

Year 9

| Term | Unit | Key Questions | Knowledge | Assessing Understanding and Other Information |
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| Autumn | Unit 1: Emotional Wellbeing | <p>How can understanding our emotions help our well-being?</p> <p>Why is it important to have self-compassion and be resilient?</p> <p>What language do we have to talk about our emotional wellbeing?</p> <p>How are self-regulation and wellbeing connected?</p> <p>What strategies do I have to manage unhelpful self-talk?</p> <p>What motivates me and how does that impact on how I feel?</p> | <p>What emotional wellbeing is</p> <p>Self-awareness</p> <p>Self-talk</p> <p>Self-regulation</p> <p>Thought-invaders. Relaxation strategies.</p> <p>Wellbeing and coping plans</p> | Retrieval practice and assessment for learning approaches including: multiple choice quizzes, recap and summary questions, think-pair-share, baseline assessments that are revisited |
| | Careers Assembly | What are my options at GCSE? What do options look like at different providers? | GCSE Options - | |
| Spring | Unit 3: Communities, belonging and extremism | <p>How can we recognise and challenge extreme views?</p> <p>Why do people develop extreme views?</p> <p>How can we identify conspiracy theories and why do they spread?</p> <p>How can we prevent terrorism?</p> | <p>Islamist, far right and incel extremism</p> <p>Vulnerability to radicalisation and common False information and strategies to identify it</p> | |

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| | | | Different ways governments might choose to intercept and prevent terrorism, the conflict between surveillance and privacy | |
| | Unit 4: Mini enterprise | <p>What is a mini enterprise and how might we structure a company to run a small enterprise?</p> <p>What makes an effective product to take to market?</p> <p>What can I do to understand my market and pitch my product to a specific audience?</p> | <p>Market research</p> <p>Developing a product</p> <p>Selling a product</p> <p>Presentations</p> | |
| | Unit 4: Sex and Relationships | <p>Why is it so important to have clear boundaries in a relationship?</p> <p>Why is consent so important?</p> <p>How should we deal with unwanted sexual attention?</p> <p>School Health Practitioners: Contraception and STIs Pornography</p> <p>Why do some people share intimate images of themselves?</p> | <p>Importance of mutual understanding of boundaries in relationships</p> <p>Sexual consent</p> <p>Dangers of sexual harassment, reporting it</p> <p>Different methods of contraception and how to use and access them, different types of STI</p> <p>Dangers of pornography</p> <p>Pressures to send 'nudes', law regarding youth-produced sexual imagery</p> | |

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| Summer | Unit 5: Study skills | What are the most effective ways to revise? | Retrieval practice, spacing effect | |
| | Unit 6 Independent research project | What makes a good research question? What is my research question? How do I find reliable information? How do I plan and present a manageable research project? | Using and evaluating resources Conducting research Fact checking AI Presenting findings | |