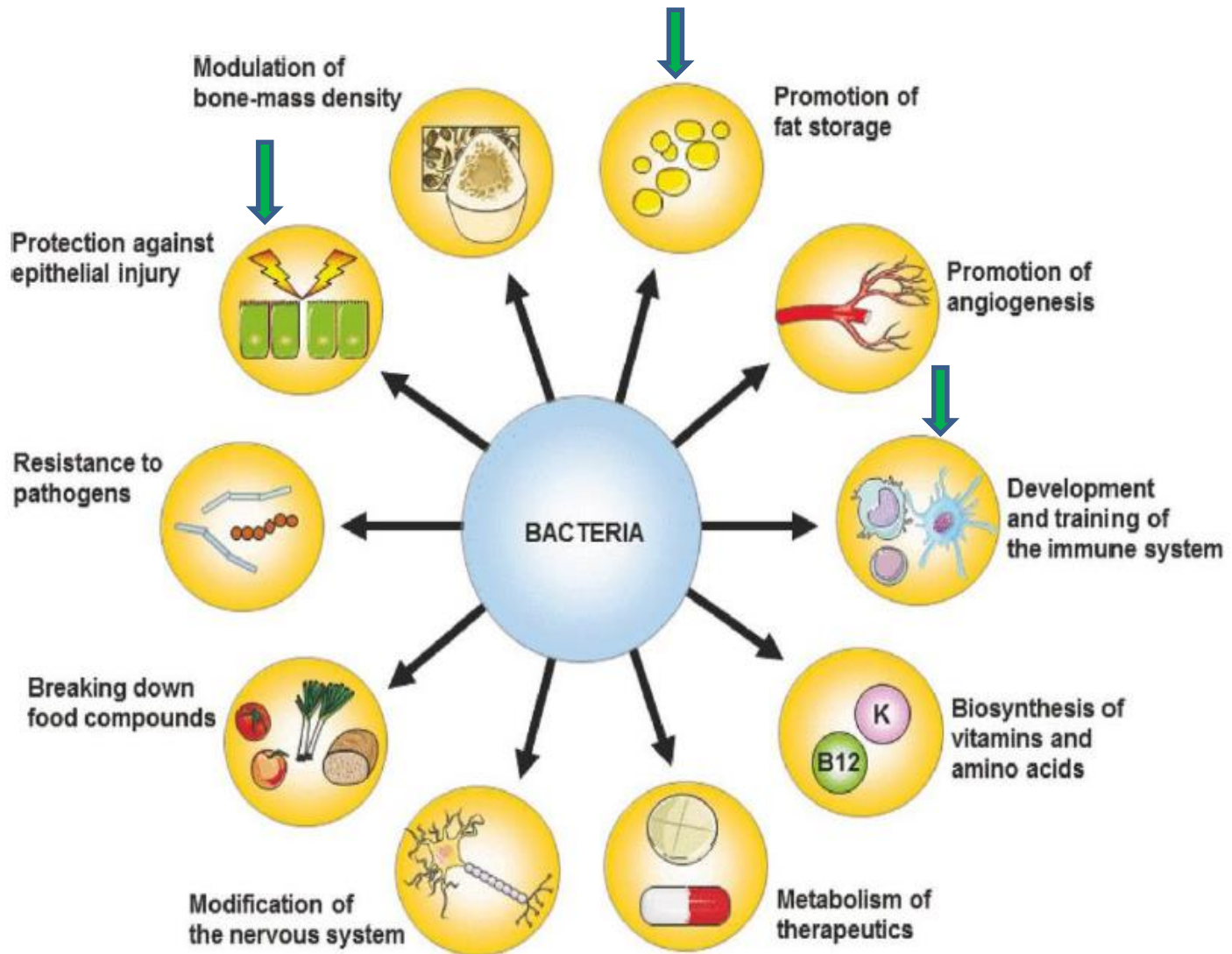
1.5 kg of bacteria

- 10^{13} bacterial cells in the gut ($>10\times$ total ensemble of human cells)
- 3-4 million genes (150x human genome)
- $>1,000$ bacterial species ,395 phylotypes , 8 bacteria phyla
- 1-3 % total body mass
- Generally non pathogenic & symbiotic with host

The 6 major phyla of human microbiota and their predominant species



Multiple functions



Eubiosis & Dysbiosis

Healthy microbiota

- Diverse
- Rich in anaerobic commensals
- ↑ 3-Indoxyl sulfate
- Pathobionts are suppressed

Eubiosis



Dysbiosis



Injured microbiota

- ↓ Diversity
- ↓ Anaerobic commensals
- Pathobionts expand:
 - ↑ Proteobacteria
 - ↑ Enterococcus spp.
 - ↑ Streptococcus spp.

Eubiosis

„Good“ coexistence of host and microflora - Symbiosis

- **Protection** of the intestinal mucous membrane against invading microorganisms
- **Antagonistic effect** on undesired microorganisms
- Contribution to **matura-tion** and stimulation of host's **immune system**
- **Nutrient digestion**
- **Vitamin** syntheses
- **Protein** syntheses

Dysbiosis

„Bad“ coexistence of host and microflora

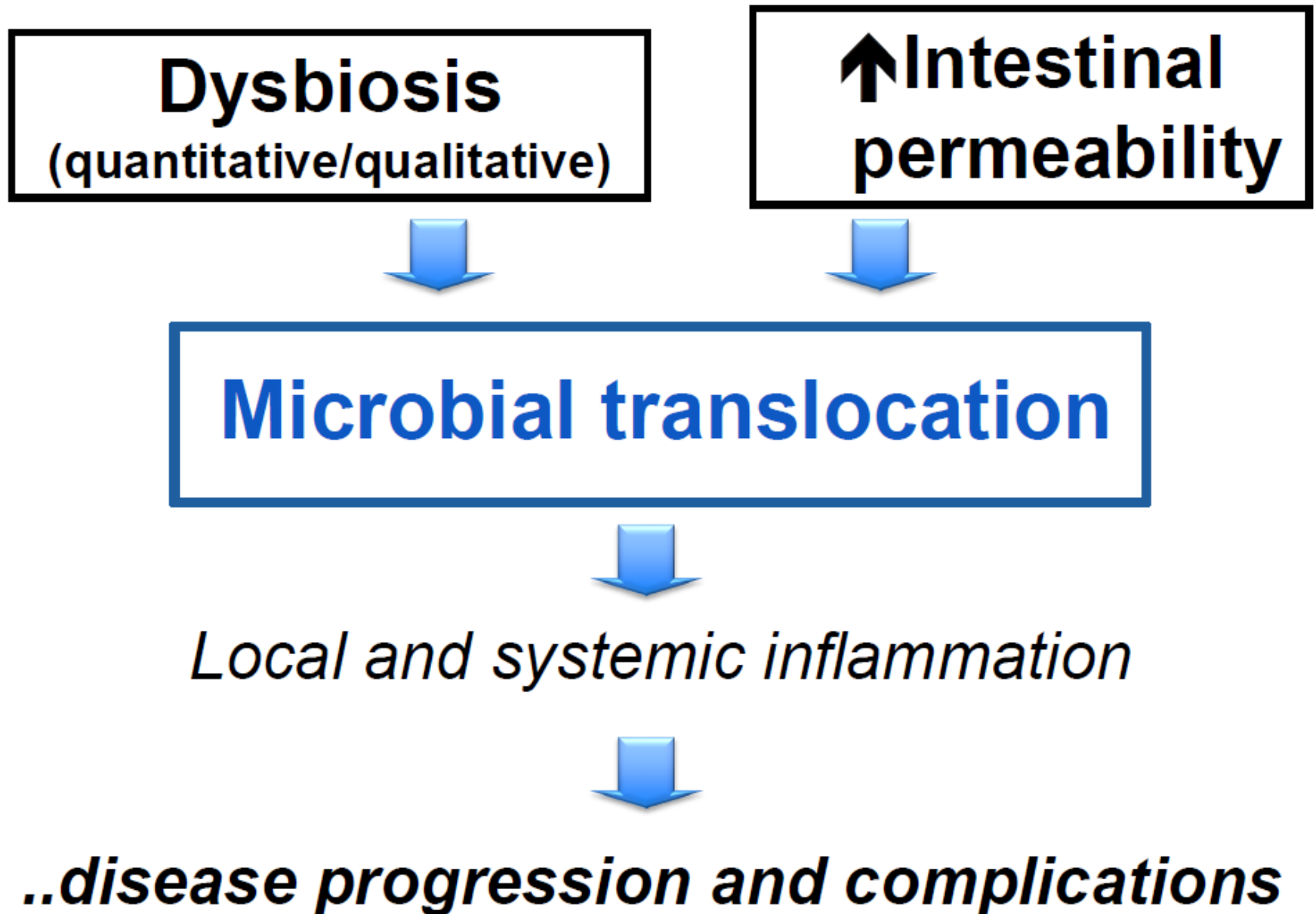
- **Damage** to the intestinal epithelium. Gut wall thickening > reduced resorption of nutrients
- **Toxic metabolic substances** (NH_3 , biogene amines, toxins)
- **Decomposition, increased gas production** (CH_4 , H_2S , CO_2)
- **Weakening** of immune system.
- **Immune reaction** > increased need of energy
- **Acceleration** of cell turn-over > increased need of **energy**

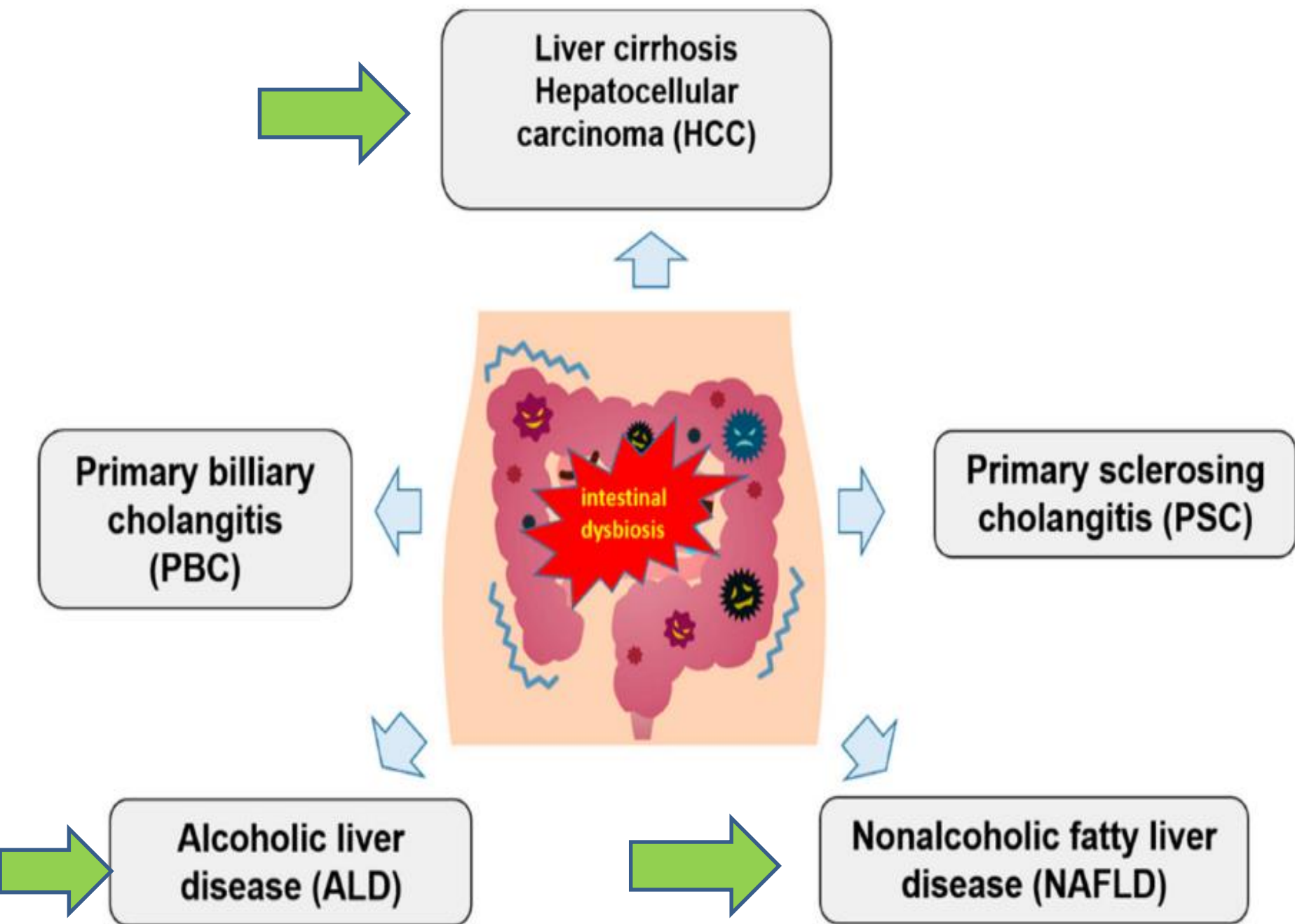
Background :

liver diseases inherently linked to microbiome

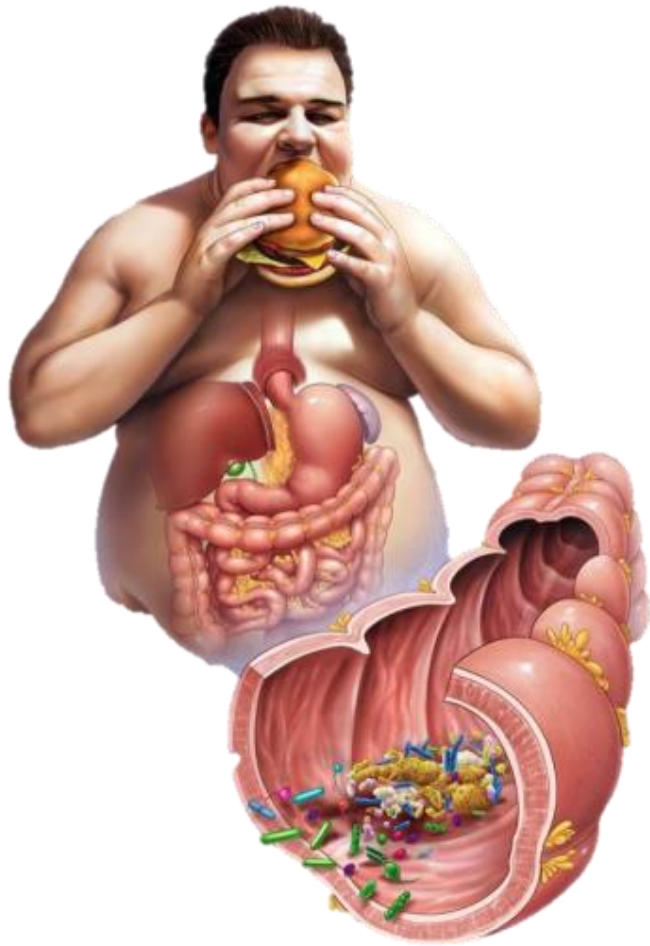
- Patients with cirrhosis have increased bacteremia , blood LPS levels and intestinal permeability
- Patients with cirrhosis have bacterial overgrowth in the small intestine
- Selective intestinale decontamination with antibiotics is beneficial for patients with decompensated cirrhosis :
 - * Empiric ceftriaxone in patients presenting with suspected variceal bleeding
 - * PBS clinical evidence of bacterial translocation leading to increased mortality
 - * Floroquinolones for secondary and then primary prevention of PBS
 - * Rifaximin for the treatment of hepatic encephalopathy
 - * Infections and sepsis are the leading cause of mortality in liver failure
- TLRs for bacterial ligands are present on liver cell
- In experimental models,several TLRs make mice sensitive to liver fibrosis

Liver disease is a Gut Microbiota disease





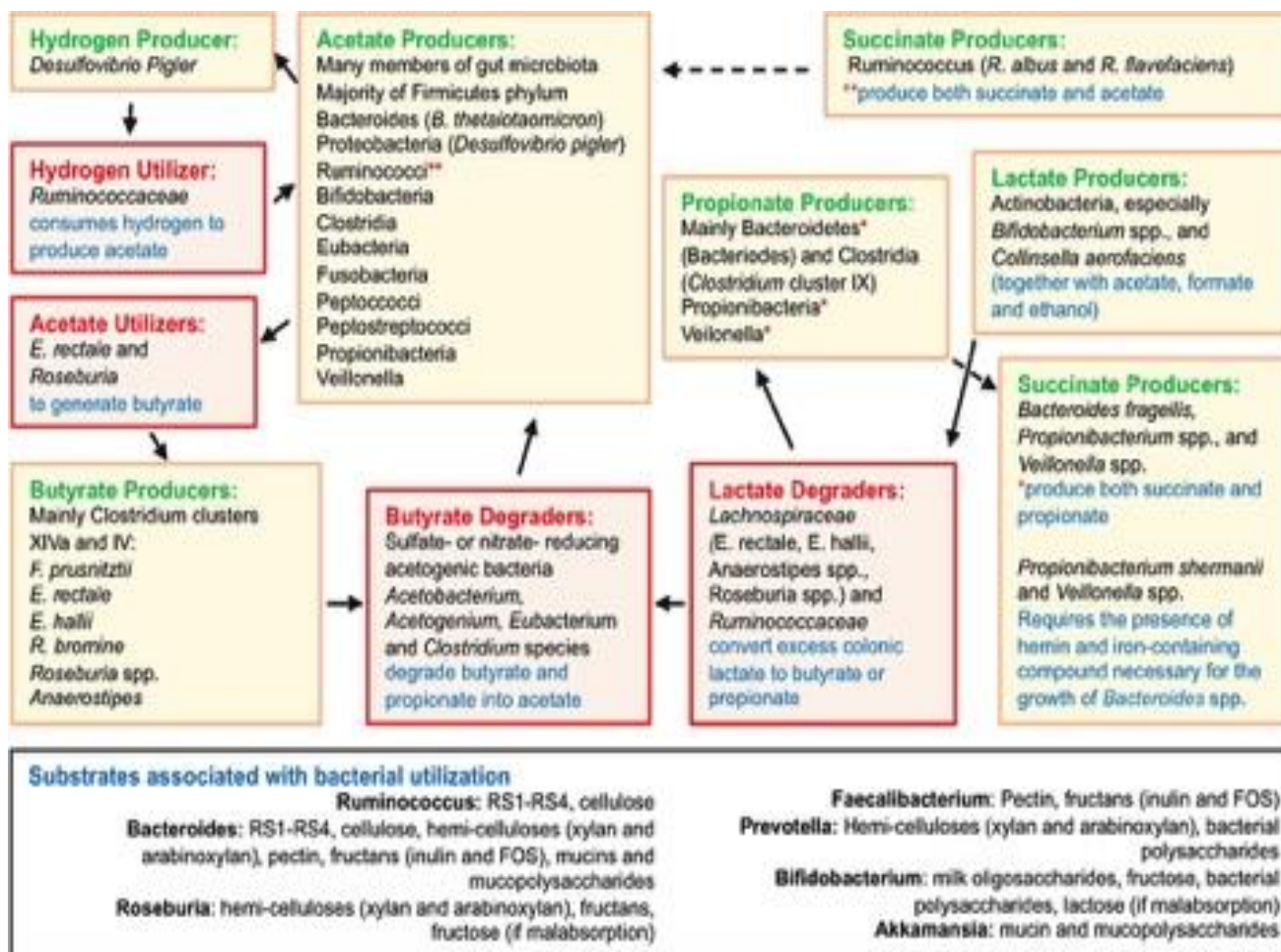
The Microbial Road to NAFLD



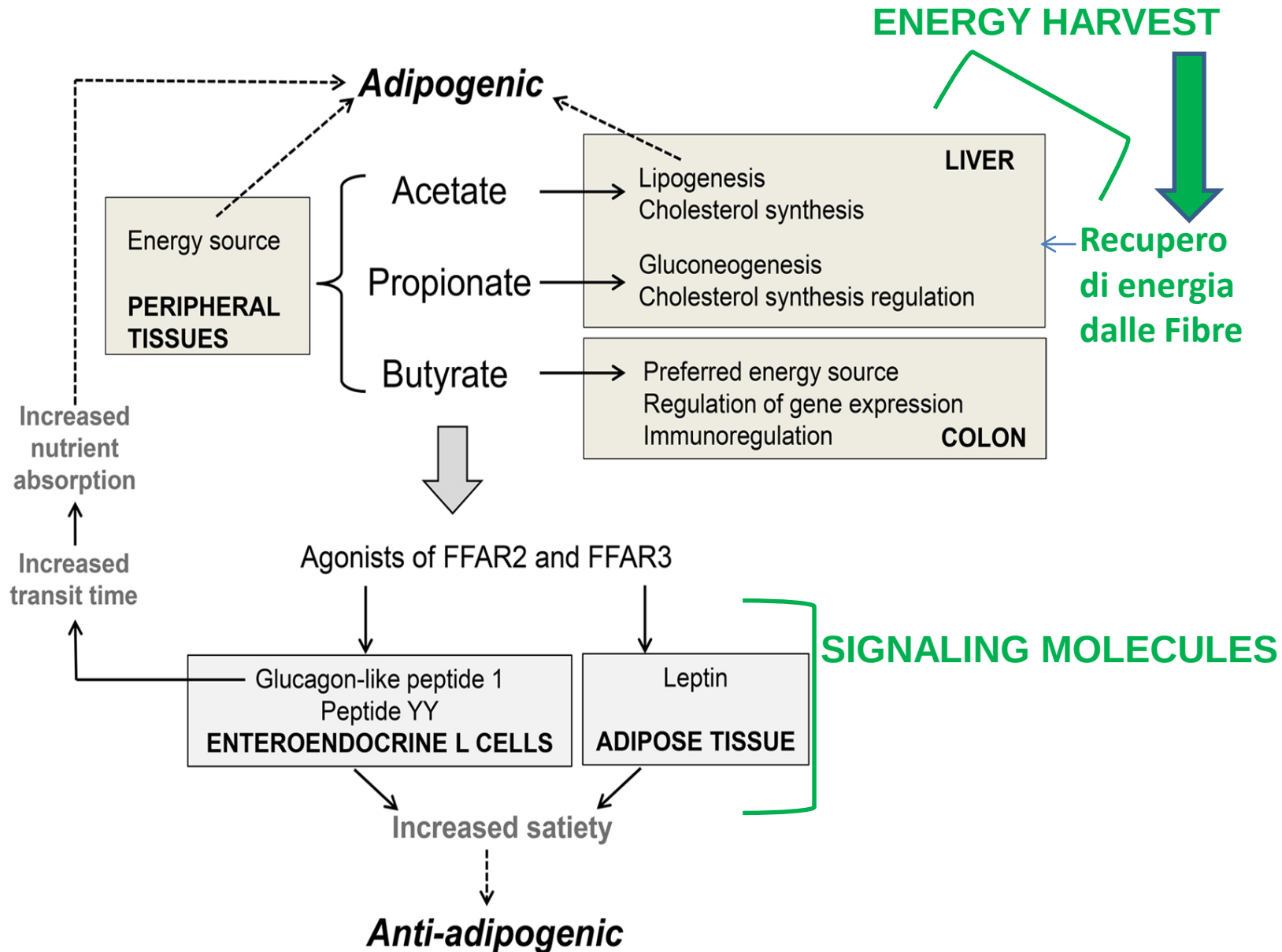
- Diet
- FXR
- Translocation
- Ethanol

SCFAs & NAFLD

SCFAs, such as acetic, propionic and butyric acid, are the major products of carbohydrate fermentation by gut microorganisms. SCFAs synthesized in the gut are changed by the amount of carbohydrate consumed and by dysbiosis.



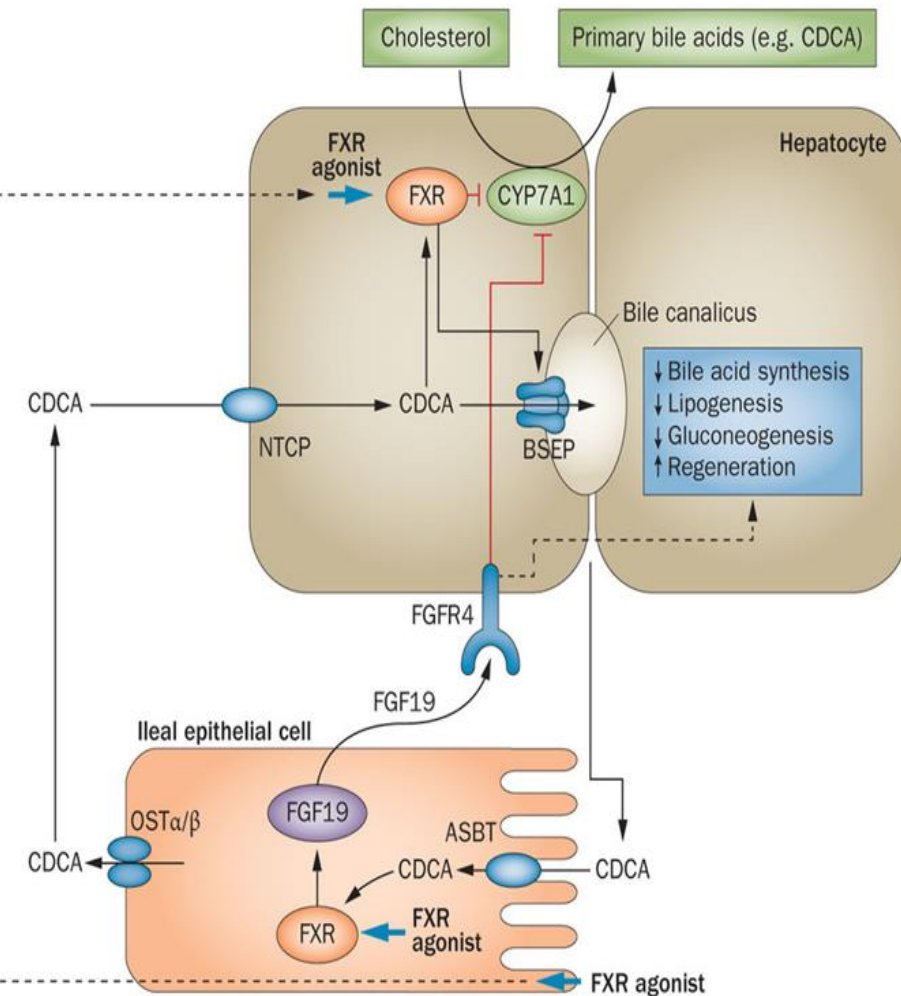
SCFAs production



FXR and BA

(common language of communication along the gut liver axis)

FXR



- B.A. and products of cholesterol catabolism in the liver
- B.A. control bacterial overgrowth and protect intestinal barrier ★
- Dysbiosis alter conjugated/secondary B.A. ratio (via reduction secondary B.A.)
- Secondary B.A. reduction lowers activation of FXR and FG5 in the ileum
- B.A. linked to metabolix enteroinemia, I.R., cytokines release
- B.A. regulate their synthesis through the activation of FXR ★
- In the intestine, FXR binds B.A., resulting in the activation of its target gene fibroblast grown factor 19 (FGF19).
- FGF19 inhibits the expression of hepatic cholesterol 7-α-hydroxylase (Cyp7a1), a rate-limiting enzyme in bile acid biosynthesis. ★
- In the liver, B.A. bind to FXR leading to: suppression of bile acids synthesis, composition and pool size; liver regeneration; reduced accumulation of fat, and improved glucose and cholesterol metabolism
- FXR induces hepatic genes involved in lipoprotein clearance: the HDL receptor Scrb1, VLDL receptor, and ApoCII, a cofactor of lipoprotein lipase
- FXR also decreases hepatic SREBP-1c.

