

Year 9

Term	Unit	Key Questions	Knowledge	Assessing Understanding and Other Information
Autumn	<p data-bbox="264 336 443 440">Unit 1: Emotional Wellbeing</p> <p data-bbox="264 1126 443 1190">Unit 2: Social action project</p>	<p data-bbox="465 336 925 408">How can understanding our emotions help our well-being?</p> <p data-bbox="465 464 925 536">Why is it important to have self-compassion and be resilient?</p> <p data-bbox="465 592 925 663">What language do we have to talk about our emotion wellbeing?</p> <p data-bbox="465 719 925 791">How are self-regulation and wellbeing connected?</p> <p data-bbox="465 847 925 919">What strategies to do I have to manage unhelpful self-talk?</p> <p data-bbox="465 975 925 1046">What motivates me and how does that impact on how I feel?</p> <p data-bbox="465 1150 925 1222">How do we understand those who are less fortunate than us?</p> <p data-bbox="465 1278 925 1382">What is the bigger picture behind our project? How can we motivate others to help?</p>	<p data-bbox="969 336 1323 360">What emotional wellbeing is</p> <p data-bbox="969 480 1155 504">Self-awareness</p> <p data-bbox="969 592 1077 616">Self-talk</p> <p data-bbox="969 703 1155 727">Self-regulation</p> <p data-bbox="969 839 1323 903">Thought-invaders. Relaxation strategies.</p> <p data-bbox="969 983 1301 1007">Wellbeing and coping plans</p> <p data-bbox="969 1166 1223 1190">Community in action</p> <p data-bbox="969 1286 1223 1310">Planning a campaign</p>	<p data-bbox="1346 336 2132 440">A range of assessment for learning tools are used throughout the PSHE and Citizenship curriculum. These include baseline activities, quizzes, self- and peer-assessment and tutor feedback.</p>

		How successful were our fundraising efforts?	Project evaluation Presentation of project	Key Event: Y9 whole School assembly
Spring	Unit 3: Communities, belonging and extremism	How can we identify extreme views and seek reliable counter-information to make informed decisions? What is discrimination? How does gang culture attract members and what support is available for those seeking to leave? What is terrorism? What does Terrorism in the UK look like? How can we challenge extreme views and behaviours? What can we do if we have concerns?	Extreme views and fake news Discrimination and division Gangs and violent crime Terrorism Challenging extremism	A range of assessment for learning tools are used throughout the PSHE and Citizenship curriculum. These include baseline activities, quizzes, self- and peer-assessment and tutor feedback.
	Unit 4: Mini enterprise	What is mini enterprise and how might we structure a company to run a small enterprise? What makes an effective product to take to market? What can I do to understand my market and pitch my product to a specific audience?	Market research Developing a product Selling a product Presentations	

Summer	<p>Unit 5: Drugs and Alcohol</p> <p>Immersion Day</p> <p>Unit 6: Sex and Relationships</p>	<p>What are the legal consequences of drug possession?</p> <p>What are the different classes of drug?</p> <p>What is a legal high?</p> <p>What are the risks of drug use, possession and distribution?</p> <p>What are the risks and benefits of engaging in a sexual relationship?</p> <p>How can I maintain healthy relationships?</p> <p>How do you manage loss?</p> <p>How do you manage romantic relationships?</p>	<p>Drug classes and the Law</p> <p>Different types of drugs and their effects</p> <p>Definition of a legal high and risks of use</p> <p>Personal, legal and wider consequences of drug use</p> <p>Coping with romantic relationships</p> <p>Consent</p> <p>Pornography and nude/semi-nude images</p> <p>Gender and sexuality</p> <p>Contraception</p> <p>Families and parenting</p> <p>Change, loss and bereavement</p> <p>Conflict and resolution</p>	<p>A range of assessment for learning tools are used throughout the PSHE and Citizenship curriculum. These include baseline activities, quizzes, self- and peer-assessment and tutor feedback.</p> <p>During this day, students engage with teaching staff and the School Nursing team to enable them to make informed decisions about sexual relationships.</p>
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