

Year 11

Term	Unit	Key Questions	Knowledge	Assessing Understanding and Other Information
Autumn	Unit 1: Academic mentoring, options and future pathways	<p>What are your interests and strengths?</p> <p>What is your current attainment and progress like?</p> <p>What are the differences between 6th form and college?</p> <p>What are the different options regarding courses and professions?</p>	<p>My Academic starting point / 6th form options</p> <p>Planning for careers and tertiary education</p>	<p>A range of assessment for learning tools are used throughout the PSHE and Citizenship curriculum. These include baseline activities, quizzes, self- and peer-assessment and tutor feedback.</p>

	<p>Unit 2: Exploring Relationships</p>	<p>How do romantic relationships vary and how do you know when you are ready for sex?</p> <p>How to identify subtle signs in a relationship that may be indicative of abuse?</p> <p>What are the different types of abuse individuals can experience in relationships?</p> <p>How do you cope with the loss of someone you care about?</p> <p>Why is an abortion an option for some women and what is the impact of this on mental well-being?</p> <p>Who is infertile and what impact does this have on these individuals on those around them?</p>	<p>Romantic relationships</p> <p>Healthy relationships</p> <p>Commitment and ending relationships</p> <p>Infertility and different types of families</p>	
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Spring	Unit 3: First Aid	<p>What do I do when individuals have drunk too much alcohol?</p> <p>What common physical health conditions would it be helpful to know how to manage?</p>	<p>Alcohol and first aid</p> <p>Physical health conditions</p> <p>Less common physical health conditions</p> <p>Chronic health conditions</p>	<p>A range of assessment for learning tools are used throughout the PSHE and Citizenship curriculum. These include baseline activities, quizzes, self- and peer-assessment and tutor feedback.</p> <p>Key Event: First aid training from an external organisation. This takes place for one hour per tutor group on a day after mock exams.</p>
	Unit 5: Mental Health and Wellbeing	<p>What information do I require to understand addiction at a basic level?</p> <p>How at risk am I in developing an addiction? What are the impacts addictions have on people's lives?</p> <p>What qualities do I need to be resilient?</p> <p>What is the negative impact on wellbeing if I don't have a work/school life balance? How can I make myself have a work/life balance?</p>	<p>Emotional and psychological health</p> <p>Mental health and substance misuse</p> <p>Resilience</p> <p>Work life/school life balance</p>	