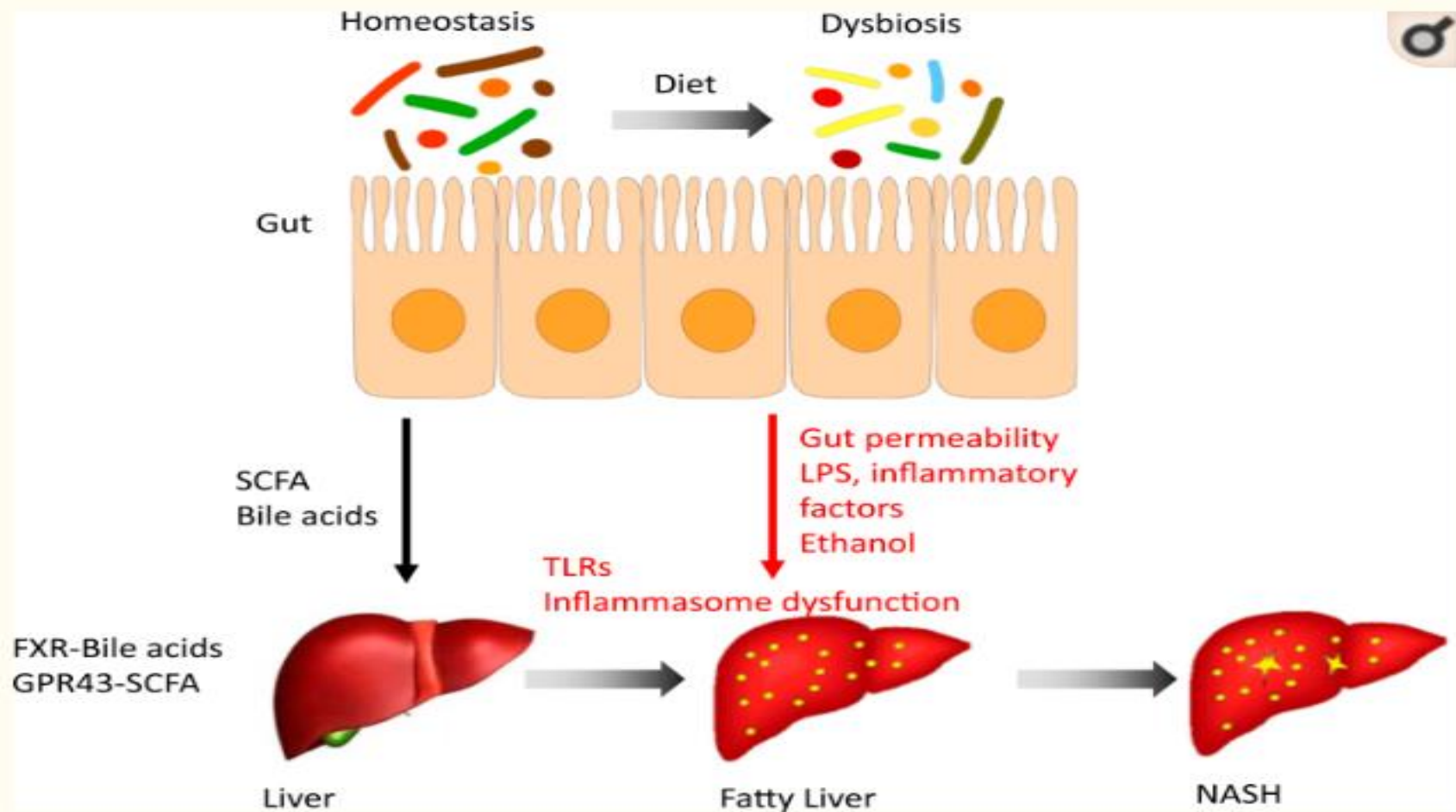


Figure 1

Suggested mechanisms for the effect of gut microbiome in NAFLD development and progression to NASH. Bacterial metabolites such as SCFA and bile acids may be potentially involved in normal liver function and reduced liver lipogenesis and inflammation. Aberrations in commensal microbiome composition, diversity, and function may lead to increased gut permeability, production of LPS and other inflammatory factor, reduced diversity of bile acids, and production of ethanol. All these metabolites and factors in combination with lipids derived from the diet can cause liver steatosis, inflammation and damage, which may lead to hepatic fibrosis, scarring, and NASH development.

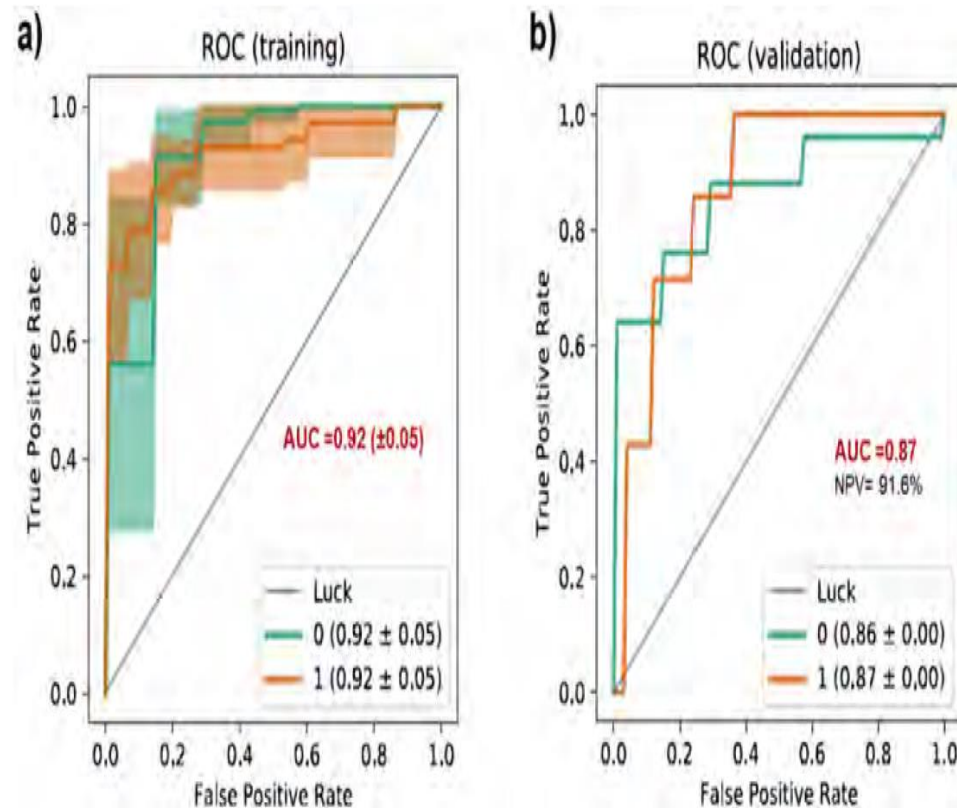
Diagnostic accuracy of gut-microbiome signatures for detecting NAFLD cirrhosis

Gut-Liver Axis

PS-157

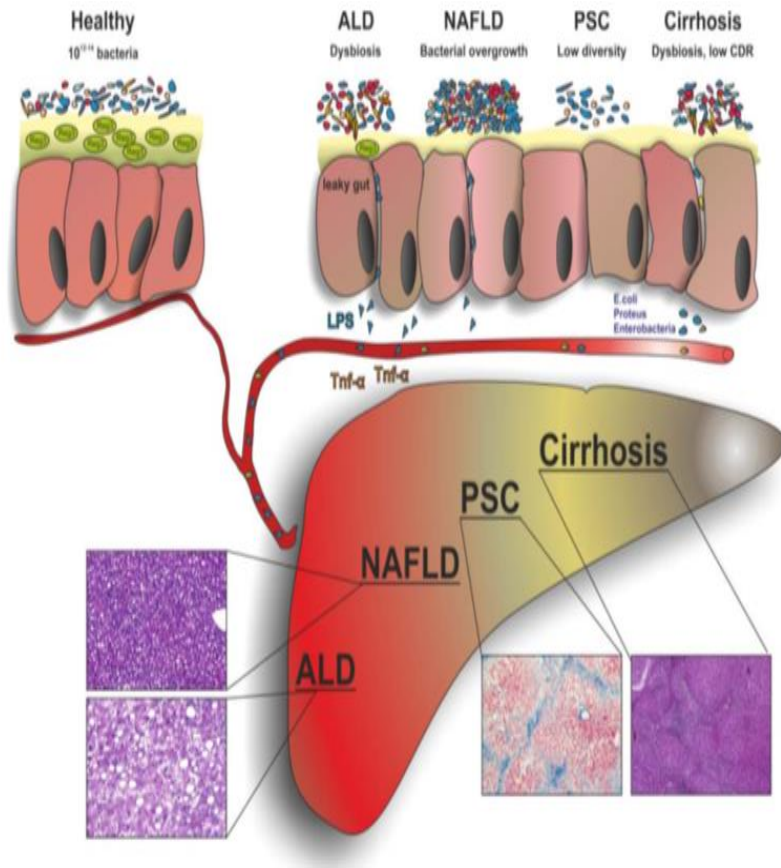
Gut microbiome signature for cirrhosis due to non-alcoholic fatty liver disease: A prospective twin and family study

Cyrielle Caussy^{1,2}, Anupriya Tripathi^{3,4,5,6}, Greg Humphrey^{3,4}, Shirin Bassirian¹, Seema Singh¹, Claire Faulkner¹, Ricki Bettencourt¹, Emily Rizo¹, Lisa Richards¹, Zhenjiang Xu⁴, Micheal Downes⁷, Ronald E. Evans⁷, David A. Brenner^{1,8}, Claude B. Sirlin⁹, Rob Knight^{3,4,10,11}, Rohit Loomba^{1,8,12}. ¹University of California at San Diego, NAFLD Research Center, La Jolla, United States; ²University Lyon 1, Hospices Civils de Lyon, Lyon, France; ³University of California at San Diego, Center for Microbiome Innovation, La Jolla, United States; ⁴University of California at San Diego, Department of Pediatrics, La Jolla, United States; ⁵University of California at San Diego, Division of Biological Sciences, La Jolla, United States; ⁶University of California at San Diego, Skaggs School of Pharmacy and Pharmaceutical Sciences, La Jolla, United States; ⁷Salk Institute for Biological Studies, Gene Expression



**Random Forest Classifier , panel of 30 features including :
27 bacterial features , Age , Sex and BMI**

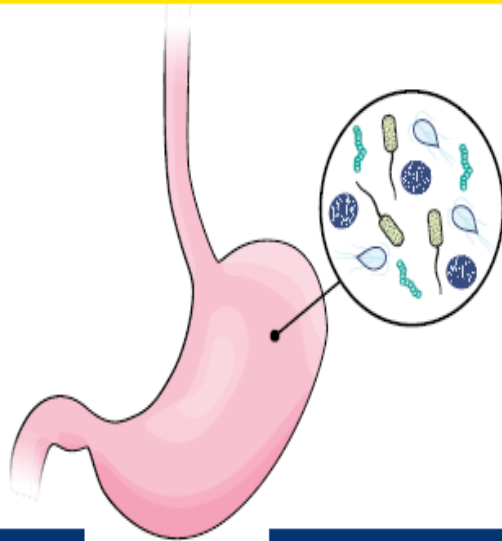
Human ALD is characterized by a profound dysbiosis



- Impaired intestinal epithelial barrier is early event in many experimental models of alcoholic liver injury even preceding intestinal dysbiosis
- A profoundly altered intestinal microbiome has been reported in several human ALD studies
- Disease transfer via FMT from patients with severe AH to mice has been reported
- The Gut's microbiota reflects a major driving force in ALD

A

ALCOHOL



Effect on metabolites

Decrease

Amino acids
Steroids
SCFAs
LCFAs
Indole-3 acetic acid
Vitamin B
Bacteriocins

Increase

Endotoxins
 β -Glucan

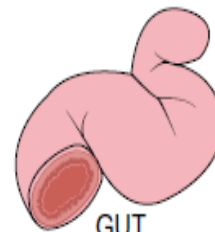
Effect on gut microbiota

Increase

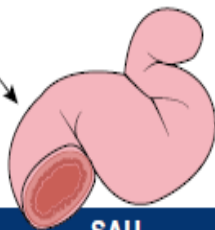
Enterobacteriaceae
Actinobacteria
Proteobacteria
Firmicutes
Prevotellaceae
Veillonellaceae
Streptococcaceae

Decrease

Clostridiales
Akkermansia
Bacteroides



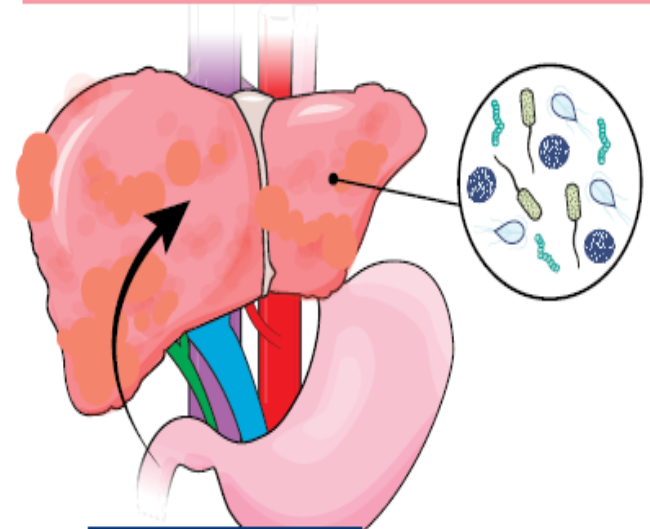
GUT
MICROBIOTA



SAH
PATHOBIONTS
METABOLOME

B

CIRRHOSIS



LPS, TNF, ENDOTOXIN, PAMPs

Increase

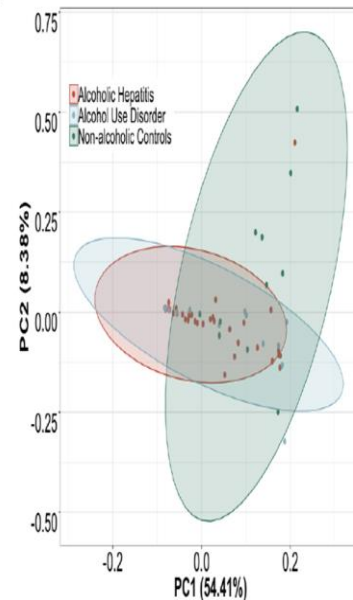
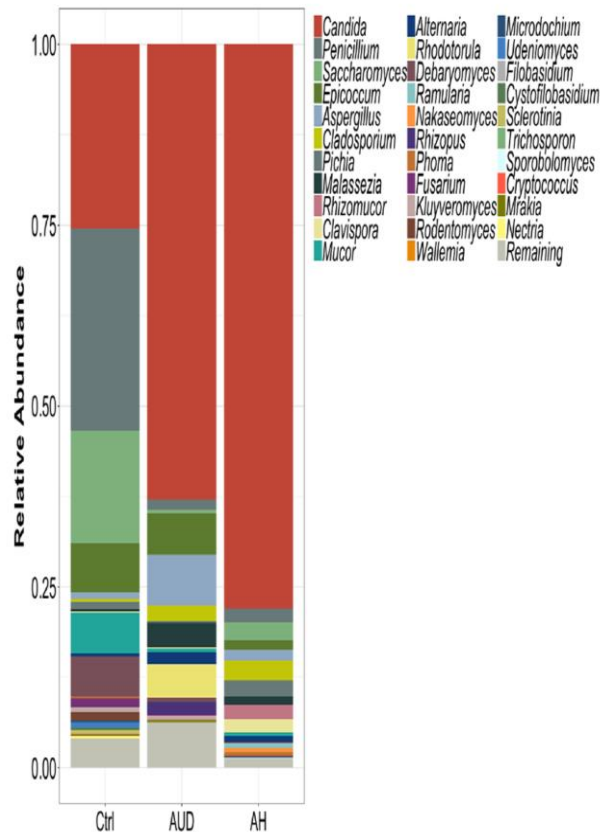
Bacteroidetes
Proteobacteria
Fusobacteria
Enterobacteriaceae
Alcaligenaceae
Fusobacteriaceae
Prevotellaceae
Bifidobacteria
Streptococci

Decrease

Lachnospiraceae
Ruminococcaceae
Coproccoccus
Faecalibacterium
prausnitzii

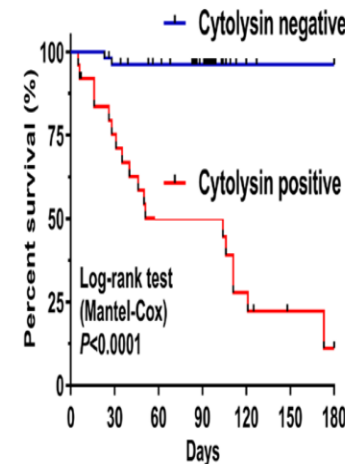
Fungal & bacterial dysbiosis in ALD

Fungal dysbiosis in patients with alcohol abuse



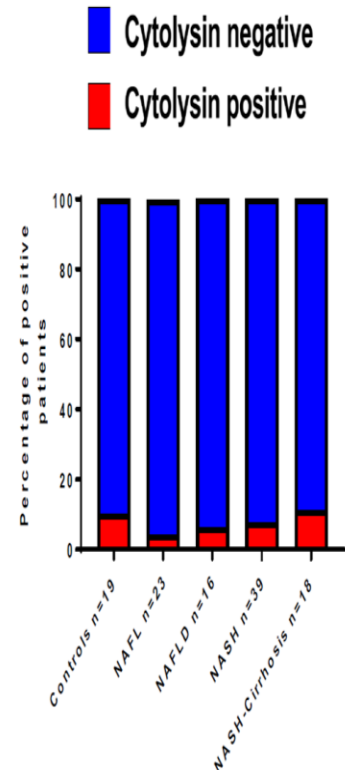
Yang A, Schnabl B, J Clin Invest 2017 ; Lang S, Schnabl B, Hepatology 2019

Enterococcus faecalis cytolysin associates with mortality in patients with alcoholic hepatitis, but not in patients with NAFLD



Multivariate Cox Regression			
Variables	HR	95% CI	P value
Cytolysin	14.07	2.83-69.85	0.001
MELD	1.09	1.01-1.16	0.022

Duan Y, Llorente C, Schnabl B, 2019

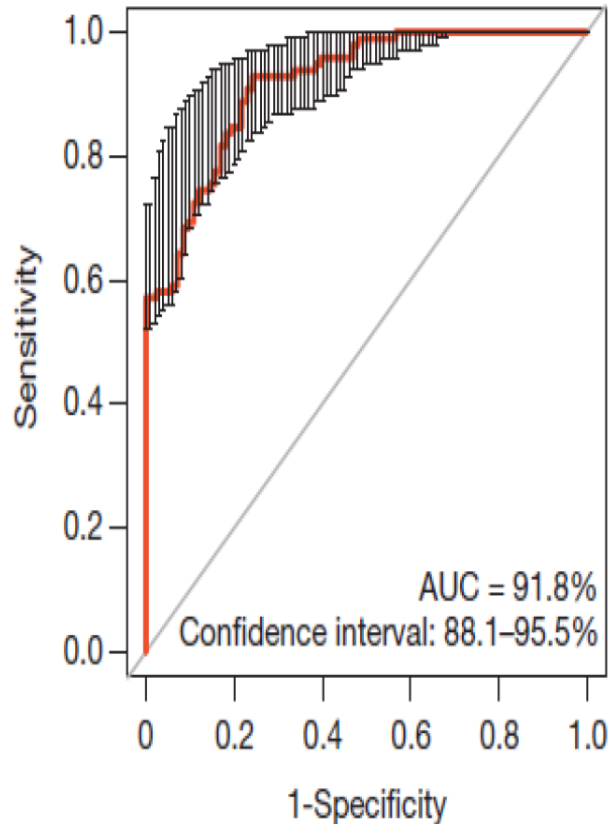
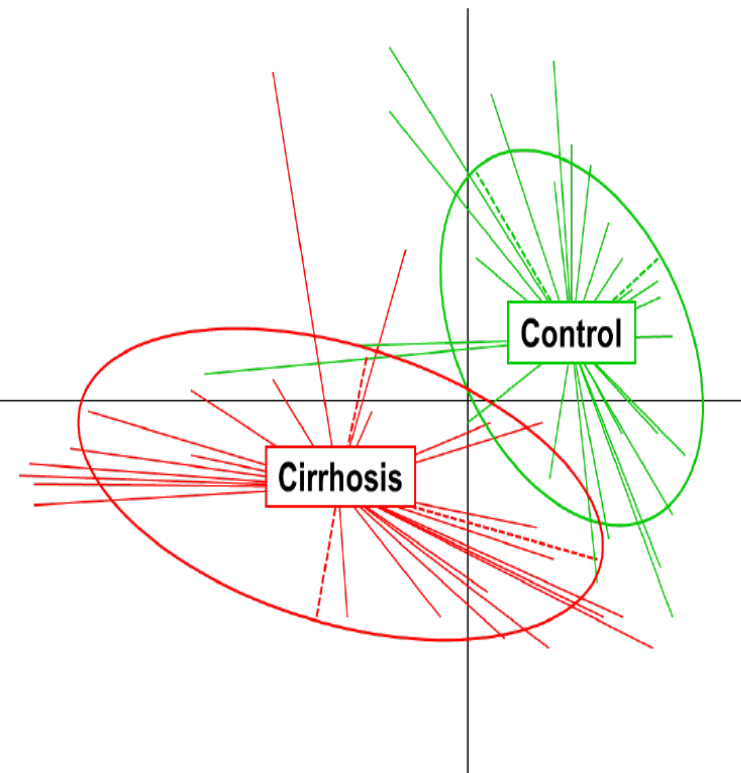


Lang S, Schnabl B, unpublished

Microbiota nella cirrosi epatica

- La cirrosi epatica è associata a una **profonda alterazione del microbiota (disbiosi)**
- **Bacteroidetes** sono ridotti , **Proteobacteriaceae** sono altamente aumentati
- Batteri del **cavo orale** sono altamente rappresentati nell'intestino
- La cirrosi e il successivo scompenso sono caratterizzati : dal **peggioramento della disbiosi** , dalla **disfunzione della barriera intestinale** , dalla **aumentata permeabilità intestinale** , dalla **traslocazione di batteri** , **metaboliti e mediatori microbici** , da **infiammazione locale e sistemica**
- La progressione della cirrosi , la sarcopenia , le infezioni e gli eventi di scompenso (da EPS ad ACLF) sono “ **Gut-Liver-Brain Axis Driven** ”
- L'alterazione di Gut-Liver-Brain Axis costituisce un nuovo “ **target terapeutico** ” nella cirrosi epatica

Cirrhotic patients have a different fecal microbiota composition



Cirrhosis dysbiosis ratio
(CDR)

	CDR
Controls	2.05
Compensated Outpatients	0.89
Decompensated Outpatients	0.66
Inpatients	0.32

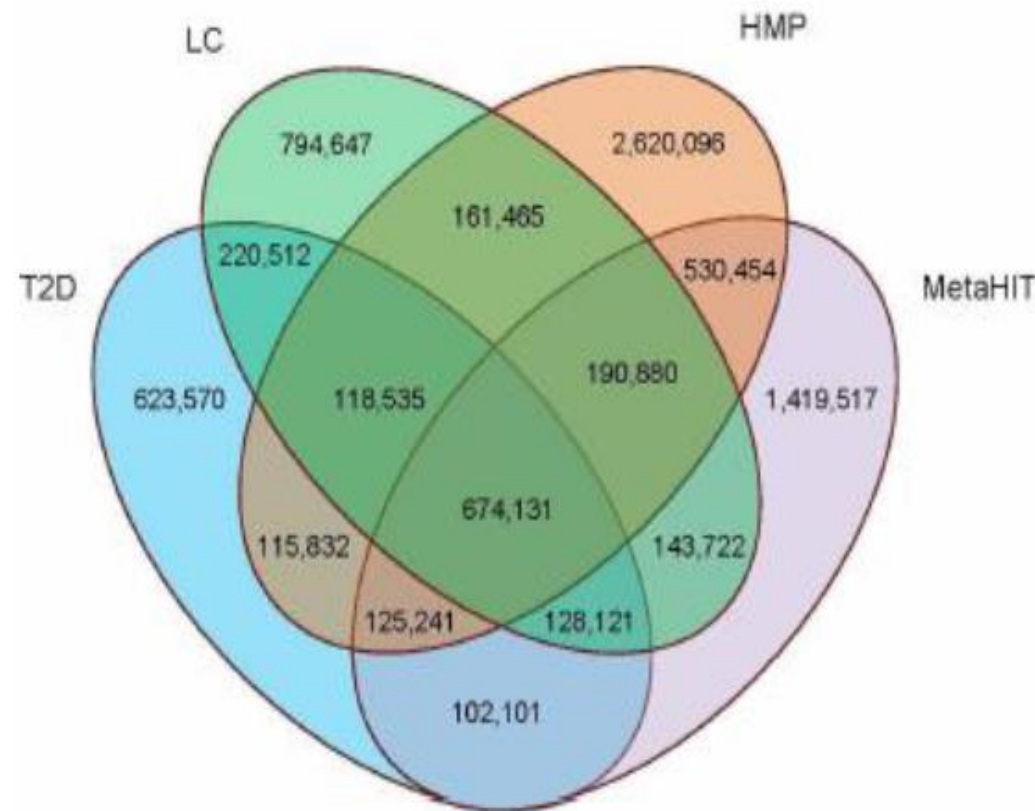
“Good” bacteria

“Bad” bacteria

A Chinese Study

Alterations of the human gut microbiome in liver cirrhosis

Nan Qin^{1,2*}, Fengling Yang^{1*}, Ang Li^{1*}, Edi Prifti^{3*}, Yanfei Chen^{1*}, Li Shao^{1,2*}, Jing Guo¹, Emmanuelle Le Chatelier³, Jian Yao^{1,2}, Lingjiao Wu¹, Jiawei Zhou¹, Shujun Ni¹, Lin Liu¹, Nicolas Pons³, Jean Michel Batto³, Sean P. Kennedy³, Pierre Leonard³, Chunhui Yuan¹, Wenchao Ding^{1,2}, Yuanting Chen¹, Xinjun Hu¹, Beiwen Zheng^{1,2}, Guirong Qian¹, Wei Xu¹, S. Dusko Ehrlich^{3,4}, Shusen Zheng^{2,5} & Lanjuan Li^{1,2}



✓ A novel gut gene catalogue (98 patients with liver cirrhosis and 83 controls)

✓ Comparison with MetaHIT, Human Microbiome Project, T2D catalogues

✓ 2.69 million genes, 36.1% are novel:
SEVERE DYSBIOSIS

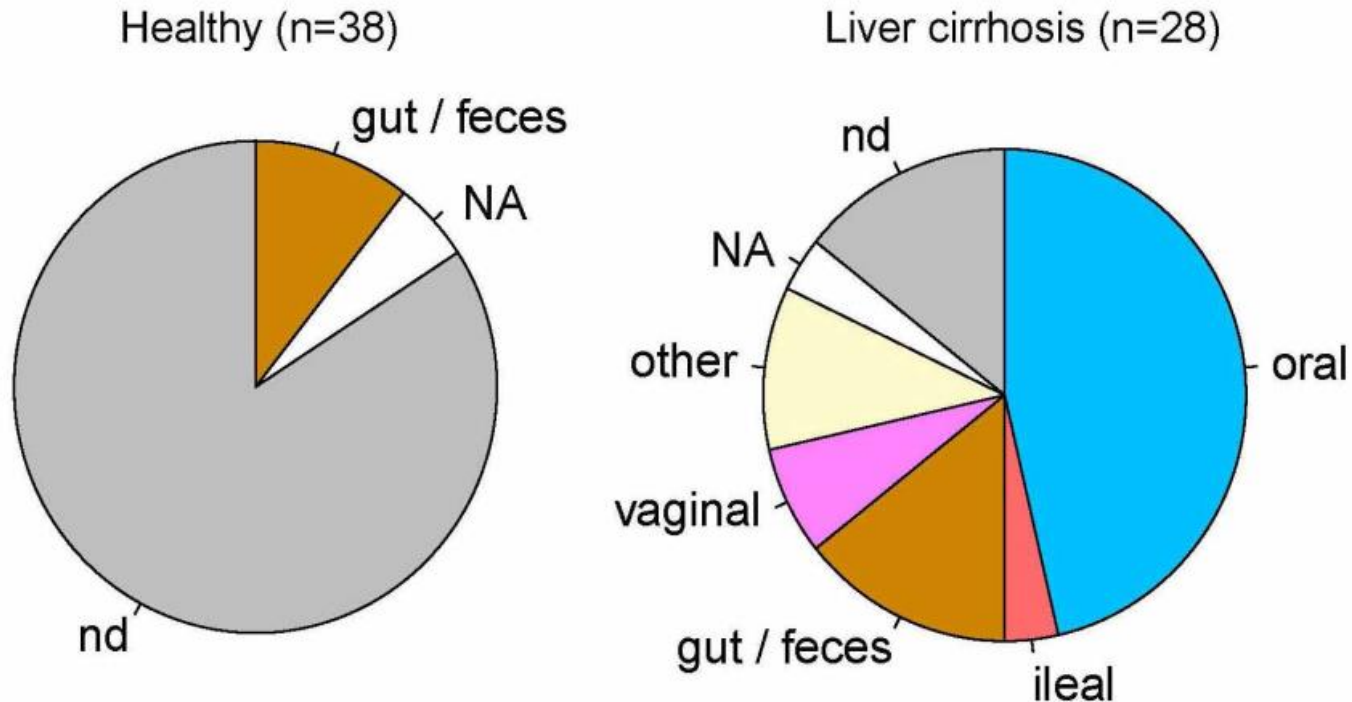
4 currently available major human microbiome gene sets

The fingerprint of gut microbiota in liver cirrhosis



Invasion of the Gut from the Mouth in cirrhosis

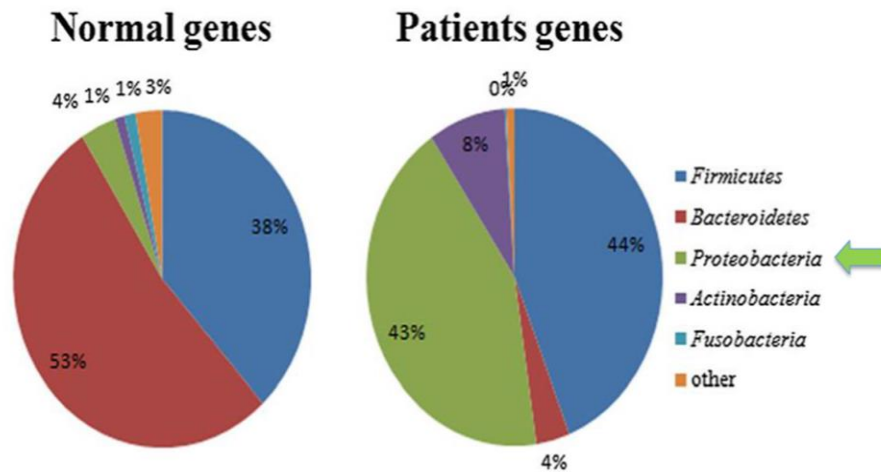
Unbalance between potentially pathogenic and beneficial bacteria



Species enriched in cirrhotics' fecal samples belong to *Veillonella* or *Streptococcus* taxa, which usually derive from the mouth or the small intestine

