

Year 10

| Term | Unit | Key Questions | Knowledge | Assessing Understanding and Other Information |
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| Autumn | <p data-bbox="275 336 506 432">Safeguarding and Community Outreach</p> <p data-bbox="275 655 461 719">Unit 1: Money Matters</p> | <p data-bbox="528 655 969 719">What is inflation? How does it affect us?</p> <p data-bbox="528 783 943 847">How do we set financial goals and budgets?</p> <p data-bbox="528 911 943 1054">What is the difference between a bank and a building society? How do they help me achieve my financial goals?</p> <p data-bbox="528 1118 943 1214">What is debt? How is it relevant to me, as an individual, and us, as a country?</p> <p data-bbox="528 1278 775 1302">What is a recession?</p> | <p data-bbox="992 336 1417 448">How to report concerns Communicating and engaging with a younger audience</p> <p data-bbox="992 647 1357 751">What drives inflation. How inflation affects everyday costs and living expenses.</p> <p data-bbox="992 791 1395 855">How to create a budget and what helps us stick to it.</p> <p data-bbox="992 903 1391 1070">How banks and building societies are structured. What having a bank/building society account allows us to do. The problems of not having an account.</p> <p data-bbox="992 1118 1413 1214">How to avoid too much debt. What is a realistic amount of debt and when is it necessary.</p> <p data-bbox="992 1262 1395 1398">The definition of 'recession'. Who determines when we are in recession. What information do they use.</p> | <p data-bbox="1440 336 2067 544">This unit is a rolling outreach programme, where students go to a local primary School to work with Year 5 students on numeracy and literacy. Each form has a 4 week block during one half-term. The exact order of units covered may therefore vary between each tutor group.</p> <p data-bbox="1440 624 2040 759">A range of assessment for learning tools are used throughout the PSHE and Citizenship curriculum. These include baseline activities, quizzes, self- and peer-assessment and tutor feedback.</p> |

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| | Unit 2: Managing Self | <p>What is stress?</p> <p>How can understanding the impact of stress help us to cope with challenges? How can stress affect us over time?</p> <p>How can being aware of our own stress patterns help our self-management?</p> <p>How can we incorporate stress management to help us to succeed?</p> | <p>What stress looks and feels like</p> <p>Impact of stress on ourselves and others</p> <p>Self-awareness and self-regulation</p> <p>Relaxation</p> <p>Stress plans</p> | |
| Spring | Unit 3: TBC | | | <p>A range of assessment for learning tools are used throughout the PSHE and Citizenship curriculum. These include baseline activities, quizzes, self- and peer-assessment and tutor feedback.</p> |
| | Immersion Day | Making Difficult Decisions | <p>Difficult choices in the wider world</p> <p>Gangs and anti-social behaviour</p> <p>Online risks and the law</p> <p>Diversity and decision making</p> <p>Drugs and Alcohol</p> | <p>During this day, students engage with teaching staff and external speakers to learn about risk and decision making.</p> |

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| Summer | Unit 4: Careers | <p>What are my skills, qualifications and interests? How might these influence my future choices?</p> <p>What is Labour Market Information (LMI) and how do I access it?</p> <p>What are my strengths and areas for development?</p> <p>How can I showcase my skills in the most positive light, particularly online?</p> <p>What options are there for study at post-16 and higher levels?</p> <p>What sort of interviews are there? What do employers want to know about me? What can I learn from an interview?</p> | <p>Career Pathways</p> <p>Finding and using LMI</p> <p>Showcasing personal strengths</p> <p>Managing online reputation</p> <p>Post-16 pathways</p> <p>Interview skills</p> | <p>A range of assessment for learning tools are used throughout the PSHE and Citizenship curriculum. These include baseline activities, quizzes, self- and peer-assessment and tutor feedback.</p> <p>Key Events: External speakers from Industry and DfE will give students talks and Q and A on career pathways and post-16 options, including alternatives to A levels.</p> |