

Year 13

Timing	Unit Title	Key Question	Knowledge	Assessing Understanding
Autumn	Moving towards independence	<ul style="list-style-type: none"> ● What do I need to know about how it first feels to be at University? ● How do I look after my wellbeing? 	<ul style="list-style-type: none"> ● Information about the emotions involved in going to University for the 1st time. Ex Tiffin girls coming in to speak to Year 13 ● A rolling programme of: <ul style="list-style-type: none"> ○ Cooking for university ○ Using a washing machine ○ Book club- reading for pleasure ○ Knitting/ crochet-creative project ○ Financial planning for University ○ Yoga ○ Self Defence 	<ul style="list-style-type: none"> ● Participation in the rolling programme- assessing understanding not applicable
Spring	Moving towards independence	<ul style="list-style-type: none"> ● How do I look after my wellbeing? 	<ul style="list-style-type: none"> ● A rolling programme of: <ul style="list-style-type: none"> ○ Cooking for university ○ Using a washing machine ○ reading for pleasure ○ Knitting/crochet creative project ○ Financial planning for University ○ Yoga ○ Self defence 	<ul style="list-style-type: none"> ● Participation in the rolling programme- assessing understanding not applicable
Summer	Moving towards independence	<ul style="list-style-type: none"> ● What are some simple techniques I can use to 	<ul style="list-style-type: none"> ● Self defence lessons 	<ul style="list-style-type: none"> ● Participation in the rolling programme- assessing understanding not applicable

		protect myself and others?		
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