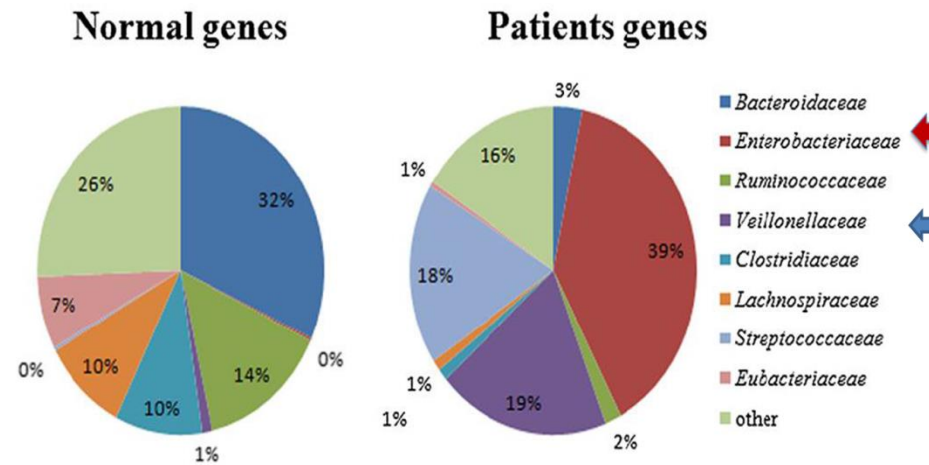
The fingerprint of gut microbiota in liver cirrhosis

Unbalance between potentially pathogenic and beneficial bacteria
PHYLUM LEVEL



Lu et al. Microb Ecol 2011
Chen et al. Hepatology 2011
Wei X et al BMC Gastroenterology 2011

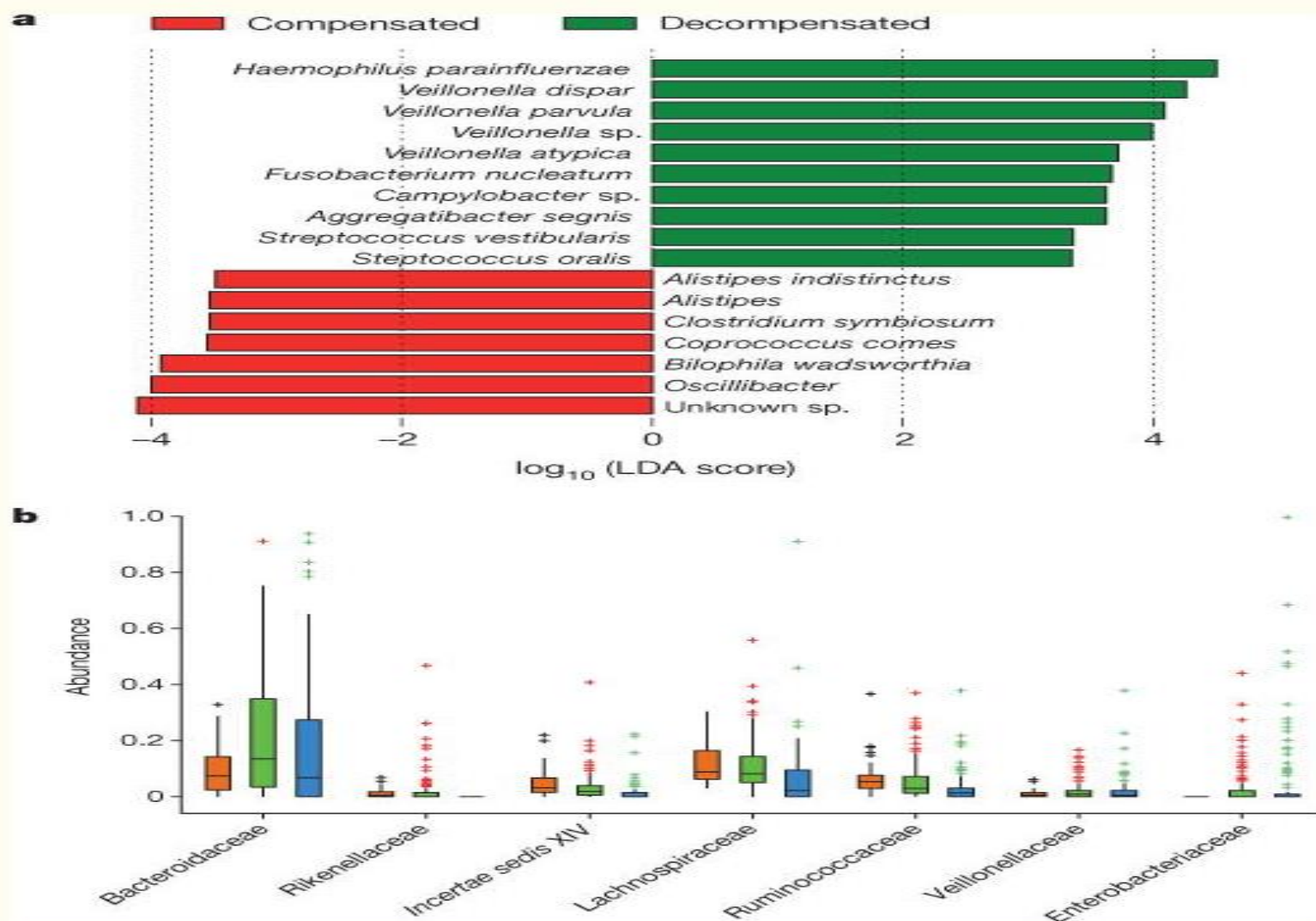
Unbalance between potentially pathogenic and beneficial bacteria
FAMILIA LEVEL



Lu et al. Microb Ecol 2011
Chen et al. Hepatology 2011
Wei X et al BMC Gastroenterology 2011

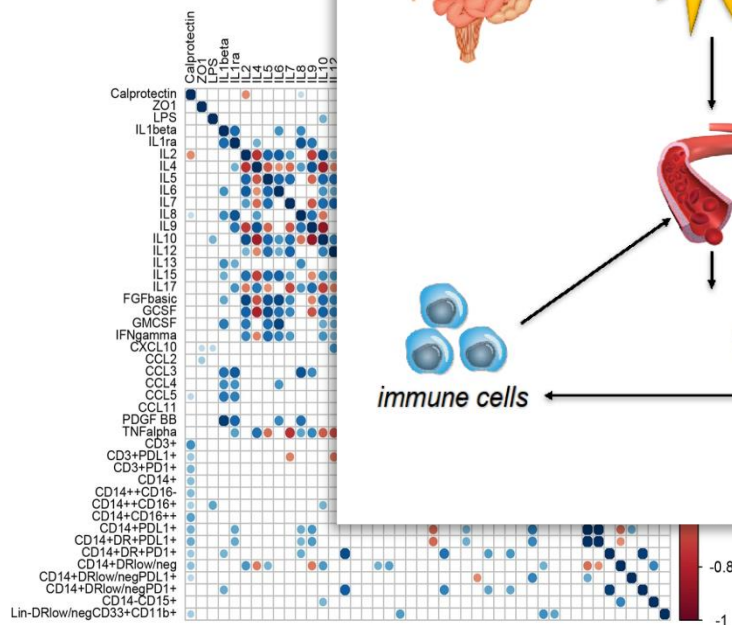
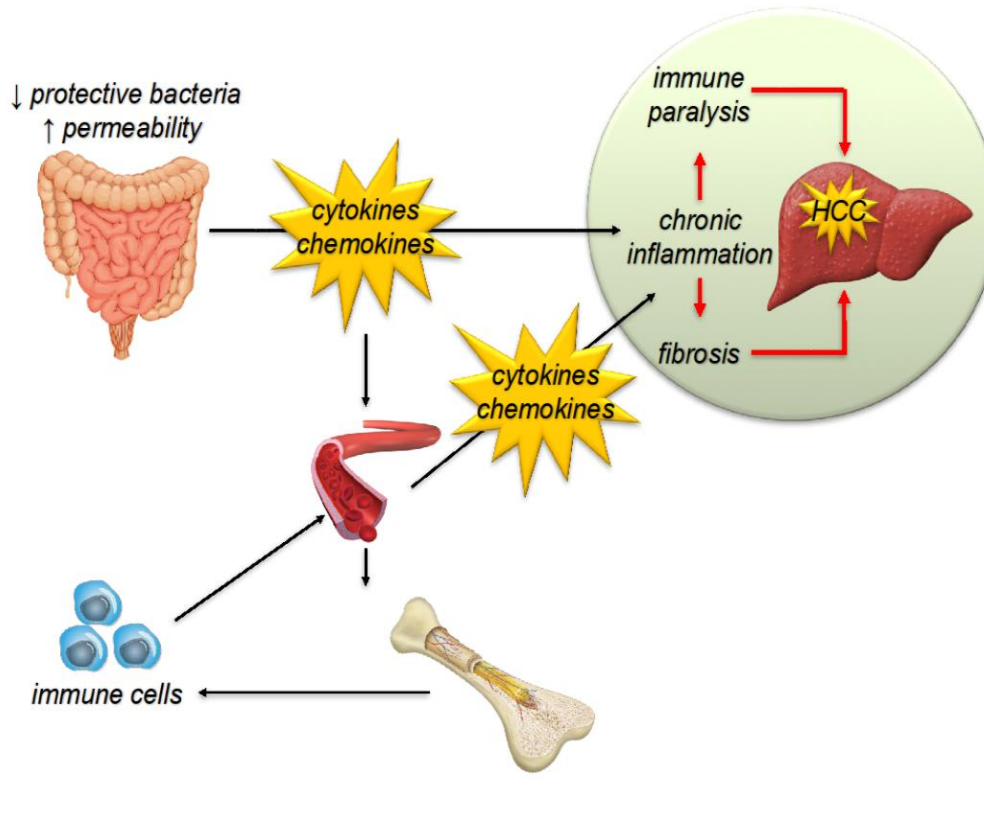
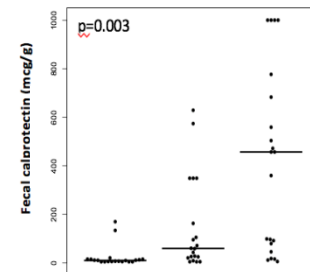
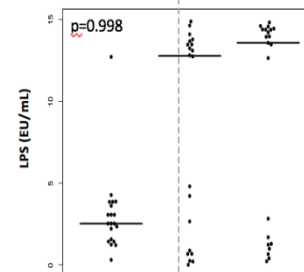
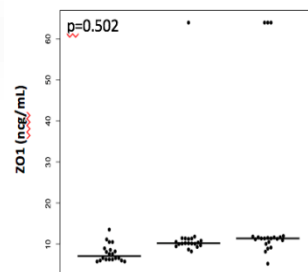
Decompensated cirrhosis and microbiome interpretation

[Jasmohan S. Bajaj](#),¹ [Naga S. Betrapally](#),² and [Patrick M. Gillevet](#)²

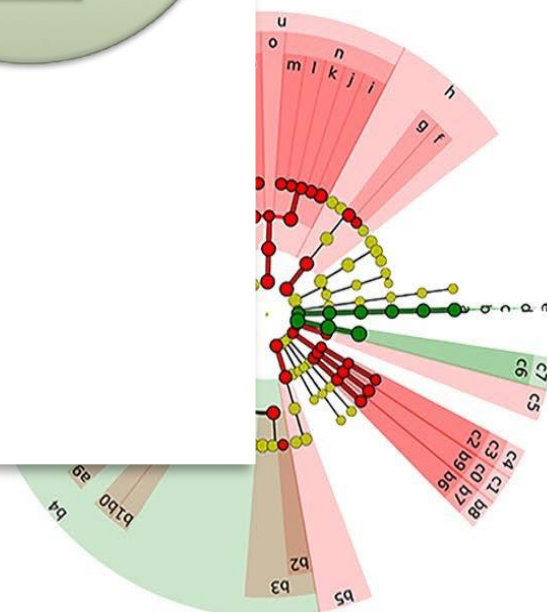


Hepatocellular Carcinoma Is Associated With Gut Microbiota Profile and Inflammation in Nonalcoholic Fatty Liver Disease

Francesca Romana Ponziani,¹ Sherrie Bhoori,² Chiara Castelli,³ Maurizio Sanguinetti,⁴ Daniele Morelli,⁷ Francesco Paroni Sterbini,⁵ Chiara Camisaschi,³ Anna Picca,⁸ Alessandra Tuccitto,³ Antonio G



erium & Akkermansia



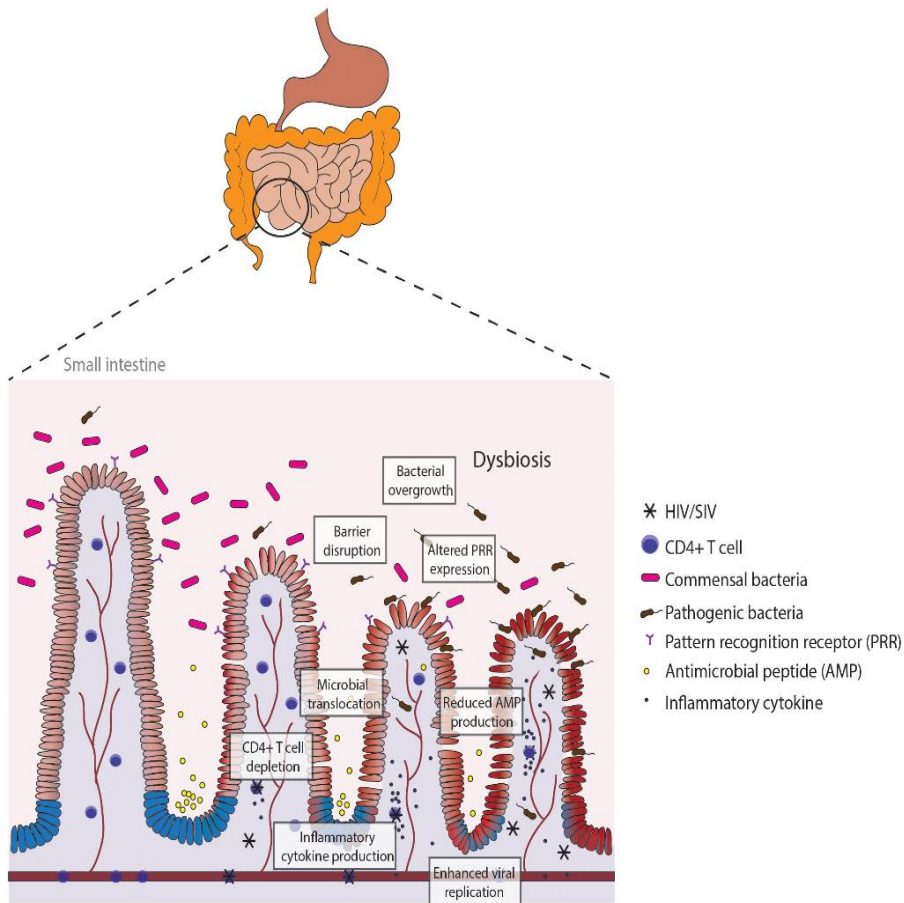
GUT Microbiome & HCC

Gut microbiome analysis as a tool towards targeted non-invasive biomarkers for early hepatocellular carcinoma

What are the new findings?

- ▶ Faecal microbial diversity was decreased from healthy controls to cirrhosis, but it was increased from cirrhosis to early HCC with cirrhosis.
- ▶ Butyrate-producing bacterial genera were decreased, while genera producing lipopolysaccharide were increased in early HCC versus healthy controls.

Gut Microbiome in acute or chronic non cirrhotic hepatitis B/C



- HBV acute and chronic
- HCV chronic
- ACLF

HBV infection & Gut Microbiota

ORIGINAL RESEARCH ARTICLE

Front. Cell. Infect. Microbiol., 05 November 2019 | <https://doi.org/10.3389/fcimb.2019.00377>

Hepatitis B Virus Infection Alters Gut Microbiota Composition in Mice

 Qingfeng Zhu,  Panpan Xia,  Xin Zhou,  Xiaoran Li,  Weina Guo,  Bin Zhu,  Xin Zheng,  Baoju Wang,
Dongliang Yang and  Junzhong Wang*

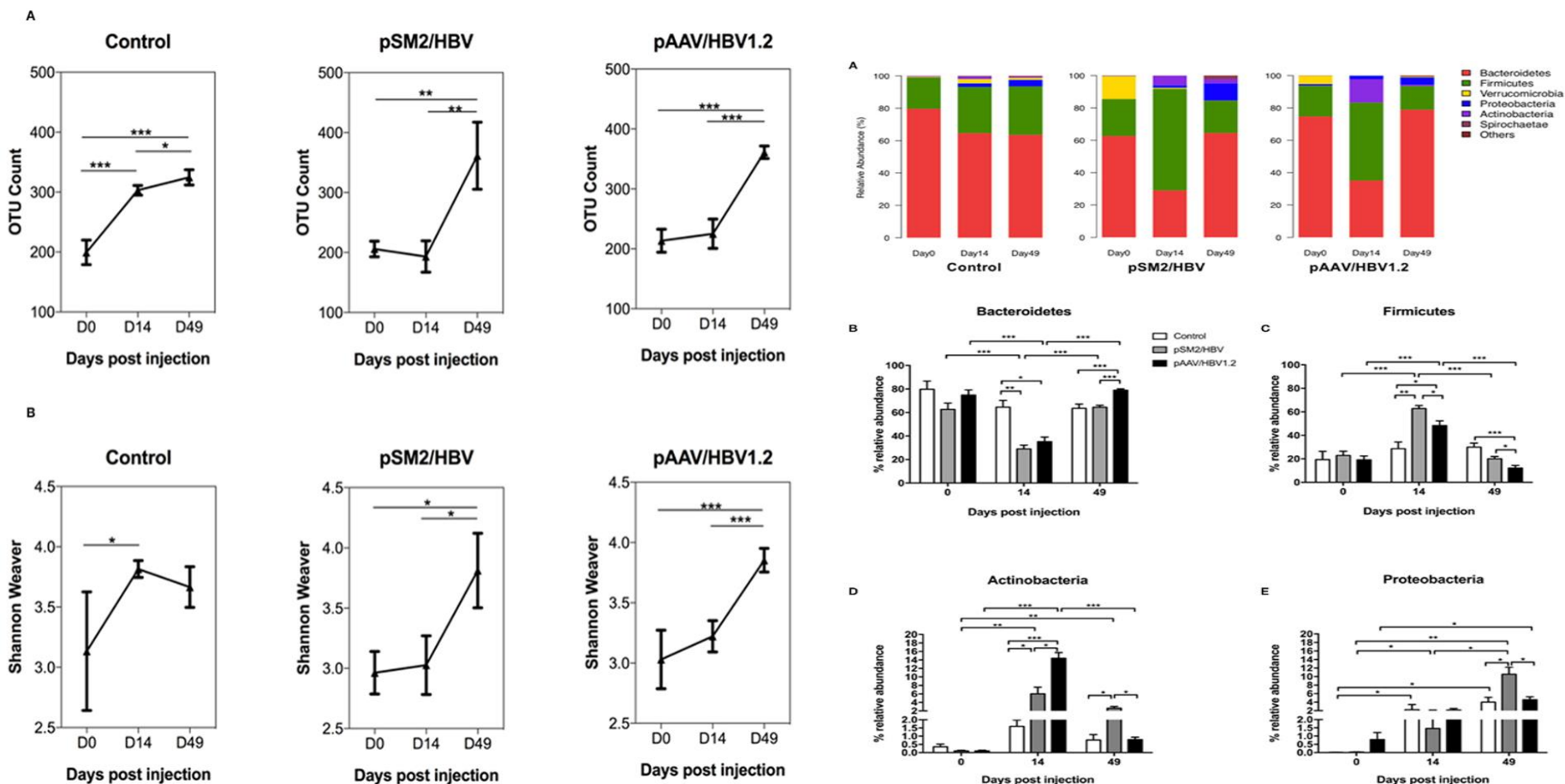
Department of Infectious Diseases, Tongji Medical College, Union Hospital, Huazhong University of Science and Technology, Wuhan, China

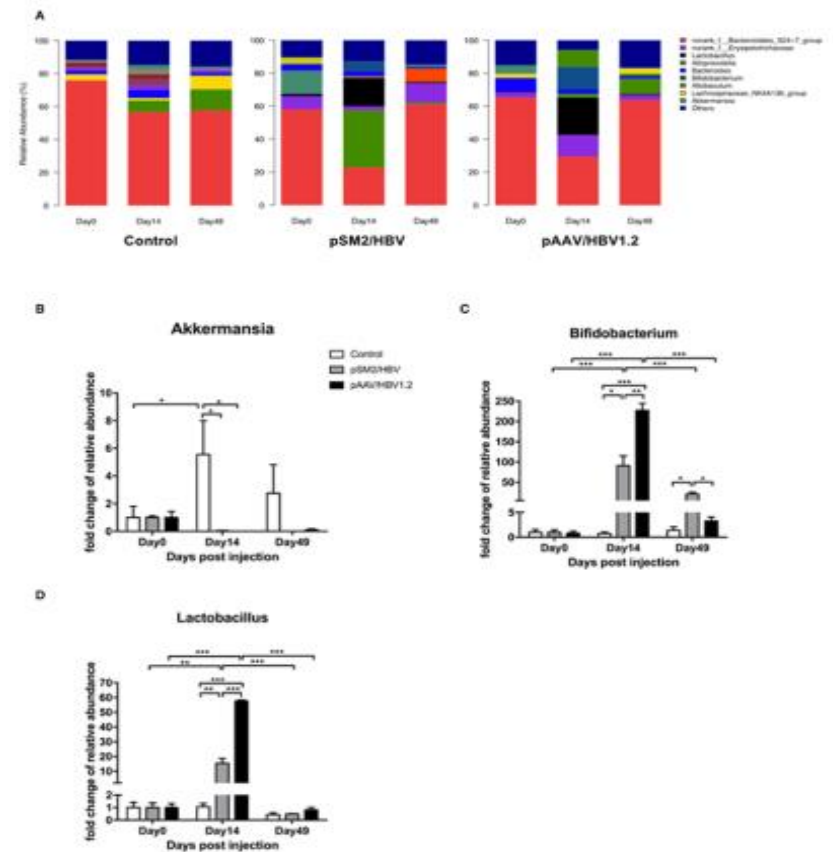
- **Analysis of dynamics alterations of gut microbiota following HBV infection**
- **Hydrodynamic injection mouse model, mimicking acute or chronic HBV infection in humans with comparable virological and immunological features was used**
- **The composition of gut microbiota in the control mice and mice with acute or chronic infection was analyzed at different time points using the Illumina MiSeq platform**
- **Expression of immune molecules in the colon was detected by real-time PCR**

HBV infection & Gut Microbiota Results

Dynamic changes in the overall abundance and diversity of gut microbiota

Phylum level dynamic changes in gut microbiota

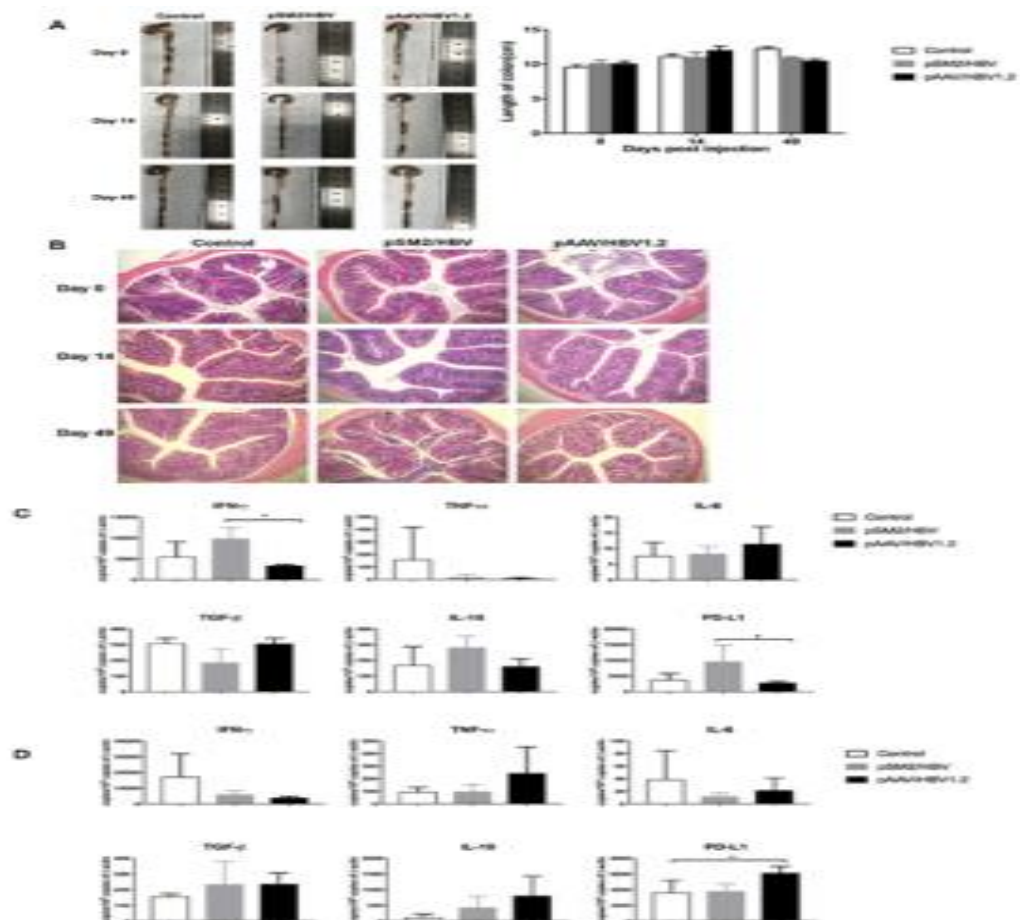




HBV infection & Gut Microbiota

Results

Pathological and immunological changes in the colon

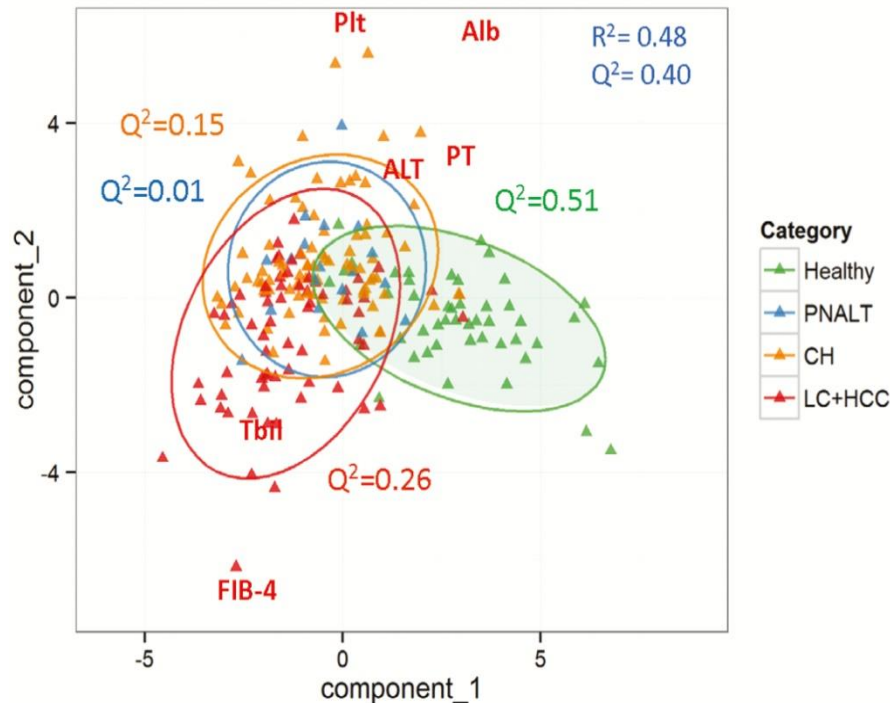


HBV & Gut Microbiota : Conclusions

- Gut microbiota in the control mice changed remarkably by day 14 based on total observed OTU and Shannon-Weaver Index , while this was delayed in mice with HBV infection
- Abundance of Bacteroidetes decreased and that of Firmicutes increased by day 14 in mice with acute or chronic infection
- Bacteroidetes is critical for production of Butyrate an SCF inducing extrathymic T-reg differentiation
- Firmicutes can absorb and consume more calories and HBV specific immune response requires increasing energy consumption
- Firmicutes/Bacteroidetes ratio help to shape the HBV immune specific response via fatty acids metabolism and energy consumption
- Firmicutes / Bacteroidetes ratio decrease after 49 day
- The dynamic changing pattern in the abundance of Lactobacillus and Bifidobacterium differs in mice with acute vs chronic infection and is related to IFN- γ mediated immune response
- The expression of IFN- γ and PDL1 in the colon was up-regulated in mice with acute HBV infection vs chronic at day 14 and PD-L1 was up-regulated in mice with HBV chronic infection vs control

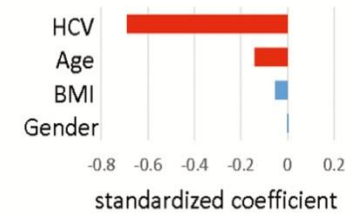
GUT Bacterial Community in Healthy Individuals and Chronic Hepatitis C

(A)

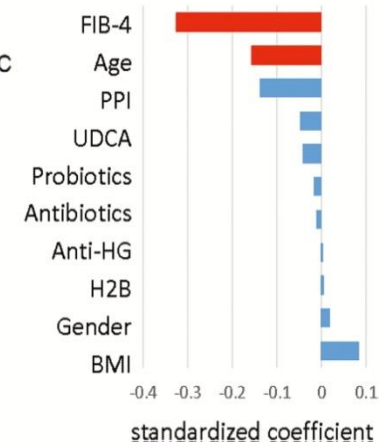


(B)

