

Year 9

Term	Unit	Key Questions	Knowledge	Assessing Understanding and Other Information
Autumn	Unit 1: Emotional Wellbeing	How can understanding our emotions help our well-being? Why is it important to have self-compassion and be resilient? What language do we have to talk about our emotional wellbeing? How are self-regulation and wellbeing connected? What strategies do I have to manage unhelpful self-talk? What motivates me and how does that impact on how I feel?	What emotional wellbeing is Self-awareness Self-talk Self-regulation Thought-invaders. Relaxation strategies. Wellbeing and coping plans	Retrieval practice and assessment for learning approaches including: multiple choice quizzes, recap and summary questions, think-pair-share, baseline assessments that are revisited
	Careers Assembly	What are my options at GCSE? What do options look like at different providers?	GCSE Options -	
Spring	Unit 3: Communities, belonging and extremism	How can we recognise and challenge extreme views? Why do people develop extreme views? How can we identify conspiracy theories and why do they spread?	Religious, far right and misogynist extremism Vulnerability to radicalisation and common False information and strategies to identify it	

		How can we prevent terrorism?	Different ways governments might choose to intercept and prevent terrorism, the conflict between surveillance and privacy	
	Unit 4: Mini enterprise	What is a mini enterprise and how might we structure a company to run a small enterprise? What makes an effective product to take to market? What can I do to understand my market and pitch my product to a specific audience?	Market research Developing a product Selling a product Presentations	
	Unit 4: Sex and Relationships	Why is it so important to have clear boundaries in a relationship? Why is consent so important? How should we deal with unwanted sexual attention? School Health Practitioners: Contraception and STIs Pornography Why do some people share intimate images of themselves?	Importance of mutual understanding of boundaries in relationships Sexual consent Dangers of sexual harassment, reporting it Different methods of contraception and how to use and access them, different types of STI Dangers of pornography Pressures to send 'nudes', law regarding	

			youth-produced sexual imagery	
Summer	Unit 5: Study skills	What are the most effective ways to revise?	Retrieval practice, spacing effect	
	Unit 6 Independent research project	What makes a good research question? What is my research question? How do I find reliable information? How do I plan and present a manageable research project?	Using and evaluating resources Conducting research Fact checking AI Presenting findings	