## Department: Pastoral

Year 11

| Term   | Unit  | Key Questions   | Knowledge  | Assessing Understanding and Other Information   |
|--------|---|---|--|---|
| Autumn | Unit 1: Academic mentoring, options and future pathways | What are your interests and strengths?  What is your current attainment and progress like?  What are the differences between 6 <sup>th</sup> form and college?  What are the different options regarding courses and professions? | My Academic starting point / 6 <sup>th</sup> form options  Planning for careers and tertiary education | A range of assessment for learning tools are used throughout the PSHE and Citizenship curriculum. These include baseline activities, quizzes, self- and peer-assessment and tutor feedback. |
|        | Unit 2: Social<br>Action<br>Project                     | How do we understand those who are less fortunate than us?  What is the bigger picture behind our project? How can we motivate others to help?  | Community in action  Planning a campaign   |   |
|        |   | How successful were our fundraising efforts?  | Project evaluation Presentation of project   |   |
|        | Unit 3:<br>Exploring<br>Relationships                   | How do romantic relationships vary and how do you know when you are ready for sex?  | Romantic relationships Healthy relationships Commitment and ending relationships                       |   |

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|        |  | How to identify subtle signs in a relationship that may be indicative of abuse?  What are the different types of abuse individuals can experience in relationships?  How do you cope with loss of someone you care about?  Why is an abortion an option for some women and what are the impact of this on mental well-being?  Who is infertile and what impact does this have on these individuals on those around them? | Infertility and different types of families   |   |
|--------|--|--|---|---|
| Spring | Unit 4: First<br>Aid                         | What do I do when individuals have drunk too much alcohol?  What common physical health conditions would it be helpful to know how to manage?  | Alcohol and first aid Physical health conditions Less common physical health conditions Chronic health conditions | A range of assessment for learning tools are used throughout the PSHE and Citizenship curriculum. These include baseline activities, quizzes, self- and peer-assessment and tutor feedback. <b>Key Event:</b> First aid training from external organisation. This takes place for 1 hour per tutor group on a day after mock exams. |
|        | Unit 5:<br>Mental<br>Health and<br>Wellbeing | What information do I require to understand addiction at a basic level?  | Emotional and psychological<br>health<br>Mental health and<br>substance misuse                                    |   |

## Curriculum Outline 2023-24

| De | partment: Pastoral    |  |
|----|-----------------------|--|
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| How at risk am I in developing an         | Resilience                    |  |
|---|-------------------------------|--|
| addiction? What are the impacts           | Work life/school life balance |  |
| addictions have on people's lives?        |                               |  |
| What qualities do I need to be resilient? |                               |  |
| What is the negative impact on            |                               |  |
| wellbeing if I don't have a work/school   |                               |  |
| life balance? How can I make myself       |                               |  |
| have a work/life balance?                 |                               |  |
|   |                               |  |
|   |                               |  |