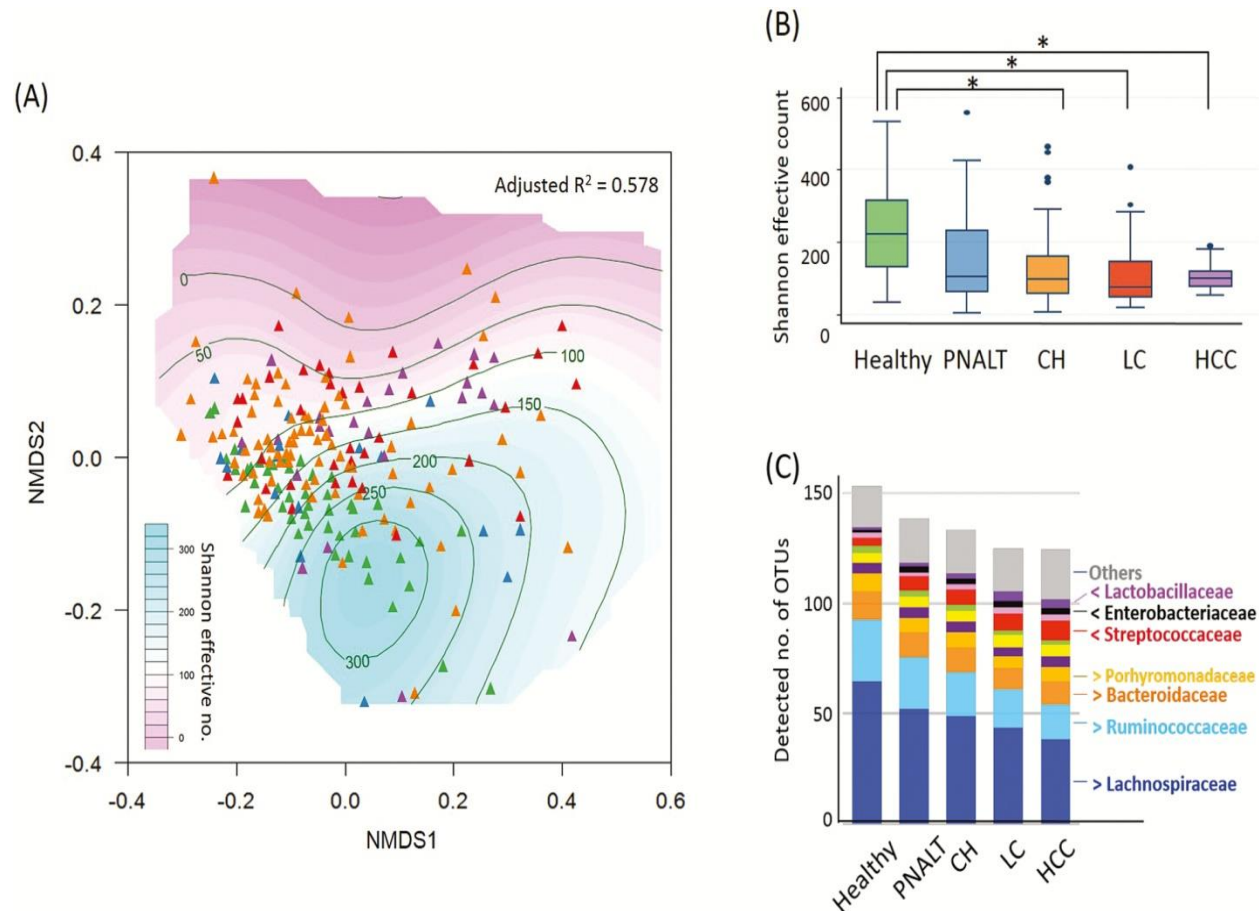
Against Component 1 ($R^2 = 0.55$)



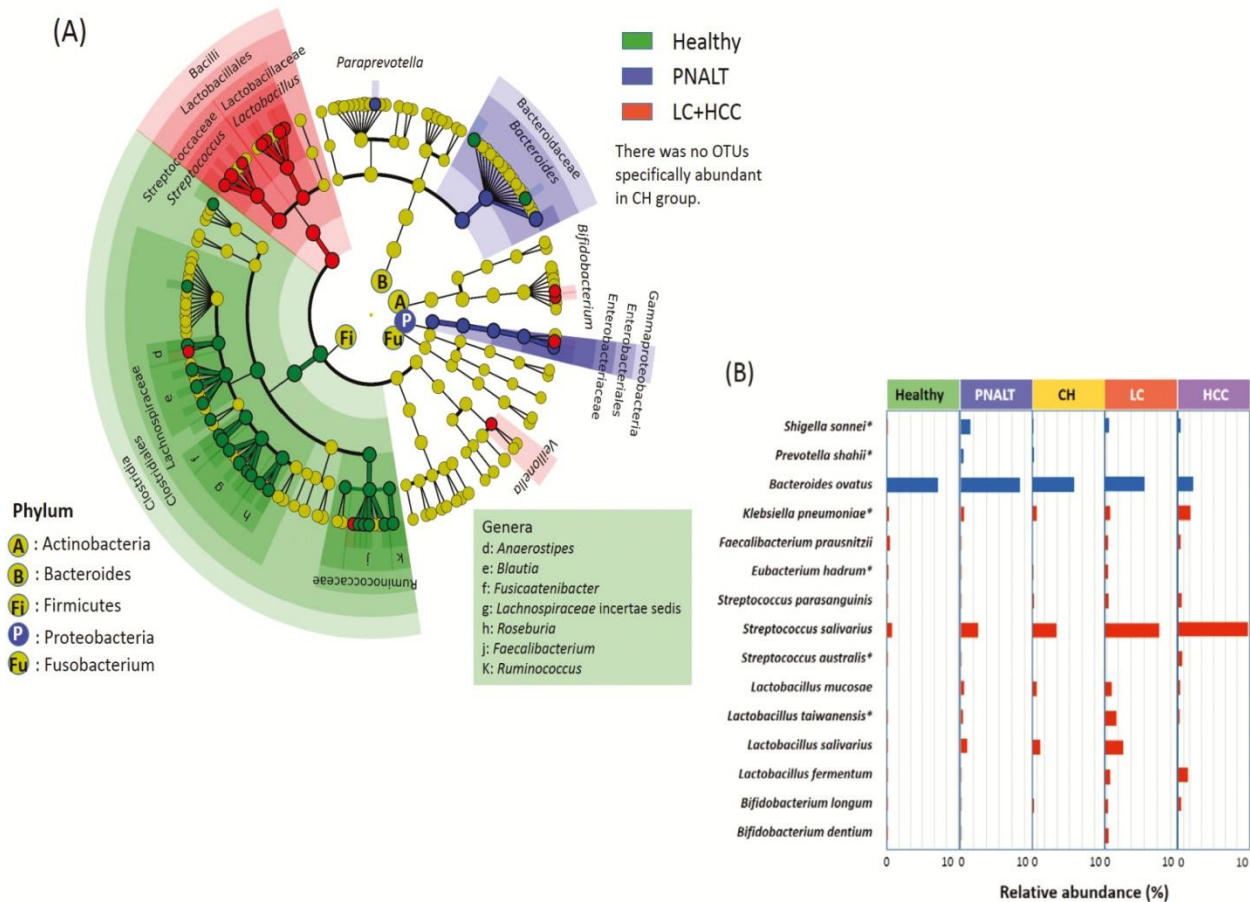
Against Component 2 ($R^2 = 0.23$)



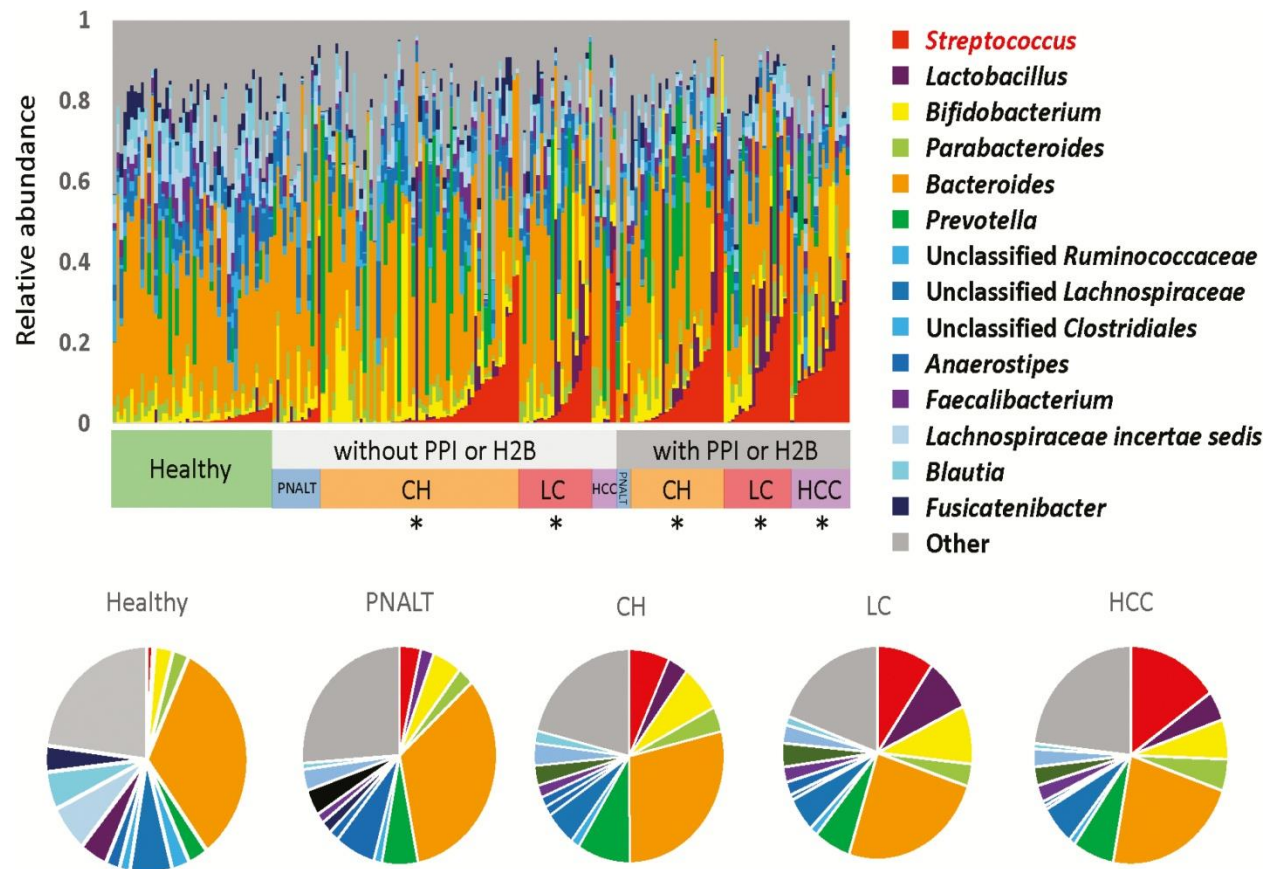
Decreased Microbial Diversity in Progression of HCV Chronic Disease



Phylogenetic Skew in Gut Bacterial Community Associated with Chronic Hepatitis C



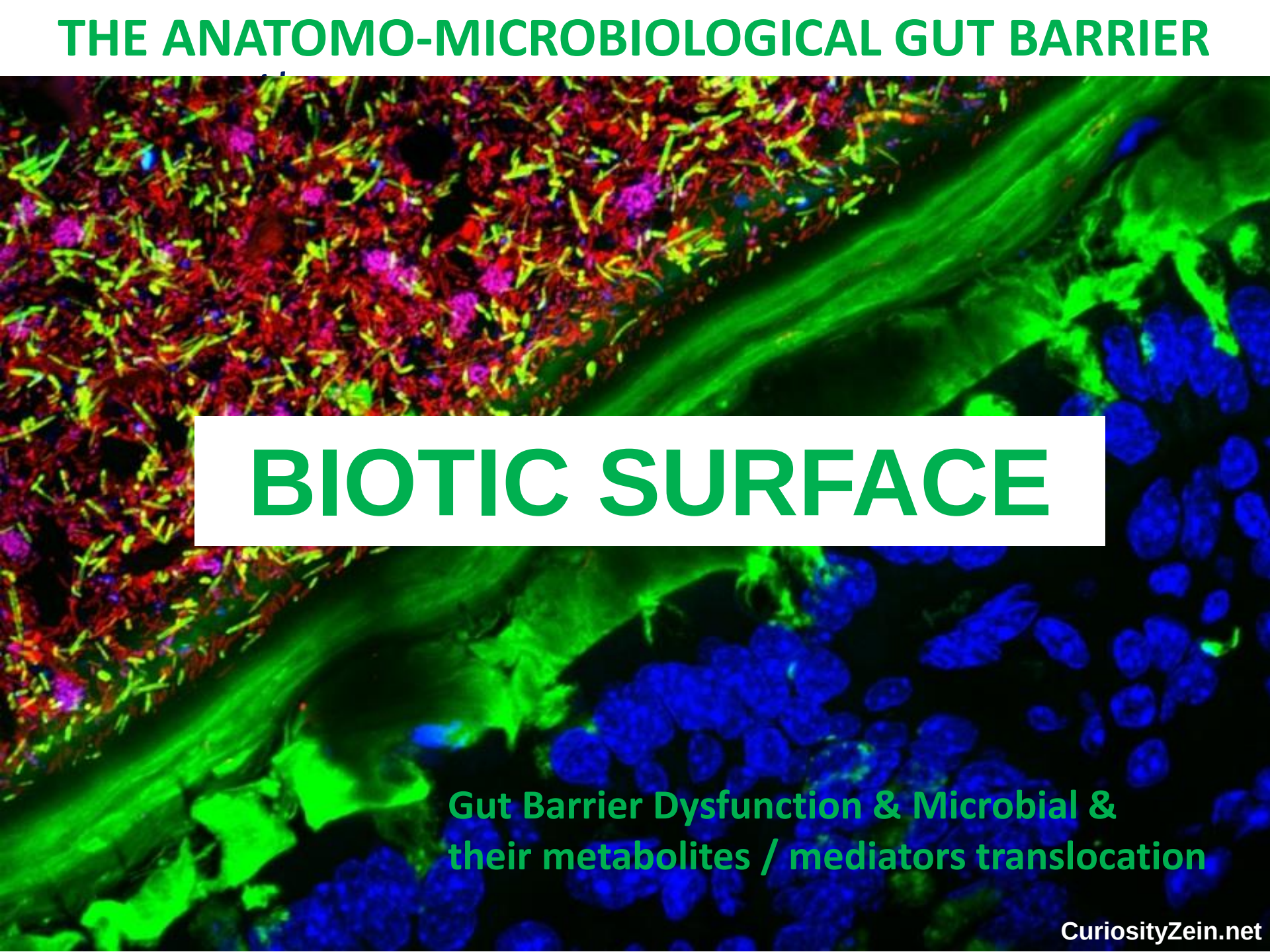
Genus composition of fecal samples from healthy individuals and chronic hepatitis C patients



The Role of SCFA : common in viral infections

- SCFA decreases bacterial translocation in cell models and modify expression of the tight junction proteins claudin-1 and claudin-2
- SCFA released by microbiota are absorbed in the colon and filtered intrahepatically were modulate the immune response, via the promotion of survival of CD8+T cells
- SCFAs modulate oncogenesis and are involved in epigenetic of liver pathogens through HDAC inhibition and transcriptional changes
- As HDAC inhibitors , SCFAs decrease HBV replication , mediate HCV replication , impede liver necrosis and prevent HCC
- Antibiotic-treated mice experienced an impaired adaptive immunity against HBV
- Only mice with maturation of gut microbiota can stimulate immunity and can have a rapid HBV- Clearance
- Recently butyrate was shown regulate the expression of tumor suppressive miRNAs through the bile acid nuclear receptor FXR while also promote liver apoptosis

THE ANATOMO-MICROBIOLOGICAL GUT BARRIER

A fluorescence microscopy image showing the gut barrier. The top left area is filled with a dense, colorful mass of microorganisms, primarily in shades of red, purple, and yellow. Below this, a bright green, elongated structure, likely a piece of tissue or a microorganism, runs diagonally. The bottom right area shows a cluster of cells with blue nuclei. The text 'BIOTIC SURFACE' is overlaid in a white box with green text.

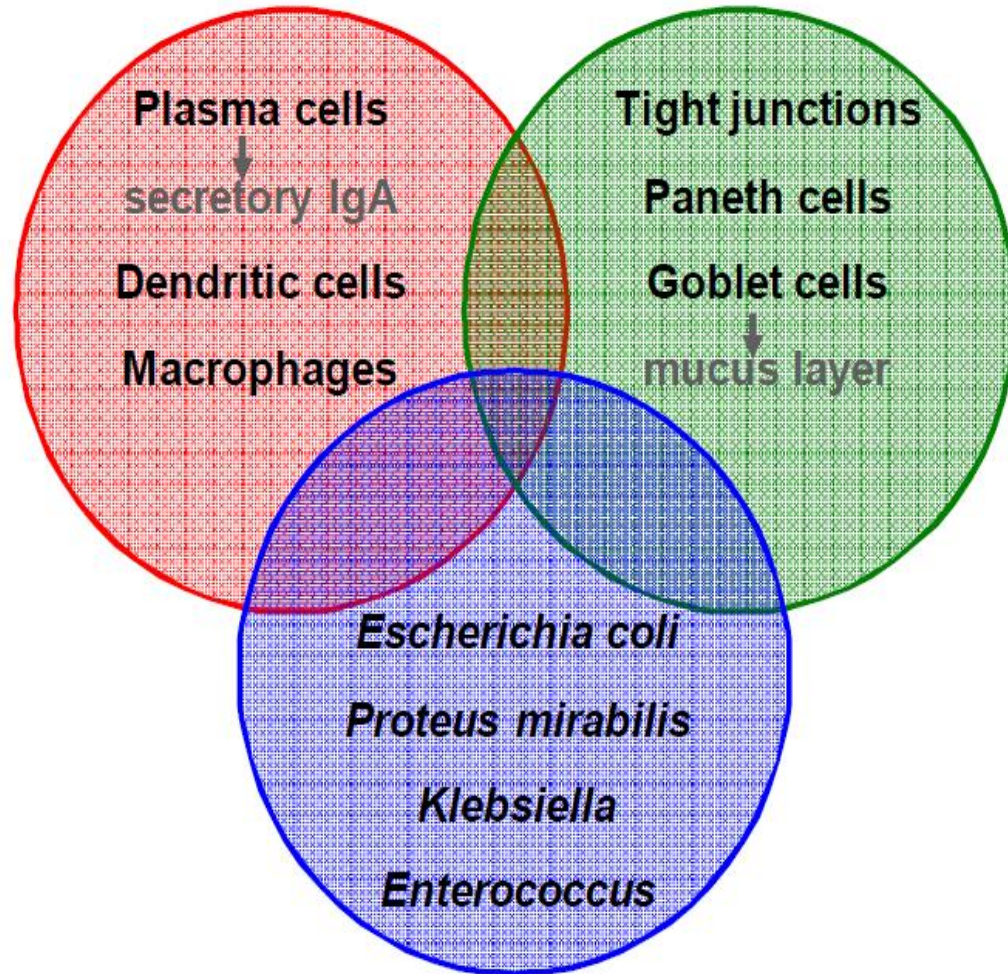
BIOTIC SURFACE

Gut Barrier Dysfunction & Microbial &
their metabolites / mediators translocation

Mechanisms modulating bacterial translocation

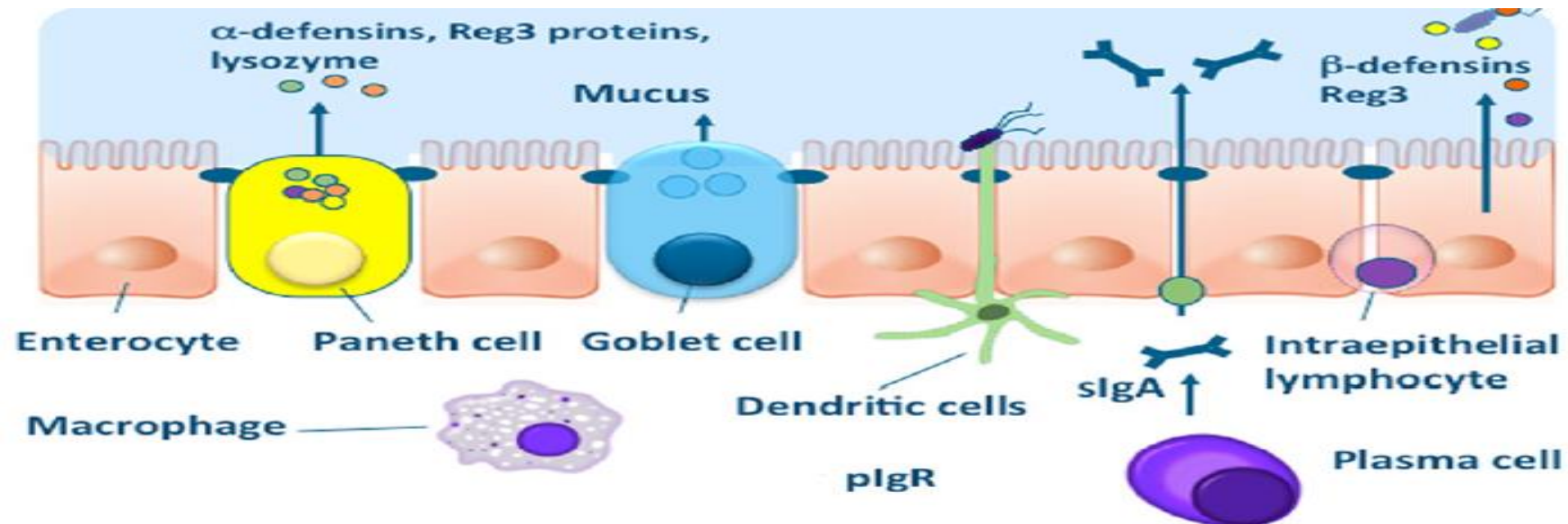
Immune system

Epithelial barrier

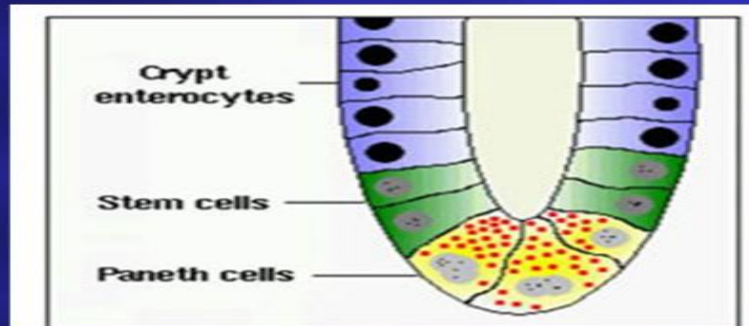


Microbiota

Chemical and physical intestinal barrier : first line of defense

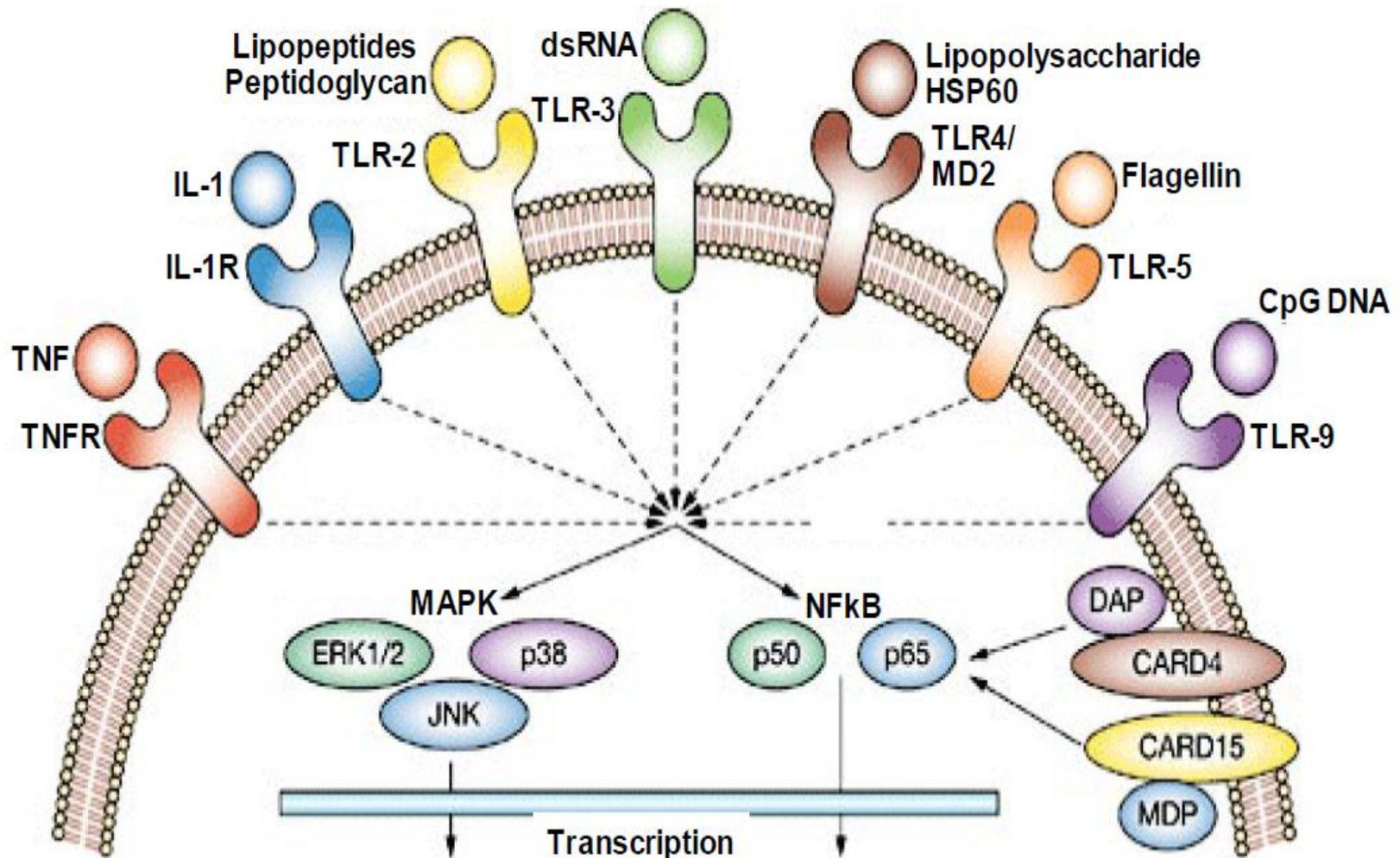


PANETH CELLS



- Paneth cells are secretory epithelial cells located at the ends of intestinal crypts. The function for these cells is secretion of anti-bacterial proteins into the crypt lumen, thereby providing protection for the stem cells which line the crypt walls.

