















# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content - **Monday 4th May 2026**



														
WK1	CELERY	CEREALS CONT. GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
vege/vegan chilli													X	
VEGAN MEAT BALL PASTA		X											X	
CARROT														
Rice														
LEEK AND MUSHROOM PASTA		X					X							

TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.














# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens



Dishes and their allergen content - **Tuesday 5th May 2026**



WK 1														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
CHICKEN TIKKA MASALA														
VEGETABL E TIKKA MASALA														
RICE & Naan Bread		<b>X</b>												
CHICKEN AND SWEETCO RN PASTA		<b>X</b>					<b>X</b>							













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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content - **Wednesday 6th May 2026**



WK 1														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
MINTED LAMB CRUMBL E		X												
CHEESE, ONION & POTATO BAKE							X							
TOMATO & BASIL PASTA		X												















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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content - *Thursday 7th May 2026*



WK1														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
BEEF BOLOGN ESE PASTA		X					X							
VEGE/ VEGAN PASTA BAKE		X											X	
SWEETC ORN														
PESTO PASTA		X					X							















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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content -Friday 8th May 2026



WK 1														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
<b>Fish Finger</b>		<b>X</b>			<b>X</b>				<b>X</b>					
<b>Wedges</b>														
<b>TUNA PASTA BAKE</b>		<b>X</b>			<b>X</b>		<b>X</b>							
<b>Baked Bean</b>														
<b>HAM,CHEESE &amp; SWEETCORN PASTA</b>		<b>X</b>					<b>X</b>							















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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content - Monday 11th May 2026



WK2														
	CELERY	CEREALS CONT. GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
VEGETABLE FRITTATA				X			X							
MACARONI CHEESE		X					X							
NEW POTATO														
ROASTED VEGETABLE														
LEEK AND MUSHROOM PASTA		X					X							

TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.

# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content - Tuesday 12th May 2026



WK2														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
CHICKEN MADRAS CURRY									X					
VEGE/VEGAN MADRAS CURRY									X					
RICE														
RAITA DIP/NAAN BREAD		X					X							
CHICKEN AND MUSHROOM PASTA		X					X							

TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.















# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens



Dishes and their allergen content -Wednesday 13th May 2026



WK2	 CELERY	 CEREALS CONT. GLUTEN	 CRUST-ACEANS	 EGGS	 FISH	 LUPIN	 MILK	 MOLLUSC	 MUSTARD	 NUTS	 PEANUTS	 SESAME SEEDS	 SOYA	 SULPHUR DIOXIDE
BEEF LASAGNE		X					X							
VEGETABLE LASAGNE		X					X							
SWEETCORN														
TOMATO AND BASIL PASTA		X												















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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content - *Thursday 14th May 2026*



WK2														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
CHICKEN AND MUSHROOM PIE		X					X							
LEEK AND MUSHROOM PIE		X					X							
MASHED POTATO							X							
BROCCOLI														
PESTO PASTA		X					X							















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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen FRIDAY 15th May 2026



WK2														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
CHICKEN SALSA WRAP		X												
TOMATO SALSA WRAPS		X												
POTATO WEDGES														
HAM,CHEESE AND SWEETCORN		X					X							















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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content -Monday 18th May 2026



WK3														
	CELERY	CEREALS CONT. GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
SPINACH & MUSHROOM TAGLIATELLE		X					X							
TOMATO & BASIL TAGLIATELLE		X												
PEAS														
LEEK & MUSHROOM PASTA		X					X							















TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.

# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens



Dishes and their allergen content Tuesday 19th May 2026

WK3														
	CELERY	CEREALS CONT. GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
SHEPHERD'S PIE (LAMB)		X					X						X	
VEGETARIAN SHEPHERD'S PIE		X		X			X						X	
BROCCOLI & CAULIFLOWER														
CHICKEN & SWEETCORN PASTA		X					X							















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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content Wednesday 20th May 2026



WK3														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
BACON & TOMATO SPAGHETTI		X												
GARLIC MUSHROOM SPAGHETTI		X					X							
GREEN BEANS														
TOMATO & BASIL PASTA		X												















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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content Thursday 21st May 2026



WK3														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
CHICKEN NOODLE STIR FRY		X		X									X	
VEGETABLE NOODLE STIR FRY		X		X									X	
SWEETCORN														
PESTO PASTA		X					X							















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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content Friday 22nd May 2026



WK3														
	CELERY	CEREALS CONT. GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Ham and Cheese Omelette				X			X							
VEGE/VEGAN BURGER		X												
SLICED POTATO														
BAKED BEANS														
HAM,CHEESE & SWEETCORN PASTA		X					X							

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