CATERING AT THE TIFFIN GIRLS' SCHOOL

LUNCH MENU

To note there may be last-minute changes to ingredients should there be supply issues. All students therefore need to refer to the updated board in the dining hall prior to purchasing

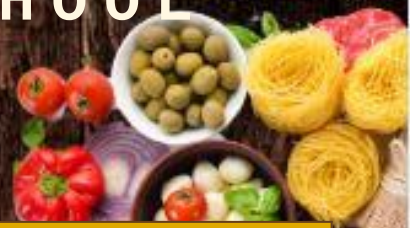


WK 1 23rd November 2026	Mon	Tue	Wed	Thurs	Fri
Main Meal	Meatball Pasta in Tomato sauce VEGAN (WHEAT/SOYA)	Beef Casserole (WHEAT/SOYA)	Shepherds Pie (LAMB) (MILK/WHEAT/SOYA)	Chicken Madras Curry (MUSTARD) HALAL GLUTEN FREE	Breaded Fish (WHEAT/FISH MUSTARD)
Veggie/Vegan Main Meal	Tomato & Basil Spaghetti VEGAN (WHEAT)	Mixed Bean, Mushroom & Leek Bake (VEGAN) GLUTEN FREE	Vegetarian Pie (SOYA/WHEAT/MILK)	Madras Curry VEGAN (MUSTARD) GLUTEN FREE	Vegan Burger (WHEAT)
Carbohydrate		New Potato		Rice	Sliced Potato
Vegetable	Sweetcorn	Carrots	Cauliflower & Broccoli	Naan Bread & Raita (WHEAT/MILK)	Peas
Recess	Tomato & Basil Pasta VEGAN (WHEAT)	Chicken & Tomato Pasta (WHEAT) HALAL	Leek & Mushroom Pasta (WHEAT/MILK)	Pesto Pasta (WHEAT/MILK)	Roasted Pepper & Red Onion Pasta (WHEAT) VEGAN
Soup	Tomato & Basil Soup (VEGAN)	Leek & Potato Soup (VEGAN)	Chicken Soup (MILK)	Mushroom Soup (MILK,WHEAT)	Tomato & Pepper Soup (VEGAN)

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WK 2 30th November 2026	Mon	Tue	Wed	Thurs	Fri
Main Meal	Sweet & Sour Vegetables (VEGAN) GLUTEN FREE	Minted Lamb Crumble (WHEAT,SOYA)	Beef Bolognese Pasta Bake (WHEAT/MILK)	Chicken Tikka HALAL GLUTEN FREE	White Fish (FISH)
Veggie/Vegan Main Meal	Mixed Bean & Vegetable Chilli (VEGAN) GLUTEN FREE	Leek & Mushroom Crumble (WHEAT)	VEGAN Pasta Bake (WHEAT/SOYA)	Vegetable Tikka Masala VEGAN GLUTEN FREE	Tuna Pasta Bake (FISH/WHEAT/MILK)
Carbohydrate	Rice	New Potato		Rice	Savoury Rice
Vegetable		Carrots & Peas	Sweetcorn		
Recess	Tomato & Basil Pasta VEGAN (WHEAT)	Chicken & Tomato Pasta (WHEAT) HALAL	Leek & Mushroom Pasta (WHEAT/MILK)	Pesto Pasta (MILK/WHEAT)	Roasted Pepper & Red Onion Pasta (WHEAT) VEGAN
Soup	Tomato & Basil Soup (VEGAN)	Leek & Potato Soup (VEGAN)	Chicken Soup (MILK)	Mushroom Soup (MILK,WHEAT)	Tomato & Pepper Soup (VEGAN)

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LUNCH MENU

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WK 3 7th December 2026	Mon	Tue	Wed	Thurs	Fri
Main Meal	Mac & Cheese (MILK/WHEAT)	Pork Sausage & Bean Casserole (WHEAT/SULPHITES)	Teriyaki Chicken Noodles HALAL (EGG,WHEAT)	Minced Beef & Onion Pie (WHEAT/SOYA)	Chicken Fajita Wrap HALAL (WHEAT)
Veggie/Vegan Main Meal	Cauliflower Cheese (WHEAT/MILK)	Sausage Casserole VEGAN (SOYA/WHEAT)	Stir-Fry Veg Noodles (EGG/WHEAT)	Leek & Potato Pie VEGAN (WHEAT)	Tomato Salsa Wrap (WHEAT)
Carbohydrate		Mash Potato		Roasted New Potato	Wedges
Vegetable	Carrots	Peas		Mixed Vegetable	Sweetcorn
Recess	Tomato & Basil Pasta VEGAN (WHEAT)	Chicken & Tomato Pasta HALAL (WHEAT)	Leek & Mushroom Pasta (WHEAT/MILK)	Pesto Pasta (WHEAT/MILK)	Roasted Pepper & Red Onion Pasta VEGAN (WHEAT/MILK)
Soup	Tomato & Basil Soup (VEGAN)	Leek & Potato Soup (VEGAN)	Chicken Soup (MILK)	Mushroom Soup (MILK,WHEAT)	Tomato & Pepper Soup (VEGAN)