**Year 7**1 lesson per week

Timing	Unit Title	Key Question	Knowledge	Assessing Understanding
Project 1 (1.5 terms)	Cushion	Design and make a cushion cover inspired by one of the following textile designers: -Rei Kawakubo -Mary Quant -Virgil Abloh -Morag Myerscough -The Singh twins -MaXhosa	<ul> <li>Design - Knowledge and skills</li> <li>To develop skills in collecting relevant secondary research, in the form of images linked to a chosen designer.</li> <li>To develop skills in presenting this research in the form of a moodboard with consideration of layout, image format and resolution.</li> <li>To understand what a design brief is and generate designs linked to a given brief</li> <li>To understand the importance of annotation for explaining design ideas</li> <li>To understand what justification is when explaining design decisions through annotation</li> <li>To develop skills in generating ideas which are varied and different in concept</li> <li>To develop skills in presenting this research in the form of a moodboard with consideration of layout, image format and resolution</li> <li>Textiles - Knowledge and skills</li> <li>To develop an understanding of advantages and disadvantages of the following decorative techniques: Fabric appliqué, print transfer, hand embroidery, machine embroidery.</li> <li>To develop skills in applying fabric appliqué (using Bondaweb), use of print transfers &amp; hand embroidery</li> <li>To develop skills in using the sewing machine for both zig zag and straight stitching</li> <li>To develop knowledge of the sources and properties of natural, synthetic, blended and mixed fibres.</li> </ul>	<ol> <li>Knowledge and understanding and skills: Textiles knowledge test &amp; practical samples of decorative techniques.</li> <li>Design Skills: Initial ideas</li> <li>Manufacturing skills: Final product</li> </ol>

			<ul> <li>To understand the differences between woven, knitted and bonded fabric construction and identify specific fabrics from each construction type.</li> <li>To understand the importance of seam allowances and the differences between hems and seams.</li> <li>To understand how to assemble textiles projects using a plain seam and double fold hem.</li> </ul>	
Project 2 (1 term)	Licence to Cook	Learn basic cooking skills and how to make informed decisions about your diet and health.	<ul> <li>Food - Knowledge &amp; skills         <ul> <li>To develop skills in using a knife for cutting, with a focus on applying the bridge and claw techniques (fruit salad, soup, vegetable couscous).</li> <li>To develop skills in weighing and measuring ingredients (Granola bars, scones, vegetarian/vegan dish).</li> <li>To develop skills in using the hob for melting (Granola Bars)</li> <li>To develop skills in using the oven for baking (Granola Bars, scones, banana muffins).</li> <li>To develop skills in frying on the hob (vegetarian/vegan pasta dish).</li> <li>To develop skills in using the rubbing in method (Scones).</li> <li>To develop skills in using the creaming method (Dutch apple cake).</li> <li>To develop skills in organisation and time management in the kitchen.</li> </ul> </li> <li>Safety and hygiene – Knowledge and skills         <ul> <li>To understand how to work safely and hygienically in the kitchen and apply this knowledge when carrying out practical work</li> <li>To understand the 4C's of food hygiene</li> <li>To apply knowledge of the 4C's when working in the kitchen.</li> </ul> </li> </ul>	<ol> <li>Final product and practical/organisational skills for: Cheese/Fruit(vegan) scones practical</li> <li>Research, development, planning &amp; final product for: Vegetarian/vegan sauce practical.</li> </ol>

			<ul> <li>To be aware of the danger zone when storing, cooking and eating food.</li> <li>Healthy eating - Knowledge</li> <li>To learn about the Eatwell Plate and evaluate and improve on menus based on this guidance.</li> <li>To understand the purpose of a range of macro and micro nutrients and identify foods which contain these.</li> <li>To understand sources of key nutrients i.e. protein for vegetarian/vegan diets.</li> <li>Other - Skills</li> <li>To develop skills in experimenting with ingredients with similar properties through making adaptations to recipes.</li> <li>To develop skills in evaluating food outcomes using sensory analysis.</li> </ul>	
Project 3 (0.5 term)	Paper Mechanis ms	Work in design teams to produce a pop-up book based on environmental issues. Each team member to design and make one page of the book.	<ul> <li>Mechanical systems – Knowledge and skills</li> <li>To gain knowledge of the 4 types of motion.</li> <li>To understand the definition of a system and what a mechanical system is.</li> <li>To develop skills in making linkages and a range of pop up mechanisms in card which transfer and change types of motion.</li> <li>Cards and papers – Knowledge and skills</li> <li>To develop skills in using a craft knife, safety ruler and cutting mat to cut and score card</li> <li>To develop an awareness of card weights and sizes.</li> <li>Design - Knowledge and skills</li> <li>To develop skills in collecting and using relevant research, in the form of images, pop up designs and other useful inspiration.</li> <li>To revisit what a design brief is and generate designs linked to a given brief.</li> </ul>	Final product: A working page of a pop-up book (which contributes to a whole book made by the group).

## Curriculum Outline 2025-2026

## Department: Design and Technology

	<ul> <li>To develop skills in card modelling to enable development of functional design solutions.</li> <li>To develop skills in collaboration in the design and manufacture of a product.</li> </ul>	
	or a product.	