PRRs (Pattern Recognition Receptors) recognise pathogens associated molecular patterns (PAMPS) on microbes and leads to microbial killing



Recettori Circolanti :
PTX3

Microbial killing

Recettori Citosolici :
Proteine Nods / RLRs

Disruption of intestinal barrier & consequences of Dysbiosis

Disruptors of intestinal epithelial barrier

- Dietary factors (**alcohol or overdosed nutrients**)
- Mucosal inflammation of any aetiology (**↑ TNF**)
- Drugs/medication (es. **FANS , PPI**)
- Infections & Toxins (**direct damage : V. Cholerae , E. Coli , Salmonella , Clostridia , H. Piloni**)
- Impaired production of factors modulating epithelial integrity (**IL-22**)
- Increased enterocyte apoptosis (**↑ MMPs, ↓ TIMPs**)
- Hypoperfusion

Dysbiosis increase in the gut

- Ammonia
- Endotoxin
- Inflammatory cytokines
- Bacterial DNA
- Bacterial PAMPS (**Pathogen Associated Molecular Patterns**)



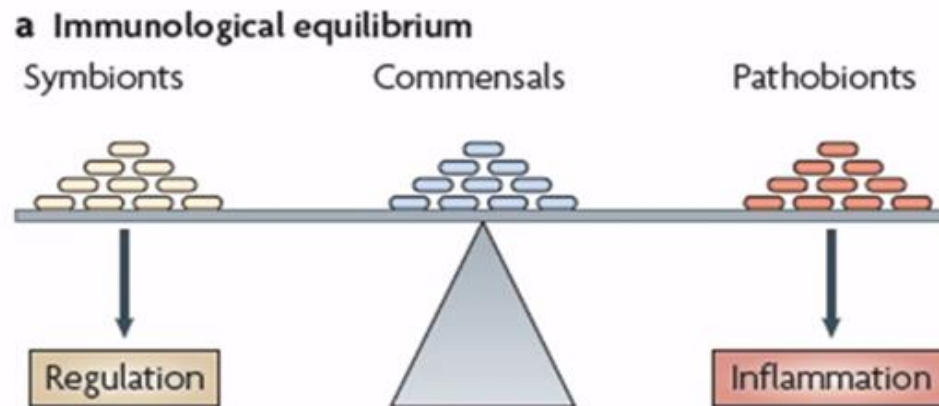
Gut Barrier dysfunction



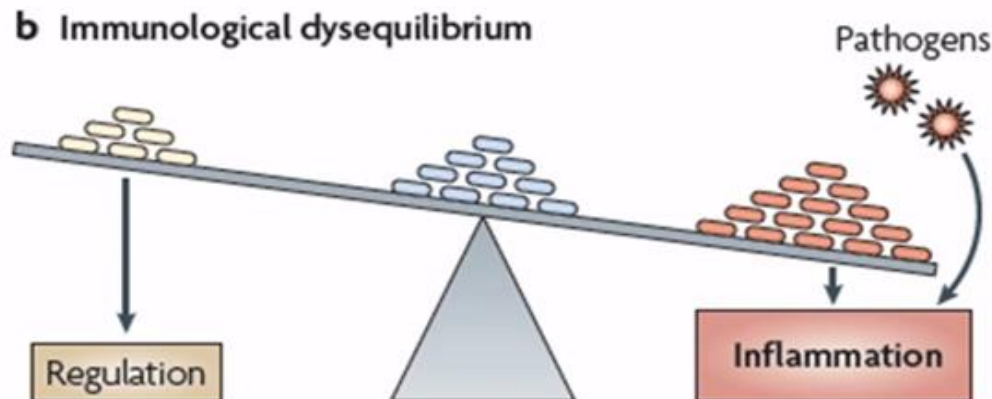
 **Intestinal permeability: Leaky gut**

Dysbiosis of microbiota associated with immunological dysregulation

Eubiosis



Dysbiosis



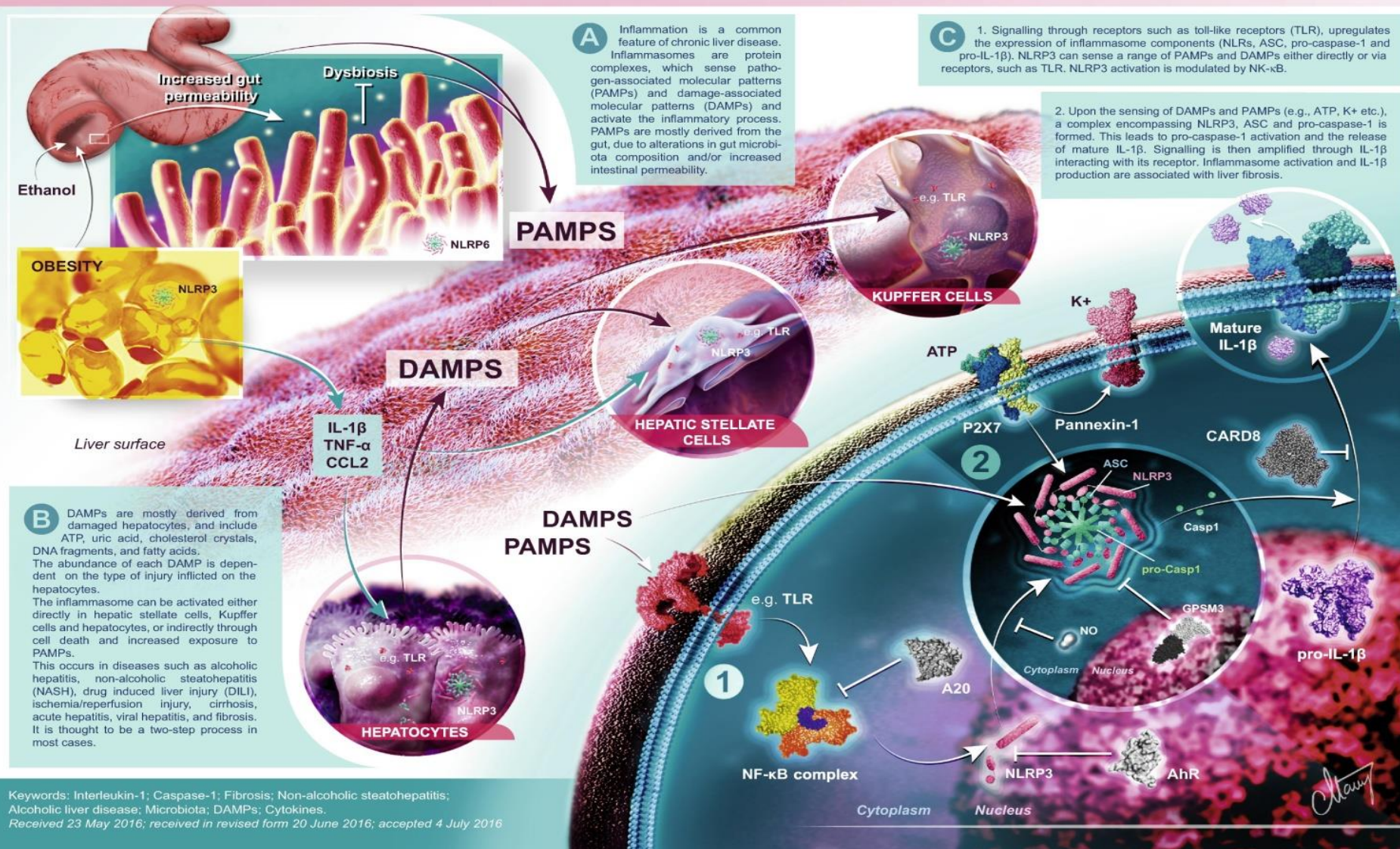
(Round JL, Mazmanian SK. Nat Rev Immunol. 2009)

Hepatology Snapshot: The inflammasome in liver disease

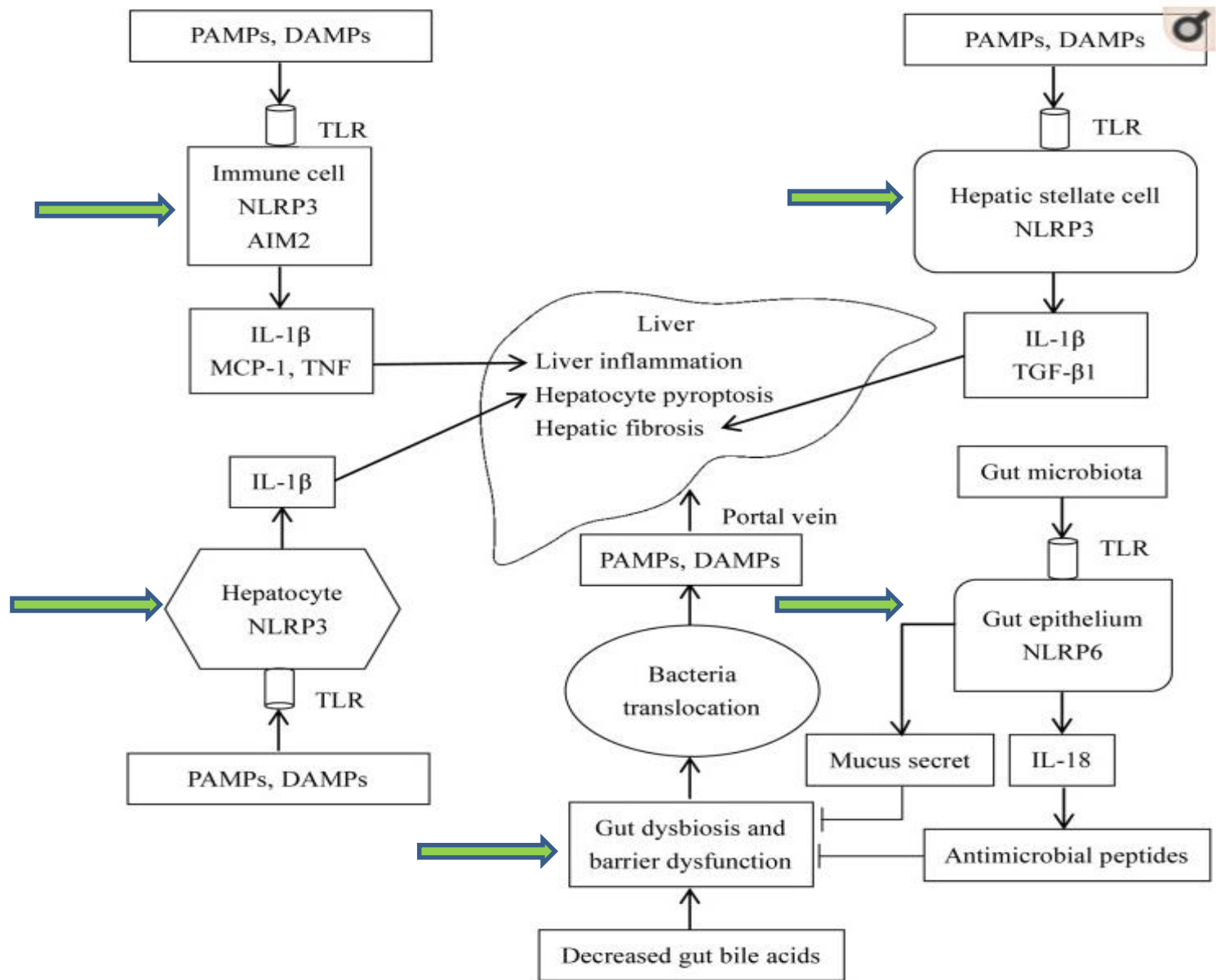
Alexander Wree^{1,2,*}, Fabio Marra^{3,4,*}

¹Department of Internal Medicine III, University Hospital, RWTH Aachen, Germany; ²Department of Pediatric Gastroenterology, University of California San Diego (UCSD), and Rady Children's Hospital, San Diego, California, United States; ³Dipartimento di Medicina Sperimentale e Clinica, University of Florence, Italy; ⁴Research Center DENOTHE, University of Florence, Italy

Journal of Hepatology 2016 vol. 65 | 1055–1056



Inflammasome in gut liver axis



Gut microbiome is profoundly altered in acute-on-chronic liver failure as evaluated by quantitative metagenomics



Aim: Investigation of gut microbiome alterations across the spectrum of disease (outpatients, AD, ACLF)

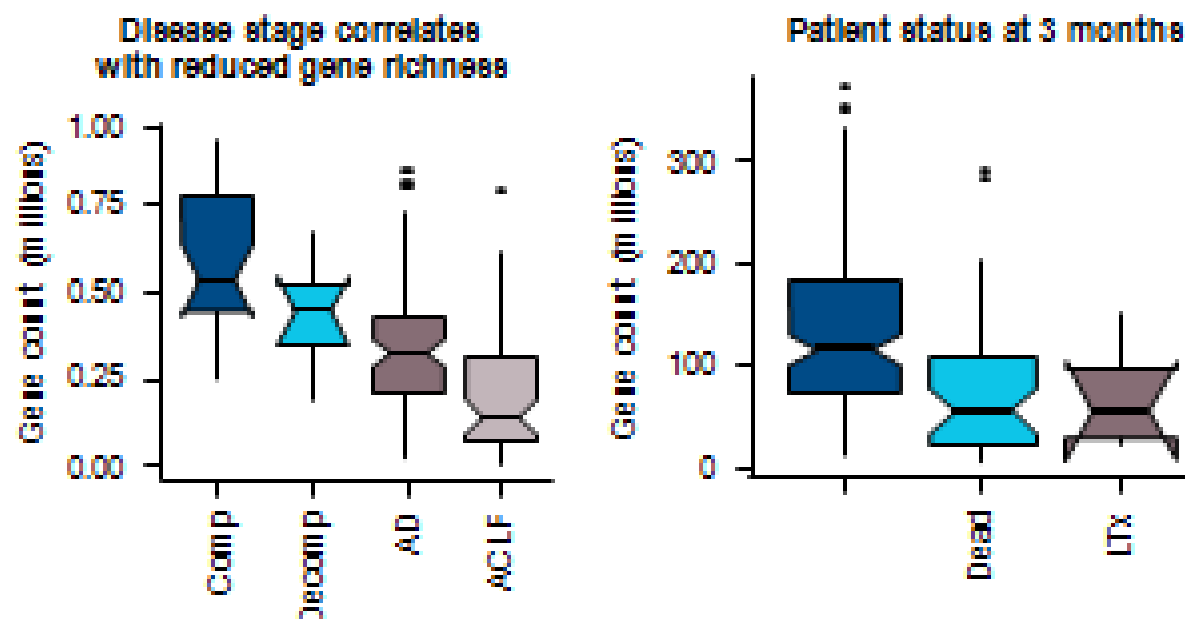
Methods: Microbial genes from stool DNA grouped into metagenomic species (MGS) based on abundance, and analyzed using non-parametric tests* and Spearman's correlation

Results:

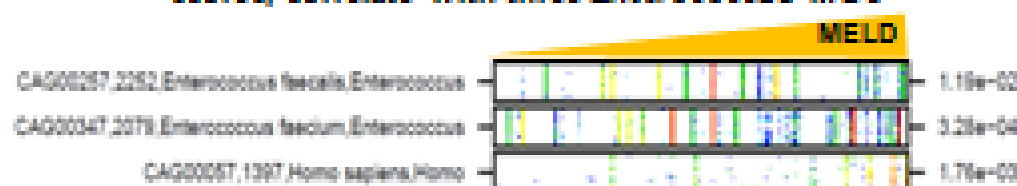
- 290/1,158 MGS contrasted between ≥ 1 disease stage. 44 contrasted between AD and ACLF
- Disease severity and organ failure correlated with human DNA in stools

Conclusions

- Increasing disease severity is characterized by marked reductions in gene richness, especially in ACLF



Number of organ failures, and MELD and Child-Pugh scores, correlate with three *Enterococcus* MGS



Intestinal permeability in ACLF

Significant Increase in Intestinal Permeability in Acute-On-Chronic Liver Failure (ACLF) is Reversed After Slow Albumin Furosemide Infusion With or Without Terlipressin

V.P. Krishna, Gaurav Pandey*, Dinesh Kumar, Umesh Kumar, Samir Mohindra, Manjunath Hatti, Alok, Prabat N. Sharma, Vivek Saraswat

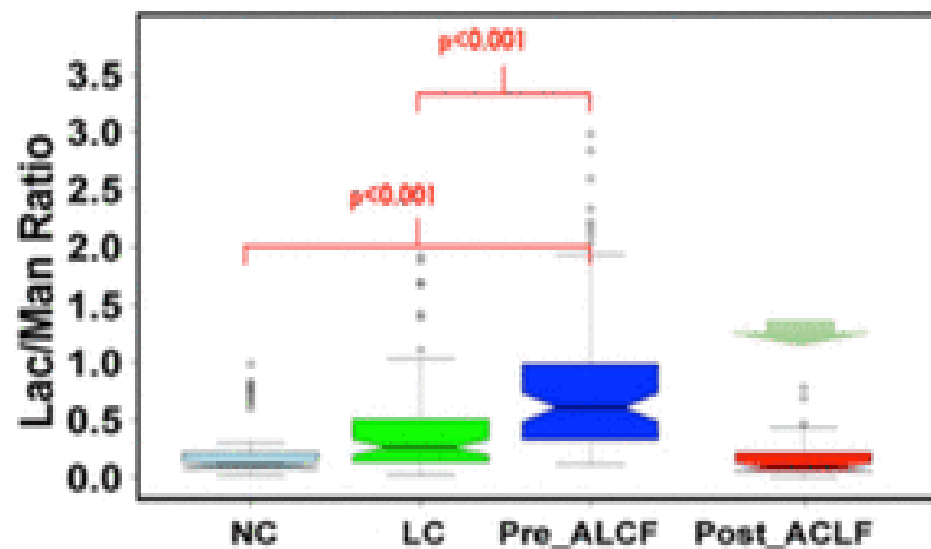
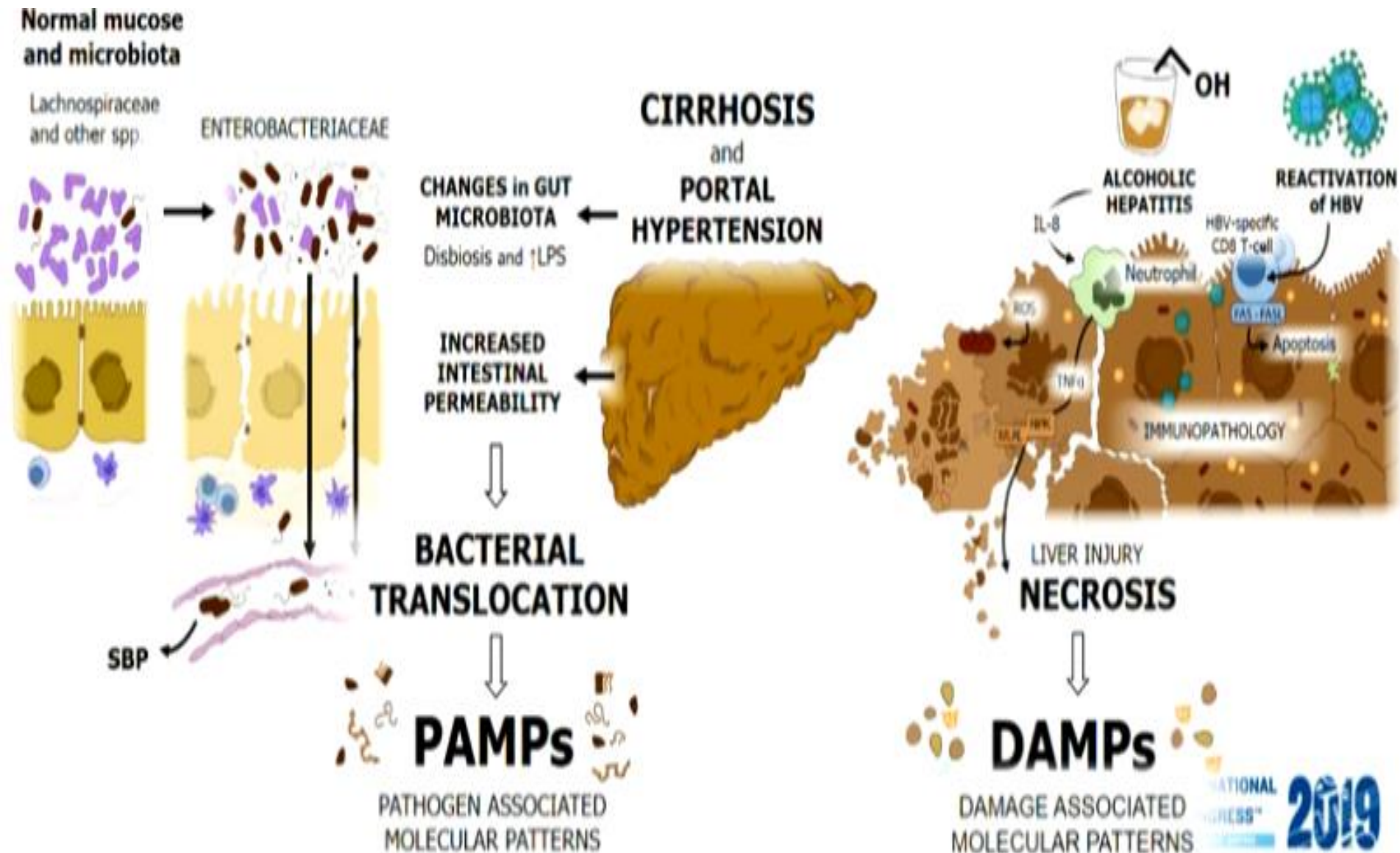


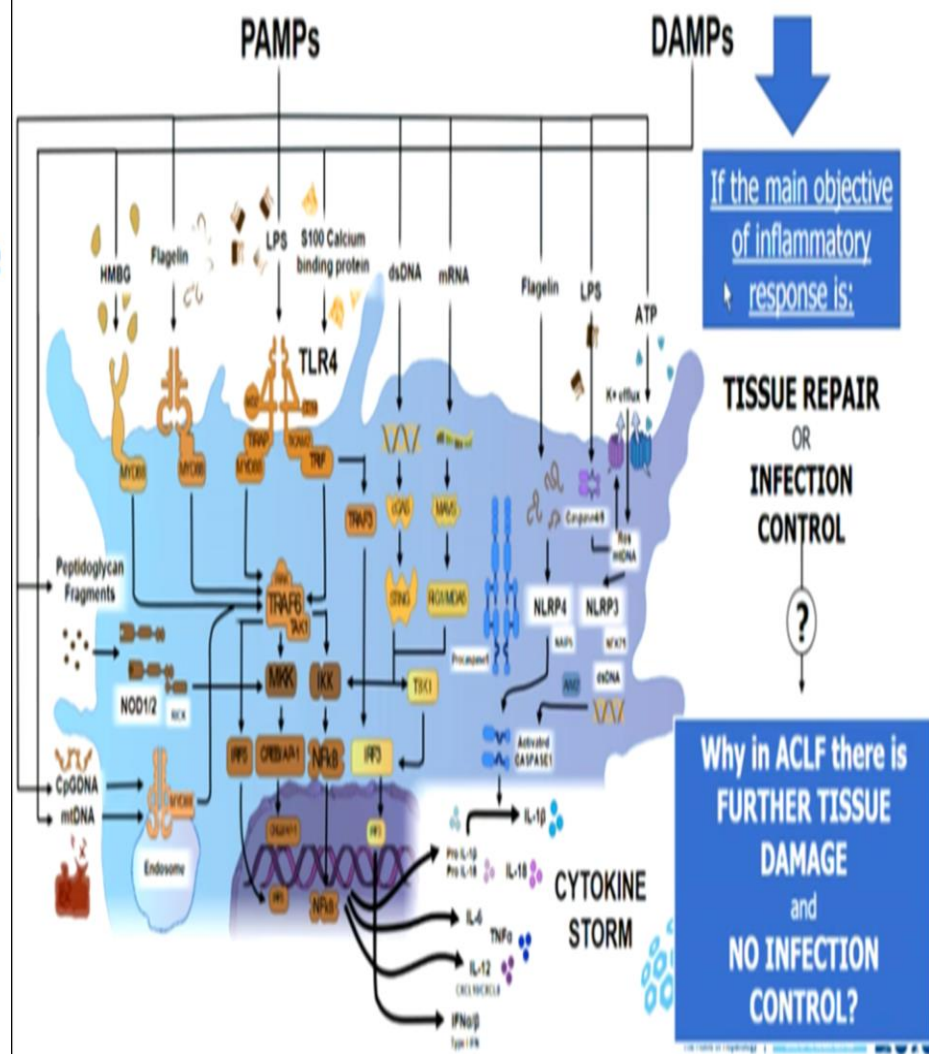
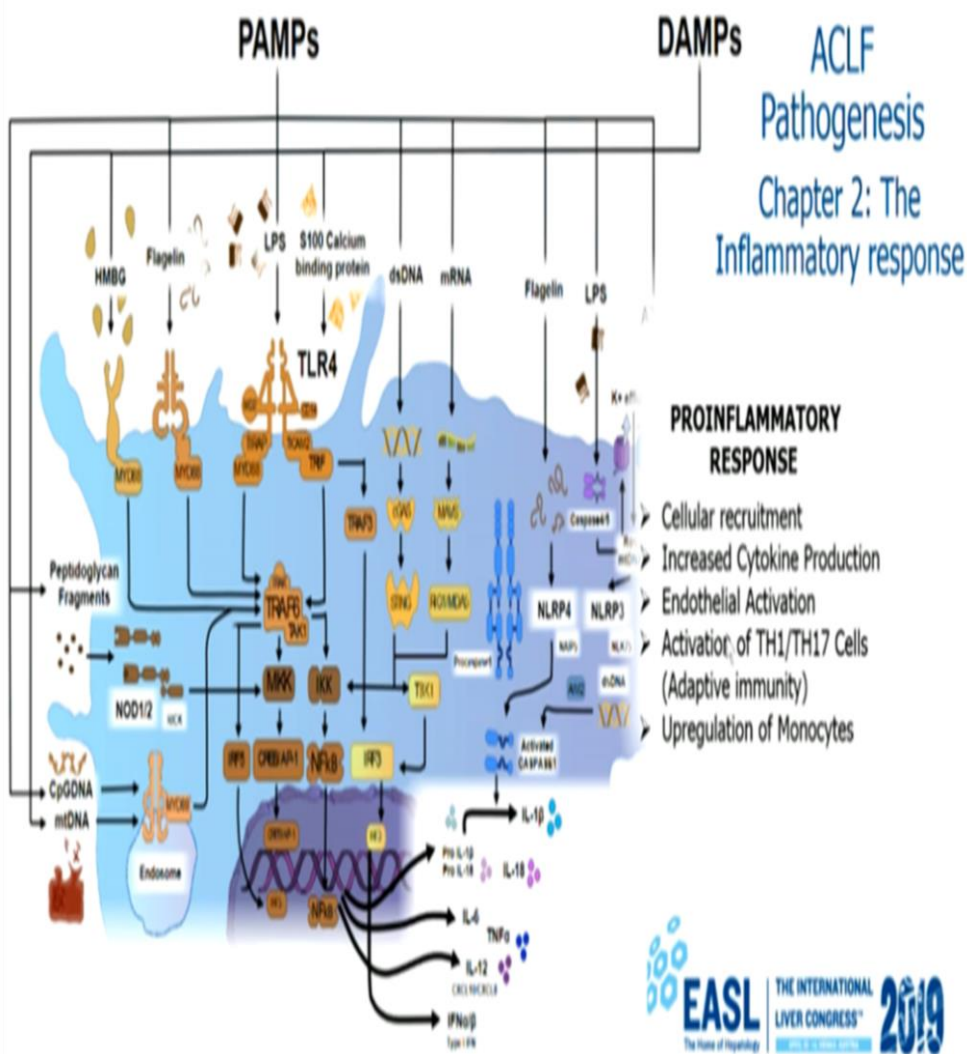
Figure 1. Mean LMR ratios among various groups - NC: normal controls, LC: decompensated liver cirrhosis, and ACLF pre and post therapy.

ACLF Pathogenesis : a still uncompleted history

Inducers of inflammation



ACLF : Inflammatory response



ACLF Pathogenesis

MONOCYTE OF DECOMPENSATED CIRRHOTIC PATIENT



The monocytes of ACLF patients have a different transcriptomic profile

↑UPREGULATION of anti-inflammatory markers
↓DOWNREGULATION of Pro-inflammatory markers

- Scavenger receptor CD163, MRC1...
- Growth factors
- Cytokines: **IL10**
- MERTK...
- Cytokines: **TNFα, IL23, IL1β...**
- Chemokines: CCL4, CXCL9, CXCL10
- Co-stimulator in AP **CF80/CD83**
- STAT1...

M2-like ANTI-INFLAMMATORY PHENOTYPE

ACLF CHRONIC INFLAMMATION produces IMMUNE EXHAUSTION TOLERANCE and PARALYSIS

ACLF Pathogenesis

Chapter 3 Immunoexhaustion in ACLF monocytes

DEFECTIVE ANTIBACTERIAL RESPONSE

↓ ABILITY to DETECT BACTERIA

↓TLR2 ↓TLR4

↓ PHAGOCYTIC and OXIDATIVE CAPACITY

↓IRF8 ↓PKKCE ↑Rnf145 (UbqE3)

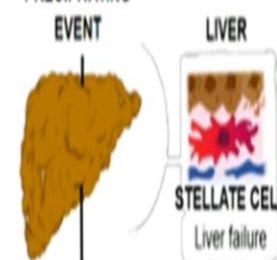
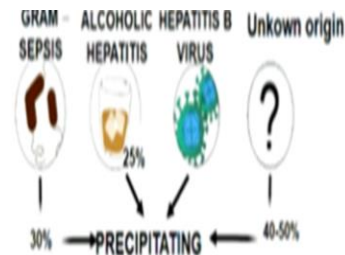
NOX2complex = gp91phox

↓ Antigen Presenting Cells related genes and T cell activation

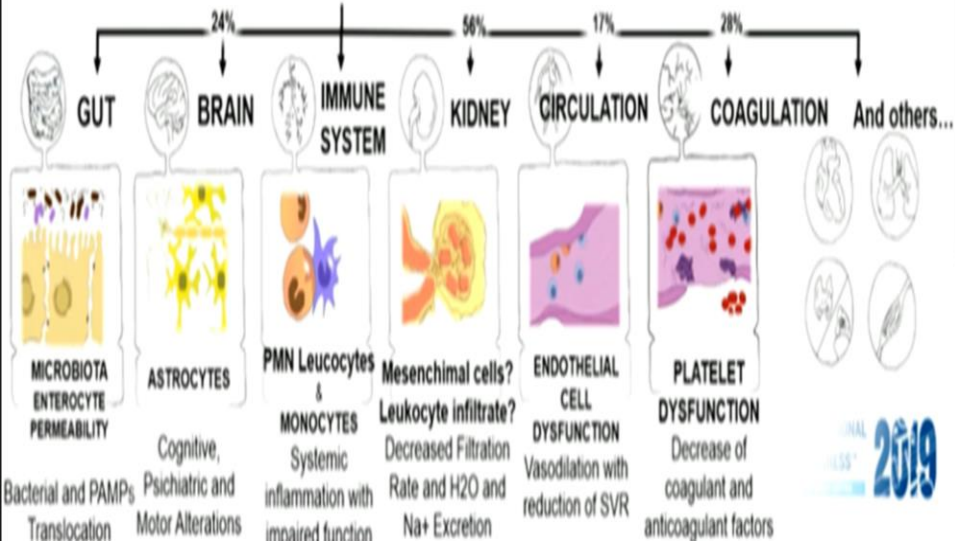
↓HLADR ↓CD80/CD83



Korf et al. Gut 2018



EXCESSIVE INFLAMMATION 43%



ACLF Pathogenesis

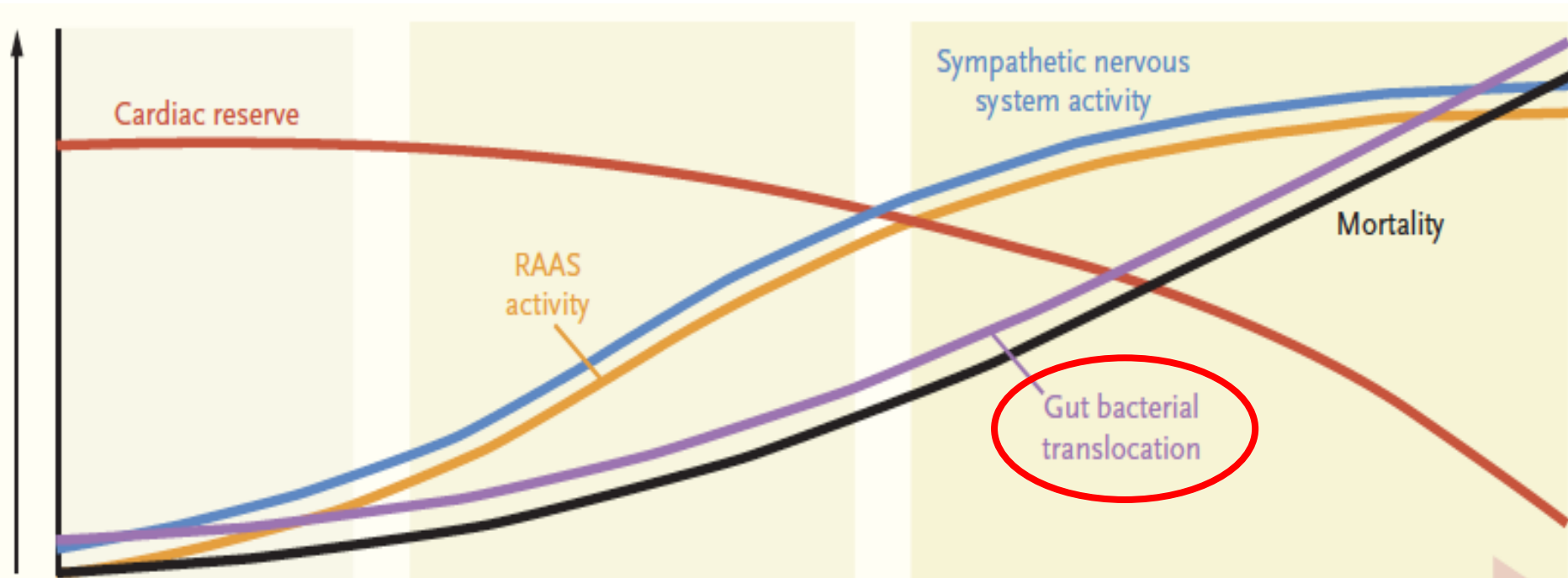
Chapter 4

Inflammatory-driven Multi-Organ Failure
The Spiral of ACLF



TODAY...

