

CATERING AT THE TIFFIN GIRLS' SCHOOL

LUNCH MENU

To note there may be last-minute changes to ingredients should there be supply issues. All students therefore need to refer to the updated board in the dining hall prior to purchasing



| WK 1 2nd June 2026 | Tue | Wed | Thurs | Fri | |
|-------------------------------|---|---|--|--|--|
| Main Meal | Chicken Tikka Masala HALAL | Pork Sausage (WHEAT,SULPHUR DIOXIDE) | Beef Bolognese Pasta Bake (WHEAT/MILK) | Breaded Fish (WHEAT/FISH MUSTARD) | |
| Veggie/Vegan Main Meal | Vegetable Tikka Masala VEGAN/VEGETARIAN | Vegan/Vegetarian Sausage (WHEAT) HALAL | Vege/Vegan Pasta Bake (SOYAWHEAT) | Tuna Pasta Bake (FISH/WHEAT/MILK) VEGETARIAN | |
| Carbohydrate | Rice | Mash Potato (MILK) | | Potato Wedges | |
| Vegetable | Naan Bread (WHEAT) | Broccoli | Sweetcorn | Baked Beans | |
| Recess | Chicken and Sweetcorn Pasta (WHEAT/MILK) HALAL | Tomato and Basil Pasta (WHEAT) VEGAN | Pesto Pasta (WHEAT/MILK) | Ham,Cheese and Sweetcorn Pasta. (MILK,WHEAT) | |
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| WK 2 8TH JUNE 2026 | Mon | Tue | Wed | Thurs | Fri |
|-----------------------------------|--|---|--|--|--|
| Main Meal | Cauliflower Cheese (MILK) VEGETARIAN | Thai Green Chicken Curry. | Beef Lasagne (WHEAT/MILK) | Chicken and Mushroom Pie (WHEAT/MILK) HALAL | Chicken Salsa Wrap (WHEAT) HALAL |
| Veggie/Vegan Main Meal | Macaroni Cheese (WHEAT/MILK) VEGETARIAN | Thai Green Vegetable Curry (MUSTARD) | Vegetable Lasagne (WHEAT/MILK) VEGETARIAN | Leek and Mushroom Pie (WHEAT/MILK) VEGETARIAN | Tomato Salsa Wrap (WHEAT) VEGAN/VEGETARIAN |
| Carbohydrate | New Potato | Rice | | Mashed Potato (MILK) | Potato Wedges |
| Vegetable | Roasted Vegetable | | Sweetcorn | Broccoli | Mixed Vegetables |
| Recess | Leek and Mushroom Pasta (MILK/WHEAT) VEGETARIAN | Chicken and Sweetcorn Pasta (WHEAT/MILK) HALAL | Tomato and Basil Pasta (WHEAT) VEGETARIAN/VEGAN | Pesto Pasta (WHEAT/MILK) VEGETARIAN | Ham, Cheese and Sweetcorn Pasta (MILK/WHEAT) |
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| WK 3 15th JUNE 2026 | Mon | Tue | Wed | Thurs | Fri |
|-------------------------------|--|--|---|--|--|
| Main Meal | Spinach and Mushroom Tagliatelle (MILK/WHEAT) VEGETARIAN | Shepherd Pie (LAMB) (WHEAT/MILK/SOYA) | Bacon & Tomato Spaghetti (WHEAT/PORK) | Chicken Noodle Stir Fry (EGG/SOYA/WHEAT) | Ham and Cheese Omelette (EGG/MILK) |
| Veggie/Vegan Main Meal | Tomato and Basil Tagliatelle (WHEAT) VEGAN/VEGETARIAN | Vegetarian Shepherds Pie (MILK/WHEAT/EGG/ BARLEY/SOYA) | Garlic Mushroom Spaghetti (MILK/WHEAT) VEGETARIAN | Vegetable Noodle Stir Fry (EGG/SOYA/WHEAT) | Vege/Vegan Burger (WHEAT) |
| Carbohydrate | | | | | Sliced Potato |
| Vegetable | Peas | Broccoli & Cauliflower | Green Beans | Sweetcorn | Baked Beans |
| Recess | Leek and Mushroom Pasta (WHEAT/MILK) VEGETARIAN | Chicken and Sweetcorn Pasta (WHEAT/MILK) HALAL | Tomato and Basil Pasta (WHEAT) VEGETARIAN/VEGAN | Pesto Pasta (MILK/WHEAT) VEGETARIAN | Ham, Cheese & Sweetcorn Pasta (MILK/WHEAT) |
| | Lunch includes full retail offer, | Break includes full retail offer, jacket potato station, | full retail offer potato station, | fully stocked salad bar | bar |