















# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens



Dishes and their allergen content - **Tuesday 2nd June 2026**



WK 1														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Chicken Tikka Masala														
Vegetable Tikka Masala														
	<b>X</b>													
CHICKEN AND SWEET CORN PASTA		<b>X</b>					<b>X</b>							















TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.

# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content - *Wednesday 3rd June 2026*



WK 1														
	CELERY	CEREALS CONT. GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Pork Sausage, Mashed Potato		X					X							X
Vegetable /Vegan Sausge, Mashed Potato		X					X							
TOMATO & BASIL PASTA		X												

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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content - **Thursday 4TH JUNE 2026**



WK1														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
BEEF BOLOGN ESE PASTA		X					X							
VEGE/ VEGAN PASTA BAKE		X											X	
SWEETC ORN														
PESTO PASTA		X					X							















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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content -Friday 5th JUNE 2026



WK 1														
	CELERY	CEREALS CONT. GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Breaded Fish		X			X				X					
Wedges														
Tuna Pasta Bake		X			X		X							
Baked Beans														
HAM,CHEESE & SWEETCORN PASTA		X					X							















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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content - **Monday 8TH JUNE 2026**



WK2														
	CELERY	CEREALS CONT. GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
CAULIFLOWER CHEESE		X					X							
MACARONI CHEESE		X					X							
NEW POTATO														
ROASTED VEGETABLE														
LEEK AND MUSHROOM PASTA		X					X							















TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.

# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content - **Tuesday 9TH JUNE 2026**

















WK2	 CELERY	 CEREALS CONT. GLUTEN	 CRUST- ACEANS	 EGGS	 FISH	 LUPIN	 MILK	 MOLLUSC	 MUSTARD	 NUTS	 PEANUTS	 SESAME SEEDS	 SOYA	 SULPHUR DIOXIDE
Thai green chicken Curry														
Thai Green Vege Curry														
RICE														
CHICKEN AND MUSHROOM PASTA		X					X							

# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content -Wednesday 10th June 2026



WK2	 CELERY	 CEREALS CONT. GLUTEN	 CRUST-ACEANS	 EGGS	 FISH	 LUPIN	 MILK	 MOLLUSC	 MUSTARD	 NUTS	 PEANUTS	 SESAME SEEDS	 SOYA	 SULPHUR DIOXIDE
BEEF LASAGNE		X					X							
VEGETABLE LASAGNE		X					X							
SWEETCORN														
TOMATO AND BASIL PASTA		X												















TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.

# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content - *Thursday 11th June 2026*



WK2														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
CHICKEN AND MUSHROOM PIE		X					X							
LEEK AND MUSHROOM PIE		X					X							
MASHED POTATO							X							
BROCCOLI														
PESTO PASTA		X					X							

TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.















# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens



Dishes and their allergen **FRIDAY 12th JUNE 2026**



WK2														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUITS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
CHICKEN SALSA WRAP		X												
TOMATO SALSA WRAPS		X												
POTATO WEDGES														
HAM,CHEESE AND SWEETCORN		X					X							















TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.

# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content -Monday 15th JUNE 2026



WK3														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
SPINACH & MUSHROOM TAGLIATELLE		X					X							
TOMATO & BASIL TAGLIATELLE		X												
PEAS														
LEEK & MUSHROOM PASTA		X					X							















TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.

# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content Tuesday 16TH JUNE 2026



WK3														
	CELERY	CEREALS CONT. GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
SHEPHERD'S PIE (LAMB)		X					X						X	
VEGETARIAN SHEPHERD'S PIE		X		X			X						X	
BROCCOLI & CAULIFLOWER														
CHICKEN & SWEETCORN PASTA		X					X							















TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.

# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content Wednesday 17TH JUNE 2026



WK3														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
BACON & TOMATO SPAGHETTI		X												
GARLIC MUSHROOM SPAGHETTI		X					X							
GREEN BEANS														
TOMATO & BASIL PASTA		X												















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# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content Thursday 18TH JUNE 2026



WK3														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
CHICKEN NOODLE STIR FRY		X		X									X	
VEGETABLE NOODLE STIR FRY		X		X									X	
SWEETCORN														
PESTO PASTA		X					X							















TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.

# CATERING AT THE TIFFIN GIRLS' SCHOOL

## Lunch:- allergens

Dishes and their allergen content Friday 19TH JUNE 2026



WK3														
	CELERY	CEREALS CONT. GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Ham and Cheese Omelette				X			X							
VEGE/VEGAN BURGER		X												
SLICED POTATO														
BAKED BEANS														
HAM,CHEESE & SWEETCORN PASTA		X					X							

TO NOTE: THERE MAY BE LAST MINUTE CHANGES TO INGREDIENTS SHOULD THERE BE SUPPLY ISSUES. ALL STUDENTS THEREFORE NEED TO REFER TO THE UPDATED BOARD IN THE DINING HALL PRIOR TO PURCHASING.