GUT MICROBIOTA HAS A PROGNOSTIC VALUE IN LIVER CIRRHOSIS



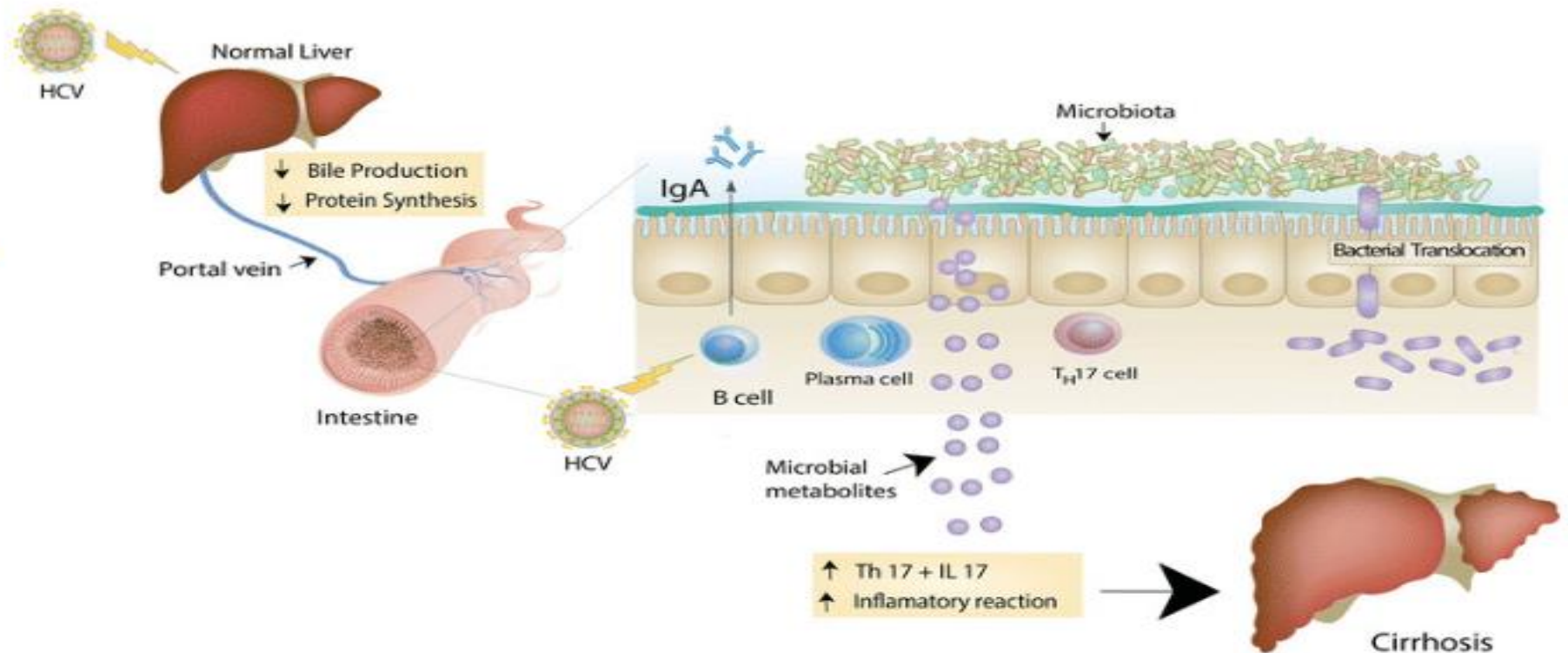
**DISEASE
PROGRESSION**

**DISEASE
PROGRESSION**

**DISEASE
PROGRESSION**

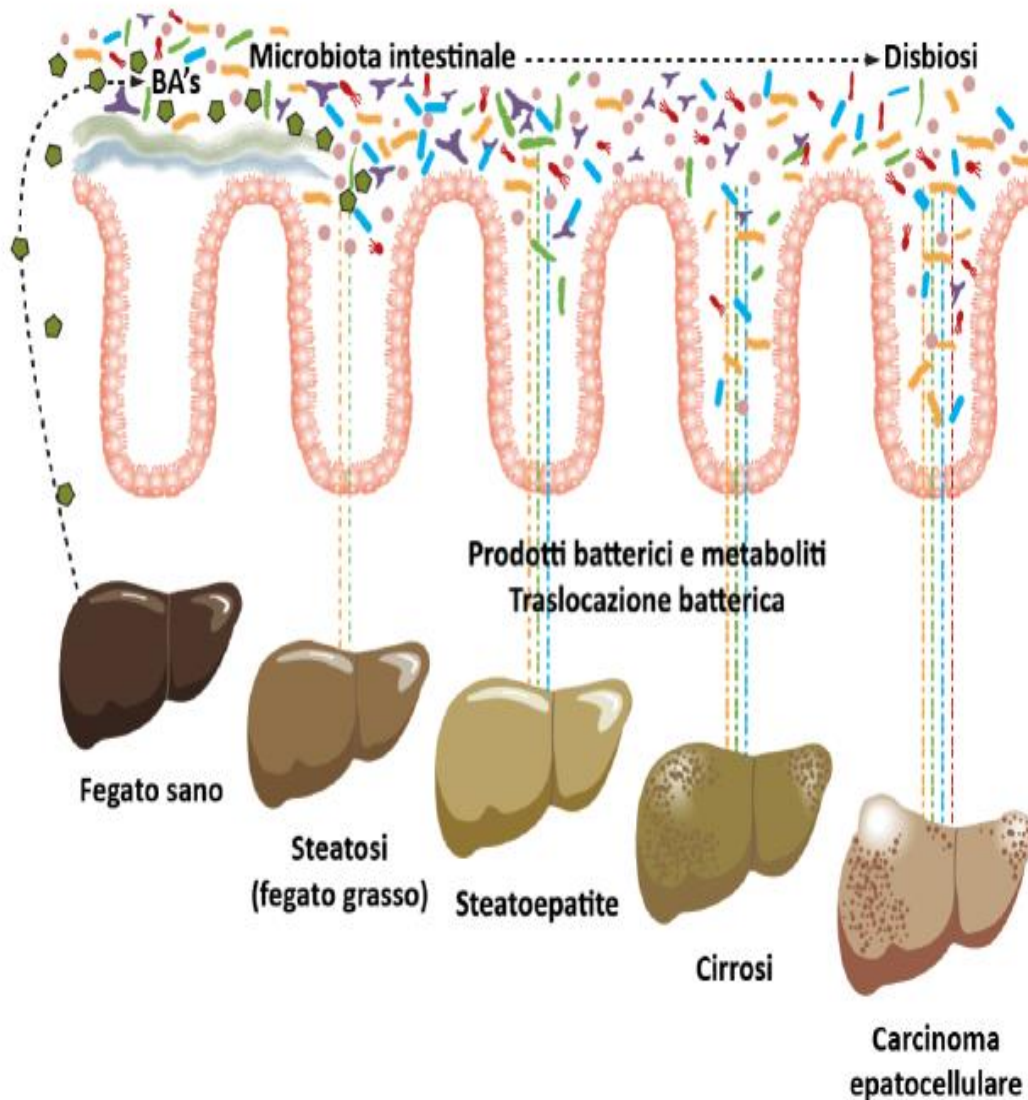
Consequences of acute HCV infection

1. Viral infection 2. Hepatocellular damage 3. Gut homeostasis dysfunction 4. Microbial Dysbiosis 5. Liver inflammation and cirrhosis



Suggested gut-liver axis model for chronic HCV infection. HCV starts to invade hepatocytes with massive destruction of the hepatocyte architecture and structure (1), which leads to their loss of functions, such as bile salt production and protein synthesis (2). Consequently, such damage leads to disruption of the gut homeostasis and environmental changes (3), which can affect and change the microbiota abundance and composition (possible dysbiosis, 4). The overabundance of microbes, such as *Prevotella*, may produce signaling microbial metabolites that may influence and initiate the inflammatory mediators leading to liver inflammation and cirrhosis (5). This model is based on an integration of the findings of this study with literature [19, 20, 35–38, 42, 43, 45]

Disbiosi : sviluppo e progressione della malattia epatica

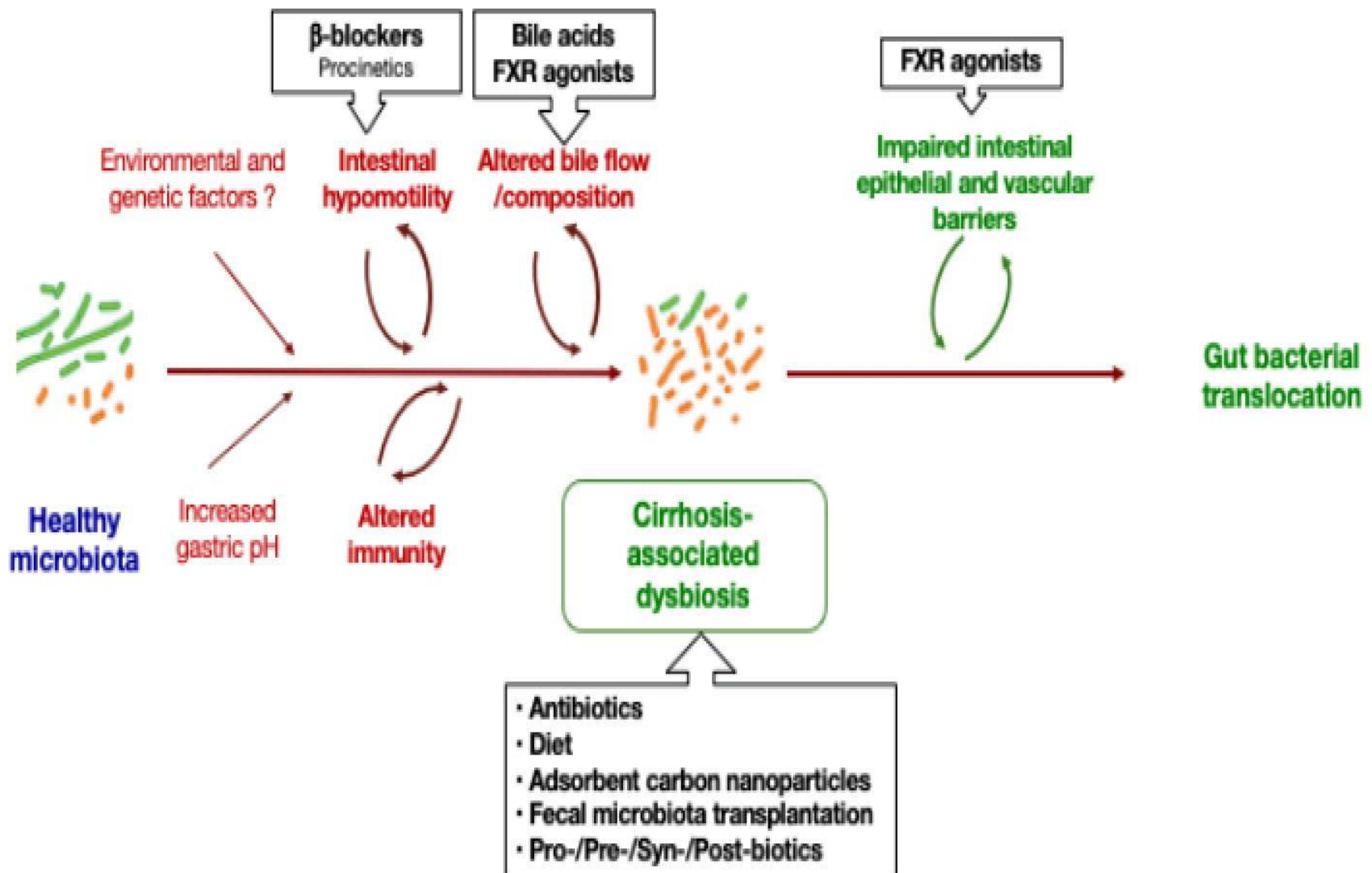


Infezione virale
Disordini metabolici
Alcol
Disordini autoimmuni
Disturbi colestatici



**DISFUNZIONE
DELLA BARRIERA
INTESTINALE
PERMEABILITÀ
DI MEMBRANA**

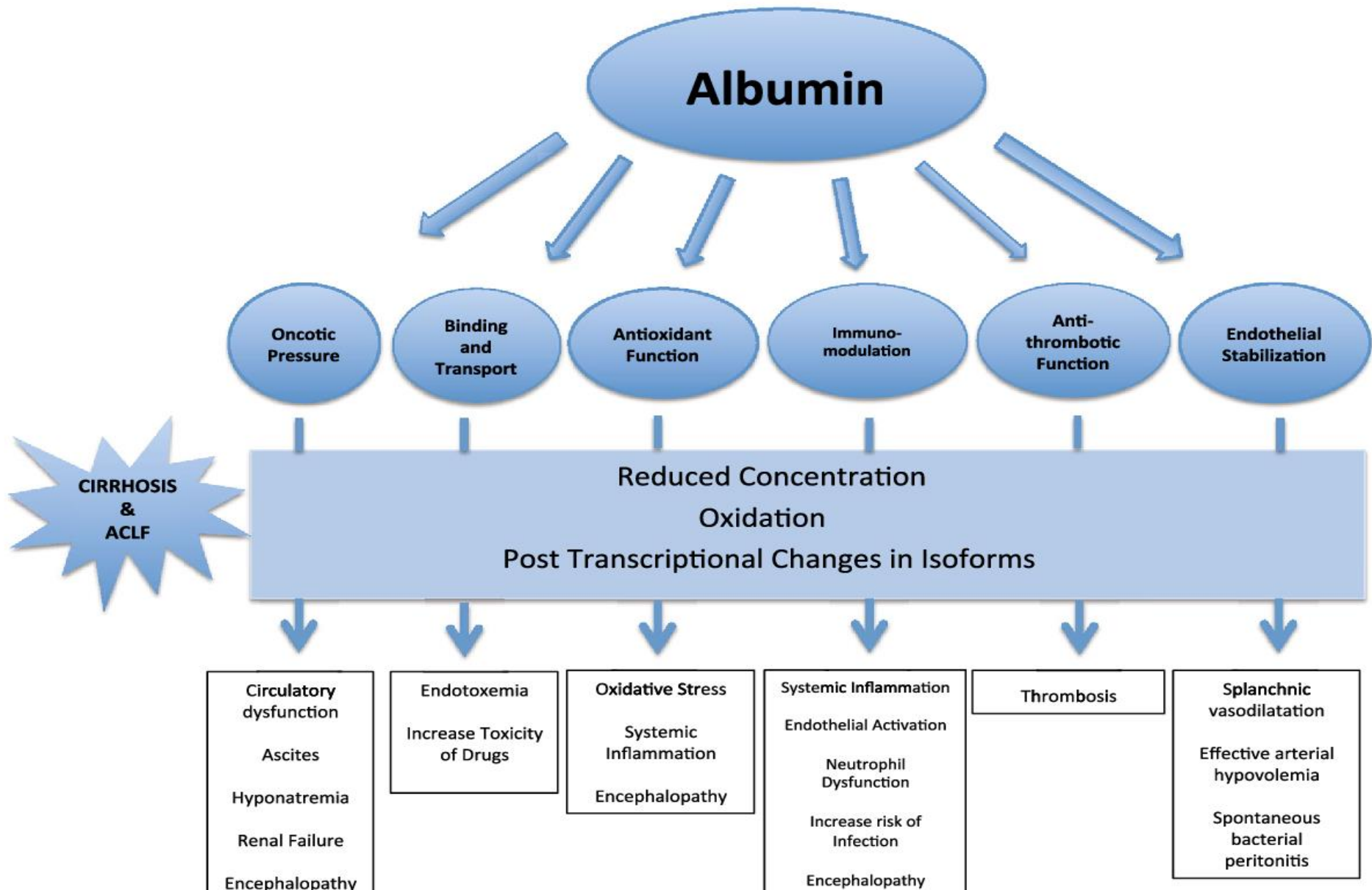
TARGETING THE GUT LIVER AXIS INTERVENTIONS



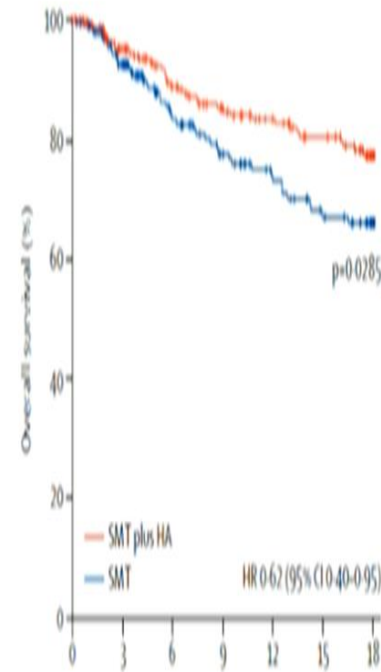
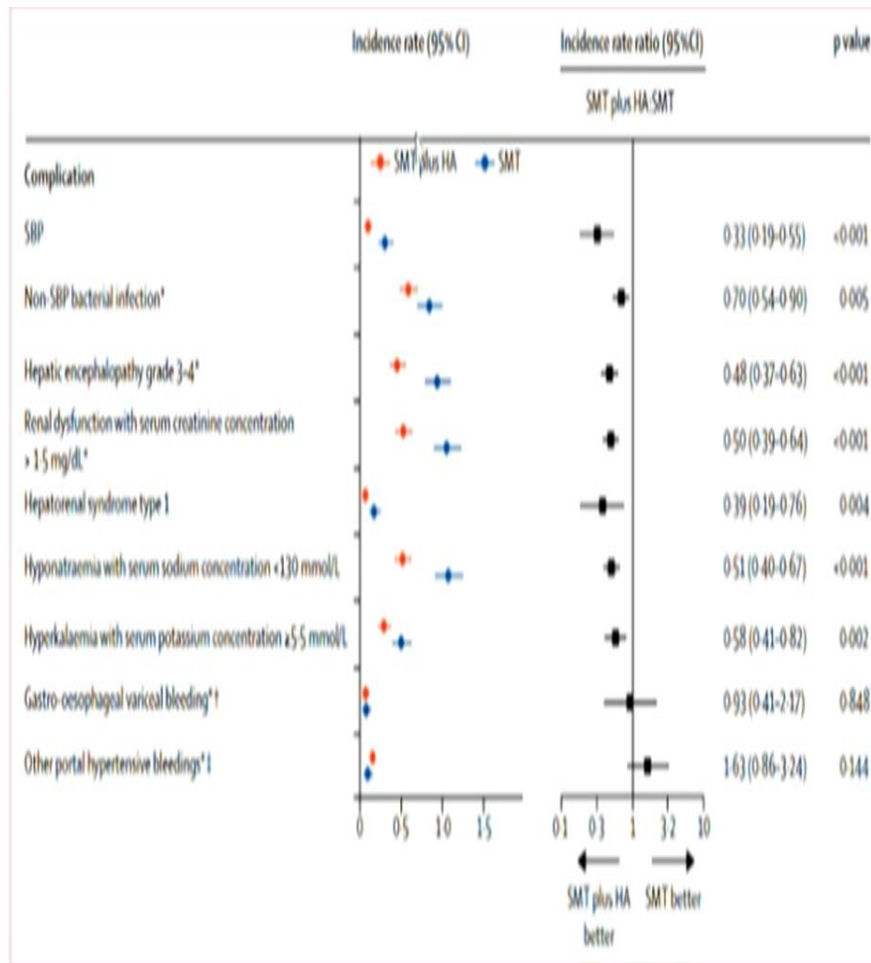
Agenda Gut – Liver – Axis Interventions

- Avoid PPI
- Prokinetic agent & NSBB
- Diet composition
- Intervention on immunity
- Poorly absorbable antibiotics
- Pre – Pro – Synbiotics
- FMT (Fecal Microbiota Transplantation)
- Bile Acids and FXR
- Absorbents
- GLP-2 agonist

Functions of human serum albumin

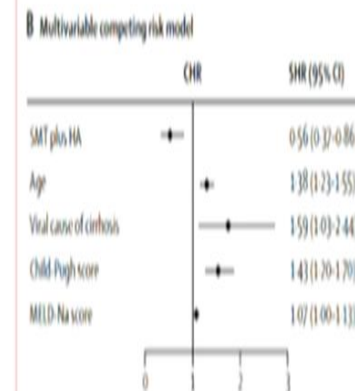
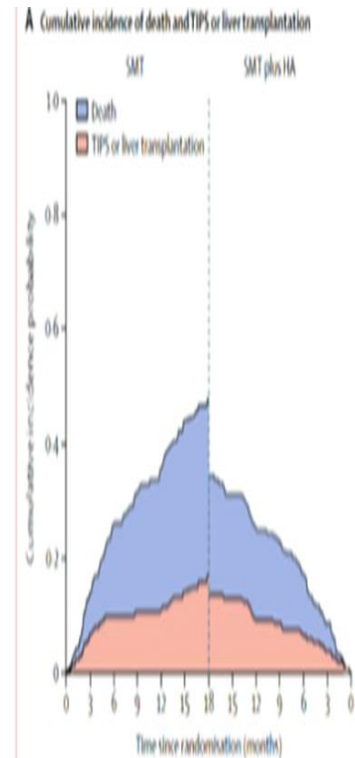


The Answer study : summary of results



Number at risk

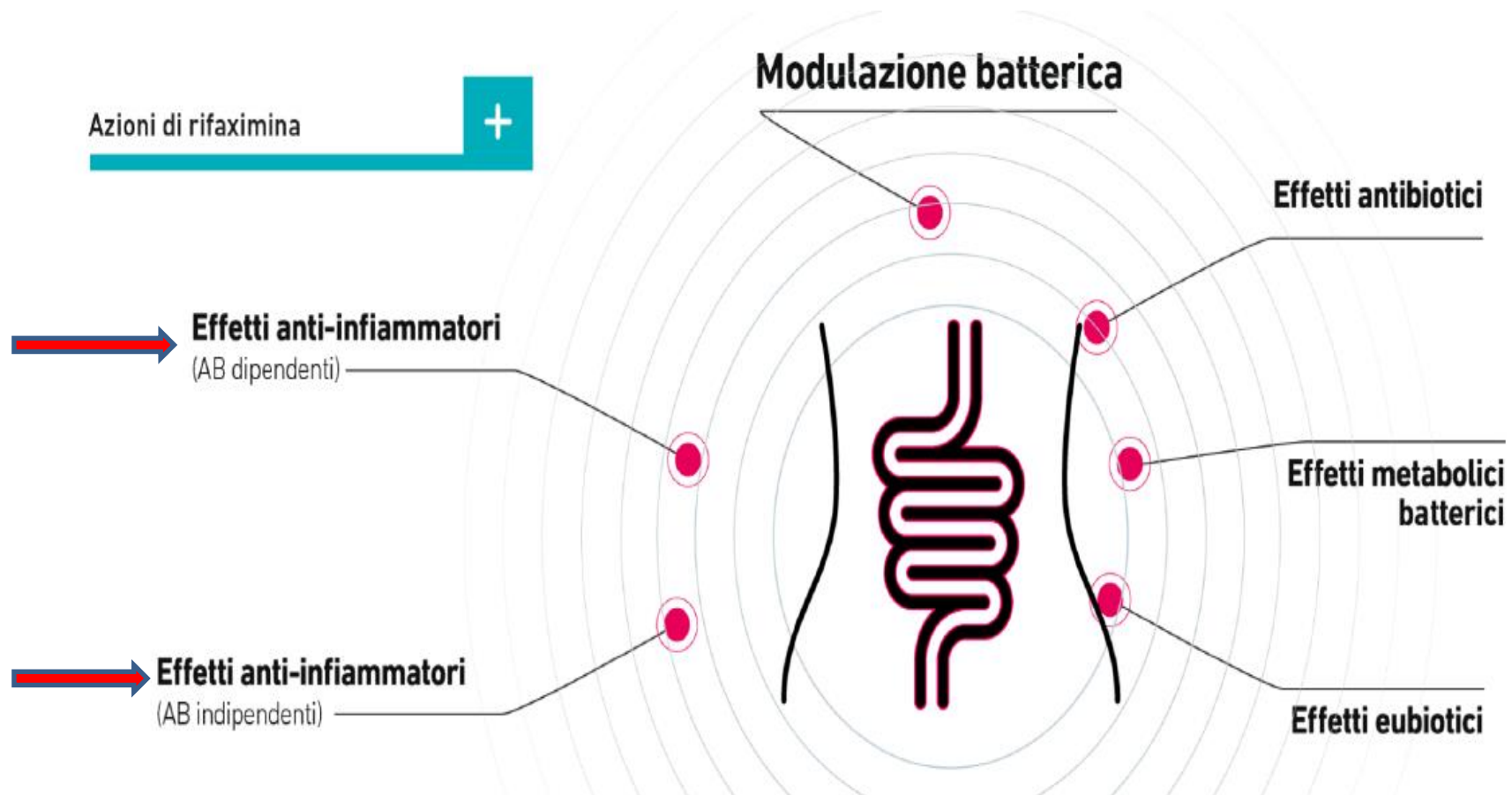
	0	3	6	9	12	15	18
SMT	213	157	110	90	76	65	28
SMT plus HA	218	183	153	135	121	109	43



The chronic use of albumin decreased the incidence of the majority of complications of cirrhosis

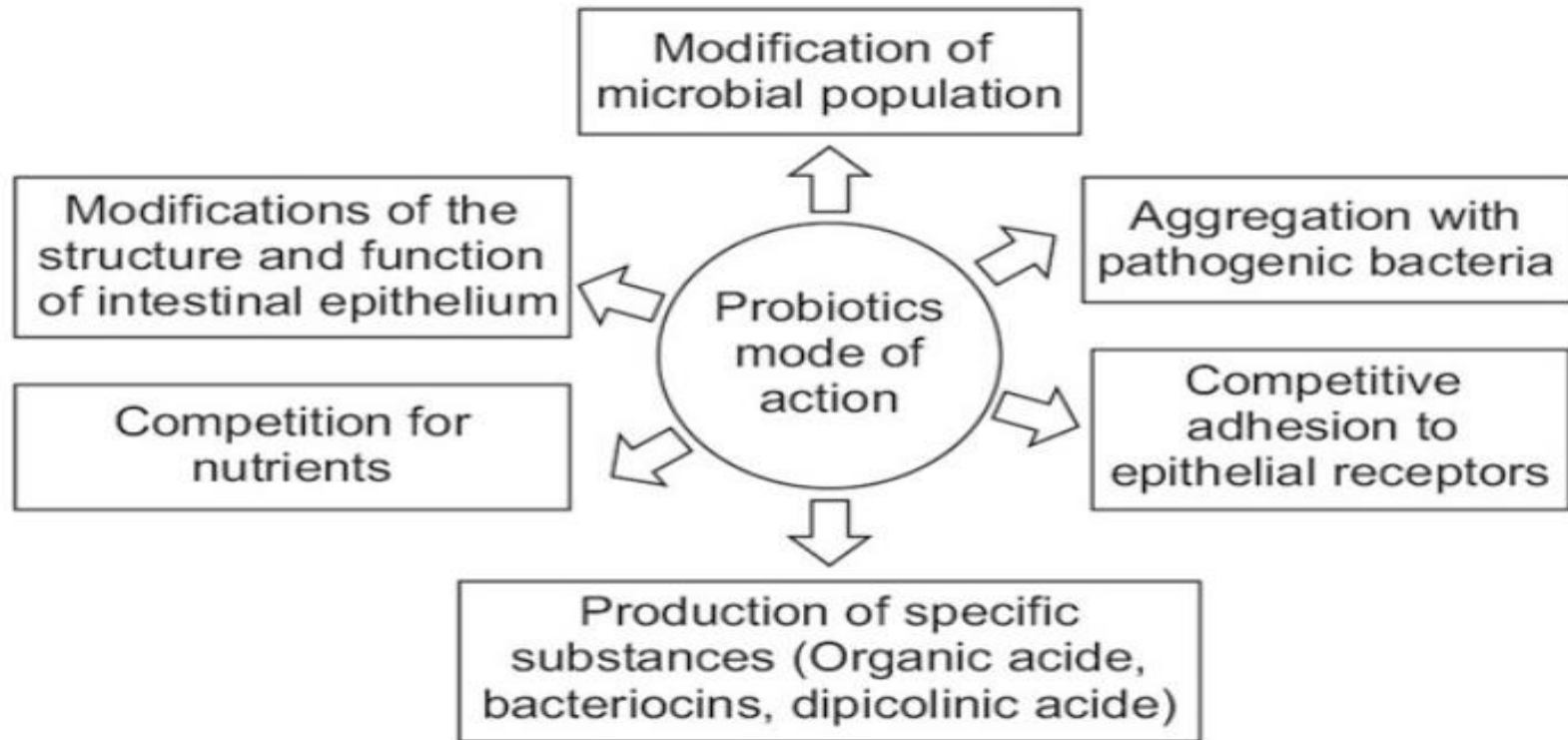
The chronic use of albumin increased survival

Rifaximin is broad-spectrum compound which exerts endotoxin-lowering and anti-inflammatory effects rather than changing the composition of microbiota



RIFAXIMIN IS MORE THAN AN ANTIBIOTIC !

Probiotics : Mode of Action



Tiwari et al, 2012

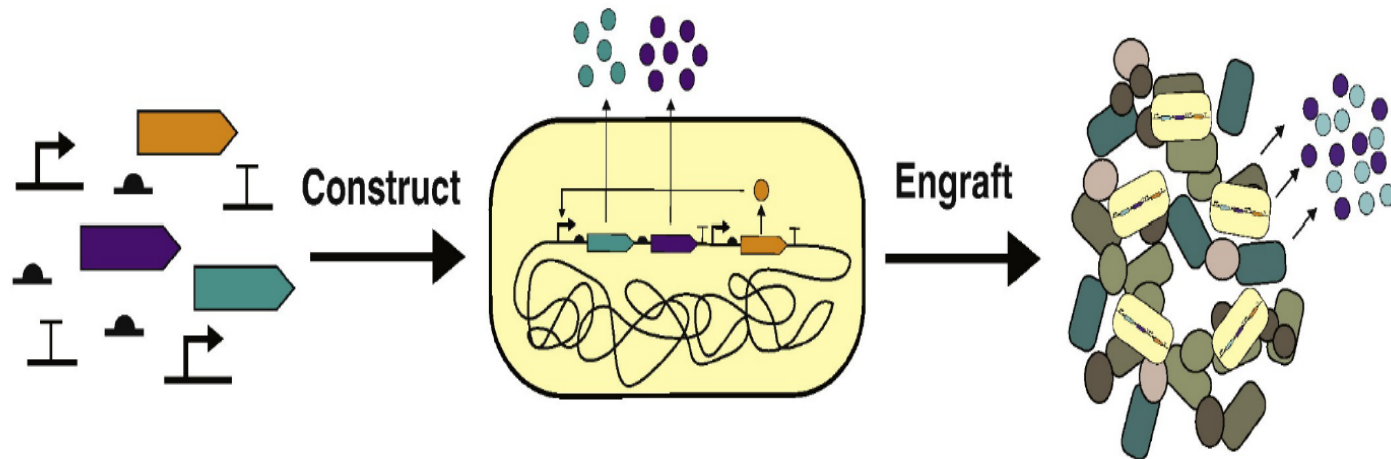
6

Prebiotics

Some prebiotic food products , like pectin , have been shown to prevent liver injury in “ rodent models “ by restoring the levels of Bacteroidetes

Precision Medicine

Engineered microbes to restore microbial ecology



Mimee M, Adv Drug Deliv Rev 2016

Engineered bacteria to reduce intestinal ammonia

Shen TC, J Clin Invest 2015; Kurtz CB, Sci Transl Med 2019

Synlogic, Aug 20, 2019: Interim analysis of a randomized, double-blind, placebo-controlled Phase 1b/2a study with SYN1020 in 23 patients with cirrhosis and elevated blood ammonia: no evidence of blood ammonia lowering or changes in other exploratory endpoints relative to placebo

Lactobacillus Reuteri bio-engineered

Hepatology
Original article



Bacteria engineered to produce IL-22 in intestine induce expression of REG3G to reduce ethanol-induced liver disease in mice

Tim Hendriks¹, Yi Duan^{1, 2}, Yanhan Wang^{1, 2}, Jee-Hwan Oh³, Laura M Alexander³, Wendy Huang⁴, Peter Stärkel⁵, Samuel B Ho^{1, 2}, Bei Gao⁶, Oliver Fiehn⁶, Patrick Emond^{7, 8}, Harry Sokol^{9, 10, 11}, Jan-Peter van Pijkeren³, Bernd Schnabl^{1, 2}

Author affiliations

Abstract

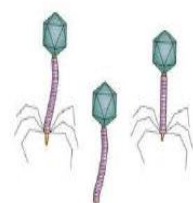
Objective Antimicrobial C-type lectin regenerating islet-derived 3 gamma (REG3G) is suppressed in the small intestine during chronic ethanol feeding. Our aim was to determine the mechanism that underlies REG3G suppression during experimental alcoholic liver disease.

Design Interleukin 22 (IL-22) regulates expression of REG3G. Therefore, we investigated the role of IL-22 in mice subjected to chronic-binge ethanol feeding (NIAAA model).

Results In a mouse model of alcoholic liver disease, we found that type 3 innate lymphoid cells produce lower levels of IL-22. Reduced IL-22 production was the result of ethanol-induced dysbiosis and lower intestinal levels of indole-3-acetic acid (IAA), a microbiota-derived ligand of the aryl hydrocarbon receptor (AHR), which regulates expression of IL-22. Importantly, faecal levels of IAA were also found to be lower in patients with alcoholic hepatitis compared with healthy controls. Supplementation to restore intestinal levels of IAA protected mice from ethanol-induced steatohepatitis by inducing intestinal expression of IL-22 and REG3G, which prevented translocation of bacteria to liver. We engineered *Lactobacillus reuteri* to produce IL-22 (*L. reuteri*/IL-22) and fed them to mice along with the ethanol diet; these mice had reduced liver damage, inflammation and bacterial translocation to the liver compared with mice fed an isogenic control strain and upregulated expression of REG3G in intestine. However, *L. reuteri*/IL-22 did not reduce ethanol-induced liver disease in *Reg3g*^{-/-} mice.

Conclusion Ethanol-associated dysbiosis reduces levels of IAA and activation of the AHR to decrease expression of IL-22 in the intestine, leading to reduced expression of REG3G; this results in bacterial translocation to the liver and steatohepatitis. Bacteria engineered to produce IL-22 induce expression of REG3G to reduce ethanol-induced steatohepatitis.

Bacteriophages to selectively eliminate deleterious microbes



Bacteriophage



Bacteriocins



Antibiotics

Use of a bacteriophage cocktail for eradication of *Klebsiella pneumoniae* in primary sclerosing cholangitis

Objectives:

Klebsiella pneumoniae (KP) has been shown to be a PSC pathobiont. The present study aims to (1) validate KP as a disease-associated species and (2) initiate development of a bacteriophage-based therapy for KP eradication.

Methods:

Stool from patients was collected from several geographic regions and was assessed for the presence of KP by metagenomic sequencing and culturing on selective-media plates. For phage discovery, environmental samples were screened on lawns of PSC derived KP and natural phage isolated from plaques.

Main Findings:

- Cohort analyses of fecal samples from multiple geographies revealed that KP abundance was higher in PSC patients than in healthy controls and was associated with disease severity.
- Phage hunting efforts for the pathobiont KPs yielded over 20 phages from which >100 combinations (cocktails) were designed and tested for their ability to reduce KP bacterial burden in vitro (Figure 1).

Conclusions:

These results support the role of KP as a PSC pathobiont and establish the first steps in development of a rationally designed phage cocktail targeting KP, which may provide a novel treatment approach for PSC patients.

Kredo-Russo S, et al., Abstract 26

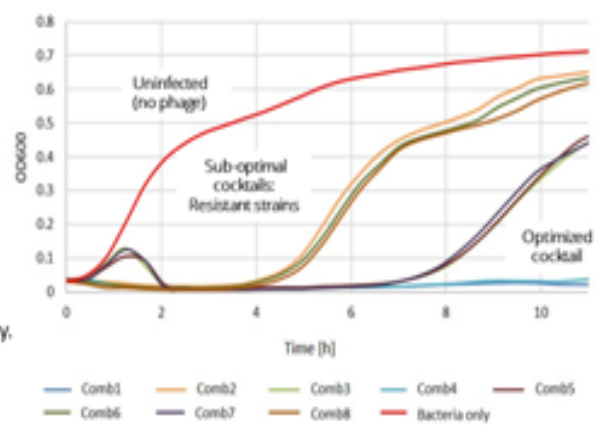


Figure 1. KP strains were grown over night at 37 °C with agitation to OD600=1.5, diluted 1:1000 in BHIS and grown to the desired OD. Different phage combinations were added at 10⁶ PFU each per well. NPC, negative control without phages (red). Several combinations are non-optimal for eradication as growth resumes at 4 and 7 hours (green and brown), while other combinations are optimal for eradication (blue).

FMT for seroconversion HBeAg / antiHBe ?

Fecal microbiota transplantation induces hepatitis B virus e-antigen (HBeAg) clearance in patients with positive HBeAg after long-term antiviral therapy

HEPATOLOGY

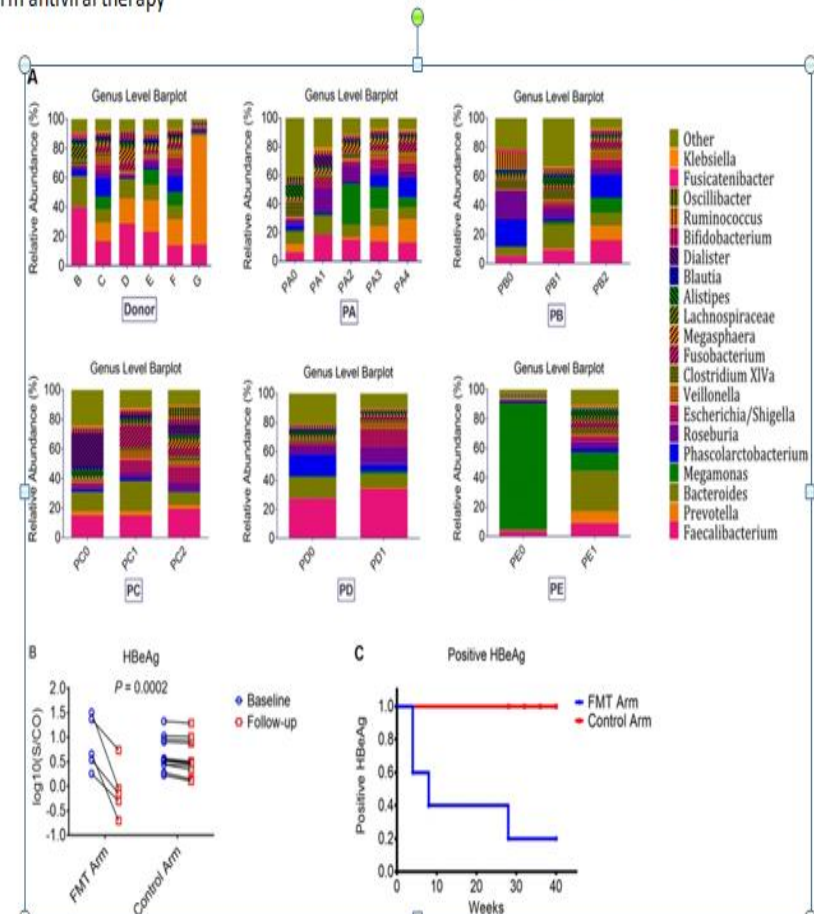


Clinical Observations in Hepatology | [Free Access](#)

Fecal microbiota transplantation induces hepatitis B virus e-antigen (HBeAg) clearance in patients with positive HBeAg after long-term antiviral therapy

Yan-Dan Ren, Zhen-Shi Ye, Liu-Zhu Yang, Li-Xin Jin, Wen-Jun Wei, Yong-Yue Deng ... [See all authors](#) ▾

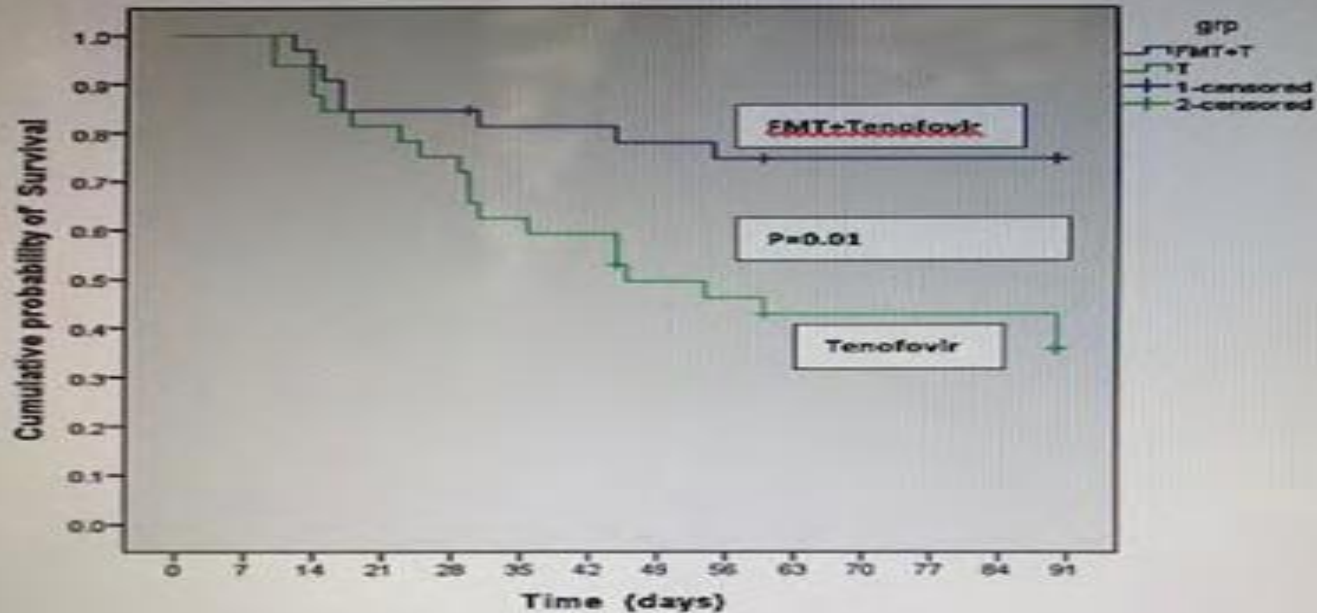
First published: 27 December 2016 | <https://doi.org/10.1002/hep.29008> | Citations: 27



Fecal microbiota transplantation with Tenofovir is superior to Tenofovir alone in improving clinical outcomes in ACLF due to HBV reactivation.

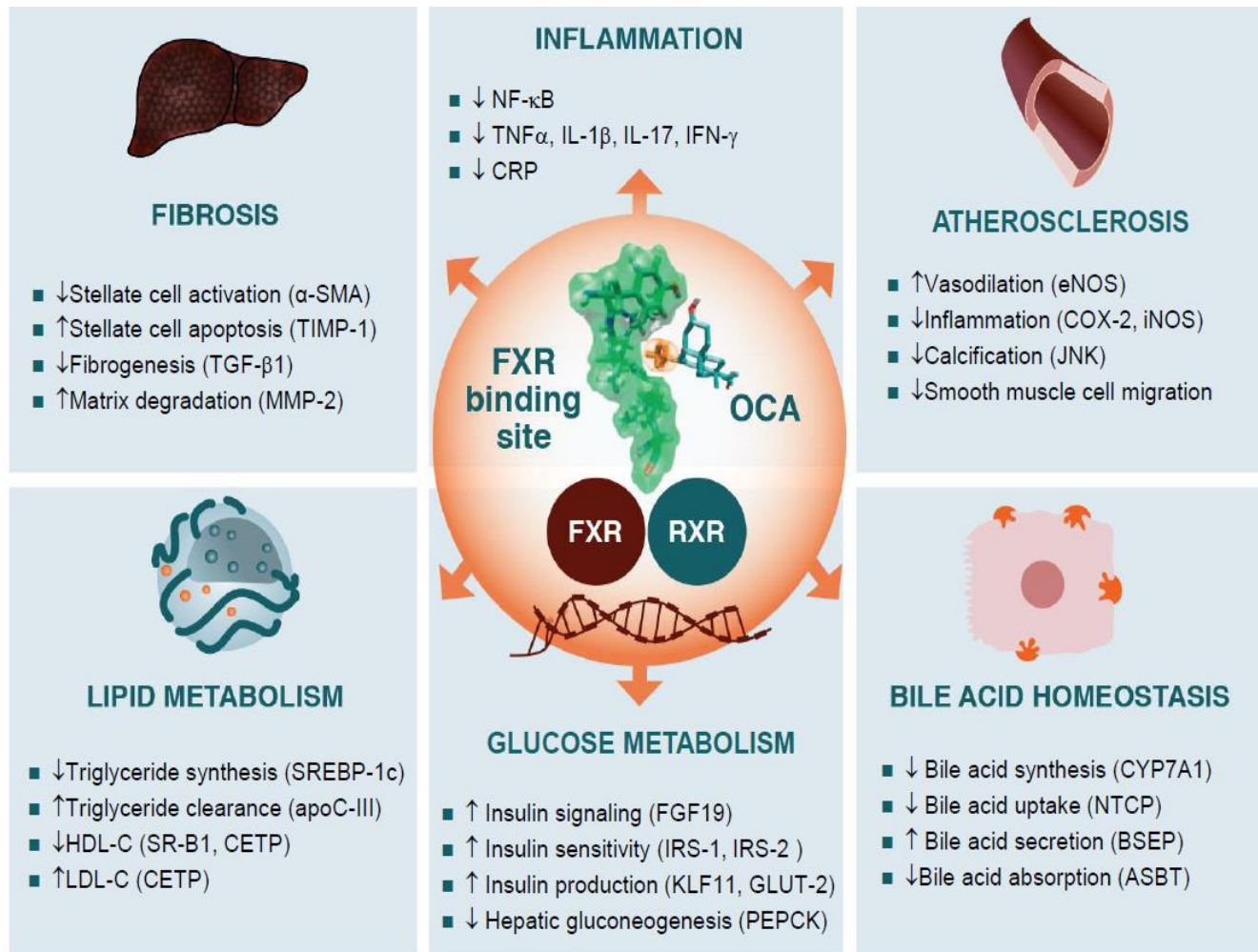
An open label randomized controlled trial

Juned Ahmal et al .



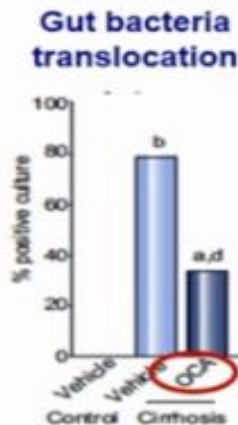
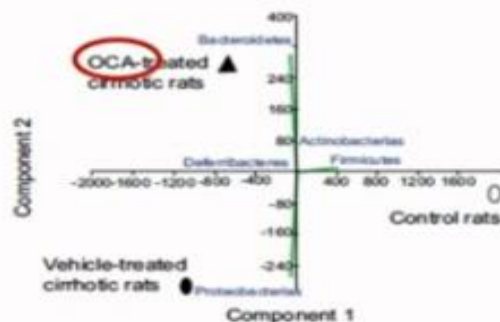
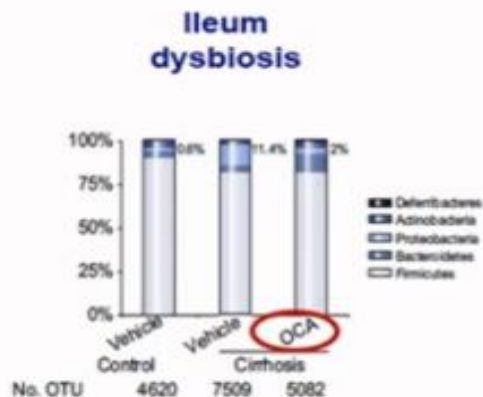
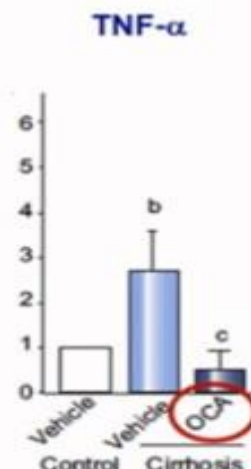
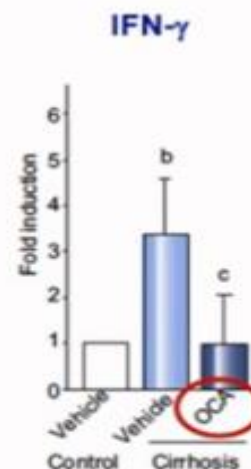
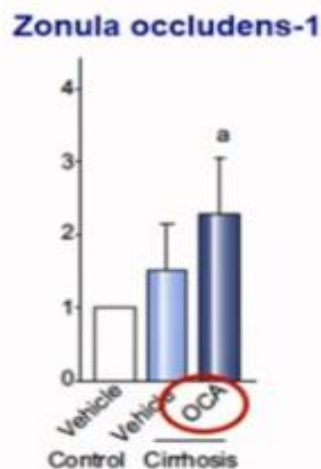
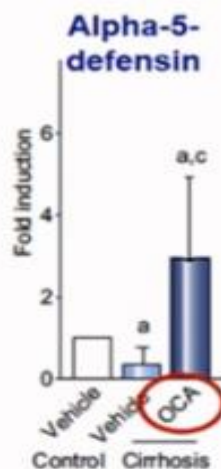
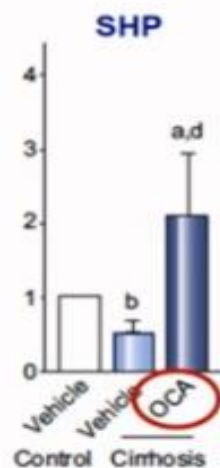
Group	Days	0	15	30	45	60	90
FMT+T	Cumulative Events (Death) n	0	3	5	7	8	8
	At Risk(n)	32	29	27	25	24	24
T	Cumulative Events (Death) n	0	5	11	16	18	20
	At Risk(n)	32	27	21	16	14	12

Bile acid receptor Farnesoid X (FXR) is central to a multitude of pathways



Obeticholic acid reduces gut bacterial translocation , modifies dysbiosis , improves innate defense and reduce inflammation in the ileum of CCl₄- cirrhotic rats

Obeticholic acid 5 mg/kg.d, 2 wk / vehicle
CCl₄-cirrhotic rats with ascites or controls

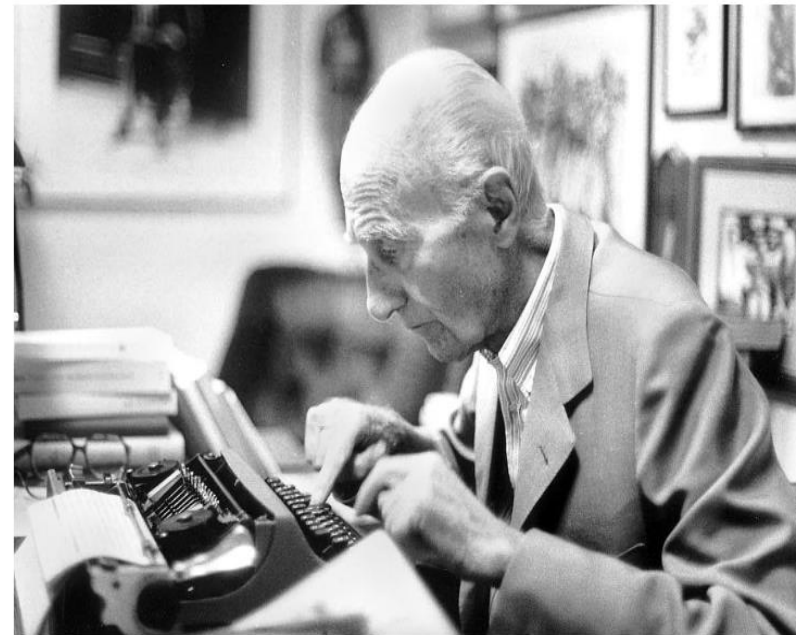


L' Italia e gli italiani

**Moglie malata Sla,
ipoteca casa per
finanziare ricerca**



Commercialista Benevento contribuisce a uno studio di un Centro di Novara

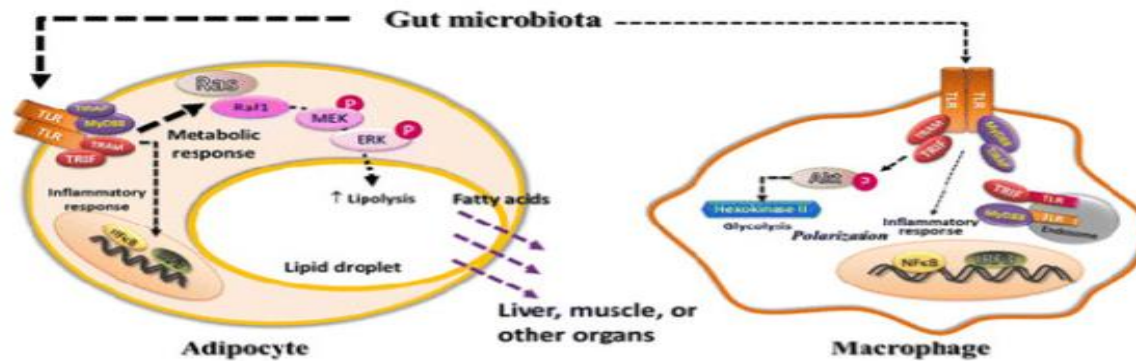


Indro Montanelli: il futuro dell'Italia

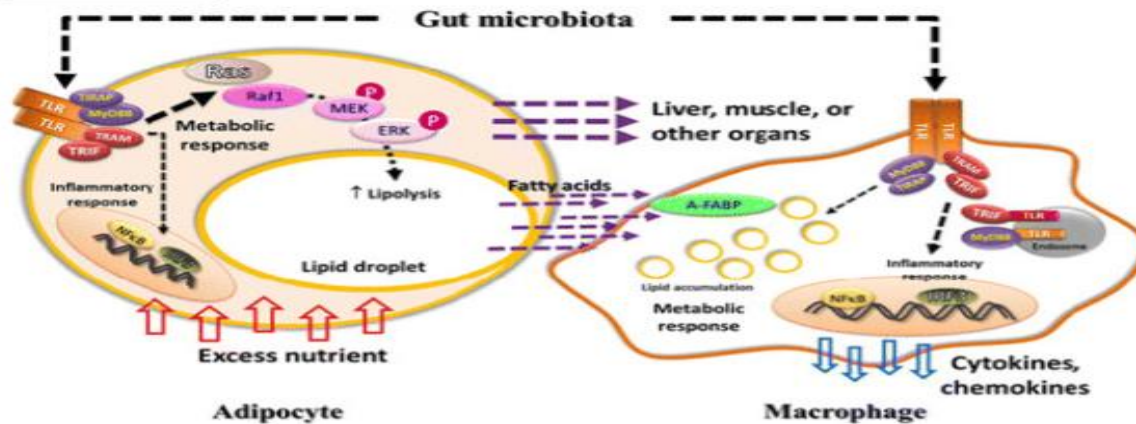
**“ Per l'Italia non vedo un futuro .
Per gli Italiani ne vedo uno brillante “**

Hypothesis of intercellular energy relocation triggered by Gut microbiota

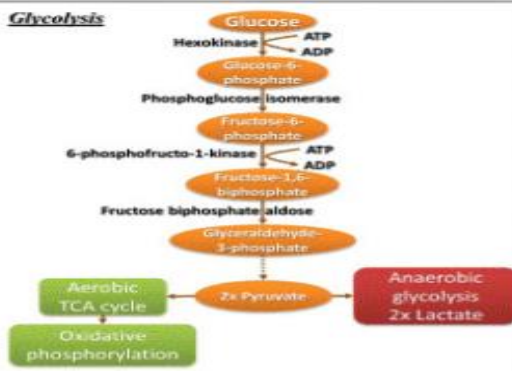
Early Phase



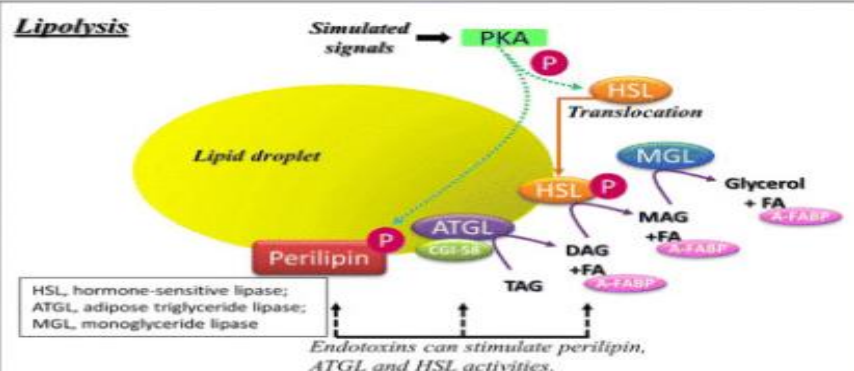
Late Phase

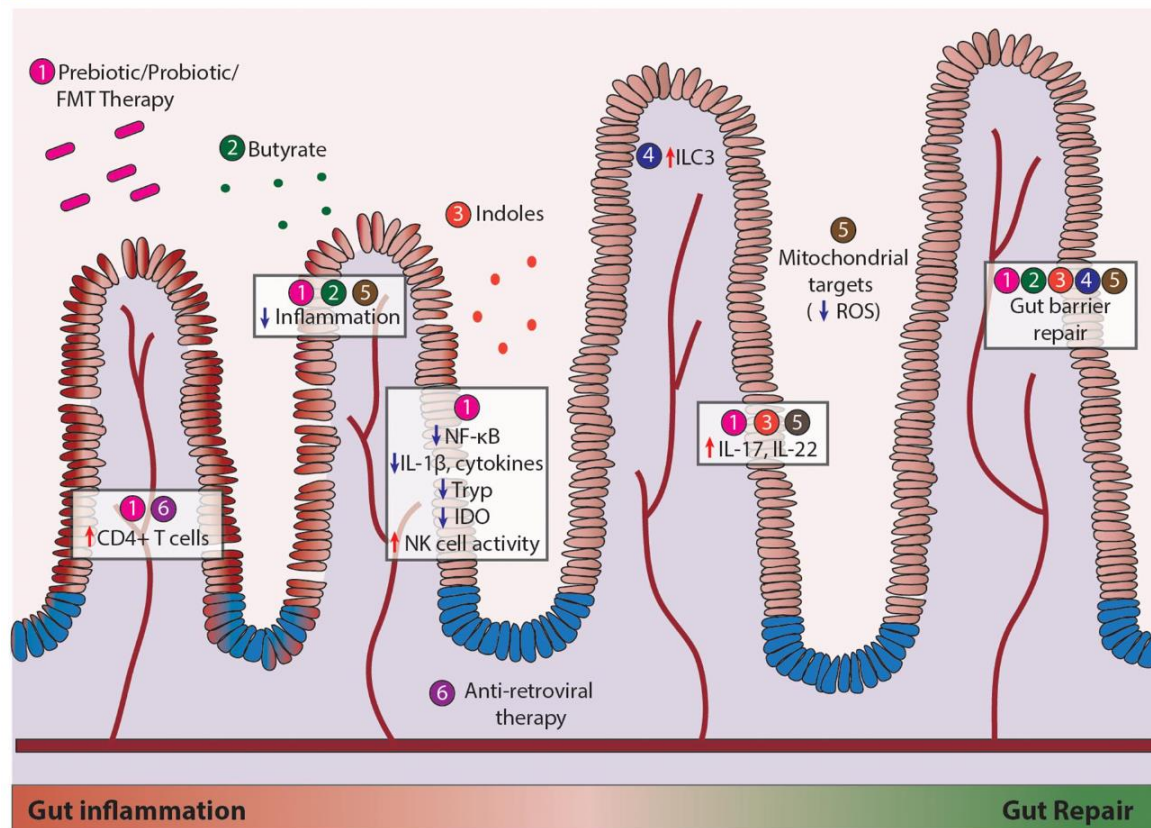


Glycolysis



Lipolysis





Transmissibility of alcohol-related liver disease via FMT

Intestinal microbiota contributes to individual susceptibility to alcoholic liver disease

M Llopis^{1,2,3,4}, A M Cassard^{1,2*}, L Wrzosek^{1,2}, L Boschat^{3,4}, A Bruneau^{3,4}, G Ferrere^{1,2}, V Puchois^{1,2}, J C Martin^{5,6}, P Lepage^{3,4}, T Le Roy^{3,4}, L Lefèvre⁷, B Langelier^{3,4}, F Cailleux^{1,2}, A M González-Castro⁸, S Rabot^{3,4}, F Gaudin⁹, H Agostini¹⁰, S Prévot^{2,11}, D Berrebi^{1,12}, D Ciocan^{1,2,13}, C Jousse¹⁴, S Naveau^{1,2,13}, P Gérard^{3,4}, G Perlemuter^{1,2,13*}

Author affiliations

Abstract

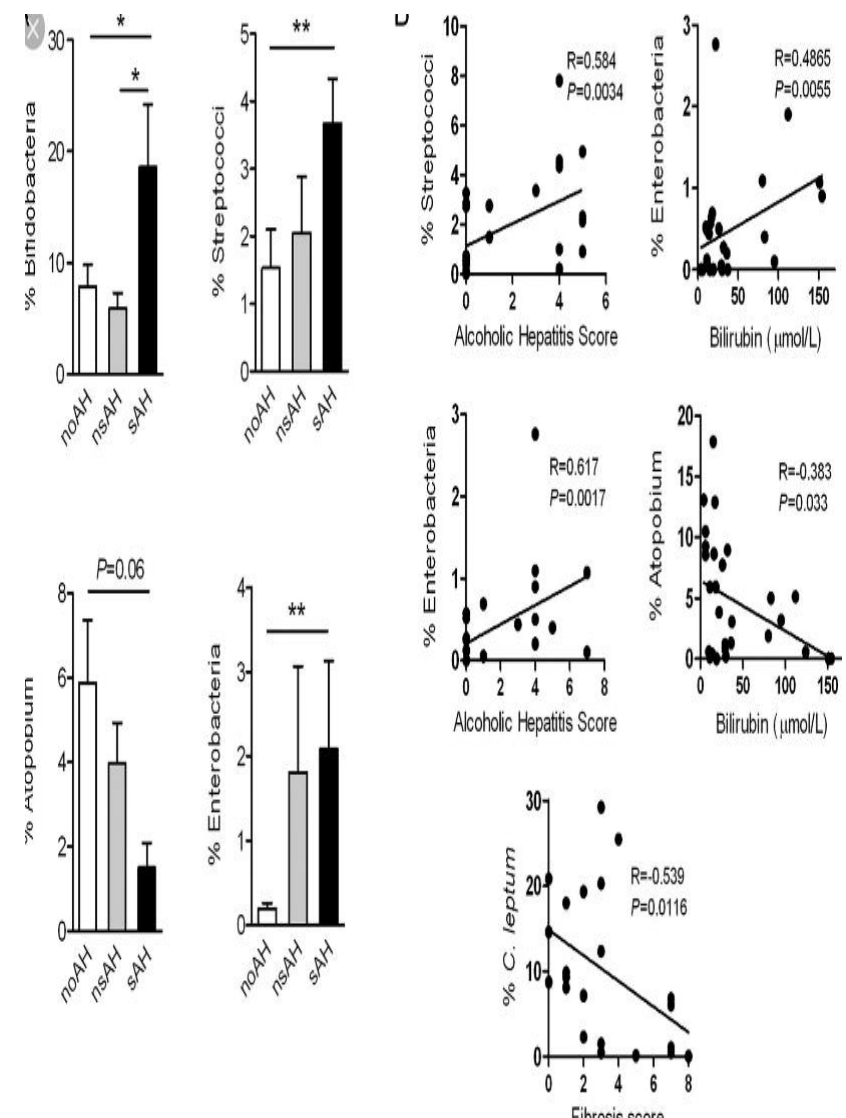
Objective There is substantial inter-individual diversity in the susceptibility of alcoholics to liver injury. Alterations of intestinal microbiota (IM) have been reported in alcoholic liver disease (ALD), but the extent to which they are merely a consequence or a cause is unknown. We aimed to demonstrate that a specific dysbiosis contributes to the development of alcoholic hepatitis (AH).

Design We humanised germ-free and conventional mice using human IM transplant from alcoholic patients with or without AH. The consequences on alcohol-fed recipient mice were studied.

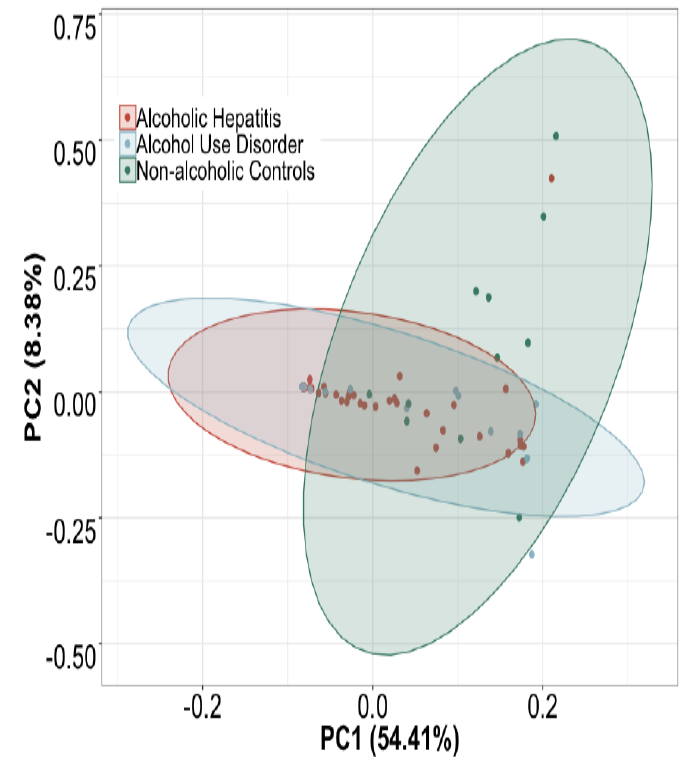
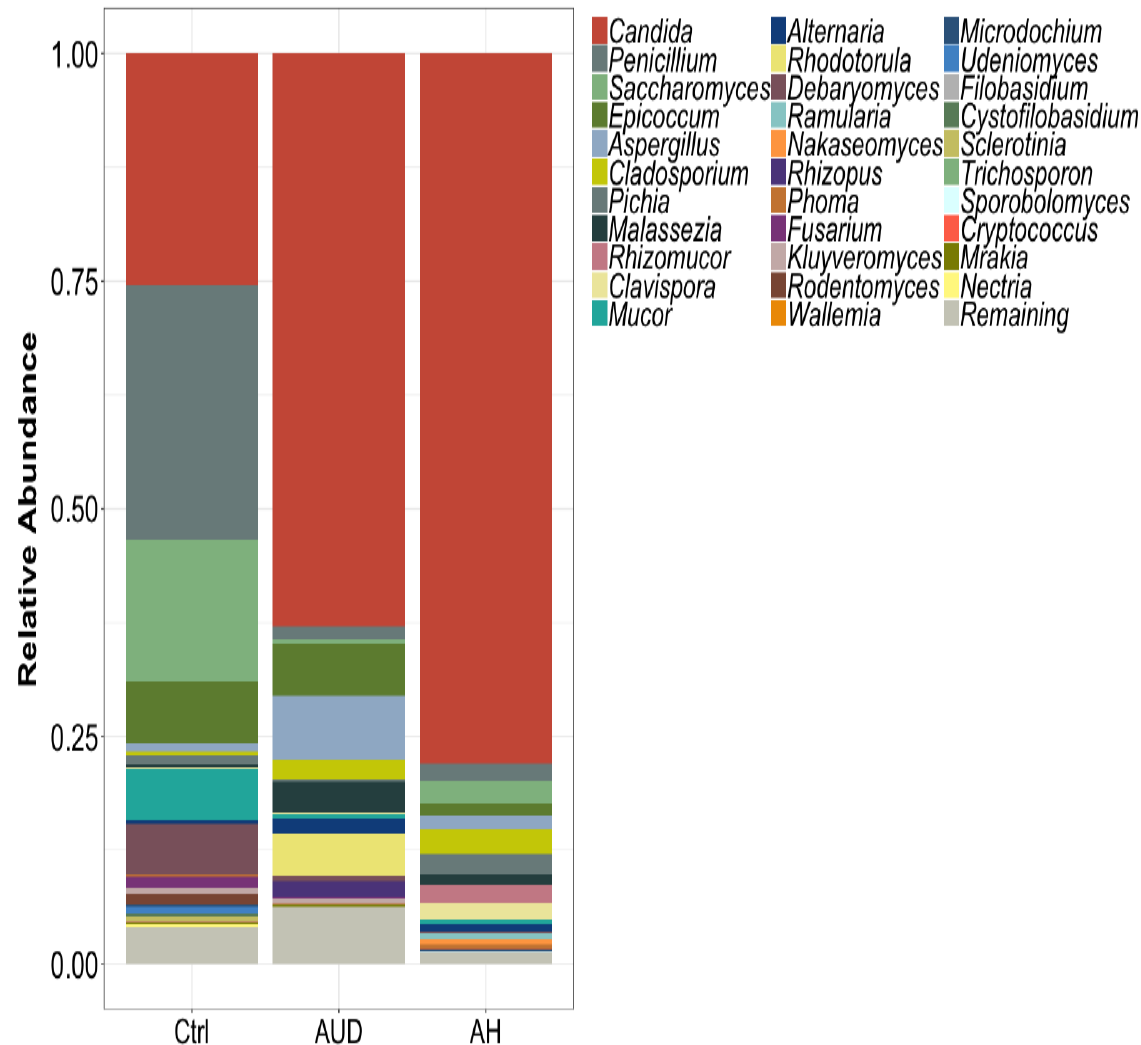
Results A specific dysbiosis was associated with ALD severity in patients. Mice harbouring the IM from a patient with severe AH (sAH) developed more severe liver inflammation with an increased number of liver T lymphocyte subsets and Natural Killer T (NKT) lymphocytes, higher liver necrosis, greater intestinal permeability and higher translocation of bacteria than mice harbouring the IM from an alcoholic patient without AH (noAH). Similarly, CD45⁺ lymphocyte subsets were increased in visceral adipose tissue, and CD4⁺T and NKT lymphocytes in mesenteric lymph nodes. The IM associated with sAH and noAH could be distinguished by differences in bacterial abundance and composition. Key deleterious species were associated with sAH while the *Faecalibacterium* genus was associated with noAH. Ursodeoxycholic acid was more abundant in faeces from noAH mice. Additionally, in conventional mice humanised with the IM from an sAH patient, a second subsequent transfer of IM from an noAH patient improved alcohol-induced liver lesions.

Conclusions Individual susceptibility to ALD is substantially driven by IM. It may, therefore, be possible to prevent and manage ALD by IM manipulation.

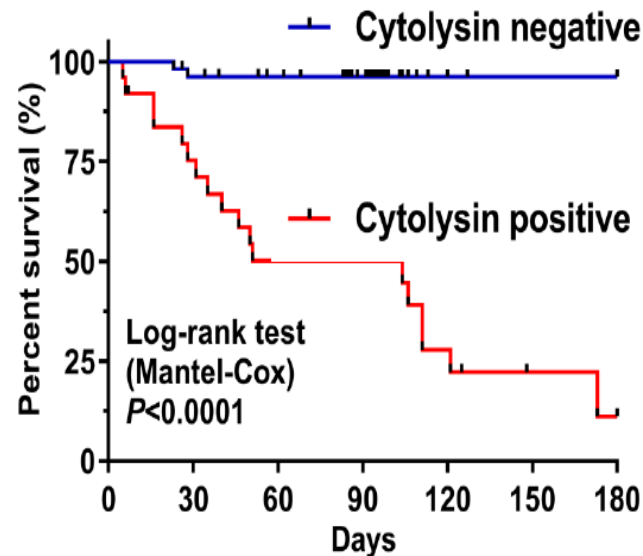
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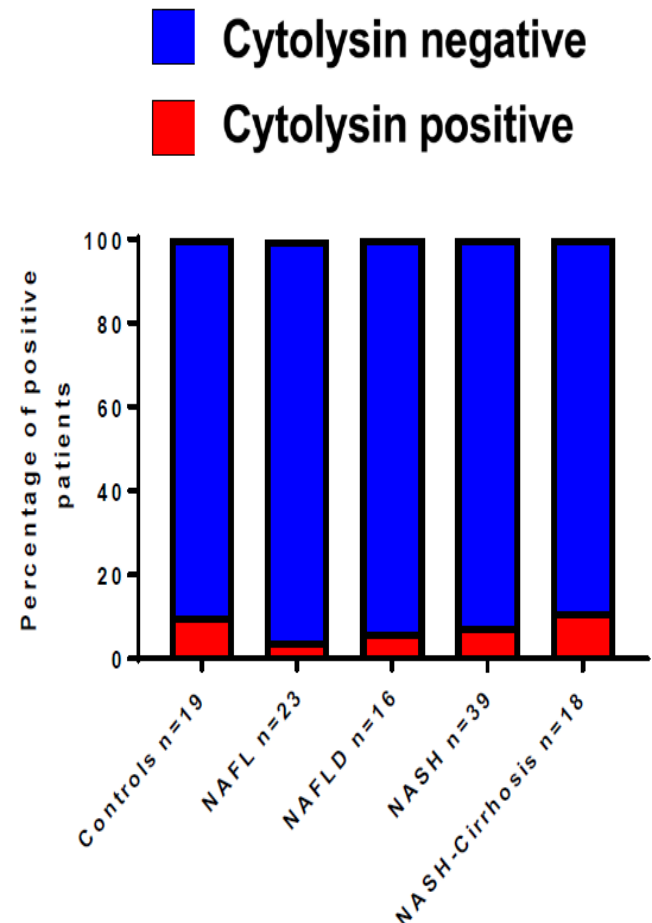
Fungal dysbiosis in patients with alcohol abuse



Enterococcus faecalis cytolysin associates with mortality in patients with alcoholic hepatitis , but not in patients with NAFLD



Multivariate Cox Regression			
Variables	HR	95% CI	P value
Cytolysin	14.07	2.83-69.85	0.001
MELD	1.09	1.01-1.16	0.022



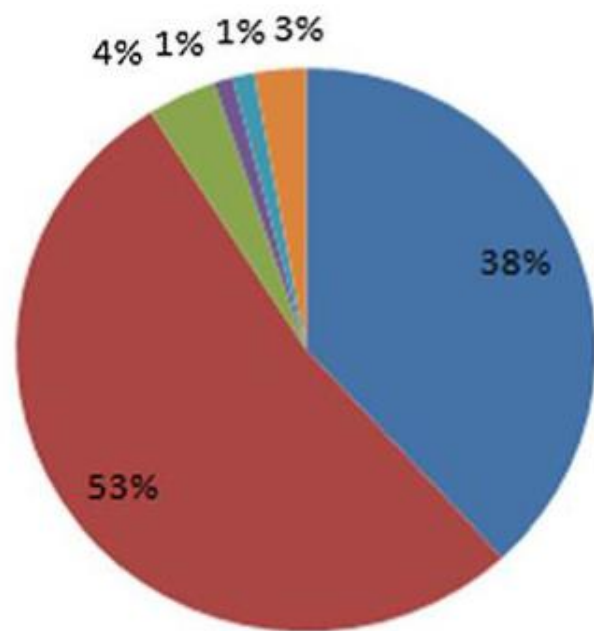
The fingerprint of gut microbiota in liver cirrhosis



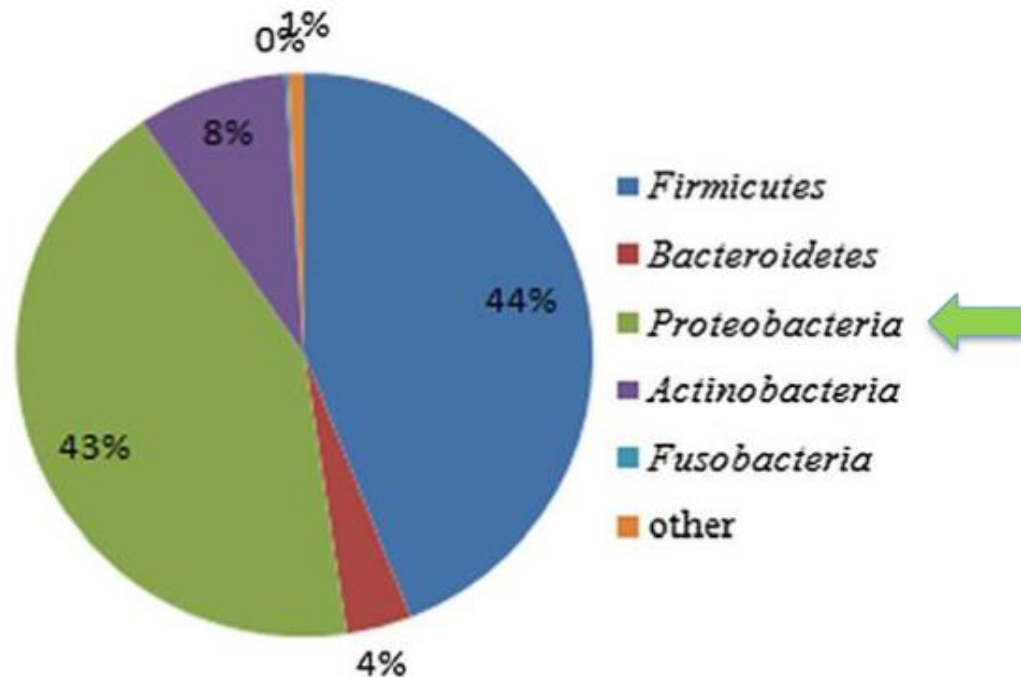
Unbalance between potentially pathogenic and beneficial bacteria

PHYLUM LEVEL

Normal genes



Patients genes



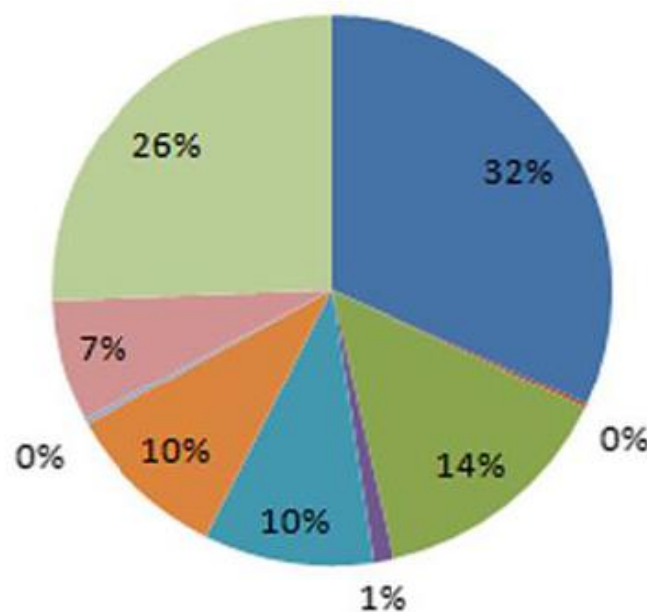
■ Firmicutes
■ Bacteroidetes
■ Proteobacteria
■ Actinobacteria
■ Fusobacteria
■ other

The fingerprint of gut microbiota in liver cirrhosis

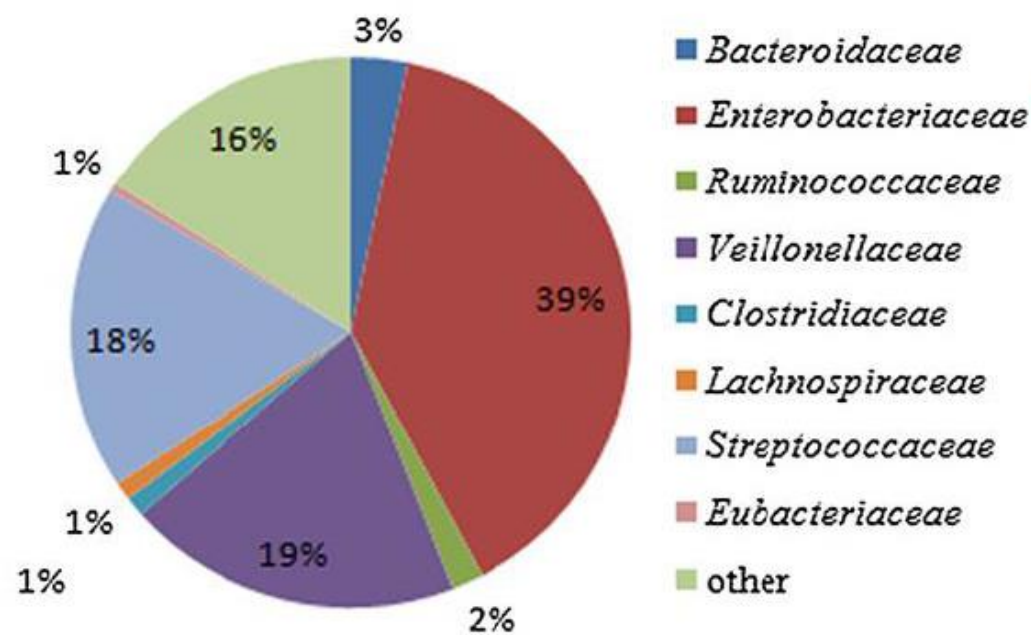


Unbalance between potentially pathogenic and beneficial bacteria
FAMILIA LEVEL

Normal genes



Patients genes



- Bacteroidaceae
- Enterobacteriaceae
- Ruminococcaceae
- Veillonellaceae
- Clostridiaceae
- Lachnospiraceae
- Streptococcaceae
- Eubacteriaceae
- other

Lu et al. Microb Ecol 2011
Chen et al. Hepatology 2011
Wei X et al BMC Gastroenterology 2013

GUT Microbiome in chronic HBV infection

Journal of Immunology Research

IMPACT
FACTOR
3.40

[J Immunol Res](#). 2018; 2018: 2361963.

PMCID: PMC6083645

Published online 2018 Jul 25. doi: [10.1155/2018/2361963](#)

PMID: [30148173](#)

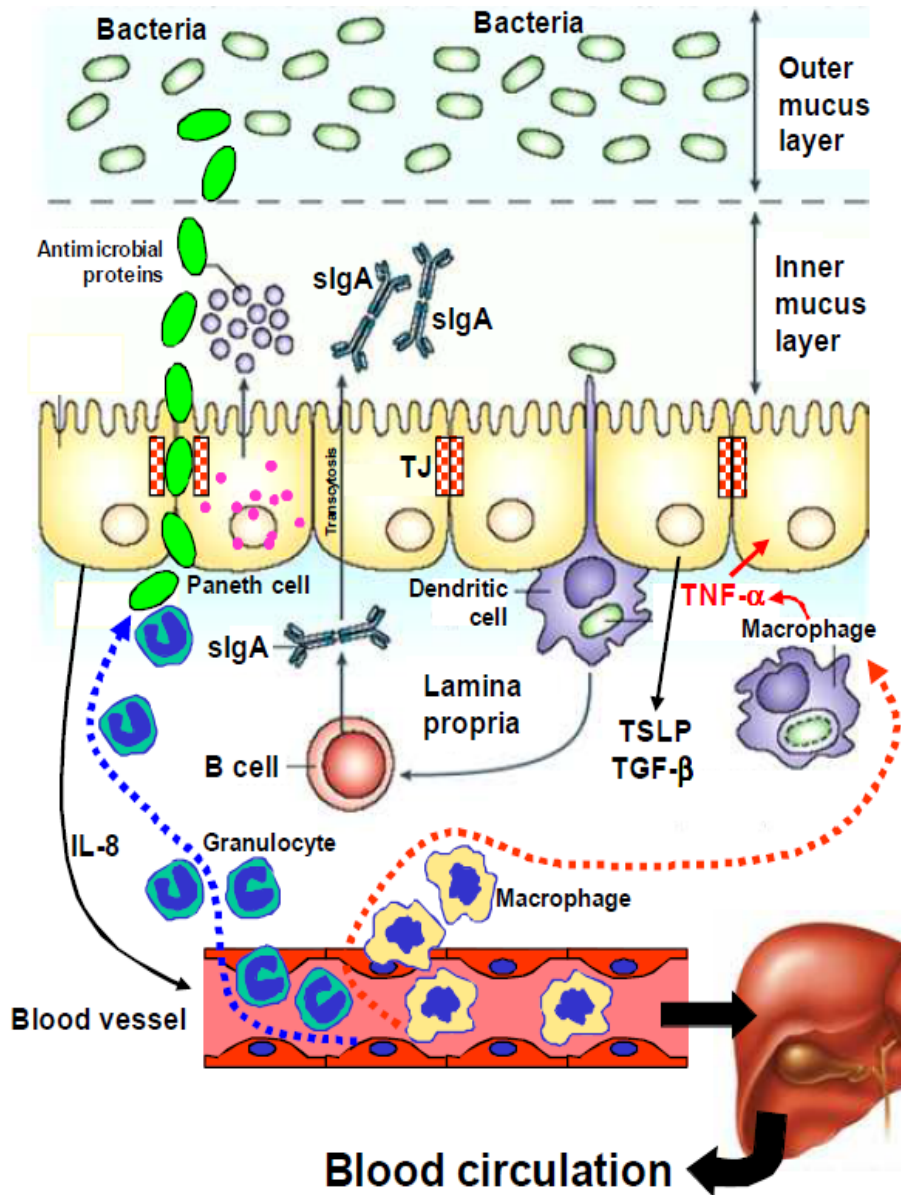
The Immunologic Role of Gut Microbiota in Patients with Chronic HBV Infection

[Ruilin Yang](#), ¹[Yao Xu](#), ¹[Zhifeng Dai](#), ¹[Xuhong Lin](#),^{✉1} and [Huichao Wang](#)²

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- Gut-liver axis
- Progressive evolution of microecology

Mechanisms preventing bacterial translocation



1. MICROBIAL (NORMAL MICROBIOTA)

Contact inhibition
Colonization resistance

2. MECHANICAL

Mucus layer
Peristalsis
Epithelial barrier
Junctional complexes

3. IMMUNOLOGIC

Gut-associated lymphoid tissue
Secretory immunoglobulins

4. GUT/LIVER AXIS

Bile salts
Reticuloendothelial function

Precision Medicine : Approaches to restore Host Microbiome Homeostasis

Bugs as Drugs

Defined mixture of microorganisms to reprogram the microbial ecology

